# Chicken Tenders K-8

Servings:	100.00	
Serving Size:	3.00 Each	
Meal Type:	Lunch	
Category:	Entree	
HACCP Process: Same Day Service		
Whole Grain Tyson Chicken Tenders		

## Nutrition Information

Calories	260.00	Protein	15.00g
Fat	15.00g	SaturatedFat	2.50g
Trans Fat	0.00g	Cholesterol	25.00mg
Carbohydrates	16.00g	Fiber	3.00g
Sugar	1.00g	Sodium	390.00mg
Iron	1.80mg	Vitamin C	0.00mg
Vitamin A	100.00IU	Calcium	40.00mg

# Ingredients

Measurement	DistPart #	Description	Preparation Instructions
300 1 each	283951	CHIX TNDR WGRAIN FC 4-8 TYS	<ul> <li>BAKE</li> <li>Appliances vary, adjust accordingly.</li> <li>Conventional Oven</li> <li>8-10 minutes at 400°F from frozen.</li> <li>CONVECTION</li> <li>Appliances vary, adjust accordingly.</li> <li>Convection Oven</li> <li>6-8 minutes at 375°F from frozen.</li> <li>3 pc = 2 mt 1 grain</li> </ul>

## **Preparation Instructions**

### HACCP FLOW PROCESS

-When frozen foods first come in check boxes for damage, take temperatures and record. Frozen food should be 32

degrees or below.

-When gathering foods that have been stored always check the use by date. If product does not meet standards report to manager right away and do not use.

-Maintain internal temperature of 40 degrees or colder when refrigerated. During prep keep out of danger zone (41-135).

-HOT HOLDING: All fully cooked foods for service should be maintained at or above a temperature of 135 degrees. If held at incorrect temperature for more than four hours, food needs to be discarded.

-CORRECTIVE ACTION FOR HOT FOODS: All cooked food items being held for service that drop below 135 degrees must be removed and reheated to 165 degrees. Use a calibrated thermometer and sanitize before probing. Probe food for 15 seconds making sure the tip is the center of the food. Wash and sanitize before returning to case.

-COOLING HOT FOODS: First cool food from 135-70 degrees within 2 hours then cool to 41 degrees or lower within the next 4 hours. If food has not reached 70 degrees within 2 hours food should be discarded.

-Hold leftover cooked product at temp of 40 degrees or colder for no more than 3 days. Discard if kept longer.

-Hold frozen product at temperature of 32 degrees or colder for 3 months.

#### SAME DAY SERVICE

-Wash hands before preparing for 20 seconds.

- -Clean and sanitize work area.
- -Wear clean gloves when handling food.
- -Gather ingredients

-Do not cross contaminate. Boxes should be placed on a cart or on the floor. Do not place on counter. Make sure to wash hands after handling boxes.

-Do not mix old product with new.

- -Make sure serving area is clean and sanitized.
- -Record time and temperature at the beginning of each lunch.
- -When storing foods label with date and time they were prepared.