

Chicken and French Toast

Servings:	1.00
Serving Size:	1.00 Serving
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Chicken and French Toast

Nutrition Information

Calories	351.10	Protein	25.10g
Fat	12.35g	SaturatedFat	2.98g
Trans Fat	0.00g	Cholesterol	130.00mg
Carbohydrates	34.50g	Fiber	4.90g
Sugar	8.00g	Sodium	602.90mg
Iron	2.27mg	Vitamin C	0.00mg
Vitamin A	154.05IU	Calcium	70.02mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
5 Each	561301	CHIX BNLS WNG GLDNCRSP WGRAIN 4-7.5	<p>BAKE</p> <p>Appliances vary, adjust accordingly.</p> <p>Conventional Oven</p> <p>Preheat oven to 400°F. Place frozen chunks on a baking sheet lined with parchment paper. Heat for 10-12 minutes.</p> <p>CONVECTION</p> <p>Appliances vary, adjust accordingly.</p> <p>Convection Oven</p> <p>Preheat oven to 375°F, no steam, medium low fans. Place frozen chunks on a parchment lined baking sheet and heat for 10-12 minutes.</p>
3 Each	646222	FRENCH TST STIX WGRAIN 300-.867Z PAP	Heat using a microwave, oven, flattop, or fryer until product reaches 140 degrees F.

Preparation Instructions

BAKE

Appliances vary, adjust accordingly.

Conventional Oven

Preheat oven to 400°F. Place frozen chunks on a baking sheet lined with parchment paper. Heat for 10-12 minutes.

CONVECTION

Appliances vary, adjust accordingly.

Convection Oven

Preheat oven to 375°F, no steam, medium low fans. Place frozen chunks on a parchment lined baking sheet and heat for 10-12 minutes.

COOK TO AN INTERNAL TEMPERATURE OF 165 DEGREES F

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Heat using a microwave, oven, flattop, or fryer until product reaches 140 degrees F.

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