

Beef Walking Taco

Servings:	21.00
Serving Size:	3.00 1
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Recipe# 2E

Nutrition Information

Calories	503.10	Protein	41.94g
Fat	34.12g	SaturatedFat	11.37g
Trans Fat	5.69g	Cholesterol	0.00mg
Carbohydrates	6.86g	Fiber	0.86g
Sugar	3.00g	Sodium	360.72mg
Iron	0.78mg	Vitamin C	5.15mg
Vitamin A	857.10IU	Calcium	0.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
10 Pound	100158	100158 - Beef, Find Ground, 85/15, Frozen	UNPREPARED
3/4 Cup	513997	SPICE ONION MINCED 12Z TRDE	
2 1/4 Cup	100196	TOMATO PASTE CALIF 26 6-10 GCHC	
6 Tablespoon	413429	SEASONING TACO 21Z TRDE	

Preparation Instructions

Brown ground beef. Drain.

Chop onions if using fresh.

Add onions, tomato paste, water and seasoning to ground beef. Blend well. Bring to boil. Reduce heat and simmer for 25-30 minutes. Stir periodically.

Open 1 package and put on a tray or plate.

Place lettuce on chips.

Top lettuce and chips with 3 oz. taco meat and shredded cheese.