

Beef Taco

Servings:	67.00
Serving Size:	1.00 1/2 cup
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

M-2H

Nutrition Information

Calories	157.69	Protein	13.15g
Fat	10.69g	SaturatedFat	3.56g
Trans Fat	1.78g	Cholesterol	0.00mg
Carbohydrates	2.15g	Fiber	0.27g
Sugar	0.94g	Sodium	113.06mg
Iron	0.24mg	Vitamin C	1.61mg
Vitamin A	268.64IU	Calcium	0.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
10 Pound	100158	100158 - Beef, Find Ground, 85/15, Frozen	UNPREPARED
3/4 Cup	513997	SPICE ONION MINCED 12Z TRDE	
2 1/4 Cup	100196	TOMATO PASTE CALIF 26 6-10 GCHC	
6 Tablespoon	413429	SEASONING TACO 21Z TRDE	

Preparation Instructions