

Beef & Cheese Nachos

Servings:	1.00
Serving Size:	1.00 Serving
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

tortilla chips with seasoned ground beef and chedd

Nutrition Information

Calories	850.63	Protein	38.23g
Fat	30.94g	SaturatedFat	10.70g
Trans Fat	0.27g	Cholesterol	78.12mg
Carbohydrates	111.73g	Fiber	9.81g
Sugar	21.81g	Sodium	1660.35mg
Iron	7.43mg	Vitamin C	25.23mg
Vitamin A	1586.09IU	Calcium	358.99mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
3 6 oz spoodle	722330	TACO FILLING BEEF REDC FAT 6-5# COMM	
1 Package	682210	TORTILLA YELLOW RND 40- 2Z BRRLOFUN	
1/4 Cup	150250	CHEESE CHED MLD SHRD 4-5# COMM	
1	451720	LETTUCE AMER BLND MXD 4-5 RSS	
1	100362	Beans, Refried, Low sodium, canned	BAKE Open can and heat according to recipe or instructions on can
1	473006	RICE MEXICAN FIESTA 6- 25.9Z UBEN	
1		1 % White Milk	

Measurement	DistPart #	Description	Preparation Instructions
1	100514	APPLE, RED DELICIOUS, FRESH	READY_TO_EAT

Preparation Instructions

BEEF TACO FILLING COOKING INSTRUCTIONS:

THAW PRODUCT UNDER REFRIGERATION FOR 3 DAYS PRIOR TO PREPARATION.

PLACE SEALED BAGS IN A STEAMER OR IN BOILING WATER. HEAT APPROXIMATELY 30 MINUTES OR UNTIL PRODUCT REACHES SERVING TEMPERATURE. AVOID OVERLOADING KETTLES WHERE BAGS CAN BE TRAPPED AGAINST SIDE OF KETTLE OR POT. OPEN BAG WITH CAUTION AS IT WILL BE HOT. Heat to an internal temperature of 165 degree F for at least 15 seconds.

Top 2oz. tortilla chips with 3oz (1/3 cup or #12 scoop) and 1/4 cup shredded cheese.