# **Chicken Drumstick**

Servings:	100.00	
Serving Size:	1.00 Each	
Meal Type:	Lunch	
Category:	Entree	
HACCP Process:	Same Day Service	
Whole Grain Tyson Chicken Drumstick		

### **Nutrition Information**

Calories	190.00	Protein	16.00g
Fat	11.00g	SaturatedFat	2.50g
Trans Fat	0.00g	Cholesterol	50.00mg
Carbohydrates	5.00g	Fiber	1.00g
Sugar	0.00g	Sodium	450.00mg
Iron	1.08mg	Vitamin C	0.00mg
Vitamin A	100.00IU	Calcium	20.00mg

## Ingredients

Me	asurement	DistPart #	Description	Preparation Instructions
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Measurement	DistPart #	Description	Preparation Instructions
100 Each	603391	CHIX DRMSTX BRD WGRAIN CKD 4-7.4	BAKE
			Preparation: Appliances vary, adjust accordingly.
			Conventional Oven
			1. Preheat oven to 375°F.
			2. From frozen, place pieces in a single layer on a parchment paper lined sheet pan or on a wire rack sprayed with pan release.
			3. Heat for 35-40 minutes.
			For best performance hold on a sheet pan, uncovered, with a wire rack, above 140°F in a dry heat environment.
			CONVECTION
			Preparation: Appliances vary, adjust accordingly.
			Convection Oven
			1. Preheat oven to 350°0F.
			2. From frozen, place pieces in a single layer on a parchment paper lined sheet pan or on a wire rack sprayed with pan release.
		3. Heat for 25-30 minutes	
	For best performance hold on a sheet pan, uncovered, with a wire rack, above 140°F in a dry heat environment.		
			1 Drumstick = 2 mt .75 grain

### **Preparation Instructions**

#### HACCP FLOW PROCESS

- -When frozen foods first come in check boxes for damage, take temperatures and record. Frozen food should be 32 degrees or below.
- -When gathering foods that have been stored always check the use by date. If product does not meet standards report to manager right away and do not use.
- -Maintain internal temperature of 40 degrees or colder when refrigerated. During prep keep out of danger zone (41-135).

- -HOT HOLDING: All fully cooked foods for service should be maintained at or above a temperature of 135 degrees. If held at incorrect temperature for more than four hours, food needs to be discarded.
- -CORRECTIVE ACTION FOR HOT FOODS: All cooked food items being held for service that drop below 135 degrees must be removed and reheated to 165 degrees. Use a calibrated thermometer and sanitize before probing. Probe food for 15 seconds making sure the tip is the center of the food. Wash and sanitize before returning to case.
- -COOLING HOT FOODS: First cool food from 135-70 degrees within 2 hours then cool to 41 degrees or lower within the next 4 hours. If food has not reached 70 degrees within 2 hours food should be discarded.
- -Hold leftover cooked product at temp of 40 degrees or colder for no more than 3 days. Discard if kept longer.
- -Hold frozen product at temperature of 32 degrees or colder for 3 months.

#### SAME DAY SERVICE

- -Wash hands before preparing for 20 seconds.
- -Clean and sanitize work area.
- -Wear clean gloves when handling food.
- -Gather ingredients
- -Do not cross contaminate. Boxes should be placed on a cart or on the floor. Do not place on counter. Make sure to wash hands after handling boxes.
- -Do not mix old product with new.
- -Make sure serving area is clean and sanitized.
- -Record time and temperature at the beginning of each lunch.
- -When storing foods label with date and time they were prepared.