

K-6 Pasta Bowl to Go

Servings:	80.00
Serving Size:	1.00 Serving
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Penne Pasta with Marinara sauce, Meatballs & Garlic Bread

Nutrition Information

Calories	386.73	Protein	15.20g
Fat	12.53g	SaturatedFat	1.66g
Trans Fat	0.29g	Cholesterol	17.10mg
Carbohydrates	54.38g	Fiber	2.48g
Sugar	6.45g	Sodium	272.60mg
Iron	4.19mg	Vitamin C	0.48mg
Vitamin A	752.38IU	Calcium	50.40mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
40 Cup	835900	PASTA PENNE CKD 4-5 PG	Place bag of pasta in boiling water for 30 seconds.
152 Ounce	785860	MEATBALL CKD .65Z 6-5 COMM	Cook meatballs at 375 degrees F for approximately 45 minutes or until they reach 165 degrees F.
20 Cup	254500	SAUCE MARINARA A/P 6-10 P/L	SIMMER Fully Cooked, Heat to 165 degrees

Preparation Instructions

Serving Size

Place 1/2 cup-4oz (#8 Scoop) of pasta on tray

Add 1/4 cup-2oz(#16 Scoop) of marinara sauce over the top of pasta

Next Place 4 meatballs on tray and

Condiment Optional

1 packet of Parmesan cheese (55g Na)

1 piece garlic bread/toast