

K-6-Rockin'ola Yogurt Parfait

Servings:	20.00
Serving Size:	1.00 Serving
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

yogurt w/strawberry/blueberry

Nutrition Information

Calories	348.75	Protein	9.46g
Fat	6.07g	SaturatedFat	0.49g
Trans Fat	0.00g	Cholesterol	2.47mg
Carbohydrates	65.26g	Fiber	10.16g
Sugar	40.16g	Sodium	85.18mg
Iron	8.28mg	Vitamin C	57.60mg
Vitamin A	493.75IU	Calcium	121.42mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
79 Ounce	811500	YOGURT VAN L/F PARFPR 6-4 YOPL	<p>READY_TO_EAT</p> <p>Ready to use with pouch & serving tip.</p> <p>4 oz total per parfait</p> <p>Place 2 oz in bottom of 12 oz parfait cup.</p> <p>Add 2 oz mixed thawed berries.</p> <p>Add 2 oz of yogurt.</p> <p>Add 2 oz mixed thawed berries</p> <p>Top with Rockin'ola granola</p>
20 Serving	8004216	Rockin'ola Pro granola	1 bag = 1.5 oz granola
20 Ounce	244630	STRAWBERRY WHL IQF 4-5 GFS	
20 Ounce	166720	BLUEBERRY IQF 4-5 GFS	

Preparation Instructions

1 serving per student

Layer in 12oz parfait cup

- 1.) Add 2oz of Vanilla yogurt in bottom of cup
- 2.) Add 2oz berries on top of yogurt
- 3.) Add 2oz of Vanilla yogurt on top of berries
- 4.) Add another 2oz of berries
- 5.) Place insert in cup and add 1 bag of Rockin'ola Pro granola or 1.5 oz of bulk Rockin'ola Pro granola
- 6.) place domed lid on cup

Must serve chilled- keep in refrigerator until serving time- when on the line keep in pan with cooling pads.