

Beans Green

Servings:	288.00
Serving Size:	0.50 Cup
Meal Type:	Lunch
Category:	Vegetable
HACCP Process:	Same Day Service

Beans Green HS 707 0914

Nutrition Information

Calories	23.50	Protein	1.11g
Fat	0.05g	SaturatedFat	0.01g
Trans Fat	0.00g	Cholesterol	0.00mg
Carbohydrates	4.70g	Fiber	2.20g
Sugar	2.18g	Sodium	201.84mg
Iron	0.78mg	Vitamin C	3.97mg
Vitamin A	215.75IU	Calcium	22.12mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
12 #10 CAN	221990	BEAN GREEN CUT MXD SV LO SOD 6-10	
2 Tablespoon	108308	SALT IODIZED 24-26Z GFS	
8 Ounce	209810	BUTTER SUB 24-4Z BTRBUDS	
1/2 Cup	292702	OIL SALAD VEG SOY CLR NT 6-1GAL GFS	
2 Cup	223255	ONION DEHY SUPER TOPPER 6-2 P/L	

Preparation Instructions

Wipe lids of cans with a clean cloth.

Drain liquid from 9 of cans. Pour beans into a large kettle (s) and put on top of stove. Divide the remaining cans of beans with liquid among the kettles.

Mix remaining ingredients together and add to kettle (s) on top of stove.

Cook:

Bring to a boil and then let simmer for 2 - 3 hours.

CCP: Heat to 165° or above.

CCP: Transfer to steam table pans and place in holding cabinet until serving time. Hold for hot service at 135° or above.

Portion with a 1/2 cup (4 oz) spoodle.