

Beans Green

Servings:	288.00
Serving Size:	0.50 Cup
Meal Type:	Breakfast
Category:	Entree
HACCP Process:	No Cook

Beans Green BCHS 707 0914

Nutrition Information

Calories	24.81	Protein	1.15g
Fat	0.05g	SaturatedFat	0.01g
Trans Fat	0.00g	Cholesterol	0.00mg
Carbohydrates	5.03g	Fiber	2.24g
Sugar	2.21g	Sodium	202.28mg
Iron	0.79mg	Vitamin C	4.07mg
Vitamin A	215.95IU	Calcium	22.64mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
12 #10 CAN	221990	BEAN GREEN CUT MXD SV LO SOD 6-10	Wipe lids of cans with a clean cloth. Drain liquid from 9 of cans. Pour beans into a large kettle (s) and put on top of stove. Divide the remaining cans of beans with liquid among the kettles.
2 Tablespoon	108308	SALT IODIZED 24-26Z GFS	Mix remaining ingredients together and add to kettle (s) on top of stove. Cook: Brint to a boil and then let simmer for 2 - 3 hours. CCP: Heat to 165° or above. CCP: Transfer to steam table pans and place in holding cabinet until serving time. Hold for hot service at 135° or above.
8 Ounce	209810	BUTTER SUB 24-4Z BTRBUDS	

Measurement	DistPart #	Description	Preparation Instructions
1/2 Cup	292702	OIL SALAD VEG SOY CLR NT 6-1GAL GFS	
2 Cup	223255	ONION DEHY SUPER TOPPER 6-2 P/L	
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