

Whole Grain Toast

Servings:	150.00
Serving Size:	1.00 Serving
Meal Type:	Breakfast
Category:	Grain
HACCP Process:	Same Day Service

Toast

Nutrition Information

Calories	190.00	Protein	3.00g
Fat	12.50g	SaturatedFat	4.50g
Trans Fat	0.00g	Cholesterol	0.00mg
Carbohydrates	16.00g	Fiber	2.00g
Sugar	2.00g	Sodium	260.00mg
Iron	1.00mg	Vitamin C	0.00mg
Vitamin A	750.00IU	Calcium	25.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
150 Slice		100% whole wheat bread	BAKE
150 Tablespoon	733061	MARGARINE SLD 30-1 GFS	Melt in covered microwave safe dish.

Preparation Instructions

Wash hands. Line pan with paper pan liner. Lay bread slices out on pan in single layer. Brush each slice with melted margarine. Bake in 375 degree convection oven for 5 - 10 minutes until toasted. Remove from oven, put toast into steam table pan, use lid slightly vented until ready to serve. Uncover and serve using tongs.