

Yogurt Parfait

Servings:	24.00
Serving Size:	1.00 1
Meal Type:	Breakfast
Category:	Entree
HACCP Process:	No Cook

Yogurt Parfait

Nutrition Information

Calories	358.33	Protein	6.21g
Fat	12.19g	SaturatedFat	1.46g
Trans Fat	0.00g	Cholesterol	0.63mg
Carbohydrates	55.54g	Fiber	4.00g
Sugar	23.50g	Sodium	266.46mg
Iron	1.44mg	Vitamin C	0.00mg
Vitamin A	125.00IU	Calcium	25.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
24 6 oz.	811490	YOGURT STRAWB L/F PARFPR 6-4 YOPL	
24 4oz	711664	CEREAL GRANOLA TSTD OAT 4-50Z NATVLLY	READY_TO_EAT Ready to eat dry cereal packaged for cereal dispensers

Preparation Instructions

Wash hands. Pour 6 ounces of yogurt into each 9 ounce cup, top with 4 ounces of granola.