

Chicken Tenders w/dinner roll

Servings:	200.00
Serving Size:	3.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Chicken Tenders WG w/dinner roll

Nutrition Information

Calories	260.35	Protein	15.01g
Fat	15.00g	SaturatedFat	2.50g
Trans Fat	0.00g	Cholesterol	25.00mg
Carbohydrates	16.07g	Fiber	3.01g
Sugar	1.00g	Sodium	390.26mg
Iron	1.80mg	Vitamin C	0.00mg
Vitamin A	100.00IU	Calcium	40.05mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
600 servng	283951	CHIX TNR WGRAIN FC 4-8 TYS	
1 servng	316938	ROLL DNNR WHEAT PULL APART 12-16 GFS	

Preparation Instructions

Wash hands. Bake chicken tenders according to package directions. Serve with 1 dinner roll.