

# Chicken Soft Taco

<b>Servings:</b>	1.00
<b>Serving Size:</b>	1.00
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Complex Food Prep

Chicken Soft Taco (HS)

## Nutrition Information

<b>Calories</b>	281.33	<b>Protein</b>	20.68g
<b>Fat</b>	13.62g	<b>SaturatedFat</b>	4.63g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	82.33mg
<b>Carbohydrates</b>	20.13g	<b>Fiber</b>	2.00g
<b>Sugar</b>	1.00g	<b>Sodium</b>	713.67mg
<b>Iron</b>	2.72mg	<b>Vitamin C</b>	0.00mg
<b>Vitamin A</b>	175.97IU	<b>Calcium</b>	94.93mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
3/10 Ounce	150250	CHEESE CHED MLD SHRD 4-5# COMM	1/5# bags use scoop #30
1 Each	505722	TORTILLA FLOUR 8 PRSD 20-12CT	

Measurement	DistPart #	Description	Preparation Instructions
2 3/4 Ounce	860390	CHIX STRP FAJT DRK MT FC 6-5 TYS	<p>BAKE</p> <p>Appliances vary, adjust accordingly.</p> <p>Conventional Oven</p> <p>Set at 350°F, reheat 25 - 30 minutes from frozen.</p> <p>CONVECTION</p> <p>Appliances vary, adjust accordingly.</p> <p>Convection Oven</p> <p>Set at 400°F, 15 - 20 minutes from frozen.</p> <p>MICROWAVE</p> <p>Appliances vary, adjust accordingly.</p> <p>Microwave Oven</p> <p>Reheat 3 1</p> <p>2 minutes on high setting from frozen.</p>

## Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.

CONDIMENTS: ON THE SIDE ONLY (NOT INCLUDED IN NUTRITION'S)

LETTUCE

TOMATO

SALSA

SOUR CREAM