

K-6 Cheesey Meatloaf

Servings:	100.00
Serving Size:	1.00 Serving
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Cheesey Meatloaf

Nutrition Information

Calories	190.00	Protein	11.00g
Fat	12.00g	SaturatedFat	6.00g
Trans Fat	0.50g	Cholesterol	40.00mg
Carbohydrates	8.00g	Fiber	1.00g
Sugar	5.00g	Sodium	390.00mg
Iron	1.44mg	Vitamin C	9.00mg
Vitamin A	200.00IU	Calcium	60.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
100 Piece	765641	MEATLOAF CKD SLCD W/CHS 100-2.9Z	BAKE This product is designed to be heated to 140 degrees F before serving. Verify internal temperature with a meat thermometer, as cooking times will vary due to differences in appliances and weight of product. Always wash work surfaces and your hands before handling food. Keep raw meats and vegetables separate from cooked product. Freeze or refrigerate leftovers immediately.

Preparation Instructions

Serve 1 slice per student