

# K-6 Pasta Bowl to Go

<b>Servings:</b>	80.00
<b>Serving Size:</b>	1.00 Serving
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Same Day Service

Penne Pasta with Marinara sauce, Meatballs & Garlic Bread

## Nutrition Information

<b>Calories</b>	386.73	<b>Protein</b>	15.20g
<b>Fat</b>	12.53g	<b>SaturatedFat</b>	1.66g
<b>Trans Fat</b>	0.29g	<b>Cholesterol</b>	17.10mg
<b>Carbohydrates</b>	54.38g	<b>Fiber</b>	2.48g
<b>Sugar</b>	6.45g	<b>Sodium</b>	272.60mg
<b>Iron</b>	4.19mg	<b>Vitamin C</b>	0.48mg
<b>Vitamin A</b>	752.38IU	<b>Calcium</b>	50.40mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
<b>40 Cup</b>	835900	PASTA PENNE CKD 4-5 PG	Place bag of pasta in boiling water for 30 seconds.
<b>152 Ounce</b>	785860	MEATBALL CKD .65Z 6-5 COMM	Cook meatballs at 375 degrees F for approximately 45 minutes or until they reach 165 degrees F.
<b>20 Cup</b>	254500	SAUCE MARINARA A/P 6-10 P/L	SIMMER Fully Cooked, Heat to 165 degrees

## Preparation Instructions

Serving Size

Place 1/2 cup-4oz (#8 Scoop) of pasta on tray

Add 1/2 cup-4oz(#8 Scoop) of marinara sauce over the top of pasta

Next Place 4 meatballs on tray and

Condiment Optional

1 packet of Parmesan cheese (55g Na)

1 piece garlic bread/toast