

Meatball Sub

Servings:	100.00
Serving Size:	100.00 1 sandwich
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Meatballs JTM

Nutrition Information

Calories	315.29	Protein	18.71g
Fat	11.71g	SaturatedFat	4.00g
Trans Fat	0.60g	Cholesterol	36.00mg
Carbohydrates	35.14g	Fiber	4.71g
Sugar	7.43g	Sodium	510.29mg
Iron	3.80mg	Vitamin C	3.14mg
Vitamin A	143.57IU	Calcium	149.71mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
400 Each	785860	MEATBALL CKD .65Z 6-5 COMM	Place meatballs in 4 inch half pan. Cover and steam for 15-18 minutes or until temp reaches 135 degrees for 15 seconds. Batch cook when possible. 4 meatballs = 2mt
100 Each	276142	BUN SUB SLCD WGRAIN 5 12-8CT GFS	Prepared 1 bun = 2grain
100 2 oz	592714	SAUCE MARINARA A/P 6-10 REDPK	Prepared Place marinara sauce in 4 in half pan and steam for approximately 8-12 minutes until temp reaches 135 for 15 seconds. Pour marinara over cooked meatballs 6 1/4 cups sauce per 1 bag of meatballs.

Preparation Instructions

HACCP FLOW PROCESS

- When frozen foods first come in check boxes for damage, take temperatures and record. Frozen food should be 32 degrees or below.
- When gathering foods that have been stored always check the use by date. If product does not meet standards report to manager right away and do not use.
- Maintain internal temperature of 40 degrees or colder when refrigerated. During prep keep out of danger zone (41-135).
- HOT HOLDING: All fully cooked foods for service should be maintained at or above a temperature of 135 degrees. If held at incorrect temperature for more than four hours, food needs to be discarded.
- CORRECTIVE ACTION FOR HOT FOODS: All cooked food items being held for service that drop below 135 degrees must be removed and reheated to 165 degrees. Use a calibrated thermometer and sanitize before probing. Probe food for 15 seconds making sure the tip is the center of the food. Wash and sanitize before returning to case.
- COOLING HOT FOODS: First cool food from 135-70 degrees within 2 hours then cool to 41 degrees or lower within the next 4 hours. If food has not reached 70 degrees within 2 hours food should be discarded.
- Hold leftover cooked product at temp of 40 degrees or colder for no more than 3 days. Discard if kept longer.
- Hold frozen product at temperature of 32 degrees or colder for 3 months.

SAME DAY SERVICE

- Wash hands before preparing for 20 seconds.
- Clean and sanitize work area.
- Wear clean gloves when handling food.
- Gather ingredients
- Do not cross contaminate. Boxes should be placed on a cart or on the floor. Do not place on counter. Make sure to wash hands after handling boxes.
- Do not mix old product with new.
- Make sure serving area is clean and sanitized.
- Record time and temperature at the beginning of each lunch.
- When storing foods - label with date and time they were prepared.