

Mac & Cheese

Servings:	1.00
Serving Size:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Macaroni and Cheese

Nutrition Information

Calories	314.00	Protein	17.60g
Fat	10.30g	SaturatedFat	4.00g
Trans Fat	0.00g	Cholesterol	20.00mg
Carbohydrates	40.20g	Fiber	3.60g
Sugar	6.80g	Sodium	661.00mg
Iron	8.86mg	Vitamin C	0.00mg
Vitamin A	600.00IU	Calcium	324.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
4/5 Ounce	527582	ENTREE MAC & CHS WGRAIN 6-5 LOL	BAKE
1	4372	DINNER ROLL, W GRAIN, AM	READY_TO_EAT

Preparation Instructions

6 ounce serving.

White dipper - or - 1/2 cup dipper heaping

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.