

Mac & Cheese

Servings:	1.00
Serving Size:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Macaroni and Cheese

Nutrition Information

Calories	370.00	Protein	21.00g
Fat	12.50g	SaturatedFat	5.00g
Trans Fat	0.00g	Cholesterol	25.00mg
Carbohydrates	46.00g	Fiber	4.00g
Sugar	8.00g	Sodium	795.00mg
Iron	9.08mg	Vitamin C	0.00mg
Vitamin A	750.00IU	Calcium	404.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 6 oz spoodle	527582	ENTREE MAC & CHS WGRAIN 6-5 LOL	BAKE
1	4372	DINNER ROLL, W GRAIN, AM	READY_TO_EAT

Preparation Instructions

6 ounce serving.

White dipper - or - 1/2 cup dipper heaping

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.