

Mac & Cheese

Servings:	1.00
Serving Size:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Macaroni and Cheese

Nutrition Information

Calories	650.00	Protein	38.00g
Fat	23.50g	SaturatedFat	10.00g
Trans Fat	0.00g	Cholesterol	50.00mg
Carbohydrates	75.00g	Fiber	6.00g
Sugar	14.00g	Sodium	1465.00mg
Iron	10.16mg	Vitamin C	0.00mg
Vitamin A	1500.00IU	Calcium	804.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
0 1 Each	527582	ENTREE MAC & CHS WGRAIN 6-5 LOL	
1	4372	DINNER ROLL, W GRAIN, AM	READY_TO_EAT

Preparation Instructions

6 ounce serving.

White dipper - or - 1/2 cup dipper heaping

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.