

Apple Cobbler Overnight Oats

Servings:	1.00
Serving Size:	1.00 Each
Meal Type:	Lunch
Category:	Entree
HACCP Process:	No Cook

Yogurt, oats, applesauce and granola, mixed together and topped with apples and cinnamon

Nutrition Information

Calories	513.28	Protein	13.75g
Fat	6.87g	SaturatedFat	1.35g
Trans Fat	0.00g	Cholesterol	5.00mg
Carbohydrates	102.36g	Fiber	8.49g
Sugar	52.00g	Sodium	182.70mg
Iron	3.88mg	Vitamin C	3.18mg
Vitamin A	1037.26IU	Calcium	224.14mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
8 Ounce	811500	YOGURT VAN L/F PARFPR 6-4 YOPL	
1 Each	649742	GRANOLA BAG IW 144-1Z FLDSTN	
1 Ounce	240869	OATS QUICK HOT CEREAL 12-42Z GFS	1 oz = 1/2 cup cooked or 1 oz dry
1/2 cup	110541comm	Applesauce cnd	
1/2 Each	742300	APPLE DELICIOUS RED 138CT MRKN	1/2 apple cut up
1 Teaspoon	224723	SPICE CINNAMON GRND 15Z TRDE	

Preparation Instructions

1. Combine yogurt, oats, granola, apple, cinnamon and applesauce and process.

2. Chill overnight

3. Serve cold