Peach Crisp Overnight Oats

| Servings: | 1.00 |
|----------------|-----------|
| Serving Size: | 1.00 Each |
| Meal Type: | Lunch |
| Category: | Entree |
| HACCP Process: | No Cook |
| | |

Yogurt, oats, applesauce and granola, mixed together and topped with apples and cinnamon

Nutrition Information

| Calories | 546.38 | Protein | 13.55g |
|---------------|-----------|--------------|----------|
| Fat | 6.77g | SaturatedFat | 1.35g |
| Trans Fat | 0.00g | Cholesterol | 5.00mg |
| Carbohydrates | 106.86g | Fiber | 5.84g |
| Sugar | 56.00g | Sodium | 200.00mg |
| Iron | 3.80mg | Vitamin C | 0.00mg |
| Vitamin A | 1000.00IU | Calcium | 220.00mg |

Ingredients

| Measurement | DistPart # | Description | Preparation Instructions |
|-------------|------------|---|--|
| 8 Ounce | 811500 | YOGURT VAN L/F PARFPR 6-4 YOPL | |
| 1 Each | 649742 | GRANOLA BAG IW 144-1Z FLDSTN | READY_TO_EAT Great to eat out of the pack, on breakfast and salad bars, or as a topping for desserts, yogurt, or parfaits. Perfect for healthcarenursing homes, rehabilitation centers, long-term care, senior living; schools, day cares, camps, golf courses and recreation programs. |
| 1 Ounce | 240869 | OATS QUICK HOT CEREAL 12- 42Z GFS | 1 oz = 1/2 cup cooked or 1 oz dry |
| 1 Cup | 100219 | Sliced Peaches 6- | |

Preparation Instructions

- 1. Combine yogurt, oats, granola, and peaches and process.
- 2. Chill overnight
- 3. Serve cold

Could use strawberry yogurt instead of vanilla