

Chicken Alfredo

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| Servings: | 50.00 |
| Serving Size: | 6.00 |
| Meal Type: | Lunch |
| Category: | Entree |
| HACCP Process: | Complex Food Prep |

Chicken Alfredo

Nutrition Information

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|----------------------|---------|---------------------|----------|
| Calories | 146.07 | Protein | 9.50g |
| Fat | 3.75g | SaturatedFat | 1.52g |
| Trans Fat | 0.00g | Cholesterol | 41.23mg |
| Carbohydrates | 17.81g | Fiber | 0.44g |
| Sugar | 1.56g | Sodium | 130.76mg |
| Iron | 0.93mg | Vitamin C | 0.00mg |
| Vitamin A | 53.04IU | Calcium | 46.24mg |

Ingredients

| Measurement | DistPart # | Description | Preparation Instructions |
|--------------------|------------|-------------------------------------|--|
| 2 1/2 Pound | 570533 | CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON | 1/2 bag |
| 3 Each | 155661 | SAUCE ALFREDO FZ 6-5 JTM | 3 BAGS |
| 2 1/2 Pound | 292346 | PASTA NOODL EGG 1/2 XTRA WD 2-5 GFS | Bring to boil 5 gallons of water, boil noodles until tender. |
| 1 Each | 152211 | BREADSTICK WGRAIN 1.31Z 10-20CT | Ready to eat |

Preparation Instructions

Thaw chicken over night in refrigerator. Cook chicken, cook sauce to 140 degrees. Boil noodles till tender. Mix together, continue cooking to 160 degrees. Serve 6 ounces

DISCLAIMER:DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.