

Chicken Soft Taco

Servings:	1.00
Serving Size:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Complex Food Prep

Chicken Soft Taco (HS)

Nutrition Information

Calories	323.33	Protein	21.33g
Fat	18.17g	SaturatedFat	8.33g
Trans Fat	0.00g	Cholesterol	83.33mg
Carbohydrates	20.33g	Fiber	2.00g
Sugar	1.00g	Sodium	746.67mg
Iron	2.67mg	Vitamin C	0.00mg
Vitamin A	347.67IU	Calcium	231.33mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Ounce	150250	CHEESE CHED MLD SHRD 4-5# COMM	1/5# bags use scoop #30
1 Each	505722	TORTILLA FLOUR 8 PRSD 20-12CT	

Measurement	DistPart #	Description	Preparation Instructions
2 Ounce	860390	CHIX STRP FAJT DRK MT FC 6-5 TYS	<p>BAKE</p> <p>Appliances vary, adjust accordingly.</p> <p>Conventional Oven</p> <p>Set at 350°F, reheat 25 - 30 minutes from frozen.</p> <p>CONVECTION</p> <p>Appliances vary, adjust accordingly.</p> <p>Convection Oven</p> <p>Set at 400°F, 15 - 20 minutes from frozen.</p> <p>MICROWAVE</p> <p>Appliances vary, adjust accordingly.</p> <p>Microwave Oven</p> <p>Reheat 3 1</p> <p>2 minutes on high setting from frozen.</p>

Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.

CONDIMENTS: ON THE SIDE ONLY (NOT INCLUDED IN NUTRITION'S)

LETTUCE

TOMATO

SALSA

SOUR CREAM