

Fish Basket/ BCIS/ Elementaries

Servings:	1.00
Serving Size:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Fish basket

Nutrition Information

Calories	430.00	Protein	18.00g
Fat	17.00g	SaturatedFat	3.00g
Trans Fat	0.00g	Cholesterol	50.00mg
Carbohydrates	50.00g	Fiber	6.00g
Sugar	6.00g	Sodium	410.00mg
Iron	2.16mg	Vitamin C	2.40mg
Vitamin A	0.00IU	Calcium	120.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
4 Each	501362	POLLOCK BRD NUG WGRAIN 1Z 2-5 GFS	
5 Each	234061	ONION RING BRD WGRAIN 6-5#TASTY BRAND	

Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.

CONDIMENTS: ON THE SIDE ONLY (NOT INCLUDED IN NUTRITION'S)

KETCHUP