

Chicken Alfredo

Servings:	50.00
Serving Size:	6.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Complex Food Prep

Chicken Alfredo

Nutrition Information

Calories	146.07	Protein	9.50g
Fat	3.75g	SaturatedFat	1.52g
Trans Fat	0.00g	Cholesterol	41.23mg
Carbohydrates	17.81g	Fiber	0.44g
Sugar	1.56g	Sodium	130.76mg
Iron	0.93mg	Vitamin C	0.00mg
Vitamin A	53.04IU	Calcium	46.24mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
2 1/2 Pound	570533	CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON	1/2 bag
3 Each	155661	SAUCE ALFREDO FZ 6-5 JTM	3 BAGS
2 1/2 Pound	292346	PASTA NOODL EGG 1/2 XTRA WD 2-5 GFS	Bring to boil 5 gallons of water, boil noodles until tender.
1 Each	152211	BREADSTICK WGRAIN 1.31Z 10-20CT	Ready to eat

Preparation Instructions

Thaw chicken over night in refrigerator. Cook chicken, cook sauce to 140 degrees. Boil noodles till tender. Mix together, continue cooking to 160 degrees. Serve 6 ounces

DISCLAIMER:DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.