

Meatloaf Dinner

Servings:	1.00
Serving Size:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Meatloaf

Nutrition Information

Calories	170.00	Protein	12.00g
Fat	10.00g	SaturatedFat	5.00g
Trans Fat	0.00g	Cholesterol	30.00mg
Carbohydrates	8.00g	Fiber	1.00g
Sugar	5.00g	Sodium	390.00mg
Iron	1.44mg	Vitamin C	9.00mg
Vitamin A	200.00IU	Calcium	60.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Piece	765641	MEATLOAF CKD SLCD W/CHS 100-2.9Z	BAKE This product is designed to be heated to 140 degrees F before serving.
1 Each	4372	Dinner Roll, Whole Grain, unliced 32 oz/24ct	READY_TO_EAT

Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.