

Mac & Cheese

Servings:	1.00
Serving Size:	0.60
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Macaroni and Cheese

Nutrition Information

Calories	258.00	Protein	14.20g
Fat	8.10g	SaturatedFat	3.00g
Trans Fat	0.00g	Cholesterol	15.00mg
Carbohydrates	34.40g	Fiber	3.20g
Sugar	5.60g	Sodium	527.00mg
Iron	8.65mg	Vitamin C	0.00mg
Vitamin A	450.00IU	Calcium	244.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
0 6 oz spoodle	527582	ENTREE MAC & CHS WGRAIN 6-5 LOL	
1	4372	DINNER ROLL, W GRAIN, AM	READY_TO_EAT

Preparation Instructions

6 ounce serving.

White dipper - or - 1/2 cup dipper heaping

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.