

Beef Soft Taco

Servings:	1.00
Serving Size:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Complex Food Prep

Beef Soft Taco (HS)

Nutrition Information

Calories	300.28	Protein	18.08g
Fat	16.59g	SaturatedFat	8.14g
Trans Fat	0.18g	Cholesterol	52.08mg
Carbohydrates	22.15g	Fiber	3.26g
Sugar	2.26g	Sodium	664.16mg
Iron	3.45mg	Vitamin C	3.15mg
Vitamin A	687.94IU	Calcium	243.87mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
2 Ounce	722330	TACO FILLING BEEF REDC FAT 6-5# COMM	
1 Ounce	150250	CHEESE CHED MLD SHRD 4-5# COMM	1/5# bags use scoop #30
1 Each	505722	TORTILLA FLOUR 8 PRSD 20-12CT	

Preparation Instructions

Assemble and serve

CONDIMENTS: ON THE SIDE (NOT IN NUTRITION'S)

SALSA

SOUR CREAM

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION