

Chef Salad

Servings:	1.00
Serving Size:	1.00 Each
Meal Type:	Lunch
Category:	Entree
HACCP Process:	No Cook

Chef Salad

Nutrition Information

Calories	752.80	Protein	64.80g
Fat	35.85g	SaturatedFat	16.00g
Trans Fat	0.00g	Cholesterol	290.00mg
Carbohydrates	48.00g	Fiber	10.30g
Sugar	9.00g	Sodium	2741.00mg
Iron	4.34mg	Vitamin C	67.05mg
Vitamin A	12314.09IU	Calcium	683.76mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
2 Cup	735787	LETTUCE ROMAINE CHOP 6-2 RSS	
1 Ounce	525480	CHIX BRST BRD CKD WGRAIN 3.75Z 4-7.5	BAKE Appliances vary, adjust accordingly. Conventional Oven Preheat oven to 400°F. Place frozen filets on a baking sheet lined with parchment paper in a single layer. Heat for 18 to 20 minutes. CONVECTION Appliances vary, adjust accordingly. Convection Oven Preheat oven to 375°F; no steam and low fans. Place frozen filets in a single layer on a baking sheet lined with parchment paper. Heat for 16 to 18 minutes.

Measurement	DistPart #	Description	Preparation Instructions
1 Ounce	861950	CHEESE AMER SHRD R/F 4-5 LOL	
1	532312	CUCUMBER SDLSS 12-1CT P/L	
1 Each	229431	EGG HARD CKD PLD BIB 4-2.5 GFS	
1 Each	152131	DOUGH ROLL DNNR WGRAIN 180-2.1Z RICH	
1 Ounce	199834	HAM DCD W/A 1/4 3-4 GFS	
1	749041	Grape Tomatoes	

Preparation Instructions