

Chef Salad

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| Servings: | 1.00 |
| Serving Size: | 1.00 Each |
| Meal Type: | Lunch |
| Category: | Entree |
| HACCP Process: | No Cook |

Chef Salad

Nutrition Information

| | | | |
|----------------------|------------|---------------------|----------|
| Calories | 444.45 | Protein | 29.83g |
| Fat | 18.40g | SaturatedFat | 5.00g |
| Trans Fat | 0.00g | Cholesterol | 211.25mg |
| Carbohydrates | 39.50g | Fiber | 8.58g |
| Sugar | 5.50g | Sodium | 957.75mg |
| Iron | 3.69mg | Vitamin C | 65.96mg |
| Vitamin A | 10898.14IU | Calcium | 115.02mg |

Ingredients

| Measurement | DistPart # | Description | Preparation Instructions |
|-------------|------------|--|--------------------------|
| 2 Cup | 735787 | LETTUCE ROMAINE CHOP 6-2 RSS | |
| 2 Ounce | 525480 | CHIX BRST BRD CKD WGRAIN 3.75Z 4-7.5 | |
| 1/2 Ounce | 861950 | CHEESE AMER SHRD R/F 4-5 LOL | |
| 1 Ounce | 532312 | CUCUMBER SDLSS 12-1CT P/L | |
| 1 Each | 229431 | EGG HARD CKD PLD BIB 4-2.5 GFS | |
| 1 Each | 152131 | DOUGH ROLL DNNR WGRAIN 180- 2.1Z RICH | |
| 1 Ounce | 199834 | HAM DCD W/A 1/4 3-4 GFS | |
| 1 | 749041 | Grape Tomatoes | |
| 1 Each | 175400 | CROUTON SEAS PC PKT 500-.25Z FRSHGOUR | |

| Measurement | DistPart # | Description | Preparation Instructions |
|-------------|------------|--------------------------------------|-------------------------------|
| 1 Each | 620821 | MARGARINE SPREAD 600-5GM SMRT BAL | READY_TO_EAT Ready to use. |

Preparation Instructions

Add Lettuce to plastic Container add diced chicken, diced ham, cheese, egg, cucumber and tomatoes in an attractive display.

For Students add WG Roll and butter 1 package of croutons.

For Staff 2 packages of croutons.

Place in cooler until ready to serve.