

D-430 Burrito bowl

Servings:	50.00
Serving Size:	1.00 Bowl
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Burrito bowl

Nutrition Information

Calories	324.38	Protein	20.53g
Fat	13.07g	SaturatedFat	6.00g
Trans Fat	0.00g	Cholesterol	74.99mg
Carbohydrates	32.84g	Fiber	2.64g
Sugar	1.00g	Sodium	489.95mg
Iron	1.95mg	Vitamin C	0.00mg
Vitamin A	215.49IU	Calcium	136.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Quart	516371	RICE BRN PARBL WGRAIN 25 GCHC	Place water and rice in a deep steam table pan. Cover and place in combi oven for 25 minutes.
6 1/4 Cup		Water	UNPREPARED

Measurement	DistPart #	Description	Preparation Instructions
7 1/33 Pound	860390	CHIX STRP FAJT DRK MT FC 6-5 TYS	<p>BAKE</p> <p>Appliances vary, adjust accordingly.</p> <p>Conventional Oven</p> <p>Set at 350°F, reheat 25 - 30 minutes from frozen.</p> <p>CONVECTION</p> <p>Appliances vary, adjust accordingly.</p> <p>Convection Oven</p> <p>Set at 400°F, 15 - 20 minutes from frozen.</p> <p>MICROWAVE</p> <p>Appliances vary, adjust accordingly.</p> <p>Microwave Oven</p> <p>Reheat 3 1</p> <p>2 minutes on high setting from frozen.</p>
25 Ounce	150250	CHEESE CHED MLD SHRD 4-5 LOL	
50 Each	882700	TORTILLA FLOUR ULTRGR 8 18-12CT	

Preparation Instructions

1. Add water to rice. Heat for approximately 25 minutes until the water is absorbed. Hot hold at 135F minimum.
2. Place chicken in a steam table pan sprayed with food release. Bake until 165F for 15 seconds. Hot hold at 135F minimum.

To serve:

Place 1 tortilla in a 2# food tray. Add 1/2 cup rice. Top with 3 oz of chicken fajita meat. Serve with 1 souffle cup of cheese.

6. Provides 2 ounces of meat/meat alternate and 1 ounce of whole grain equivalent.