

# D-54 Chicken Alfredo With a Twist

<b>Servings:</b>	50.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 cup	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTA ROTINI 4-5 GFS	4 Pound	Bring water to a boil. Add pasta and cook 8 minutes or until al dente. DO NOT OVERCOOK Drain and divide into 2 4" deep steam pans.	413360
SOUP CRM OF CHIX 12-5 HLTHYREQ	2 #5 CAN	Combine soup, milk, seasonings, and Parmesean cheese. Add chicken and heat to 165 degrees F for 15 seconds. (CCP)	695513
1 % White Milk	1 1/2 Quart	Divide sauce evenly between the two pans of pasta. Mix together, cover and hold in warming cabinet at 135 degrees F until serving time.	
SPICE PEPR BLK REG GRIND 16Z TRDE	2 Teaspoon		225037
SPICE GARLIC GRANULATED 7.25 TRDE	1 Teaspoon		514047
CHEESE PARM GRTD 4-5 PG	1 1/2 Quart		445401
CHIX PULLED WHT & DRK BLND 2-5 TYS	6 7/8 Pound		467802
BROTH CHIX 12-5 COLLEGE INN	1 #5 CAN		264865

## Preparation Instructions

Portion with an 8 oz spoodle.

1 serving provides 2 oz meat/meat alternate and 1 oz equivalent of grains.

### SLE Components

Amount Per Serving

<b>Meat</b>	2.00
<b>Grain</b>	1.00
<b>Fruit</b>	0.00
<b>GreenVeg</b>	0.00

<b>RedVeg</b>	0.00
<b>OtherVeg</b>	0.00
<b>Legumes</b>	0.00
<b>Starch</b>	0.00

## Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 1.00 cup

<b>Amount Per Serving</b>			
<b>Calories</b>	292.49		
<b>Fat</b>	8.93g		
<b>SaturatedFat</b>	3.35g		
<b>Trans Fat</b>	0.00g		
<b>Cholesterol</b>	58.34mg		
<b>Sodium</b>	483.68mg		
<b>Carbohydrates</b>	31.35g		
<b>Fiber</b>	1.28g		
<b>Sugar</b>	2.82g		
<b>Protein</b>	23.95g		
<b>Vitamin A</b>	334.26IU	<b>Vitamin C</b>	0.06mg
<b>Calcium</b>	116.06mg	<b>Iron</b>	1.68mg