

Pasta with vegetables

NO IMAGE

Servings:	200.00	Category:	Vegetable
Serving Size:	1.00 1/2 cup	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
VEG & PASTA BLND CNTRY GRDN 12-2 GFS	48 Pound		460397
BUTTER PRINT SLTD GRD AA 36-1 GFS	4 Pound		191205
SPICE GARLIC SALT 11 TRDE	4 Tablespoon		777129

Preparation Instructions

Bring 4 stock pots of water to boil, add 6 bags to each pot. Bring to a boil, then drain.

Melt 4 butters in a pan. Add melted butter to the pasta blend with 2 T of garlic salt per pan.

Cover and keep one pan warm in warming oven and the other pan in steam table.

You may also use the tilt skillet for this. Add 1 gallon of water to skillet and the pasta. Cover and steam at about 300 degrees for 5 to 10 minutes or until broccoli is fork tender.

Drain and follow the rest of the recipe as above.

SLE Components

Amount Per Serving

Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00

Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 200.00

Serving Size: 1.00 1/2 cup

Amount Per Serving			
Calories		103.34	
Fat		7.14g	
SaturatedFat		4.55g	
Trans Fat		0.00g	
Cholesterol		19.48mg	
Sodium		190.44mg	
Carbohydrates		8.16g	
Fiber		0.96g	
Sugar		0.96g	
Protein		1.44g	
Vitamin A	243.95IU	Vitamin C	5.76mg
Calcium	0.00mg	Iron	0.35mg