

GFS Baked Beans

NO IMAGE

Servings:	250.00	Category:	Vegetable
Serving Size:	1.00 1/2 cup	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEAN KETTLE BRN SUGAR 6-10 HRTHTSN	10 #10 CAN		822477
ONION DEHY CHPD 15 P/L	2 Cup		263036

Preparation Instructions

Prepare cans for opening. Prepare 3 steam table pans.

Open and drain all cans of beans. Evenly divide between the steam table pans. Evenly distribute the onion.

Cover and bake in 400 degree oven for 1 hour until reaches above 165 degrees.

Hold in low temp oven, hot holding box or hot steam table until time to serve. Serve with 1/2 spoodle.

SLE Components

Amount Per Serving

Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.52
Starch	0.00

Nutrition Facts

Servings Per Recipe: 250.00

Serving Size: 1.00 1/2 cup

Amount Per Serving	
Calories	115.32
Fat	0.52g
SaturatedFat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	352.29mg
Carbohydrates	23.15g
Fiber	6.26g

Sugar	7.27g		
Protein	5.21g		
Vitamin A	0.23IU	Vitamin C	0.11mg
Calcium	41.99mg	Iron	1.50mg