

# Homemade Lasagna

<b>Servings:</b>	28.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00	<b>HACCP Process:</b>	Complex Food Prep
<b>Meal Type:</b>	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE SPAGHETTI BF REDC FAT 6-5 COMM	5 Pound	Thaw sauce before using.	573201
PASTA LASGN SHT FLT CKD 2-5 GCHC	3 Pound		898271
CHEESE MOZZ SHRD 4-5 LOL	12 ounce		645170
CHEESE COTTAGE SML 1 4-5 GFS	12 ounce	READY_TO_EAT Served as a side dish, used in a recipe or paired with fresh fruits.	329487
EGG WHL LIQ W/CITRIC 15-2 GFS	1 Pound		874302
CHEESE BLND PARM GRTD 4-5 P/L	1/4 Pound		186891
SEASONING ITAL HRB 6Z TRDE	1/4 Cup		428574
SPICE PEPR RED CRUSHED 12Z TRDE	1 Tablespoon	Optional	430196

## Preparation Instructions

No Preparation Instructions available.

### SLE Components

Amount Per Serving

<b>Meat</b>	2.00
<b>Grain</b>	0.00
<b>Fruit</b>	0.00
<b>GreenVeg</b>	0.00
<b>RedVeg</b>	0.25
<b>OtherVeg</b>	0.00
<b>Legumes</b>	0.00
<b>Starch</b>	0.00

### Nutrition Facts

Servings Per Recipe: 28.00

Serving Size: 1.00

<b>Amount Per Serving</b>	
<b>Calories</b>	347.63
<b>Fat</b>	15.69g
<b>SaturatedFat</b>	7.88g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	71.58mg
<b>Sodium</b>	960.06mg
<b>Carbohydrates</b>	14.98g

<b>Fiber</b>	1.02g		
<b>Sugar</b>	7.00g		
<b>Protein</b>	32.58g		
<b>Vitamin A</b>	930.08IU	<b>Vitamin C</b>	9.69mg
<b>Calcium</b>	481.45mg	<b>Iron</b>	1.23mg