

K-6-Rockin'ola Yogurt Parfait

NO IMAGE

Servings:	20.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT VAN L/F PARFPR 6-4 YOPL	80 Ounce	READY_TO_EAT Ready to use with pouch & serving tip. 4 oz total per parfait Place 2 oz in bottom of 12 oz parfait cup. Add 2 oz mixed thawed berries. Add 2 oz of yogurt. Add 2 oz mixed thawed berries Top with Rockin'ola granola	811500
Rockin'ola Pro granola	20 Serving	1 bag = 1.5 oz granola	8004216
STRAWBERRY WHL IQF 4-5 GFS	20 Ounce		244630
BLUEBERRY IQF 4-5 GFS	20 Ounce		166720
CRUMB CRACKER GRAHAM 10 KEEB	5 Cup		109568

Preparation Instructions

1 serving per student

Layer in 12oz parfait cup

- 1.) Add 2oz of graham cracker crumb to bottom of parfait cup
- 2.) Add 2oz of Vanilla yogurt in bottom of cup USE #10 scoop
- 3.) Add 2oz berries on top of yogurt

- 4.) Add 2oz of Vanilla yogurt on top of berries USE #10 scoop
 - 5.) Add another 2oz of berries
 - 6.) Place insert in cup and add 1 bag of Rockin'ola Pro granola or 1.5 oz of bulk Rockin'ola Pro granola
 - 7.) place domed lid on cup
- Must serve chilled- keep in refrigerator until serving time- when on the line keep in pan with cooling pads.

SLE Components

Amount Per Serving

Meat	1.67
Grain	1.67
Fruit	1.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 20.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	480.00
Fat	9.58g
SaturatedFat	1.50g
Trans Fat	0.00g
Cholesterol	2.50mg
Sodium	220.83mg
Carbohydrates	88.50g
Fiber	11.17g
Sugar	47.33g
Protein	11.50g
Vitamin A 1000.00IU	Vitamin C 57.60mg
Calcium 222.67mg	Iron 9.37mg