

K - 3 TACO BEEF

NO IMAGE

Servings:	40.00	Category:	Entree
Serving Size:	4.00	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF GRND 81/19 FINE GRIND 6-10AVG	10 Pound		272691
SEASONING TACO MIX 6-9Z GRSZ	1 Package	Mix with 1 gallon of water.	222313

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 40.00

Serving Size: 4.00

Amount Per Serving			
Calories	289.00		
Fat	21.00g		
SaturatedFat	9.00g		
Trans Fat	0.00g		
Cholesterol	75.00mg		
Sodium	352.98mg		
Carbohydrates	1.80g		
Fiber	0.00g		
Sugar	0.00g		
Protein	21.00g		
Vitamin A	89.99IU	Vitamin C	0.00mg

Calcium 0.00mg **Iron** 1.80mg