

# K - 3 MUNCHABLE LUNCHABLE

NO IMAGE

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
HAM BUFFET SHAVE 2-11AVG HRML	2 Ounce		533408
CHEESE AMER WHT 160CT SLCD 4-5# P/L	3 Slice		417100
CRACKER WHEAT 300-2CT KEEB	3 Package		311588
CARROT BABY WHL CLEANED 12-2 RSS	4 Ounce		510637
HUMMUS ORIG 2-4# KRON	2 Ounce	READY_TO_EAT No cooking preparation needed. Just remove from refrigeration, stir, spoon into dish or onto desired food item and serve.	760960
CRANBERRY DRIED STRAWB 200-1.16Z	1 Package		531681
DOUGH CKY HS CHOC CHP 1Z 4-120 KE	1 Each		697840

## Preparation Instructions

No Preparation Instructions available.

## SLE Components

Amount Per Serving

<b>Meat</b>	0.00
<b>Grain</b>	0.00
<b>Fruit</b>	0.50
<b>GreenVeg</b>	0.00
<b>RedVeg</b>	1.00
<b>OtherVeg</b>	0.00
<b>Legumes</b>	0.25
<b>Starch</b>	0.00

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00

<b>Amount Per Serving</b>			
<b>Calories</b>		654.73	
<b>Fat</b>		29.13g	
<b>SaturatedFat</b>		11.50g	
<b>Trans Fat</b>		0.00g	
<b>Cholesterol</b>		67.50mg	
<b>Sodium</b>		1873.40mg	
<b>Carbohydrates</b>		79.33g	
<b>Fiber</b>		7.00g	
<b>Sugar</b>		41.83g	
<b>Protein</b>		18.17g	
<b>Vitamin A</b>	16337.59IU	<b>Vitamin C</b>	9.52mg
<b>Calcium</b>	281.29mg	<b>Iron</b>	2.09mg