

K - 3 SPAGHETTI W/MEATBALLS

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTA SPAG 51 WGRAIN 2-10	4 Ounce		221460
MEATBALL CKD 1Z ITAL 10 FONT	3 Each		504149
CHEESE PARM PKT 200-3.5GM GFS	1 Each		254959
USDA Spaghetti Sauce, Low-Sodium, Canned	3 Ounce	HEAT_AND_SERVE	100336

Preparation Instructions

SLE Components

Amount Per Serving

Meat	0.00
Grain	4.00
Fruit	0.00
GreenVeg	0.00
RedVeg	3.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	1175.00
Fat	47.00g
SaturatedFat	13.00g
Trans Fat	0.00g
Cholesterol	50.00mg
Sodium	1475.00mg
Carbohydrates	149.00g
Fiber	16.00g
Sugar	40.00g

Protein		39.00g	
Vitamin A	200.00IU	Vitamin C	1.20mg
Calcium	180.00mg	Iron	6.30mg