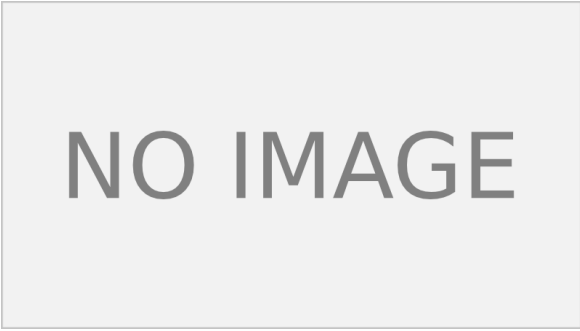


# K - 3 POPCORN CHICKEN BOWL



<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Serving	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX PCORN LRG WGRAIN CKD 6-5	7 Each	BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 10-12 MINUTES AT 350F; CONVECTION OVEN FOR 6-8 MINUTES AT 350F.	536620
CORN CUT WHL KRNL A GRD F 1-20# P/L	2 Ounce		264073
CHEESE CHED MLD SHRD FTHR 4-5 GFS	1 Ounce		411841
BREAD GARL TX TST SLC WGRAIN 12-12CT	1 Slice		644802
POTATO MASHED NAT FRSH 4-5 RESER	4 Ounce		729001
GRAVY MIX BISC 6-1.5 PION	2 Ounce		281719

## Preparation Instructions

WASH HANDS.

1. Cook hot dogs per instructions on package.
2. Once cooked, place hot dog in hot dog roll put in basket along with 1 packet of ketchup, chips, and candy fruit snack.



## SLE Components

Amount Per Serving

<b>Meat</b>	1.40
<b>Grain</b>	0.70
<b>Fruit</b>	0.00
<b>GreenVeg</b>	0.00
<b>RedVeg</b>	0.00
<b>OtherVeg</b>	0.00
<b>Legumes</b>	0.00
<b>Starch</b>	0.00

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

<b>Amount Per Serving</b>			
<b>Calories</b>	598.30		
<b>Fat</b>	28.57g		
<b>SaturatedFat</b>	12.67g		
<b>Trans Fat</b>	0.00g		
<b>Cholesterol</b>	82.00mg		
<b>Sodium</b>	1385.00mg		
<b>Carbohydrates</b>	64.50g		
<b>Fiber</b>	6.30g		
<b>Sugar</b>	4.33g		
<b>Protein</b>	22.83g		
<b>Vitamin A</b>	779.64IU	<b>Vitamin C</b>	10.30mg
<b>Calcium</b>	137.90mg	<b>Iron</b>	3.72mg