Beef Tacos



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF REDC FAT 6-5# COMM	3 Ounce	THAW PRODUCT UNDER REFRIGERATION FOR 3 DAYS PRIOR TO PREPARATION. PLACE SEALED BAGS IN A STEAMER OR IN BOILING WATER. HEAT APPROXIMATELY 30 MINUTES OR UNTIL PRODUCT REACHES SERVING TEMPERATURE. AVOID OVERLOADING KETTLES WHERE BAGS CAN BE TRAPPED AGAINST SIDE OF KETTLE OR POT. OPEN BAG WITH CAUTION AS IT WILL BE HOT.	722330
TORTILLA FLOUR ULTRGR 6 30-12CT	1 Each		882690
CHEESE CHED MLD SHRD 4-5# COMM	1/4 Cup		150250
LETTUCE ROMAINE RIBBONS 6-2 RSS	1/4 Cup		451730
SALSA CUP 84-3Z REDG	1 Each	READY_TO_EAT None	677802

Preparation Instructions

Meat:

Thawing Instructions THAW UNDER RERIGERATION, DO NOT THAW AT ROOM TEMPERATURE.

Preparation Instructions REHEATING INSTRUCTIONS: COOK FROM THAWED STATE ONLY. COOKING FROM FROZEN IS NOT RECOMMENDED. MICROWAVE AND DEEP FRYING ARE NOT RECOMMENDED. CONVENTIONAL OVEN - 280 DEGREES F FOR 25-30 MINUTES. CONVECTION OVEN 280 DEGREES F FOR

16-22 MINUTES.

Place cheese in portioned cups and maintain temp between 35-40 degrees till serving Hold lettuce between 35 - 40 degrees till serving

Hold salsa between 35 - 40 degrees till serving

SLE Components Amount Per Serving	
Meat	2.89
Grain	1.00
Fruit	0.00
GreenVeg	0.13
RedVeg	1.12
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts						
Servings Per Recipe: 1.00 Serving Size: 1.00 Serving						
Amount Pe						
Calories		337.93				
Fat		16.14g				
SaturatedFat		9.20g	_			
Trans Fat		0.27g				
Cholesterol		63.12mg				
Sodium		741.25mg				
Carbohydrates		25.23g				
Fiber		4.14g				
Sugar		6.89g				
Protein		21.11g				
Vitamin A	2487.41IU	Vitamin C	20.23mg			
Calcium	279.80mg	Iron	2.98mg			