

# Elem Hot Dog

NO IMAGE

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Serving	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRANKS TURKEY CN 10/ 4-5 KE	1 Each	FULLY COOKED, CAN BE STEAMED, GRILLED, MICROWAVED, OR OVEN HEATED, HEAT TO 165 DEG F. INTERNAL FOR MINIMUM OF 15 SECONDS, HOLD ABOVE 140 DEG F	143537
BUN HOT DOG WHEAT WHL 12-12CT GFS	1 Each		517830

## Preparation Instructions

FULLY COOKED, CAN BE STEAMED, GRILLED, MICROWAVED, OR OVEN HEATED, HEAT TO 165 DEG F.  
INTERNAL FOR MINIMUM OF 15 SECONDS, HOLD ABOVE 140 DEG F

### SLE Components

Amount Per Serving

<b>Meat</b>	1.50
<b>Grain</b>	1.50
<b>Fruit</b>	0.00
<b>GreenVeg</b>	0.00
<b>RedVeg</b>	0.00
<b>OtherVeg</b>	0.00
<b>Legumes</b>	0.00
<b>Starch</b>	0.00

### Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

<b>Amount Per Serving</b>	
<b>Calories</b>	190.00
<b>Fat</b>	8.50g
<b>SaturatedFat</b>	2.00g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	40.00mg
<b>Sodium</b>	625.00mg
<b>Carbohydrates</b>	21.00g
<b>Fiber</b>	4.00g

<b>Sugar</b>			3.00g
<b>Protein</b>			9.00g
<b>Vitamin A</b>	8.86IU	<b>Vitamin C</b>	0.03mg
<b>Calcium</b>	100.66mg	<b>Iron</b>	1.42mg