

Cookbook for Kankakee School District 111

Created by HPS Menu Planner

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PB & J Sandwich Strawberry

PB&J Sandwich-Grape

PB & J Sandwich Strawberry



Servings:	25.00	Category:	Entree
Serving Size:	1.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAND UNCRUST PB&J STRAWB 72-2.6Z	50 Each		536012

Preparation Instructions

Thaw at room temperature for 30-60 minutes in a single layer on sheet tray
After thawing, sandwiches should be served within 8-10 hours. do not microwave.
Serving size is 2- 2.6 oz sandwich per student

SLE Components

Amount Per Serving

Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 25.00

Serving Size: 1.00 Ounce

Amount Per Serving

Calories	600.00		
Fat	34.00g		
SaturatedFat	6.00g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	560.00mg		
Carbohydrates	64.00g		
Fiber	8.00g		
Sugar	28.00g		
Protein	18.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg

Calcium 52.00mg **Iron** 2.00mg

PB&J Sandwich-Grape

NO IMAGE

Servings:	25.00	Category:	Entree
Serving Size:	1.00 Gram	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAND UNCRUST PB&J GRP WGRAIN 72-2.6Z	50 Each		527462

Preparation Instructions

Thaw at room temperature for 30-60 minutes in a single layer
After thawing, sandwiches should be served within 8-10 hours
Do not microwave
Serve 2- 2.6 ounce Sandwich per student

SLE Components

Amount Per Serving

Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 25.00

Serving Size: 1.00 Gram

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Calories	600.00
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Carbohydrates	64.00g
Fiber	8.00g
Sugar	28.00g
Protein	18.00g

Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	52.00mg	Iron	2.00mg