# Cookbook for Jessamine County Schools

Created by HPS Menu Planner

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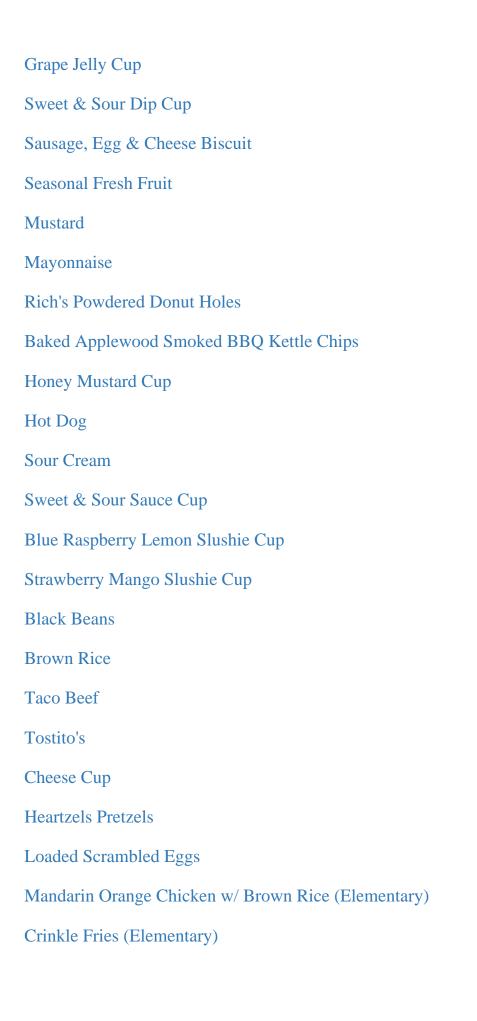
String Cheese
Annies's Honey Bunny Graham Crackers
WG Trix Cereal

WG Cocoa Puffs Cereal WG Donut w/ Icing WG Fruity Cheerios PB Jamwich French Toast Bites Chicken Biscuit Sausage Biscuit WG Strawberry Pop-Tart WG Cinnamon Pop-Tart WG Fudge Pop-Tart **Breakfast Burrito** Yogurt, String Cheese & Sunchips Box Deli Turkey & Cheese Sandwich Deli Ham & Cheese Sandwich Mandarin Orange Chicken w/ Brown Rice Fortune Cookie Mini Corn Dogs **Tropical Fruit Mandarin Oranges** Pineapple Tidbits Honey BBQ Boneless Wings Garden Chef Salad Southwest Chicken Salad

Crispy Chicken Salad Dill Chicken Sandwich Spinach Salad Green Seedless Grapes Red Seedless Grapes Roasted Garden Vegetables Teriyaki Beef w/ Brown Rice Vegetable Egg Roll Big Daddy's Buffalo Chicken Pizza Chicken Strip Basket **BBQ** Pulled Pork Sandwich Broccoli Slaw Orange Wedges Deep Dish Cheese Pizza Deep Dish Pepperoni Pizza American Cheese Slice Funyons **Crispy Apples** Crispy Apples Spicy Chicken Sandwich Fresh Cut Veggies Baked Jalapeno Cheddar Kettle Chips Taco "Two"sday Beef

Chicken & Waffles Oven Roasted Potatoes Build Your Own Sandwich Station, Turkey Café Italia Café Italia Café Italia Café Italia Boneless Wings, Plain Boneless Wings, Buffalo Hot Dog (High School) Super Slaw Big Daddy's Cheese 4 Cheese Pizza/ WG Crust South of the Border Burrito Bowls South of the Border Burrito Bowls Caesar Salad Lucky Charms WG Cinnamon Roll (Elementary) Egg & Bacon Pizza Fruit & Yogurt Parfait w/ Muffin Mini Pancake and Sausage Bites Cheesy Bosco Sticks Taco "Two"sday Chicken Big Daddy's Cheese Pizza

Big Daddy's Pepperoni Pizza Big Daddy's Four Meat Pizza Build Your Own Sandwich Station, Ham Philly Steak & Cheese Sandwich Boneless Wings, Teriyaki Bacon, Egg & Cheese Biscuit Suncup Orange Juice Suncup Grape Juice Suncup Apple Juice Goldfish Crackers Sunbelievable Sidekick Cup Ranch Packet Syrup Cup **BBQ** Packet Ketchup Salsa Cup Deli Ham & Cheese Sandwich Box Deli Turkey & Cheese Sandwich Box **Italian Dressing Ranch Dressing** Balsamic Vinaigrette French Dressing Country Crock Butter Cup



Cheesy Baked Rotini
Lettuce for Tacos
Cheese (Tacos & Hot Dogs)
Shredded Chicken (Burritos)
Queso Blanco
Ultragrain Tortilla
WG Cinnamon Roll
Sausage & Gravy Breakfast Pizza
Wild Mike's Cheese Bites
Wild Mike's Cheese Bites (Middle & High)
Ham, Egg & Cheese Breakfast Wrap
Keebler Animal Cracker Cookies
PB Jamwich Box
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Tony's French Bread Cheese Pizza
Tony's French Bread Pepperoni Pizza
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Cheesy Baked Rotini (Middle)
Café Italia (Middle)
Café Italia (Middle)
Café Italia (Middle)
Café Italia (Middle)
Chili (Hot Dog)

Totally Juice Apple Juice Totally Juice Orange-Tangerine Juice Totally Juice Grape Juice Cinnamon Roll **Green Peas** Mexican Brown Rice Other Entree (JELV Breakfast) Other Entree (JELV Lunch) Turkey for Sandwiches Ham for Sandwiches Sub Bun for Sandwiches Pickles for Sandwiches Cucumbers for Sandwiches Fruit Smoothie Hamburger (Elementary & Middle) Dill Chicken Sandwich Spicy Chicken Sandwich (H.S.) BBQ Pulled Pork Sandwich **Hot Sauce** Taco Salad (Elementary) Harvest Cheddar Sunchips **Cool Ranch Doritos** Sweet & Spicy Chili Doritos

Nacho Doritos

Lay's Applewood Smoked BBQ Kettle Chips

Ruffles Baked Cheddar & Sour Cream Chips

Cheetos Baked Flaming Hot Cheese Sticks

Cheetos Baked Crunchy Cheese Curls

Chocolate Chocolate Chip Muffin

### **Chicken Bites**

Servings:	1.00	Category:	Entree
Serving Size:	5.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST CHNK BRD WGRAIN CKD 30#	5 Each	BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 27-29 MINUTES AT 350F; CONVECTION OVEN FOR 10-12 MINUTES AT 350F.	536790

### **Preparation Instructions**

Place nuggets in a single layer on a parchment lined sheet pan. Bake in convection oven at 325 degrees for approximately 15 - 20 minutes, or until internal temperature reaches 165 degrees.

Hold in warming oven for no more than 15 minutes.

<b>SLE</b>	Com	pone	nts
Amour	t Dar Sa	arvina	

Amount Per Serving	
Meat	2.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 5.00 Each

Serving Size	: 5.00 Each		
Amount Per	Serving		
Calories		200.00	
Fat		7.00g	
SaturatedFa	at	1.50g	
Trans Fat		0.00g	
Cholesterol		45.00mg	
Sodium		480.00mg	
Carbohydra	ites	16.00g	
Fiber		2.00g	
Sugar		0.00g	
Protein		17.00g	
Vitamin A	187.00IU	Vitamin C	0.00mg
Calcium	15.00mg	Iron	1.00mg

# **Cheesy Breadsticks**

Servings:	1.00	Category:	Entree
Serving Size:	2.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE MARINARA DIPN CUP 84-2.5Z REDG	1 Each	READY_TO_EAT None	677721
BREADSTICK CHS STFD 4 WGRAIN 144CT	2 Each	CONVECTION Convection Oven  1. Preheat oven to 400° F.  2. Place Bosco Sticks on a baking sheet.  3. THAWED: 6-8 minutes.  4. Let stand 2 minutes before serving. CAUTION: FILLING MAY BE HOT! /u2022 Oven temperatures may vary. Adjust baking time and or temperature as necessary. /u2022 Top Bosco Sticks with butter and parmesan cheese (not included) after baking. DEEP_FRY Deep Fry  1. Preheat oil to 350° F. 2. THAWED: 1-2 minutes. 3. Let stand 2 minutes before serving. CAUTION: FILLING MAY BE HOT! /u2022 Oven temperatures may vary. Adjust baking time and or temperature as necessary. /u2022 Top Bosco Sticks with butter and parmesan cheese (not included) after baking. THAW Thawing Instructions 1. Thaw before cooking. 2. Keep Bosco Stick breadsticks covered while thawing. 3. Bosco Stick breadsticks may be thawed in packaging. 4. Bosco Stick breadsticks have 8 days shelf life when refrigerated. /u2022 Oven temperatures may vary. Adjust baking time and or temperature as necessary. /u2022 Top Bosco Sticks with butter and preparature as necessary. /u2022 Top Bosco Sticks with butter and preparature as necessary. /u2022 Top Bosco Sticks with butter and parmesan cheese (not included) after baking.	787440

## **Preparation Instructions**

Place needed amount of Bosco Sticks on a parchment lined sheet pan. Thaw in walk in overnight. Bake at 350 degrees for 6-10 minutes, or until internal temp reaches 165 degrees.

If cooking from frozen, bake at 325 degrees for approximately 15 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven for no more than 20 minutes.

Warm marinara cups in warming oven before use.

SLE Components Amount Per Serving	
Meat	1.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	1.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00
· -	

Nutrition Servings Pe Serving Size	r Recipe: 1.00		
<b>Amount Pe</b>	r Serving		
Calories		260.00	
Fat		6.00g	
SaturatedFa	at	3.00g	
Trans Fat		0.00g	
Cholestero		10.00mg	
Sodium		480.00mg	
Carbohydra	ates	36.00g	
Fiber		4.00g	
Sugar		6.00g	
Protein		14.00g	
Vitamin A	362.00IU	Vitamin C	6.00mg
Calcium	174.00mg	Iron	1.44mg

## **Chicken Strips**

Servings:	1.00	Category:	Entree
Serving Size:	3.00 Piece	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX TNDR WGRAIN FC 4-8 TYS	3 Piece	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.	283951

### **Preparation Instructions**

Place needed amount on parchment lined sheet pans. Bake at 350 for approximately 15 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven for no more than 15 minutes.

SLE	Components
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Amount Per Serving	
Meat	2.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 3.00 Piece

Serving Size: 3.00 Piece					
Amount Per	Amount Per Serving				
Calories		260.00	_		
Fat		15.00g	15.00g		
SaturatedFa	at	2.50g			
Trans Fat		0.00g			
Cholesterol		25.00mg	25.00mg		
Sodium		390.00mg	390.00mg		
Carbohydrates		16.00g	16.00g		
Fiber		3.00g	3.00g		
Sugar		1.00g			
Protein		15.00g			
Vitamin A	100.00IU	Vitamin C	0.00mg		
Calcium	40.00mg	Iron	1.80mg		

# **BBQ Chicken Leg**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX DRMSTX BBQ CKD 4.4Z 10 TYS	1 Each	BAKE Appliances vary, adjust accordingly. Conventional Oven 35 - 40 minutes at 350°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 20 - 25 minutes at 325°F from frozen. MICROWAVE Appliances vary, adjust accordingly. Microwave Oven Place drumsticks on a microwave safe plate and heat on HIGH for the following (rotate and turn over drumsticks halfway through total cook time): 1 drumstick = 3 to 4 minutes 2 drumsticks = 7 to 9 minutes 3 drumsticks = 10 to 11 minutes	209279

### **Preparation Instructions**

Place on parchment lined sheet pans. Bake at 325 degrees for 20-25 minutes, or until internal temp reaches 165 degrees.

Cook from frozen.

Hold in warming oven for no more than 15-20 minutes.

SLE Components Amount Per Serving	
Meat	1.75
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each	)
Amount Per Serving	
Calories	140.00
Fat	8.00g
SaturatedFat	2.00g
Trans Fat	0.00g
Cholesterol	40.00mg
Sodium	570.00mg
Carbohydrates	6.00g
Fiber	0.00g

Sugar		1.00g	
Protein		12.00g	
Vitamin A	100.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.72mg

## **Cheesy Baked Rotini (Elementary)**

Servings:	1.00	Category:	Entree
Serving Size:	4.00 Ounce	<b>HACCP Process:</b>	Complex Food Prep
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE SPAGHETTI BF REDC FAT 6-5 COMM	3 Ounce		573201
CHEESE MOZZ SHRD 4-5 LOL	1/8 Cup		645170
PASTA ROTINI 51 WGRAIN 2-10 DAKOTA	3 Ounce		229951

### **Preparation Instructions**

Thaw required amount of pasta sauce in walk in or place in steamer to cook.

Place spaghetti in steamer to cook in batches. Steam for approximately 20 minutes, or until just tender.

Mix cooked pasta and sauce in a greased, 6 inch, full hotel pan.

Top with cheese and place in oven at 325 degrees until internal temp reaches 165 degrees.

Make sure that cheese does not burn.

SLE Compon	ents
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Amount Per Serving	
Meat	1.59
Grain	3.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.27
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 4.00 Ounce **Amount Per Serving Calories** 451.26 Fat 9.12g SaturatedFat 3.32g **Trans Fat** 0.00g Cholesterol 37.26mg Sodium 248.96mg Carbohydrates 66.84g **Fiber** 7.07g Sugar 7.27g **Protein** 22.18g 422.01IU Vitamin A Vitamin C 10.18mg Calcium 160.17mg Iron 3.77mg

## Popcorn Chicken w/ Sweet & Sour Sauce

Servings:	1.00	Category:	Entree
Serving Size:	10.00 Piece	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
RICE BRN PARBL WGRAIN 25 GCHC	1/2 Cup	BOIL Bring water and rice to a boil; stir and reduce heat to medium low and simmer 15-25 minutes or until most of the water is absorbed.	516371
CHIX POPCORN BRD WGRAIN DRK CKD 30#	10 Each	BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 10-12 MINUTES AT 350F; CONVECTION OVEN FOR 6-8 MINUTES AT 350F.	666232

### **Preparation Instructions**

Mix required amount of rice and water in full, 6 inch hotel pan. Place, uncovered, in steamer for approximately 20-25 minutes, or until tender.

If using the convection oven, bake covered at 350 degrees for 20-25 minutes, or until tender.

Hold in warming oven for no more than 40 minutes

Place popcorn chicken on parchment lined sheet pans. Bake at 350 degrees for approximately 10 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven for no more than 15 minutes.

SLE Components Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts	
Servings Per Recipe: 1.00	
Serving Size: 10.00 Piece	
Amount Per Serving	
Calories	633.00
Fat	19.00g
SaturatedFat	3.00g
Trans Fat	0.00g
Cholesterol	81.00mg
Sodium	487.00mg
Carbohydrates	91.00g
Fiber	7.00g
Sugar	0.00g
Protein	26.00g

Mitamin A	407.00111	Vitamin 0	0.00
Vitamin A	167.00IU	Vitamin C	0.00mg
Calcium	18.00mg	Iron	3.44mg

## Hamburger

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK PTY 2.45Z 6-5 JTM	1 Each		661851
BUN HAMB SLCD WHEAT WHL 4 10-12 GFS	1 Each		517810

### **Preparation Instructions**

Place required number of hamburger patties in a 2 inch full hotel pan. Cover and place in steamer for approximately 30 minutes, or until internal temp reaches 165 degrees.

Bun and bag.

Hold in warming oven for no more than 20 minutes.

Amount Per Serving	
Meat	2.00
Grain	2 00

**SLE Components** 

Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Serving Size	: 1.00 Each		
Amount Per	r Serving		
Calories		296.20	
Fat		14.40g	
SaturatedFa	at	4.80g	
<b>Trans Fat</b>		0.77g	
Cholesterol		49.00mg	
Sodium		378.60mg	
Carbohydra	ites	26.00g	
Fiber		6.00g	
Sugar		3.00g	
Protein		17.10g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	63.00mg	Iron	2.08mg

# **Tony's Cheese Pizza**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA CHS 4X6 WGRAIN 50/50 96- 4.6Z	1 Each	BAKE COOKING GUIDELINES. COOK BEFORE SERVING. Place 16 frozen pizzas in 18" x 26" x 1 2" sheet pan. Rotate pans one half turn to prevent cheese from burning. CONVECTION OVEN: Low fan, 350°F for 13 to 16 minutes. CONVENTIONAL OVEN: 400°F for 17 to 20 minutes. Note: For food safety and quality cook before eating to an internal temperature of 160°F. Due to variances in oven regulators, cooking time and temperature may require adjustments. Refrigerate or discard any unused portion.	585921

### **Preparation Instructions**

Place pizza on parchment lined sheet pan. Bake at 350 degrees for approximately 15-20 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven for no more than 20 minutes.

SLE Components Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.13
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts				
Servings Pe	r Recipe: 1.00			
Serving Size	e: 1.00 Each			
<b>Amount Pe</b>	r Serving			
Calories		310.00		
Fat		11.00g		
SaturatedF	at	4.00g		
Trans Fat		0.00g		
Cholesterol		15.00mg		
Sodium		480.00mg		
Carbohydrates		35.00g		
Fiber		4.00g		
Sugar		8.00g		
Protein		16.00g		
Vitamin A	109.00IU	Vitamin C	0.00mg	
Calcium	307.00mg	Iron	2.60mg	

### **Grilled Cheese Sandwich**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BREAD WHL WHE PULLMAN SLCD 12-22Z GFS	2 Slice		710650
CHEESE SLCD YEL 6-5 COMM	3 Slice		334450
BUTTER SUB 24-4Z BTRBUDS	1 Tablespoon		209810

### **Preparation Instructions**

Place bread on parchment lined sheet pan. Spray or brush bottom of bread with Butter Buds or Butter Spray. Place 2 ounces of sliced cheese on bread. Top with second bread slice. Brush or spray it, also. Bake at 325 degrees until bread is toasted and cheese is melted. Internal temp should be 165 degrees.

Hold in warming oven for no more than 15 minutes.

### **SLE Components**

Amount Per Serving	
Meat	1.50
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each **Amount Per Serving Calories** 237.00 Fat 14.50g SaturatedFat 7.75g **Trans Fat** 0.00g Cholesterol 37.50mg Sodium 550.00mg Carbohydrates 17.00g **Fiber** 1.50g Sugar 3.00g **Protein** 10.00g Vitamin A 0.00IU Vitamin C 0.00mg Calcium 30.00mg Iron 0.72mg

## **Popcorn Chicken**

Servings:	1.00	Category:	Entree
Serving Size:	10.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX POPCORN BRD WGRAIN DRK CKD 30#	10 Each	BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 10-12 MINUTES AT 350F; CONVECTION OVEN FOR 6-8 MINUTES AT 350F.	666232

### **Preparation Instructions**

Place popcorn chicken on a parchment lined sheet pan. Bake at 350 for 10-15 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven for no more than 15 minutes.

<b>SLE</b>	<b>Components</b>
Amour	t Per Serving

Amount Per Serving	
Meat	2.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

**Calcium** 

Servings Per Recipe: 1.00

Serving Size: 10.00 Each **Amount Per Serving Calories** 293.00 Fat 17.00g SaturatedFat 3.00g **Trans Fat** 0.00g Cholesterol 81.00mg **Sodium** 487.00mg **Carbohydrates** 17.00g **Fiber** 3.00g Sugar 0.00g **Protein** 18.00g Vitamin A 167.00IU Vitamin C 0.00mg

Iron

2.00mg

18.00mg

### **Taco Nacho's**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF 4-5# JTM	3 Ounce		210780
CHIP TORTL RND R/F 64- 1.45Z TOSTIT	1 Each	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options. UNSPECIFIED	662512
SAUCE CHS CHED DIP CUP 140-3Z LOL	1 Each		528690

### **Preparation Instructions**

Place bags of taco meat in steamer or water filled pot until the internal temp reaches 165 degrees.

Place bags of cheese sauce in steamer until internal temp reaches 165 degrees.

Hold both in warming oven, unopened until ready to use.

Serve with individual bags of chips.

SLE Components Amount Per Serving	
Meat	4.09
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts	
Servings Per Recipe: 1.00	
Serving Size: 1.00 Serving	
Amount Per Serving	
Calories	557.01
Fat	29.37g
SaturatedFat	11.79g
Trans Fat	0.00g
Cholesterol	59.38mg
Sodium	1266.60mg
Carbohydrates	47.64g
Fiber	4.55g
Sugar	11.55g
Protein	25.37g

Vitamin A	875.26IU	Vitamin C	4.64mg
Calcium	408.11mg	Iron	2.55mg

### **WG Roll**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
ROLL YEAST WHEAT 120-1.5Z SISSCHUB	1 Each		112401

## **Preparation Instructions**

Place on parchment lined sheet pan. Bake at 325 until rolls are thawed and internal temp reaches 165 degrees. Hold in warming oven for no more than 30 minutes.

SLE Components Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts			
Servings Per Recipe: 1.00			
Servings Per Serving Size	•	10	
Amount Per	Serving		
Calories		140.00	
Fat		4.00g	
SaturatedFa	ıt	1.00g	
Trans Fat		0.00g	
Cholesterol		10.00mg	_
Sodium		200.00mg	_
Carbohydrates		22.00g	_
Fiber		3.00g	_
Sugar		4.00g	_
Protein		4.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.72mg

### **Mashed Potatoes**

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO PRLS EXCEL 12- 26.5Z SMART SERV	1/2 cup	RECONSTITUTE 1: Pour 4 Liters (1 gallon plus 1 cup) of hot water (170-190°F) into 6" deep half-size steamtable pan. 2: Add all potatoes and stir for 15 seconds. 3: Let stand for 5 minutes, stir and serve.	146581

### **Preparation Instructions**

**SLE Components** 

Please follow package instructions. Hold in warming oven no longer than 30 minutes.

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.38

Nutrition Servings Per R Serving Size: 0	Recipe: 1.0	0		
Amount Per S	Serving			
Calories		53.03		
Fat		0.38g		
SaturatedFat		0.00g	0.00g	
Trans Fat	Trans Fat		0.00g	
Cholesterol		0.00mg		
Sodium		71.97mg	71.97mg	
Carbohydrates		10.61g		
Fiber	Fiber 0.76g			
Sugar	Sugar 0.00g			
Protein 1.52g				
Vitamin A	1.44IU	Vitamin C	7.61mg	
Calcium	6.33mg	Iron	0.20mg	

### **Green Beans**

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEAN GREEN CUT FNCY 4SV 6-10 GFS	1/2 Cup		118737

### **Preparation Instructions**

Partially drain cans. Place in appropriate sized hotel pan. Cook covered in oven or steamer until internal temp reaches 165 degrees.

Season with Butter Buds, garlic, onion or other no-sodium seasoning (such as Mrs. Dash).

Hold in warming oven no more than 30 minutes.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.50
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 0.50 Cup		
<b>Amount Per Serving</b>		
Calories	20.00	
Fat	0.00g	
SaturatedFat	0.00g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	140.00mg	
Carbohydrates	4.00g	
Fiber	2.00g	
Sugar	2.00g	
Protein	1.00g	
Vitamin A 200.00IU	Vitamin C	3.60mg
Calcium 20.00mg	Iron	0.50mg

# **Celery Sticks**

Servings:	1.00	Category:	Vegetable
Serving Size:	2.40 Ounce	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CELERY STIX 4-3 RSS	2 2/5 Ounce		781592

### **Preparation Instructions**

Place celery sticks in appropriate serving container. Keep refrigerated until time to serve.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.55
Legumes	0.00
Starch	0.00

•	n Facts r Recipe: 1.00 e: 2.40 Ounce	)	
<b>Amount Pe</b>	r Serving		
Calories		9.56	
Fat		0.11g	
SaturatedFa	at	0.05g	
Trans Fat		0.00g	
Cholestero		0.00mg	
Sodium		54.48mg	
Carbohydra	ites	2.20g	
Fiber		1.10g	
Sugar		1.10g	
Protein		0.49g	
Vitamin A	305.77IU	Vitamin C	2.11mg
Calcium	27.24mg	Iron	0.14mg

# **Applesauce**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLESAUCE UNSWT CUP 96-4.5Z P/L	1 Each		753911

## **Preparation Instructions**

Ready to eat.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00
·	•

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each		
Amount Per Serving		
Calories	50.00	
Fat	0.00g	
SaturatedFat	0.00g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	0.00mg	
Carbohydrates	14.00g	
Fiber	1.00g	
Sugar	12.00g	
Protein	0.00g	
Vitamin A 0.00IU	Vitamin C	0.00mg
Calcium 5.00mg	Iron	0.00mg

## **Baked Cheetos**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SNACK CHS BKD WGRAIN 104-SSV CHEETOS	1 Package	READY_TO_EAT  Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	191090

## **Preparation Instructions**

Ready to eat.

SLE	Components	3
Amoun	t Per Serving	

Amount Per Serving	
Meat	0.00
Grain	1.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00
<u> </u>	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Package Amount Per Serving

<b>Amount Per</b>	Serving		
Calories		120.00	
Fat		4.50g	
SaturatedFa	t	1.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		200.00mg	
Carbohydra	tes	16.00g	
Fiber		1.00g	
Sugar		1.00g	
Protein		2.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	0.40mg

## California Veggie Blend

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
VEG BLEND CALIF 6-4 GFS	1/2 Cup		610891

### **Preparation Instructions**

Place vegetables in a 2 or 4 inch hotel pan with a perforated pan insert. Steam vegetables until internal temp reaches 165 degrees. Approximately 4-15 minutes depending on amount of vegetable needed for 1 lunch period. Season with Butter Buds and any of the following: onion powder, garlic powder or other no sodium seasoning (such as Mrs. Dash).

Do not hold in warming oven.

SLE	Components
A moun	t Por Sorving

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.15
RedVeg	0.15
OtherVeg	0.15
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 0.50 Cup

Serving Size	7. 0.00 Oup		
<b>Amount Pe</b>	r Serving		
Calories		12.50	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholestero		0.00mg	
Sodium		17.50mg	
Carbohydra	ates	2.50g	
Fiber		1.00g	
Sugar		1.00g	
Protein		1.00g	
Vitamin A	375.00IU	Vitamin C	10.20mg
Calcium	20.00mg	Iron	0.36mg

## **Cucumber Coins**

Servings:	1.00	Category:	Vegetable
Serving Size:	2.60 Ounce	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Legumes

Starch

Description	Measurement	Prep Instructions	DistPart #
CUCUMBER SELECT 24CT MRKN	2 3/5 Ounce		418439

### **Preparation Instructions**

Wash and cut cucumbers into slices. Place in appropriate single serving dishes/bowls. Keep refrigerated until service.

0.00

0.00

SLE Components		
Amount Per Serving		
Meat	0.00	
Grain	0.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.50	

Nutrition Servings Per Serving Size	Recipe: 1.0		
<b>Amount Per</b>	Serving		
Calories		3.83	
Fat		0.05g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		0.49mg	
Carbohydra	tes	0.98g	
Fiber		0.15g	
Sugar		0.49g	
Protein		0.15g	
Vitamin A	26.78IU	Vitamin C	0.72mg
Calcium	4.08mg	Iron	0.07mg

# **Pineapple Tidbits Cup**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PINEAPPLE TIDBITS CUP 36-4Z DOLE	4 Ounce	READY_TO_EAT Ready to Eat	216300

## **Preparation Instructions**

Ready to eat.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
Amount Per	Serving		
Calories		60.00	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		0.00mg	
Carbohydra	ites	15.00g	
Fiber		1.00g	
Sugar		14.00g	
Protein		1.00g	
Vitamin A	0.00IU	Vitamin C	30.00mg
Calcium	0.00mg	Iron	0.36mg

# **Marinara Cup**

Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE MARINARA DIPN CUP 100-1Z GFS	1 Each		130834

#### Preparation Instructions

Ready to eat.

Warm in warming oven if desired.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.50
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
Amount Per	Serving		
Calories		15.00	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		250.00mg	
Carbohydra	ites	4.00g	_
Fiber		0.00g	
Sugar		2.00g	
Protein	Protein 0.00g		
Vitamin A	20.00IU	Vitamin C	20.00mg
Calcium	5.00mg	Iron	0.00mg

# Banana

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
BANANA TURNING 40 P/L	1 Each		200999

### **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	1.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each					
Amount Per S	Serving				
Calories		105.00			
Fat		0.40g			
SaturatedFat		0.10g			
Trans Fat		0.00g			
Cholesterol		0.00mg	0.00mg		
Sodium	Sodium 1.20mg				
Carbohydrate	es	27.00g			
Fiber		3.10g			
Sugar	Sugar 14.00g				
Protein 1.30g					
Vitamin A	75.52IU	Vitamin C	10.27mg		
Calcium	5.90mg	Iron	0.31mg		

# Ketchup

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
KETCHUP PKT 1M-9GM HNZ	2 Package		255521

### **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Per Serving Size	Recipe: 1.0	0	
Amount Per	Serving		
Calories		22.00	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		169.20mg	
Carbohydra	tes	6.00g	
Fiber		0.20g	
Sugar		4.00g	
Protein		0.20g	
Vitamin A	84.60IU	Vitamin C	1.18mg
Calcium	2.70mg	Iron	0.06mg
Calcium	2.7 onig	11011	0.00mg

#### **Sweet Potato Waffle Fries**

Servings:	1.00	Category:	Vegetable
Serving Size:	3.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRIES SWT CRISSCUT 5-3 LAMB	3 Ounce		799700

#### **Preparation Instructions**

Place fries on a parchment lined sheet pan.

Bake at 350 degrees for 10-12 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven no more than 15 minutes.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.50
OtherVeg	0.00
Legumes	0.00
Starch	0.00
·	

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 3.00 Ounce				
<b>Amount Pe</b>	r Serving			
Calories		150.50		
Fat		6.02g		
SaturatedF	at	0.50g		
<b>Trans Fat</b>		0.00g		
Cholesterol		0.00mg	0.00mg	
Sodium		170.57mg		
Carbohydra	ates	23.08g		
Fiber		2.01g		
Sugar		5.02g		
Protein		2.01g		
Vitamin A	3511.71IU	Vitamin C	2.41mg	
Calcium	20.07mg	Iron	0.00mg	

#### Corn

Servings:	0.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CORN CUT IQF 30 KE	1/2 Cup		283730

#### **Preparation Instructions**

Place corn in the appropriate sized hotel pan with a perforated pan insert. Steam for approximately 10-12 minutes, depending upon quantity, or until internal temp reaches 165 degrees.

May be seasoned with Butter Buds.

Hold in warming oven for no more than 20 minutes.

<b>SLE Components</b>	
Amount Per Serving	

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.37

#### **Nutrition Facts**

Servings Per Recipe: 0.00 Serving Size: 0.50 Cup

Serving Size	: 0.50 Cup			
Amount Per	Amount Per Serving			
Calories		74.63		
Fat		0.75g	0.75g	
SaturatedFa	at	0.00g		
Trans Fat		0.00g		
Cholesterol		0.00mg	0.00mg	
Sodium 3.73m		3.73mg		
Carbohydra	tes	15.67g		
Fiber	<b>ber</b> 1.49g			
Sugar	<b>Sugar</b> 1.49g			
Protein		2.24g		
Vitamin A	74.63IU	Vitamin C	1.79mg	
Calcium	0.00mg	Iron	0.27mg	
	,			

### **Mixed Fruit**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	<b>HACCP Process:</b>	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRUIT MIXED CUP JCE 36-4Z DOLE	1 Each	READY_TO_EAT Ready to Eat	131980

# **Preparation Instructions**

Meat         0.00           Grain         0.00           Fruit         0.50           GreenVeg         0.00           RedVeg         0.00           OtherVeg         0.00           Legumes         0.00           Starch         0.00	SLE Components Amount Per Serving	
Fruit         0.50           GreenVeg         0.00           RedVeg         0.00           OtherVeg         0.00           Legumes         0.00	Meat	0.00
GreenVeg         0.00           RedVeg         0.00           OtherVeg         0.00           Legumes         0.00	Grain	0.00
RedVeg         0.00           OtherVeg         0.00           Legumes         0.00	Fruit	0.50
OtherVeg         0.00           Legumes         0.00	GreenVeg	0.00
Legumes 0.00	RedVeg	0.00
	OtherVeg	0.00
Starch 0.00	Legumes	0.00
	Starch	0.00

Nutrition Servings Per Serving Size:	Recipe: 1.0		
Amount Per	Serving		
Calories		80.00	
Fat		0.00g	
SaturatedFa	t	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		0.00mg	
Carbohydra	tes	19.00g	
Fiber		1.00g	
Sugar		18.00g	
Protein		1.00g	
Vitamin A	0.00IU	Vitamin C	27.00mg
Calcium	0.00mg	Iron	0.00mg

#### **Garden Salad**

Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE ROMAINE CHOP 6-2 RSS	1 Cup		735787
CUCUMBER SELECT 24CT MRKN	1/4 Cup		418439
TOMATO CHERRY 11 MRKN	1/4 Cup		569551

#### **Preparation Instructions**

Wash cucumbers and cherry tomatoes.

Cut cucumbers into slices.

Place lettuce in appropriate salad bowls and top with cucumber slices and cherry tomatoes.

Keep refrigerated until service.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.50
RedVeg	0.13
OtherVeg	0.13
Legumes	0.00
Starch	0.00

	n Facts er Recipe: 1.00 e: 1.00 Each		
Amount Pe	r Serving		
Calories		20.05	_
Fat		0.13g	
SaturatedF	at	0.03g	_
Trans Fat		0.00g	
Cholestero	I	0.00mg	
Sodium		2.50mg	
Carbohydra	ates	4.25g	
Fiber		1.63g	
Sugar		1.50g	
Protein		0.48g	
Vitamin A	5388.50IU	Vitamin C	36.08mg
Calcium	26.58mg	Iron	0.88mg

### **Broccoli Trees**

Servings:	1.00	Category:	Vegetable
Serving Size:	2.75 Ounce	HACCP Process:	No Cook
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BROCCOLI FLORET BITE SIZE 2-3 RSS	2 3/4 Ounce		732451

#### Preparation Instructions

Broccoli is already cut and washed.

Portion florets into serving cups.

Keep refrigerated until service.

<b>SLE Components</b>	5
Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.50
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Per Serving Size:	Recipe: 1.00		
<b>Amount Per</b>	Serving		
Calories		15.00	
Fat		0.20g	
SaturatedFa	t	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		14.50mg	
Carbohydrat	es	3.00g	
Fiber		1.10g	
Sugar		1.00g	
Protein		1.20g	
Vitamin A	290.40IU	Vitamin C	39.25mg
Calcium	20.68mg	Iron	0.32mg

# **Mandarin Orange Cup**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
ORANGES MAND IN JCE 36-4Z DOLE	1 Ounce	READY_TO_EAT Ready to Eat	878920

### Preparation Instructions

SLE Components Amount Per Serving		
Meat	0.00	
Grain	0.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

Nutrition Servings Per R Serving Size: 1	ecipe: 1.00		
Amount Per S	erving		
Calories		22.50	
Fat		0.00g	
SaturatedFat		0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		1.25mg	
Carbohydrate	S	5.50g	
Fiber		0.25g	
Sugar		4.50g	
Protein		0.00g	
Vitamin A	125.00IU	Vitamin C	6.75mg
Calcium	10.00mg	Iron	0.00mg

# **Vanilla Pudding Cup**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	<b>HACCP Process:</b>	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
PUDDING CUP VAN 3.5Z 12-4CT SNACPK	1 Each		274110

#### Preparation Instructions

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Pe Serving Size	r Recipe: 1.00		
Amount Pe	r Serving		
Calories		110.00	
Fat		2.50g	
SaturatedF	at	1.50g	
<b>Trans Fat</b>		0.00g	
Cholestero		0.00mg	
Sodium		130.00mg	
Carbohydra	ates	20.00g	
Fiber		1.00g	
Sugar		14.00g	
Protein		0.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	350.00mg	Iron	0.00mg

# **Chocolate Pudding Cup**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	<b>HACCP Process:</b>	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
PUDDING CUP CHOC 3.5Z 12-4CT SNACPK	1 Each		274100

#### Preparation Instructions

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Pe Serving Size	r Recipe: 1.00		
Amount Pe	r Serving		
Calories		110.00	
Fat		2.00g	
SaturatedFa	at	1.00g	
<b>Trans Fat</b>		0.00g	
Cholestero		0.00mg	
Sodium		125.00mg	
Carbohydra	ites	22.00g	
Fiber		1.00g	
Sugar		15.00g	
Protein		1.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	350.00mg	Iron	1.08mg

#### Macaroni & Cheese

Servings:	1.00	Category:	Grain
Serving Size:	4.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
ENTREE MACAR & CHS WGRAIN 6-5# JTM	4 Ounce		150731

#### **Preparation Instructions**

Cook pasta in steamer until almost done. Approximately 15- 20 minutes depending on amount.

Warm cheese sauce in steamer.

Mix together.

Return to steamer or oven to bring up to temp.

Temp has to be 165 degrees for service.

Hold in warming oven for no more than 30 minutes.

SLE Components Amount Per Serving	
Meat	1.33
Grain	0.67
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00			
Serving Size	e: 4.00 Ounce		
Amount Pe	r Serving		
Calories		188.93	
Fat		7.67g	
SaturatedF	at	4.33g	
Trans Fat		0.28g	
Cholestero		24.67mg	
Sodium		431.80mg	
Carbohydra	ates	20.67g	
Fiber		1.07g	
Sugar		5.33g	
Protein		10.33g	
Vitamin A	328.67IU	Vitamin C	0.67mg
Calcium	247.33mg	Iron	0.00mg

# **Homestyle Baked Beans**

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEAN KETTLE BRN SUGAR 6-10 HRTHSTN	1/2 Cup		822477

#### **Preparation Instructions**

No Preparation Instructions available.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.50
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 0.50 Cup				
Amount Per Serving				
Calories	110.00			
Fat	0.50g			
SaturatedFat	0.00g			
Trans Fat	0.00g	0.00g		
Cholesterol	0.00mg	0.00mg		
Sodium	340.00mg	340.00mg		
Carbohydrates	22.00g			
Fiber	6.00g			
Sugar	7.00g			
Protein	5.00g			
Vitamin A 0.00IU	Vitamin C	0.00mg		
Calcium 40.00mg	Iron	1.44mg		

#### **Garlic Breadstick**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BREADSTICK WGRAIN 1Z 12-20CT	1 Each		406321

#### **Preparation Instructions**

Place breadsticks on parchment lined sheet pan and thaw in walk in overnight.

Bake at 325 for approximately 5 minutes, or until internal temp reaches 165 degrees.

Spray with garlic mist before or after baking.

Hold in warming oven for no more than 10 minutes.

SLE	Co	mp	or	ents

Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Serving Size: 1.00 Each					
<b>Amount Per</b>	Amount Per Serving				
Calories		70.00			
Fat		1.00g			
SaturatedFa	t	0.00g			
Trans Fat		0.00g			
Cholesterol		0.00mg			
Sodium		95.00mg			
Carbohydrates		14.00g			
Fiber		1.00g			
Sugar		2.00g			
Protein		2.00g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	20.00mg	Iron	0.00mg		

#### **Steamed Broccoli**

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BROCCOLI FLORETS 6-4 GFS	1/2 Each		610902

#### **Preparation Instructions**

Place broccoli in a perforated pan lined 2-4 inch hotel pan. Steam for approximately 10 minutes depending upon amount, or until internal temp reaches 165 degrees.

Season with Butter Buds and any of the following: onion powder, garlic powder and other no sodium seasonings (such as Mrs. Dash).

Do not hold in warming oven.

SLE	Comp	onents
-----	------	--------

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.50
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00
Serving Size: 0.50 Cup

Amount Per Serving

Calories

5

Calories		5.00	
Fat		0.00g	
SaturatedFa	nt	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		3.33mg	
Carbohydra	tes	0.67g	
Fiber		0.33g	
Sugar		0.33g	
Protein		0.17g	
Vitamin A	0.00IU	Vitamin C	5.00mg
Calcium	3.33mg	Iron	0.00mg

# **Baby Carrots**

Servings:	1.00	Category:	Vegetable
Serving Size:	3.00 Ounce	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
CARROTS BABY PLD 72-3Z P/L	3 Ounce		241541

### **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.50
OtherVeg	0.00
Legumes	0.00
Starch	0.00

•	n Facts er Recipe: 1.00 e: 3.00 Ounce		
Amount Pe	r Serving		
Calories		34.67	
Fat		0.00g	
SaturatedF	at	0.00g	
Trans Fat		0.00g	
Cholestero	I	0.00mg	
Sodium		58.67mg	
Carbohydra	ates	8.00g	
Fiber		2.67g	
Sugar		4.00g	
Protein		0.67g	
Vitamin A	11666.67IU	Vitamin C	70.00mg
Calcium	26.67mg	Iron	0.24mg

#### **Diced Peaches**

Servings:	1.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
PEACH DCD IN JCE 6-10 GFS	1/2 Cup		610372

#### **Preparation Instructions**

Partially drain can.

Portion into appropriate containers.

Keep refrigerated until service.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Amount Per Serving           Calories         50.00           Fat         0.00g           SaturatedFat         0.00g           Trans Fat         0.00mg           Cholesterol         0.00mg           Sodium         5.00mg           Carbohydrates         12.00g           Fiber         0.00g           Sugar         10.00g           Protein         0.00g	Nutrition Servings Pe Serving Size	r Recipe: 1.00	)	
Fat         0.00g           SaturatedFat         0.00g           Trans Fat         0.00g           Cholesterol         0.00mg           Sodium         5.00mg           Carbohydrates         12.00g           Fiber         0.00g           Sugar         10.00g           Protein         0.00g	Amount Per	r Serving		
SaturatedFat         0.00g           Trans Fat         0.00g           Cholesterol         0.00mg           Sodium         5.00mg           Carbohydrates         12.00g           Fiber         0.00g           Sugar         10.00g           Protein         0.00g	Calories		50.00	
Trans Fat         0.00g           Cholesterol         0.00mg           Sodium         5.00mg           Carbohydrates         12.00g           Fiber         0.00g           Sugar         10.00g           Protein         0.00g	Fat		0.00g	
Cholesterol         0.00mg           Sodium         5.00mg           Carbohydrates         12.00g           Fiber         0.00g           Sugar         10.00g           Protein         0.00g	SaturatedFa	at	0.00g	
Sodium         5.00mg           Carbohydrates         12.00g           Fiber         0.00g           Sugar         10.00g           Protein         0.00g	Trans Fat		0.00g	
Carbohydrates         12.00g           Fiber         0.00g           Sugar         10.00g           Protein         0.00g	Cholesterol		0.00mg	
Fiber         0.00g           Sugar         10.00g           Protein         0.00g	Sodium		5.00mg	
Sugar         10.00g           Protein         0.00g	Carbohydra	ites	12.00g	
Protein 0.00g	Fiber		0.00g	
	Sugar		10.00g	
	Protein		0.00g	
Vitamin A 300.00IU Vitamin C 1.20mg	Vitamin A	300.00IU	Vitamin C	1.20mg
Calcium 0.00mg Iron 0.00mg	Calcium	0.00mg	Iron	0.00mg

#### **Lettuce & Tomato**

Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE ROMAINE CHOP 6-2 RSS	1/4 Cup		735787
TOMATO 5X6 XL 5 MRKN	1/4 Cup		438197

### **Preparation Instructions**

Wash tomato and slice.

Place lettuce and tomato slice in appropriate container.

Keep refrigerated until service.

SL	E	Co	mp	on	en	ts
Amo	ount	Per	Sei	vinc	1	

Amount of Serving			
Meat	0.00		
Grain	0.00		
Fruit	0.00		
GreenVeg	0.13		
RedVeg	0.25		
OtherVeg	0.00		
Legumes	0.00		
Starch	0.00		

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

#### **Crinkle Fries**

Servings:	1.00	Category:	Vegetable
Serving Size:	4.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRIES 1/2 C/C OVEN 6- 5 MCC	4 Ounce	BAKE PREHEAT OVEN TO 450° F. PLACE FROZEN FRIES IN A SINGLE LAYER ON A SHALLOW BAKING PAN. BAKE FOR 18 TO 22 MINUTES. CONVECTION PREHEAT OVEN TO 425° F. SPREAD FROZEN FRIES EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 10 TO 14 MINUTES, TURNING ONCE FOR UNIFORM COOKING.	200697

#### **Preparation Instructions**

Place fries on a parchment lined sheet pan. Bake at 350-375 for 15 minutes, or until internal temp reaches 165 degrees. Turn once during baking.

Hold in warming oven no more than 15 minutes.

SLE Components		
Amount Per Serving		
Meat	0.00	
Grain	0.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.79	

Nutrition Facts					
Servings Per	Recipe: 1.0	0			
Serving Size	•				
Amount Per	Serving				
Calories		173.23			
Fat		3.94g			
SaturatedFa	at	0.00g			
Trans Fat		0.00g	0.00g		
Cholesterol		0.00mg	0.00mg		
Sodium		31.50mg	31.50mg		
Carbohydrates 26.7		26.77g	_		
Fiber		3.15g	3.15g		
Sugar 0		0.00g			
Protein		3.15g			
Vitamin A	0.00IU	Vitamin C	7.56mg		
Calcium	0.00mg	Iron	0.57mg		

# **Carnival Cookie**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

#### Ingredients

Starch

Description	Measurement	Prep Instructions	DistPart #
DOUGH CKY CARNIVAL WGRAIN 384-1Z	1 Each		243400

#### **Preparation Instructions**

Place frozen cookie dough on parchment lined sheet pan.

Cook at 325 degrees fro 10-12 minutes.

Cookies should still be slightly doughy in the center.

Let cool on racks before bagging or serving.

SLE Components	
Amount Per Serving	
Meat	0.00
Grain	0.75
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00

0.00

Nutrition Servings Per Serving Size	Recipe: 1.0	00	
<b>Amount Per</b>	Serving		
Calories		110.00	
Fat		3.50g	
SaturatedFa	at	1.00g	
Trans Fat	Trans Fat 0.00g		
Cholesterol 5.00mg		5.00mg	_
Sodium 85.00mg			
Carbohydrates 18.00g		_	
Fiber	1.00g		_
Sugar		8.00g	
Protein		1.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	5.00mg	Iron	1.00mg

#### **Glazed Carrots**

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SUGAR BROWN LT 12-2 PION	1/16 Ounce		860311
BUTTER SUB 24-4Z BTRBUDS	1 Tablespoon		209810
CARROT SLCD C/C 12-2 GFS	1/2 Cup		175706

#### **Preparation Instructions**

Place carrots in hotel pan with a perforated pan insert. Steam for approximately 10 minutes, depending on quantity, until internal temp reaches 165 degrees.

Mix brown sugar and Butter Buds together. Add to steamed carrots.

Do not hold in warming oven.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.50
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 0.50 Cup			
<b>Amount Pe</b>	r Serving		
Calories		39.63	
Fat		0.00g	
SaturatedF	at	0.00g	
<b>Trans Fat</b>		0.00g	
Cholesterol		0.00mg	
Sodium		105.26mg	
Carbohydra	ates	8.90g	
Fiber		1.49g	
Sugar		4.65g	
Protein		0.00g	
Vitamin A	2238.81IU	Vitamin C	0.90mg
Calcium	16.35mg	Iron	0.01mg

# **Apple Slices**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLE FRSH SLCD 100-2Z P/L	1 Package	BAKE	473171

### **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Package					
Amount Pe	r Serving				
Calories		30.00			
Fat		0.00g			
SaturatedFa	at	0.00g			
Trans Fat		0.00g	0.00g		
Cholestero		0.00mg	0.00mg		
Sodium		0.00mg	0.00mg		
Carbohydra	ates	7.00g	_		
Fiber		0.00g	_		
Sugar	Sugar 6.00g		_		
Protein 0.00g		0.00g			
Vitamin A	57.00IU	Vitamin C	20.00mg		
Calcium	20.00mg	Iron	0.00mg		

# **Strawberry Kiwi Slushie**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
SLUSHIE STRAWB-KW 84-4.4FLZ SIDEKICKS	1 Each	READY_TO_EAT Remove from freezer and let sit out a short time before eating	863880

### **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
Amount Pe	r Serving		
Calories		90.00	
Fat		0.00g	
SaturatedF	at	0.00g	
Trans Fat		0.00g	
Cholestero	I	0.00mg	_
Sodium		35.00mg	_
Carbohydra	ates	22.00g	_
Fiber		0.00g	
Sugar		19.00g	
Protein		0.00g	
Vitamin A	1000.00IU	Vitamin C	60.00mg
Calcium	80.00mg	Iron	0.00mg

#### **Refried Beans**

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEAN REFRIED VEGTAR LO SOD 6-26.25Z	1/2 Cup	RECONSTITUTE 1: Pour 1 2 gallon (1.9L) boiling water into 4" deep half-steamtable pan. 2: Quickly pour full pouch of beans into water and cover. 3: Allow beans to sit for 25 minutes on steamtable. 4: Season if desired, stir, serve.	668341

#### **Preparation Instructions**

Pour 2 gallons of boiling water into a 4 inch half pan. Add 2 packages of dehydrated, refried beans. Stir and cover. Let sit for approximately 20 minutes before serving.

Hold in warming oven no more than 30 minutes.

SLE	Components
Amoun	t Per Serving

Amount i or ociving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	1.20
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 0.50 Cup **Amount Per Serving Calories** 52.63 Fat 0.00g SaturatedFat 0.00g **Trans Fat** 0.00g Cholesterol 0.00mg Sodium 52.63mg **Carbohydrates** 9.21g **Fiber** 3.29g Sugar 0.00g **Protein** 3.29g Vitamin A 0.00IU Vitamin C 0.29mg **Calcium** 16.63mg Iron 0.76mg

# **Lunch Munch Vanilla Frozen Yogurt**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT CUP VANILLA L/F48-4FLZ LNCHMCH	1 Each		667048

#### Preparation Instructions

0.00 0.00 0.00
0.00
0.00
0.00
0.00
0.00
0.00
0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each				
Amount Per	Amount Per Serving			
Calories		120.00		
Fat		2.00g		
SaturatedFa	at	1.00g		
Trans Fat		0.00g		
Cholesterol		10.00mg		
Sodium		70.00mg		
Carbohydra	ites	22.00g		
Fiber		0.00g		
Sugar		17.00g		
Protein		4.00g		
Vitamin A	300.00IU	Vitamin C	0.00mg	
Calcium	150.00mg	Iron	0.00mg	

#### **Ham & Cheese Buns**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAND TKY HAM&CHS WGRAIN IW 100- 3.4Z	1 Each		672642

#### **Preparation Instructions**

Place on parchment lined sheet pan.

Heat at 325 degrees for approximately 30 minutes if frozen.

Heat for approximately 20 minutes if thawed.

Internal temp has to be 165 degrees.

Hold in warming oven for no longer than 20 minutes.

SLE Components Amount Per Serving	
Meat	1.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each				
<b>Amount Pe</b>	r Serving			
Calories		186.20		
Fat		4.20g		
SaturatedFat		1.40g		
Trans Fat		0.00g		
Cholesterol		17.00mg		
Sodium		392.20mg		
Carbohydra	ates	27.00g		
Fiber		2.00g		
Sugar		5.00g		
Protein		10.60g		
Vitamin A	121.85IU	Vitamin C	0.00mg	
Calcium	105.20mg	Iron	1.85mg	

# **Apple Stuffed Breadstick**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Breakfast		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLESTICK WGRAIN 7 IW 72CT BOSCO	1 Each	Conventional Oven  1. Preheat oven to 350° F.  2. Place Apple Sticks on a baking sheet.  3. THAWED: 12-14 minutes. FROZEN: 20-22 minutes.  5. Let stand 2 minutes before serving. CAUTION: FILLING MAY BE HOT! Oven temperatures may vary. Adjust baking time and or temperature as necessary. MICROWAVE Microwave  1. Open one end of wrapper. 2. Microwave high. 3. THAWED: 35-40 seconds. FROZEN: 55-60 seconds. 4. Let stand 2 minutes before serving. CAUTION: FILLING MAY BE HOT! Oven temperatures may vary. Adjust baking time and or temperature as necessary. THAW Thawing Instructions 1. Thaw before baking. 2. Keep Apple Sticks covered while thawing. 3. Apple Sticks may be thawed in packaging. 4. Apple Sticks have 8 days shelf life when refrigerated. Oven temperature as necessary. UNSPECIFIED Warming Cabinet Avoid placing Apple Sticks directly on a heated shelf. Best if placed on a baking rack that is slightly elevated from the hot shelf. For best quality results open wrapper and hold in a warmer for a maximum of 2 hours. Maximum hold time with wrapper closed is 1 hour. Individually wrapped Apple Sticks have 8 days shelf life when refrigerated. Oven temperatures may vary. Adjust baking time and or temperature as necessary.	518721

#### **Preparation Instructions**

Place on parchment lined sheet pan.

Bake at 325 for approximately 15 minutes or until internal temp reaches 165 degrees.

Hold in warming oven for no longer than 20 minutes.

SLE Components Amount Per Serving	
Meat	0.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each				
Amount Per	r Serving			
Calories		200.00		
Fat		3.00g		
SaturatedFa	SaturatedFat			
Trans Fat		0.00g	_	
Cholestero	Cholesterol			
Sodium		170.00mg		
Carbohydra	ites	38.00g		
Fiber		3.00g		
Sugar		9.00g		
Protein		5.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	20.00mg	Iron	1.80mg	

# Pillsbury WG Mini Maple Pancakes

Servings:	0.00	Category:	Entree
Serving Size:	1.00 Package	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PANCAKE MAPL WGRAIN IW 72- 3.17Z PILLS	1 Package	Approximately 10 minutes or until internal temp reaches 165 degreesREADY_TO_EAT Heat & Serve. Heat frozen pancakes in ovenable pouch. Convection Oven: Preheat oven to 350F. Place pouches flat on a baking sheet and heat for 8-10 minutes.*Conventional Oven: Preheat oven to 350F. Place pouches flat on a baking sheet and heat for 13-15 minutes.*Microwave: Heat for 45 seconds on high. *DO NOT place pouches directly on oven rack or let pouches touch oven sides. Bake times will vary by oven type and load. Consume within 6 hours of preparing.	269220

#### **Preparation Instructions**

Place on parchment lined sheet pan.

Bake at 325 for approximately 10 minutes or until internal temp reaches165 degrees.

Hold in warming oven through breakfast service.

0.00
0.00
2.00
0.00
0.00
0.00
0.00
0.00
0.00

Nutrition Facts			
Servings Pe	r Recipe: 0.00	)	
Serving Size	: 1.00 Packa	ge	
Amount Per	r Serving		
Calories		220.00	
Fat		6.00g	
SaturatedFat 0.50g			
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		130.00mg	
Carbohydra	Carbohydrates		
Fiber		3.00g	
Sugar		12.00g	
Protein		4.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	0.72mg

# **Raspberry Rainbow Yogurt Cup**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT RASPB RNBW L/F 48-4Z TRIX	1 Each	READY_TO_EAT Ready to eat single serving	551770

#### Preparation Instructions

Keep refrigerated.

SLE Components Amount Per Serving	
Meat	1.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Per Serving Size	Recipe: 1.00		
Amount Per	Serving		
Calories		80.00	
Fat		0.50g	
SaturatedFa	nt	0.00g	
Trans Fat		0.00g	
Cholesterol		5.00mg	_
Sodium		60.00mg	_
Carbohydra	tes	15.00g	
Fiber		0.00g	_
Sugar		9.00g	
Protein		4.00g	
Vitamin A	500.00IU	Vitamin C	0.00mg
Calcium	100.00mg	Iron	0.00mg

# **Cinnamon Toast Crunch**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
CEREAL CINN TOAST R/S BWL 96CT GENM	1 Each	READY_TO_EAT Ready to eat dry cereal in a portable, easy- to-serve bowl.	365790

### **Preparation Instructions**

Meat Grain Fruit	0.00
Fruit	0.00
	1.00
	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts				
Servings Pe	r Recipe: 1.00			
Serving Size	Serving Size: 1.00 Each			
<b>Amount Pe</b>	r Serving			
Calories		110.00		
Fat		3.00g		
SaturatedF	at	0.50g		
Trans Fat		0.00g		
Cholestero		0.00mg		
Sodium		160.00mg	160.00mg	
Carbohydra	ates	22.00g		
Fiber		3.00g		
Sugar		6.00g		
Protein		1.00g		
Vitamin A	400.00IU	Vitamin C	4.80mg	
Calcium	200.00mg	Iron	3.60mg	

## Pillsbury WG Mini Berry French Toast

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Package	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRENCH TST MINI BRY IW 72-2.64Z PILLS	1 Package	READY_TO_EAT  Heat convection oven to 350 F and place 12 (3 x 4) pouches on baking sheet and 8-10 minutes from frozen or 4-5 minutes if thawed. Preheat conventional oven to 350 F and place 12 (3 x 4) pouches on baking sheet and 13-15 minutes from frozen or 7-8 minutes if thawed. Can be held in warmer for up to 3 hours at 150F.	150281

#### **Preparation Instructions**

Place on parchment lined sheet pan.

Bake at 325 degrees for approximately 10 minutes from frozen.

Bake at 325 degrees for approximately 5 minutes if thawed.

Internal temp needs to be 165 degrees.

SI F Components

Starch

Hold in warming oven through breakfast service.

SEE Components	
Amount Per Serving	
Meat	0.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00

0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Package			
Amount Per	Serving		
Calories		220.00	
Fat		7.00g	
SaturatedFa	at	1.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		190.00mg	
Carbohydra	ites	37.00g	
Fiber		2.00g	
Sugar		11.00g	
Protein		4.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	40.00mg	Iron	1.08mg

# **Scrambled Eggs**

Servings:	1.00	Category:	Entree
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
EGG SCRMBD CKD FZ 4-5 GFS	1/2 Cup		584584

#### **Preparation Instructions**

Place eggs in a 2 inch, full size hotel pan.

Cover and heat in steamer for approximately 10 minutes or until internal temp reaches 165 degrees.

Hold, covered, in warming oven for no more than 10-15 minutes.

<b>SLE Components</b>	
Amount Per Serving	
Meat	1.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition I Servings Per R Serving Size: 0	ecipe: 1.00		
Amount Per S	erving		
Calories		106.06	
Fat		6.06g	
SaturatedFat		1.52g	
Trans Fat		0.00g	
Cholesterol		189.39mg	
Sodium		333.33mg	
Carbohydrates		1.52g	
Fiber		0.00g	
Sugar		1.52g	
Protein		9.09g	
Vitamin A 3	03.03IU	Vitamin C	0.00mg
Calcium 5	7.58mg	Iron	1.52mg

# **Southern Style Biscuit**

Servings:	0.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
DOUGH BISC STHRN STYL 216-2.2Z PILLS	1 Each	BAKE Standard Prep: Place 54 frozen biscuits on greased or parchment lined full sheet pan in 6x9 pattern. Bake time 19-23 minutes in 325 degrees F convection oven. See package for complete baking instructions.	618152

#### **Preparation Instructions**

Place biscuits on a parchment lined sheet pan.

Bake at 325 degrees for approximately 20 minutes.

Hold in warming oven through breakfast service.

SLE Components Amount Per Serving	
Meat	0.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 0.00 Serving Size: 1.00 Each			
Amount Per	Serving		
Calories		180.00	
Fat		8.00g	
SaturatedFa	at	6.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		580.00mg	
Carbohydrates		24.00g	
Fiber		1.00g	
Sugar		2.00g	
Protein		4.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	1.08mg

# Sausage, Egg & Cheese Breakfast Sliders

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAND SLIDER SAUS EGG & CHS IW 72-2CT	1 Each	BAKE COOKING GUIDELINES: COOK BEFORE EATING. NOTE: FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 165°F. ROTATE PANS ONE HALF TURN HALF WAY THROUGH COOKING TO PREVENT CHEESE FROM BURNING. DUE TO VARIANCES IN OVEN REGULATORS AND NUMBER OF PIZZAS IN AN OVEN, COOKING TIME AND TEMPERATURE MAY REQUIRE ADJUSTMENTS. REFRIGERATE OR DISCARD ANY UNUSED PORTION. CONVECTION OVEN (BASED ON FULL OVEN): 1. PREHEAT OVEN TO 350°F. 2. PLACE 48 WRAPPED PIZZAS (2 PIZZAS PER WRAPPER) IN 18" x 26" PAN. 3. BAKE 17-20 MINUTES.	523710

#### **Preparation Instructions**

Place on parchment lined sheet pan.

Bake at 325 degrees for approximately 15-20 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven through breakfast service.

0.38
0.63
0.00
0.00
0.00
0.00
0.00
0.00

Nutrition Servings Per Serving Size	r Recipe: 1.0	0	
Amount Per			
Calories		80.00	
Fat		2.50g	
SaturatedFat		0.75g	
Trans Fat		0.00g	_
Cholesterol		15.00mg	
Sodium		145.00mg	
Carbohydrates		10.00g	
Fiber		1.00g	
Sugar		2.50g	
Protein		4.00g	
Vitamin A	50.00IU	Vitamin C	0.00mg

Calcium 47.50mg Iron 0.80mg

## **Blueberry Muffin**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
MUFFIN BLUEB WGRAIN IW 72-2Z ARYZTA	1 Each		557970

### Preparation Instructions

Thaw before serving.

Warm lightly in warming oven if desires.

SLE Components Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
Amount Pe	r Serving		
Calories		190.00	
Fat		6.00g	
SaturatedF	at	2.00g	
Trans Fat		0.00g	
Cholestero		40.00mg	
Sodium		130.00mg	_
Carbohydra	ates	30.00g	_
Fiber		2.00g	_
Sugar		16.00g	
Protein		3.00g	
Vitamin A	100.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	1.08mg

# **Apple Cinnamon Muffin**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
MUFFIN APPL CINN WGRAIN IW 72-2Z	1 Each		558011

## Preparation Instructions

Thaw before serving.

Warm lightly in warming oven if desired.

SLE Components Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
Amount Per	r Serving		
Calories		190.00	
Fat		6.00g	
SaturatedFa	at	2.00g	
<b>Trans Fat</b>		0.00g	
Cholestero		40.00mg	
Sodium		130.00mg	
Carbohydra	ites	30.00g	
Fiber		2.00g	
Sugar		16.00g	
Protein		3.00g	
Vitamin A	100.00IU	Vitamin C	0.00mg
Calcium	31.00mg	Iron	1.00mg

### **Banana Muffin**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
MUFFIN BAN WGRAIN IW 72-2Z ARYZTA	1 Each		557981

### Preparation Instructions

Thaw before serving.

Warm lightly in warming oven, if desired.

SLE Components Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
<b>Amount Pe</b>	r Serving		
Calories		190.00	
Fat		6.00g	
SaturatedFa	at	2.00g	
<b>Trans Fat</b>		0.00g	
Cholestero		40.00mg	
Sodium		130.00mg	
Carbohydra	ites	31.00g	
Fiber		2.00g	
Sugar		17.00g	
Protein		3.00g	
Vitamin A	100.00IU	Vitamin C	0.00mg
Calcium	28.00mg	Iron	1.00mg

## **Egg & Cheese Sandwich**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAND EGG&CHS WGRAIN IW 100- 2.35Z	1 Each	BAKE Conventional oven: from thawed state, leave in oven ready film. Do not open. Preheat oven to 275 degrees f. Bake for 15-17 minutes. Convection oven: from thawed state, leave in oven ready film. Do not open. Preheat oven to 275 degrees f. Bake for 15-17 minutes. Microwave: from thawed state, leave inoven ready film. Do not open. Heat on high for 30-40 seconds.	669351

#### **Preparation Instructions**

Do not unwrap.

Bake at 275 degrees for approximately 15 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven for no more than 15-20 minutes.

SLE Components Amount Per Serving	
Meat	0.75
Grain	1.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
<b>Amount Per</b>	Serving		
Calories		160.00	
Fat		7.00g	
SaturatedFa	at	2.50g	
Trans Fat		0.00g	
Cholesterol		70.00mg	
Sodium		280.00mg	_
Carbohydra	ites	19.00g	
Fiber		2.00g	
Sugar		4.00g	
Protein		6.00g	
Vitamin A	300.00IU	Vitamin C	9.00mg
Calcium	80.00mg	Iron	1.08mg

## Sausage Biscuit Pack

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BISCUIT PORK SAUS WGRAIN 100CT PIER	1 Each	BAKE To thaw: for best results, thaw before heating. Thaw sandwiches in refrigerator overnight. Sandwiches can be stored in refrigerator for up to 14 days. Convection oven: from thawed state: heat sealed wrapped sandwich (es) in a preheated 275 degrees f convection oven for 7-12 minutes. (Do not heat above 275 degrees f).microwave: microwave for 1 minute on full power (1000 watts). Times may vary.	451650

#### **Preparation Instructions**

Place on parchment lined sheet pans.

Thaw in walk in overnight.

Bake, in package, at 275 degrees for approximately 10 minutes, or until internal temp reaches 165 degrees. Hold in warming oven for no more than 15-20 minutes.

#### **SLE Components**

Amount Per Serving	
Meat	1.00
Grain	1.75
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00 Each **Amount Per Serving Calories** 230.00 Fat 10.00g SaturatedFat 4.50g **Trans Fat** 0.00g Cholesterol 25.00mg Sodium 550.00mg **Carbohydrates** 25.00g **Fiber** 2.00g Sugar 3.00g **Protein** 10.00g Vitamin A 0.00IU Vitamin C 42.00mg Calcium 100.00mg Iron 1.44mg

## **Strawberry Banana Bash Yogurt Cup**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT DANIMAL STRAWB BAN N/F 48- 4Z	1 Each		869921

#### Preparation Instructions

Keep refrigerated.

SLE Components Amount Per Serving	
Meat	1.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Pe Serving Size	r Recipe: 1.00		
Amount Pe	r Serving		
Calories		70.00	
Fat		0.00g	
SaturatedF	at	0.00g	
Trans Fat		0.00g	
Cholestero		0.00mg	_
Sodium		60.00mg	
Carbohydra	ates	14.00g	_
Fiber		0.00g	_
Sugar		10.00g	_
Protein		4.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	150.00mg	Iron	0.00mg

# **Triple Cherry Yogurt Cup**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT CHERRY TRPL L/F 48-4Z TRIX	1 Each	READY_TO_EAT Ready to eat single serving	186911

### **Preparation Instructions**

Keep refrigerated.

Meat Grain Fruit	
	1.00
Fruit	0.00
	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each				
Amount Pe	r Serving			
Calories		80.00		
Fat		0.50g		
SaturatedF	at	0.00g		
Trans Fat		0.00g		
Cholestero		5.00mg	_	
Sodium		60.00mg		
Carbohydra	ates	15.00g	_	
Fiber		0.00g	_	
Sugar		9.00g	_	
Protein		4.00g		
Vitamin A	500.00IU	Vitamin C	0.00mg	
Calcium	100.00mg	Iron	0.00mg	

# **Bacon, Egg & Cheese Breadstick**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BREADSTICK BKFST WGRAIN 6 72-2.5Z	1 Each	50 degreesCONVECTION Heating Instructions Convection Oven 1. Preheat convection oven to 350°F with fan on. 2. Place Stick on baking sheet. 3. Thawed: Bake 8-10 minutes or until a minimum temperature of 165°F has been reached 2. Let stand 2 minutes before serving. CAUTION: FILLING MAY BE HOT! Oven temperatures may vary . Adjust baking time and or temperature as necessary. Product is For Food Service Use Only, must be cooked in accordance with the Food Code and or State and Local requirements. THAW Heating Instructions Thawing Instructions 1. Thaw before baking. 2. Keep Sticks covered while thawing. 3. Sticks have 7 day shelf life when refrigerated. Oven temperatures may vary . Adjust baking time and or temperature as necessary. Product is For Food Service Use Only, must be cooked in accordance with the Food Code and or State and Local requirements.	856081

#### **Preparation Instructions**

Place on parchment lined sheet pan.

Thaw overnight in walk in.

Bake at 350 degrees for approximately 10 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven for no more than 10-15 minutes.

SLE Components Amount Per Serving	
Meat	1.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00

OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving				
Calories		160.00		
Fat		6.00g		
SaturatedFa	at	2.50g		
Trans Fat		0.00g		
Cholesterol		60.00mg		
Sodium		370.00mg		
Carbohydra	ites	17.00g		
Fiber		2.00g		
Sugar		1.00g		
Protein		9.00g		
Vitamin A	200.00IU	Vitamin C	0.00mg	
Calcium	0.00mg	Iron	0.00mg	

## Pillsbury WG Mini Blueberry Waffles

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Package	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
WAFFLE MINI BLUEB WGRAIN IW 72-2.47Z	1 Package	BAKE Heat & Serve: Heat frozen Mini Waffle in ovenable pouch. Convection Oven: Preheat oven to 350?F. Place pouches flat on a baking sheet and heat for 7-9 minutes.* Conventional Oven: Preheat oven to 350?F. Place pouches flat on a baking sheet and heat for 11-13 minutes.* Microwave: Heat for 30-35 seconds on high. *DO NOT place pouches directly on oven rack or let pouches touch oven sides. Bake times will vary by oven type and load. Consume within 6 hours of preparing.	269240

#### **Preparation Instructions**

Place on parchment lined sheet pan.

Bake at 325 degrees for approximately 10 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven through breakfast service.

SLE Components Amount Per Serving	
Meat	0.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Package				
Amount Per	Serving			
Calories		200.00		
Fat		6.00g		
SaturatedFa	SaturatedFat 1.00g			
Trans Fat	Trans Fat 0.00g			
Cholesterol		0.00mg		
Sodium 170.00mg		_		
Carbohydrates 36.00g		_		
Fiber		3.00g	_	
Sugar	Sugar 10.00g		_	
Protein 4.00g				
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	20.00mg	Iron	0.72mg	

# **Nutrigrain Bar**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BAR STRAWB WGRAIN 96CT NUTRIGRAIN	1 Each		209761

### **Preparation Instructions**

Store in Stockroom.

SLE Components Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition F Servings Per Re Serving Size: 1.0	cipe: 1.00		
Amount Per Se	rving		
Calories		160.00	
Fat		4.00g	
SaturatedFat		0.50g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		150.00mg	
Carbohydrates		30.00g	
Fiber		3.00g	
Sugar		14.00g	
Protein		2.00g	
Vitamin A 75	0.00IU	Vitamin C	0.00mg
Calcium 20	0.00mg	Iron	1.80mg

# **Nutrigrain Bar**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BAR APPLE CINN WGRAIN 96CT NUTRIGRAIN	1 Each		209741

## **Preparation Instructions**

Store in Stockroom.

0.00 1.00
0.00
0.00
0.00
0.00
0.00
0.00

Nutrition Servings Pe Serving Size	r Recipe: 1.00		
Amount Pe	r Serving		
Calories		160.00	
Fat		4.00g	
SaturatedF	at	0.50g	
Trans Fat		0.00g	
Cholestero	l	0.00mg	_
Sodium		135.00mg	
Carbohydrates		30.00g	_
Fiber		3.00g	_
Sugar		14.00g	_
Protein		2.00g	
Vitamin A	750.00IU	Vitamin C	0.00mg
Calcium	200.00mg	Iron	1.80mg

## **String Cheese**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE STRING MOZZ IW 168-1Z LOL	1 Each		786580

#### Preparation Instructions

Keep refrigerated.

Ready to eat.

Amount Per Serving	
Meat	1.00
Grain	0.00

**SLE Components** 

Mout	1.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Serving Size	. 1.00 Lacii		
Amount Per	Serving		
Calories		80.00	
Fat		6.00g	
SaturatedFa	at	4.00g	
Trans Fat		0.00g	
Cholesterol		20.00mg	
Sodium		200.00mg	
Carbohydra	ites	2.00g	
Fiber		0.00g	
Sugar		1.00g	
Protein		6.00g	
Vitamin A	200.00IU	Vitamin C	0.00mg
Calcium	198.00mg	Iron	0.00mg

## **Annies's Honey Bunny Graham Crackers**

Servings:	0.00	Category:	Grain
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Breakfast		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CRACKER GRHM HNY BUNNY 100-1.25Z GENM	1 Package		643052

### Preparation Instructions

SLE Components Amount Per Serving	
Meat	0.00
Grain	1.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

<b>Nutrition Facts</b>				
Servings Per Recipe: 0.00				
Serving Size	: 1.00 Packag	е		
<b>Amount Pe</b>	r Serving			
Calories		160.00		
Fat		6.00g		
SaturatedF	at	0.50g	0.50g	
Trans Fat		0.00g		
Cholesterol		0.00mg	0.00mg	
Sodium		140.00mg	140.00mg	
Carbohydra	ates	24.00g		
Fiber		3.00g		
Sugar		8.00g		
Protein		3.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	200.00mg	Iron	0.36mg	

## **WG Trix Cereal**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CEREAL LUCKY CHARMS WGRAIN BWL 96CT	1 Package	READY_TO_EAT Ready to eat dry cereal in a portable, easy- to-serve bowl.	265811

## **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts			
Servings Per Recipe: 1.00			
Serving Size	e: 1.00 Each		
<b>Amount Pe</b>	r Serving		
Calories		110.00	
Fat		1.00g	
SaturatedF	at	0.00g	
Trans Fat		0.00g	_
Cholestero		0.00mg	_
Sodium		180.00mg	_
Carbohydra	ates	23.00g	
Fiber		2.00g	_
Sugar		10.00g	_
Protein		2.00g	
Vitamin A	500.00IU	Vitamin C	6.00mg
Calcium	100.00mg	Iron	4.50mg

## **WG Cocoa Puffs Cereal**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CEREAL COCOA PUFFS WGRAIN R/S 96CT	1 Each	READY_TO_EAT Ready to eat dry cereal in a portable, easy- to-serve bowl.	270401

## **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00
-	

Nutrition Facts				
Servings Per Recipe: 1.00				
Serving Size	e: 1.00 Each			
<b>Amount Pe</b>	r Serving			
Calories		110.00		
Fat		1.50g		
SaturatedF	at	0.00g	0.00g	
Trans Fat		0.00g		
Cholesterol		0.00mg		
Sodium		120.00mg	120.00mg	
Carbohydrates		25.00g	_	
Fiber	Fiber		2.00g	
Sugar		8.00g	_	
Protein		2.00g		
Vitamin A	500.00IU	Vitamin C	6.00mg	
Calcium	100.00mg	Iron	4.50mg	

## WG Donut w/ Icing

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
DONUT YST RNG WGRAIN 84-2Z RICH	1 Each		556582
ICING CHOC RTU HEAT NICE 1-12 RICH	1 Tablespoon	READY_TO_EAT  1. STORE AT ROOM TEMPERATURE. 2. PLACE DESIRED AMOUNT OF HEAT 'N ICE ICING IN ICING WARMER, HEAT TO 110 F (43 C). 3. DIP OR DRIZZLE ICING ON SWEET GOOD, ALLOW TO DRY 2 - 5 MINUTES. 4. TURN OFF ICING WARMER WHEN FINISHED. 5. SCRAPE ICING OFF SIDES OF WARMER. 6. COVER UNUSED ICING.	155711

#### **Preparation Instructions**

Place donuts on parchment lined sheet pan.

Lightly warm in warming oven, if desired.

Warm needed quantity of icing in a 2 inch half pan in warming oven.

Dip tops of donuts in icing and place back on parchment lined sheet pan.

Serve.

SLE Components Amount Per Serving	
Meat	0.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts		
Servings Per Recipe: 1.00 Serving Size: 1.00 Each	0	
Amount Per Serving		
Calories	357.84	
Fat	17.50g	
SaturatedFat	7.60g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	308.98mg	
Carbohydrates	46.17g	
Fiber	2.60g	
Sugar	22.57g	
Protein	5.00g	
Vitamin A 11.41IU	Vitamin C	0.00mg

Calcium 13.70mg Iron 0.80mg

# **WG Fruity Cheerios**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CEREAL CHEERIOS FRTY WGRAIN BWL 96CT	1 Package	READY_TO_EAT Ready to eat dry cereal in a portable, easy- to-serve bowl.	265803

## **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts				
Servings Per Recipe: 1.00 Serving Size: 1.00 Each				
Amount Pe	r Serving			
Calories		120.00		
Fat		1.50g		
SaturatedF	at	0.00g	0.00g	
Trans Fat		0.00g		
Cholesterol		0.00mg		
Sodium		140.00mg		
Carbohydrates		25.00g		
Fiber		2.00g		
Sugar		9.00g		
Protein		2.00g		
Vitamin A	500.00IU	Vitamin C	6.00mg	
Calcium	100.00mg	Iron	4.50mg	

## **PB Jamwich**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAND PB&J GRP WGRAIN 72-2.8Z JAMWICH	1 Each	READY_TO_EAT Ready to Eat: Best if thawed in refrigerator overnight priorto eating. Welch's PB&J Jamwich is best when served within 24 hours of thawing.	194471

### **Preparation Instructions**

Thaw thoroughly before serving.

SLE Components Amount Per Serving	
Meat	1.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
Amount Per	r Serving		
Calories		300.00	
Fat		16.00g	
SaturatedFa	at	2.50g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		300.00mg	
Carbohydrates		34.00g	_
Fiber		4.00g	
Sugar		11.00g	
Protein		10.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	60.00mg	Iron	1.44mg

#### **French Toast Bites**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Package	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRENCH TST MINI ORIG IW 72-3.03Z EGGO	1 Package		498442

#### **Preparation Instructions**

Place bites on parchment lined sheet pan.

Bake at 325 degrees for approximately 7-10 minutes, or until temp reaches 165 degrees.

Hold in warming oven through breakfast service.

Serve with syrup cup.

SLE	Components
-----	------------

Amount Per Serving	
Meat	0.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Package

Amount Pe	r Serving		
Calories		200.00	
Fat		5.00g	
SaturatedF	at	1.50g	
Trans Fat		0.00g	
Cholestero		0.00mg	
Sodium		240.00mg	
Carbohydra	ates	37.00g	
Fiber		3.00g	
Sugar		13.00g	
Protein		4.00g	
Vitamin A	500.00IU	Vitamin C	0.00mg
Calcium	260.00mg	Iron	3.60mg

#### **Chicken Biscuit**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Breakfast		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST FLLT BRD WGRAIN CKD 2Z 4-5#	1 Piece		747611
DOUGH BISC STHRN STYL 216-2.2Z PILLS	1 Each	BAKE Standard Prep: Place 54 frozen biscuits on greased or parchment lined full sheet pan in 6x9 pattern. Bake time 19-23 minutes in 325 degrees F convection oven. See package for complete baking instructions.	618152

#### **Preparation Instructions**

Place biscuits on parchment lined sheet pan.

Bake at 325 for approximately 20 minutes.

Place chicken on parchment lined sheet pan.

Bake at 325 degrees for approximately 15 minutes, or until internal temp reaches 165 degrees.

Split biscuits and place chicken between halves.

Wrap in deli paper to serve.

Hold in warming oven no more than 15-20 minutes.

SLE Components Amount Per Serving	
Meat	1.00
Grain	2.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts	
Servings Per Recipe: 1.00	
Serving Size: 1.00 Each	
Amount Per Serving	
Calories	290.00
Fat	11.00g
SaturatedFat	6.50g
Trans Fat	0.00g
Cholesterol	30.00mg
Sodium	850.00mg
Carbohydrates	33.00g
Fiber	1.00g
Sugar	3.00g
Protein	15.00g

Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	2.16mg

## Sausage Biscuit

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUSAGE PTY TKY CKD 1Z 10.25 JENNO	1 Each		184970
DOUGH BISC STHRN STYL 216-2.2Z PILLS	1 Each	BAKE Standard Prep: Place 54 frozen biscuits on greased or parchment lined full sheet pan in 6x9 pattern. Bake time 19-23 minutes in 325 degrees F convection oven. See package for complete baking instructions.	618152

#### **Preparation Instructions**

Place biscuits on parchment lined sheet pan.

Bake at 325 degrees for approximately 20 minutes.

Place sausage in a 2 inch full hotel pan lined with a perforated pan.

Steam for about 10-15 minutes, or until internal temp reaches 165 degrees.

Split biscuits and place a sausage patty between halves.

Wrap in deli paper to serve.

Hold in warming oven for no more than 15-20 minutes.

SLE Components Amount Per Serving	
Meat	1.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Fac Servings Per Recipe	: 1.00	
Serving Size: 1.00 E  Amount Per Serving		
Calories	240.00	
Fat	12.00g	
SaturatedFat	7.00g	
Trans Fat	0.00g	
Cholesterol	30.00mg	
Sodium	660.00mg	
Carbohydrates	24.00g	
Fiber	1.00g	
Sugar	2.00g	
Protein	10.00g	
Vitamin A 0.00IL	Vitamin C	0.00mg

Calcium 20.00mg Iron 1.80mg

# **WG Strawberry Pop-Tart**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTRY POP-TART WGRAIN STRAWB 72- 2CT	1 Package		123031

### Preparation Instructions

SLE Components Amount Per Serving	
Meat	0.00
Grain	2.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition	n Facts				
Servings Per Recipe: 1.00					
Serving Size	Serving Size: 1.00 Package				
Amount Pe	r Serving				
Calories		360.00			
Fat		5.00g			
SaturatedF	at	2.00g			
Trans Fat		0.00g			
Cholestero		0.00mg			
Sodium		360.00mg	_		
Carbohydra	ates	75.00g			
Fiber		6.00g			
Sugar		29.00g	_		
Protein		4.00g			
Vitamin A	1000.00IU	Vitamin C	0.00mg		
Calcium	200.00mg	Iron	3.60mg		

# **WG Cinnamon Pop-Tart**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTRY POP-TART WGRAIN CINN 72-2CT	1 Package		123081

### Preparation Instructions

0.00
2.50
0.00
0.00
0.00
0.00
0.00
0.00

•	n Facts r Recipe: 1.00 e: 1.00 Packag	e	
Amount Pe	r Serving		
Calories		370.00	
Fat		6.00g	
SaturatedF	at	2.00g	
Trans Fat		0.00g	
Cholestero		0.00mg	
Sodium		390.00mg	
Carbohydra	ates	76.00g	
Fiber		6.00g	
Sugar		31.00g	
Protein		5.00g	
Vitamin A	1000.00IU	Vitamin C	0.00mg
Calcium	200.00mg	Iron	3.60mg

# **WG Fudge Pop-Tart**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTRY POP-TART WGRAIN FUDG 72-2CT	1 Package		452082

### **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	2.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00
·	

Amount Per Serving           Calories         360.00           Fat         6.00g           SaturatedFat         2.00g           Trans Fat         0.00g           Cholesterol         0.00mg           Sadium         300.00mg	
Fat         6.00g           SaturatedFat         2.00g           Trans Fat         0.00g           Cholesterol         0.00mg	
SaturatedFat         2.00g           Trans Fat         0.00g           Cholesterol         0.00mg	
Trans Fat         0.00g           Cholesterol         0.00mg	
Cholesterol 0.00mg	
Codium 200 00	
Sodium 390.00mg	
Carbohydrates 76.00g	
Fiber 6.00g	
Sugar 33.00g	
Protein 5.00g	
Vitamin A 1000.00IU Vitamin C 0.00m	
Calcium 200.00mg Iron 3.60m	g

#### **Breakfast Burrito**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
EGG SCRMBD CKD W/BCN & CHS 4-5# SNYFR	1/2 Cup		391902
TORTILLA FLOUR ULTRGR 6 30-12CT	1 Each		882690
SALSA CUP 84-3Z REDG	1 Each	READY_TO_EAT None	677802

#### **Preparation Instructions**

Warm tortillas in warming oven.

Steam eggs in a covered full hotel pan in steamer for 10-15 minutes, or until temp reaches 165 degrees.

Hold in warming oven no more than 15 minutes.

Place 2 ounces of egg in tortilla to serve to order.

Serve with a salsa cup.

#### **SLE Components**

Amount Per Serving	
Meat	1.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	1.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00
	•

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00 Each **Amount Per Serving Calories** 150.00 Fat 4.75g **SaturatedFat** 2.38g **Trans Fat** 0.00g Cholesterol 42.50mg **Sodium** 345.00mg **Carbohydrates** 19.25g **Fiber** 2.00g Sugar 5.00g **Protein** 4.00g Vitamin A 424.40IU Vitamin C 8.00mg Calcium 50.25mg 0.93mg Iron

## **Yogurt, String Cheese & Sunchips Box**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT CHERRY TRPL L/F 48-4Z TRIX	1 Each	READY_TO_EAT Ready to eat single serving	186911
CHIP HARV CHED 104-SSV SUNCHIP	1 Package	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	105260
CHEESE STRING MOZZ IW 168-1Z LOL	1 Each		786580
CRACKER GRHM HNY BUNNY 100-1.25Z GENM	1 Package		643052

#### **Preparation Instructions**

Ready to eat.

<b>SLE Components</b>
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Amount Per Serving	
Meat	2.00
Grain	2.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00 Each **Amount Per Serving Calories** 460.00 Fat 18.50g SaturatedFat 5.00g **Trans Fat** 0.00g Cholesterol 25.00mg Sodium 600.00mg **Carbohydrates** 60.00g **Fiber** 5.00g Sugar 20.00g **Protein** 15.00g Vitamin A 700.00IU Vitamin C 0.00mg

Calcium 518.00mg Iron 1.06mg

## **Deli Turkey & Cheese Sandwich**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
TURKEY BRST SMKD DELI SLCD 12-1.5	3 Ounce		748460
CHEESE AMER 160CT SLCD R/F R/SOD 6-5#	2 Slice		189071
BUN SUB SLCD WGRAIN 5 12-8CT GFS	1 Each		276142

#### **Preparation Instructions**

Assemble ingredients needed.

Fold each slice of turkey in half and stack, staggered, on bun.

3 ounces of turkey = 3-4 slices of Jennie- O deli turkey.

Top with 1 slice American cheese and other half of hoagie bun.

Keep refrigerated.

SLE Components Amount Per Serving	
Meat	4.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Pe Serving Size	r Recipe: 1.00		
<b>Amount Pe</b>	r Serving		
Calories		340.00	
Fat		8.25g	
SaturatedF	at	3.00g	
Trans Fat		0.00g	
Cholestero		67.50mg	
Sodium		1020.01mg	
Carbohydra	ates	30.00g	
Fiber		3.00g	
Sugar		6.00g	
Protein		40.00g	
Vitamin A	300.00IU	Vitamin C	0.00mg
Calcium	277.00mg	Iron	2.34mg

#### **Deli Ham & Cheese Sandwich**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
HAM SLCD W/A 8-5 640CT COMM	3 Ounce		651470
CHEESE AMER 160CT SLCD R/F R/SOD 6-5#	2 Slice		189071
BUN SUB SLCD WGRAIN 5 12-8CT GFS	1 Each		276142

#### **Preparation Instructions**

Assemble ingredients needed.

Fold each slice of ham in half and stack, staggered, on bun.

3 ounces of ham = 7-8 slices of ham

Top with 1 slice American cheese and other half of hoagie bun.

Keep refrigerated.

#### **SLE Components**

Amount Per Serving	
Meat	3.46
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00 Each **Amount Per Serving Calories** 310.98 Fat 10.92g SaturatedFat 5.46g **Trans Fat** 0.00g Cholesterol 59.26mg Sodium 960.49mg **Carbohydrates** 34.92g **Fiber** 3.00g Sugar 8.46g **Protein** 25.30g Vitamin A 300.00IU Vitamin C 0.00mg Calcium 277.00mg Iron 1.80mg

## Mandarin Orange Chicken w/ Brown Rice

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
ENTREE CHIX MAND ORNG W/SCE 6-5# YANG	4 Ounce		550512
RICE BRN PARBL WGRAIN 25 GCHC	1 Cup	BOIL Bring water and rice to a boil; stir and reduce heat to medium low and simmer 15-25 minutes or until most of the water is absorbed.	516371

#### **Preparation Instructions**

Mix required amount of rice and water in full, 6 inch hotel pan. Place, uncovered, in steamer for approximately 20-25 minutes, or until tender.

If using the convection oven, bake covered at 350 degrees for 20-25 minutes, or until tender.

Hold in warming oven for no more than 40 minutes

Place chicken on a parchment lined sheet pan.

Bake at 325 for approximately 15 minutes, or until internal temp reaches 165 degrees.

0.00

0.00

Place sauce bags in steamer, Steam until sauce reaches 165 degrees. Approximately 15 minutes.

Mix 2 bags of chicken and 2 bags of sauce in a 4 inch full hotel pan.

Hold in warming oven for no more than 15 minutes.

Serve chicken over rice.

Legumes

Starch

**SLE Components** 

Amount Per Serving	
Meat	2.22
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00

Serving Size: 1.00 Serving			
Amount Per Serving			
Calories	846.67		
Fat	7.33g		
SaturatedFat	0.56g		
Trans Fat	0.00g		
Cholesterol	44.44mg		
Sodium	311.11mg		
Carbohydrates	169.11g		
Fiber	8.00g		

Nutrition Facts
Servings Per Recipe: 1.00

Sugar		11.11g	
Protein		28.22g	
Vitamin A	0.00IU	Vitamin C	1.33mg
Calcium	0.00mg	Iron	3.68mg

#### **Fortune Cookie**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
COOKIE FORTUNE WRPD 390CT HSE OF BEE	1 Each		898991

#### **Preparation Instructions**

Ready to eat. Serve with Mandarin Chicken, Sweet & Sour Chicken Bites Beef Teriyaki

SLE C	compo	nents
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Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00 Each **Amount Per Serving Calories** 30.20 Fat 0.20g SaturatedFat 0.10g **Trans Fat** 0.00g Cholesterol 0.00mg **Sodium** 21.90mg **Carbohydrates** 7.00g **Fiber** 0.10g Sugar 4.00g **Protein** 0.30g Vitamin C Vitamin A 0.24IU 0.00mg **Calcium** 0.96mg 0.12mg Iron

# **Mini Corn Dogs**

Servings:	1.00	Category:	Entree
Serving Size:	4.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CORN DOG CHIX MINI WGRAIN CN 2-5	4 Each		497360

### **Preparation Instructions**

Place mini dogs on a parchment lined sheet pan.

Bake at 325 for approximately 15 minutes or until internal temp reaches 165 degrees.

If thawing, thaw in package overnight in walk in.

Reduce cooking time by 5 minutes.

Hold in warming oven for no more than 15 minutes.

SLE Components	
Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 4.00 Each			
<b>Amount Pe</b>	r Serving		
Calories		180.00	
Fat		8.00g	
SaturatedF	at	2.50g	
Trans Fat		0.00g	
Cholestero		25.00mg	
Sodium		280.00mg	_
Carbohydra	ates	20.00g	
Fiber		3.00g	
Sugar		4.00g	_
Protein		7.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	100.00mg	Iron	1.44mg

# **Tropical Fruit**

Servings:	1.00	Category:	Fruit
Serving Size:	0.50 Cup	<b>HACCP Process:</b>	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
ORANGES MAND IN JCE 6-10 GFS	1/4 Cup		612448
PINEAPPLE TIDBITS IN JCE 6-10 GFS	1/4 Cup		189979

# **Preparation Instructions**

Drain fruit in colander.

Mix both together.

Dip into 1/2 cup servings in appropriate dishes.

Refrigerate until service.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 0.50 Cup			
<b>Amount Pe</b>	r Serving		
Calories		65.00	
Fat		0.00g	
SaturatedF	at	0.00g	
Trans Fat	Trans Fat		
Cholesterol		0.00mg	
Sodium		5.00mg	
Carbohydra	ates	16.00g	
Fiber		0.50g	
Sugar		13.00g	
Protein		0.50g	
Vitamin A	200.00IU	Vitamin C	13.50mg
Calcium	10.00mg	Iron	0.36mg

# **Mandarin Oranges**

Servings:	1.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
ORANGES MAND IN JCE 6-10 GFS	1/2 Cup		612448

### **Preparation Instructions**

Drain fruit.

Dish into 1/2 cup servings.

Refrigerate until service.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	1.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 0.50 Cup				
Amount Per S	Serving			
Calories		60.00		
Fat		0.00g		
SaturatedFat		0.00g		
Trans Fat		0.00g		
Cholesterol		0.00mg		
Sodium		10.00mg		
Carbohydrate	es	14.00g		
Fiber		0.00g		
Sugar		11.00g		
Protein		1.00g		
Vitamin A	U100.001	Vitamin C	18.00mg	
Calcium 2	20.00mg	Iron	0.36mg	

# **Pineapple Tidbits**

Servings:	1.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
PINEAPPLE TIDBITS IN JCE 6-10 GFS	1/2 Cup		189979

### **Preparation Instructions**

Drain fruit.

Dish into 1/2 cup servings.

Refrigerate until service.

0.00
0.00
0.50
0.00
0.00
0.00
0.00
0.00

Nutrition Servings Per Serving Size	Recipe: 1.0	00	
Amount Per	Serving		
Calories		70.00	
Fat		0.00g	
SaturatedFat		0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		0.00mg	
Carbohydrates		18.00g	
Fiber		1.00g	
Sugar		15.00g	
Protein		0.00g	
Vitamin A	0.00IU	Vitamin C	9.00mg
Calcium	0.00mg	Iron	0.36mg

# **Honey BBQ Boneless Wings**

Servings:	1.00	Category:	Entree
Serving Size:	10.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE BBQ PKT 200-12GM GFS	2 Each		294659
CHIX POPCORN BRD WGRAIN DRK CKD 30#	10 Each	BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 10-12 MINUTES AT 350F; CONVECTION OVEN FOR 6-8 MINUTES AT 350F.	666232

### **Preparation Instructions**

Place chicken on a parchment lined sheet pan.

Bake at 325 degrees for approximately 15 minutes, or until internal temp reaches 165 degrees.

Hold in arming oven no longer than 15 minutes.

Serve with BBQ packets on the side.

SLE Components Amount Per Serving	
Meat	2.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

•	r Facts r Recipe: 1.00 :: 10.00 Each	)	
Amount Pe	r Serving		_
Calories		334.20	_
Fat		17.40g	_
SaturatedFat		3.00g	_
Trans Fat		0.00g	
Cholesterol		81.00mg	_
Sodium		662.80mg	
Carbohydra	ites	27.00g	
Fiber		3.20g	
Sugar		8.00g	
Protein		18.20g	
Vitamin A	236.14IU	Vitamin C	0.88mg
Calcium	21.28mg	Iron	2.18mg

### **Garden Chef Salad**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE ROMAINE CHOP 6- 2 RSS	2 Cup		735787
CHEESE STRING MOZZ IW 168-1Z LOL	1 Each		786580
TOMATO CHERRY 11 MRKN	1/4 Cup		569551
DRESSING RNCH LT PKT 60- 1.5FLZ PMLL	1 Each		825010
CUCUMBER SELECT SUPER 45 MRKN	1/4 Cup		198587
CHIP HARV CHED 64-LSSV SUNCHIP	1 Package	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	712440
TURKEY BRST SLCD RED SOD 6-2 JENNO	1 Slice		183161
HAM SLCD .5Z 4-2.5 GFS	2 Slice		294187
CARROTS BABY PLD 72-3Z P/L	1/4 Ounce		241541

### **Preparation Instructions**

Wash tomatoes and cucumbers.

Slice cucumbers.

Dice turkey and ham and place in portion cups.

Assemble salad in the appropriate container.

Keep refrigerated.

Meat Grain Fruit GreenVeg RedVeg	1.67 2.00 0.00
Fruit GreenVeg	
GreenVeg	0.00
	0.00
RedVeg	1.00
	0.00
OtherVeg	0.13
Legumes	0.00
Starch	0.00

•	n Facts er Recipe: 1.00 e: 1.00 Each		
Amount Pe	r Serving		
Calories		467.94	
Fat		24.21g	
SaturatedF	at	7.28g	
<b>Trans Fat</b>		0.00g	
Cholestero	I	48.33mg	
Sodium		1247.39mg	
Carbohydr	ates	42.42g	
Fiber		6.85g	
Sugar		7.33g	
Protein		19.03g	
Vitamin A	11560.72IU	Vitamin C	71.91mg
Calcium	279.80mg	Iron	2.64mg

### **Southwest Chicken Salad**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE CHL ROMAINE CHOP 6/2 LB BG	2 Cup	READY_TO_EAT	15D44
CHIX BRST STRP FC LRG 2-5 GFS	3 Ounce		219011
CORN CUT IQF 30 KE	1/4 Cup		283730
SALSA CUP 84-3Z REDG	1 Each	READY_TO_EAT None	677802
DRESSING RNCH LT PKT 60- 1.5FLZ PMLL	1 Each		825010
CHEESE STRING MOZZ IW 168-1Z LOL	1 Each		786580
CHIP TORTL RND R/F 64- 1.45Z TOSTIT	1 Each	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options. UNSPECIFIED	662512
BEAN BLACK 6-10 GRSZ	1/4 Cup		557714
TOMATO CHERRY 11 MRKN	1/4 Cup		569551
CUCUMBER SELECT SUPER 45 MRKN	1/4 Cup		198587
CARROTS BABY PLD 72-3Z P/L	1/4 Ounce		241541
SEASONING TACO SLT FR 19.5Z TRDE	1 Teaspoon		605062

# **Preparation Instructions**

Wash tomatoes and cucumbers.

Slice cucumbers.

Steam chicken for approximately 7- 10 minutes, or until temp reaches 165 degrees.

Season with taco seasoning.

Put corn and beans in appropriate containers.

Assemble salad.

Keep refrigerated.

SLE Components Amount Per Serving	
Meat	1.00
Grain	2.00
Fruit	0.00
GreenVeg	0.25
RedVeg	1.00
OtherVeg	0.13
Legumes	0.00
Starch	0.19

•	<b>n Facts</b> er Recipe: 1.00 e: 1.00 Each		
Amount Pe	r Serving		
Calories		640.25	
Fat		23.50g	
SaturatedF	at	7.53g	
Trans Fat		0.00g	
Cholestero	I	105.00mg	
Sodium		1369.25mg	
Carbohydra	ates	64.75g	
Fiber		9.99g	
Sugar		10.58g	
Protein		36.15g	
Vitamin A	2144.04IU	Vitamin C	23.81mg
Calcium	365.80mg	Iron	3.70mg

# **Crispy Chicken Salad**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE CHL ROMAINE CHOP 6/2 LB BG	2 Cup	READY_TO_EAT	15D44
TOMATO CHERRY 11 MRKN	1/4 Cup		569551
CUCUMBER 1-24CT P/L	1/4 Cup		238653
DRESSING RNCH LT PKT 60-1.5FLZ PMLL	1 Each		825010
CHEESE STRING MOZZ IW 168-1Z LOL	1 Each		786580
CHIX PCORN LRG WGRAIN CKD 6-5	8 Each	BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 10-12 MINUTES AT 350F; CONVECTION OVEN FOR 6-8 MINUTES AT 350F.	536620
CHIP SPCY SWT REDC 72- 1Z SSV DORIT	1 Package	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	788670
CARROTS BABY PLD 72- 3Z P/L	1/4 Ounce		241541

### **Preparation Instructions**

Wash tomatoes and cucumbers.

Slice cucumbers.

Bake chicken bites at 325 degrees for approximately 10 minutes, or until internal temp reaches 165 degrees.

Assemble salad in appropriate container.

Keep refrigerated.

SLE Components	
Amount Per Serving	
Meat	2.60
Grain	2.30
Fruit	0.00
GreenVeg	0.25
RedVeg	0.25
OtherVeg	0.00
Legumes	0.00
Starch	0.00
·	

•	<b>n Facts</b> er Recipe: 1.00 e: 1.00 Each	)	
Amount Pe	er Serving		
Calories		538.14	
Fat		29.53g	
SaturatedF	at	8.43g	
Trans Fat		0.00g	
Cholestero	I	78.00mg	
Sodium		1299.39mg	
Carbohydr	ates	46.92g	
Fiber		5.25g	
Sugar		3.83g	
Protein		22.93g	
Vitamin A	1695.12IU	Vitamin C	12.71mg
Calcium	253.40mg	Iron	1.78mg

### **Dill Chicken Sandwich**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST FLLT WGRAIN DILL CKD 4-5#	4 Ounce		542832
BUN HAMB WHLWHE 3.5 R/SOD 10-12CT	1 Each		676151

### **Preparation Instructions**

Place chicken on a parchment lined sheet pan.

Bake at 325 for approximately 15 minutes, or until internal temp reaches 165 degrees.

Bun chicken and wrap in the bags provided.

Hold in warming oven no more than 20 minutes.

SLE Components Amount Per Serving	
Meat	2.00
Grain	2.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
Amount Per	Serving		
Calories		330.00	
Fat		10.50g	
SaturatedFat	SaturatedFat		
Trans Fat	Trans Fat		
Cholesterol		70.00mg	
Sodium		535.00mg	
Carbohydrat	es	34.00g	
Fiber		5.00g	
Sugar		4.00g	
Protein		27.00g	
Vitamin A	100.00IU	Vitamin C	0.00mg
Calcium	80.00mg	Iron	2.52mg

# Spinach Salad

Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SPINACH BABY CLND 2-2 RSS	1 Cup		560545
TOMATO CHERRY 11 MRKN	1/4 Cup		569551
CUCUMBER SELECT SUPER 45 MRKN	1/4 Cup		198587
DRESSING ITAL FF PKT 60-1.5FLZ PMLL	1 Each		824960

### **Preparation Instructions**

Wash tomatoes and cucumber.

**SLE Components** 

Slice cucumber.

Assemble spinach salad in appropriate container.

Keep refrigerated.

Legumes

Starch

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.50
RedVeg	0.13
OtherVeg	0.13

0.00

0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each				
Amount Pe	r Serving			
Calories		35.05		
Fat		0.13g		
SaturatedF	at	0.03g		
Trans Fat		0.00g		
Cholestero	l	0.00mg		
Sodium		477.50mg	_	
Carbohydra	ates	7.25g		
Fiber		1.63g		
Sugar		4.50g	_	
Protein		0.48g		
Vitamin A	3488.50IU	Vitamin C	27.68mg	
Calcium	43.58mg	Iron	0.88mg	

# **Green Seedless Grapes**

Servings:	1.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
GRAPES GREEN SEEDLESS 17AVG P/L	1/2 Cup		197858

### Preparation Instructions

Wash grapes.

Serve in appropriate container.

Keep refrigerated.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 0.50 Cup	0	
Amount Per Serving		
Calories	56.27	
Fat	0.27g	
SaturatedFat	0.07g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	1.67mg	
Carbohydrates	14.67g	
Fiber	0.73g	
Sugar	13.33g	
Protein	0.53g	
Vitamin A 84.00IU	Vitamin C	3.36mg
Calcium 11.76mg	Iron	0.25mg

# **Red Seedless Grapes**

Servings:	1.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
GRAPE RED SDLSS 18AVG MRKN	1/2 Cup		197831

### Preparation Instructions

Wash grapes.

Serve in appropriate container.

Keep refrigerated.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00
·	

Nutrition Servings Per Serving Size	Recipe: 1.00	)	
Amount Per	Serving		
Calories		56.27	
Fat		0.27g	
SaturatedFa	at	0.07g	
<b>Trans Fat</b>		0.00g	
Cholesterol		0.00mg	
Sodium		1.67mg	
Carbohydra	ites	14.67g	
Fiber		0.73g	
Sugar		13.33g	
Protein		0.53g	
Vitamin A	84.00IU	Vitamin C	3.36mg
Calcium	11.76mg	Iron	0.25mg

# **Roasted Garden Vegetables**

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO RED A SZ 50	1 1/4 Ounce		530018
CARROTS BABY PLD 72-3Z P/L	1 1/4 Ounce		241541
BROCCOLI FLORET BITE SIZE 2-3 RSS	1 1/4 Ounce		732451
CHEESE PARM GRTD 4-5 PG	1/2 Tablespoon		445401
OIL OLIVE POMACE 6-1GAL KE	1/2 Tablespoon		502146

### **Preparation Instructions**

Wash red potatoes.

Cut potatoes in half, or if large, into quarters.

Mix vegetables together.

Season with garlic powder and/ or onion powder.

Toss vegetables in olive oil and Parmesan cheese.

Bake at 350 degrees for approximately 20-25 minutes, or until vegetables are tender, not mushy.

Hold in warming oven for no more than 20 minutes.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	1.25
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

<b>Nutrition Fac</b>	ets
Servings Per Recip	e: 1.00
Serving Size: 0.50 (	Cup
<b>Amount Per Servi</b>	ng
Calories	149.24
Fat	8.54g
SaturatedFat	1.50g
Trans Fat	0.00g
Cholesterol	2.50mg
Sodium	97.82mg
Carbohydrates	17.08g
Fiber	4.65g
Sugar	4.58g

Protein		4.99g	
Vitamin A	5637.82IU	Vitamin C	134.27mg
Calcium	97.06mg	Iron	1.18mg

# Teriyaki Beef w/ Brown Rice

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK PHLL SEAS CKD 2.92Z 6-5 JTM	1 Each		720861
SAUCE TERYK 4-1GAL GFS	1 Tablespoon		640222
RICE BRN PARBL WGRAIN 25 GCHC	1 Cup	BOIL Bring water and rice to a boil; stir and reduce heat to medium low and simmer 15-25 minutes or until most of the water is absorbed.	516371
VEG BLND ORIENTAL 30 GFS	1/4 Cup		285720

### **Preparation Instructions**

Place needed amount of rice and water in a 4 inch hotel pan.

Steam, uncovered, for approximately 20 minutes, or until rice is tender.

If baking, bake at 350 for approximately 25 minutes, or until rice is tender.

Steam beef in bags for approximately 25 minutes or until internal temp reaches 165 degrees.

Place peppers and onions in a hotel pan lined with a perforated pan.

Steam for approximately 5-10 minutes.

Transfer beef and peppers/onions to serving pan and toss with teriyaki sauce.

Hold rice in warming oven no more than 30 minutes.

Hold beef in warming oven, in bags, through lunch service.

SLE Components Amount Per Serving		
Meat	2.00	
Grain	2.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.25	
Legumes	0.00	

**Starch** 0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Amount Per	Serving				
Calories		856.85			
Fat		12.40g			
SaturatedFa	ıt	3.40g			
Trans Fat		0.52g	0.52g		
Cholesterol		40.00mg			
Sodium		712.25mg			
Carbohydrates		158.25g			
Fiber		8.50g	8.50g		
Sugar		7.50g			
Protein		30.15g			
Vitamin A	25.00IU	Vitamin C	0.30mg		
Calcium	60.00mg	Iron	4.32mg		

# **Vegetable Egg Roll**

Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
EGG ROLL VEG WGRAIN 3Z 2-30CT GLDT	1 Each	BAKE Preparation Type: Heating Instructions Conventional Oven Instructions: Preheat oven to 450°F. Place frozen egg rolls on a baking sheet. Turn once during heatng. Conventional: 15 - 17 minutes. Convection at 425°F: 12-14 minutes Preparation Notes: Heating time may vary with equipment.	599450
SAUCE SWEET & SOUR DIP CUP 100-1Z GFS	1 Each		714510

#### **Preparation Instructions**

Place egg rolls on parchment lined sheet pan.

Bake egg rolls at 375 degrees for approximately 15 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven for no more than 20 minutes.

Serve with sweet and sour cup.

#### **SLE Components**

Amount Per Serving	
Meat	0.00
Grain	1.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.50
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00 Each **Amount Per Serving Calories** 185.00 Fat 6.00g SaturatedFat 0.50g Trans Fat 0.00g Cholesterol 9.00mg Sodium 410.00mg Carbohydrates 31.00g **Fiber** 3.00g Sugar 14.00g Protein 4.00g Vitamin A 2250.00IU Vitamin C 15.00mg Calcium 20.00mg Iron 0.72mg

# Big Daddy's Buffalo Chicken Pizza

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Slice	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA CHIX BUFF 16 3-3CT BIG DADDY	1 Slice	BAKE COOK BEFORE EATING. Best if cooked from Frozen state. PREHEAT OVEN. FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 165°F. CONVECTION OVEN: 350°F low fan for 14-17 minutes IMPINGEMENT OVEN: 420°F for 6-7 minutes. NOTE: Rotate product half-way through bake time for convection oven. Due to variances in oven regulators, cooking time and temperature may require adjustments. Pizza is done when cheese begins to brown and is completely melted in the middle. Refrigerate or discard any unused portion.	627101

#### **Preparation Instructions**

Place pizza on parchment lined sheet pan.

Bake at 350 for approximately 15 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven for no more than 20 minutes.

SLE Components Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Pe Serving Size	r Recipe: 1.00		
Amount Pe			
Calories		390.00	
Fat		19.00g	
SaturatedFa	at	7.00g	
<b>Trans Fat</b>		0.00g	
Cholestero		45.00mg	
Sodium		740.00mg	
Carbohydra	ates	35.00g	
Fiber		3.00g	
Sugar		8.00g	
Protein		20.00g	
Vitamin A	400.00IU	Vitamin C	0.00mg
Calcium	300.00mg	Iron	2.70mg

# **Chicken Strip Basket**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX TNDR WGRAIN FC 4- 8 TYS	3 Piece	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.	283951
BREAD GARL TST SLC WGRAIN 12-12CT GFS	1 Slice	BAKE Preheat oven to 450 degrees Fahrenheit. Place frozen toast on nonstick baking sheet. Heat for 4-5 minutes or until heated through. GRIDDLE_FRY Place toast in skillet on medium heat. Heat each side 2 minutes or until heated through. GRILL Place toast on grill. Heat each side for 30 seconds or until heated through.	277862
GRAVY MIX CNTRYSK CRM 6-24Z PION	1 Tablespoon		181401
FRIES 1/2 C/C OVEN 6-5 MCC	4 Ounce	BAKE PREHEAT OVEN TO 450° F. PLACE FROZEN FRIES IN A SINGLE LAYER ON A SHALLOW BAKING PAN. BAKE FOR 18 TO 22 MINUTES. CONVECTION PREHEAT OVEN TO 425° F. SPREAD FROZEN FRIES EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 10 TO 14 MINUTES, TURNING ONCE FOR UNIFORM COOKING.	200697

#### **Preparation Instructions**

Place chicken strips on a parchment lined sheet pan.

Bake at 350 degree for approximately 15 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven for no more than 15 minutes.

Place toast on a parchment lined sheet pan.

Bake at 350 degrees for approximately 10 minutes, or until temp reaches 165 degrees.

Hold in warming oven for no more than 15 minutes.

Place crinkle fries on a parchment lined sheet pan.

Bake at 350 degrees for approximately 20-25 minutes, or until crisp and temp reaches 165 degrees.

Hold in warming oven for no more than 15 minutes.

For the gravy, please follow directions on package.

Hold in warming oven through service.

SLE Components Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.79

Nutrition F Servings Per Re Serving Size: 1.0	cipe: 1.00		
Amount Per Se	rving		
Calories		550.82	
Fat		24.69g	
SaturatedFat		4.63g	
Trans Fat		0.00g	
Cholesterol		25.00mg	
Sodium		782.02mg	
Carbohydrates		57.53g	
Fiber		7.15g	
Sugar		1.00g	
Protein		20.15g	
Vitamin A 10	0.00IU	Vitamin C	7.56mg
Calcium 40	).00mg	Iron	3.09mg

### **BBQ Pulled Pork Sandwich**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PORK DCD 6-5# JTM	3 Ounce		746431
SAUCE BBQ 4-1GAL SWTBRAY	2 Tablespoon		655937
BUN HAMB WHLWHE 3.5 R/SOD 10-12CT	1 Each		676151

### **Preparation Instructions**

Thaw pork overnight in walk in.

Starch

Steam pork for approximately 20 minutes, or until internal temp reaches 165 degrees.

0.00

Bun this menu item to order, on the line.

Hold pork in warming oven for no more than 25 minutes.

Amount Per Serving	
Meat	2.00
Grain	1.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00

Nutritio	n Facts		
Servinas Pe	r Recipe: 1.0	0	
Serving Size	•		
Amount Pe	r Serving		
Calories	_	170.00	
Fat		1.50g	
SaturatedF	at	0.00g	
Trans Fat 0.00g			
Cholesterol 0.00mg			
Sodium 385.00mg			
Carbohydra	ates	37.00g	
Fiber		4.00g	
Sugar	Sugar 19.00g		
Protein 4.00g		4.00g	
Vitamin A	40.00IU	Vitamin C	60.00mg
Calcium	40.00mg	Iron	0.72mg

### **Broccoli Slaw**

Servings:	0.00	Category:	Vegetable
Serving Size:	4.00 Ounce	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
COLE SLAW BROCCOLI 2-3 RSS	4 Ounce		573426
DRESSING COLE SLAW 4-1GAL GCHC	2 Tablespoon		106992

### **Preparation Instructions**

Mix needed amounts of slaw and dressing. Portion servings in appropriate containers. Keep refrigerated.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.50
RedVeg	0.00
OtherVeg	0.15
Legumes	0.00
Starch	0.00

Amount Per Serving           Calories         174.20           Fat         10.00g           SaturatedFat         1.50g           Trans Fat         0.00g           Cholesterol         10.00mg           Sodium         299.90mg           Carbohydrates         21.00g           Fiber         3.40g           Sugar         16.00g	
Fat         10.00g           SaturatedFat         1.50g           Trans Fat         0.00g           Cholesterol         10.00mg           Sodium         299.90mg           Carbohydrates         21.00g           Fiber         3.40g	
SaturatedFat         1.50g           Trans Fat         0.00g           Cholesterol         10.00mg           Sodium         299.90mg           Carbohydrates         21.00g           Fiber         3.40g	
Trans Fat         0.00g           Cholesterol         10.00mg           Sodium         299.90mg           Carbohydrates         21.00g           Fiber         3.40g	
Cholesterol         10.00mg           Sodium         299.90mg           Carbohydrates         21.00g           Fiber         3.40g	
Sodium         299.90mg           Carbohydrates         21.00g           Fiber         3.40g	
Carbohydrates 21.00g Fiber 3.40g	
<b>Fiber</b> 3.40g	
- <del>-</del>	
<b>Sugar</b> 16.00g	
Protein 2.30g	
Vitamin A 1026.00IU Vitamin C 82.08mg	
Calcium 45.60mg Iron 0.82mg	

# **Orange Wedges**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
ORANGES NAVEL/VALENCIA FCY 113CT MRKN	1 Each		198013

### **Preparation Instructions**

Wash oranges.

Wedge oranges with sectionizer or knife.

Serve in appropriate container.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	1.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Pe Serving Size	r Recipe: 1.0	0	
Amount Pe	r Serving		
Calories		80.90	
Fat		0.20g	
SaturatedF	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		1.70mg	
Carbohydra	ates	21.00g	
Fiber		3.60g	
Sugar		14.00g	
Protein		1.50g	
Vitamin A	407.55IU	Vitamin C	97.52mg
Calcium	70.95mg	Iron	0.21mg

# **Deep Dish Cheese Pizza**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA CHS 5 WGRAIN 4.98Z 6- 10CT TONY	1 Each	BAKE COOKING GUIDELINES: COOK BEFORE EATING. Place 15 pizzas in 18" x 26" lightly greased baking sheet. Convection oven times are based on full ovens. Preheat oven. Product must be cooked from frozen state. CONVECTION OVEN: Cook at 350°F for 16 to 18 minutes. CONVENTIONAL OVEN: Cook at 400°F for 24 to 26 minutes. NOTE: FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. Due to variances in oven regulators and number of pizzas in an oven, cooking time and temperature may require adjustments. Rotate pans one half turn half way through cooking to prevent cheese from burning. Refrigerate or discard any unused portion.	605922

### **Preparation Instructions**

Place pizzas on a parchment lined sheet pan.

Bake at 350 degrees for approximately 15 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven for no more than 20 minutes.

SLE Components Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.13
OtherVeg	0.00
Legumes	0.00
Starch	0.00

<b>Nutrition</b> Servings Pe Serving Size	r Recipe: 1.00	)	
Amount Pe			
Calories		320.00	
Fat		12.00g	
SaturatedFa	at	6.00g	
Trans Fat		0.00g	
Cholestero	Î	30.00mg	
Sodium		480.00mg	
Carbohydra	ites	35.00g	
Fiber		3.00g	
Sugar		10.00g	
Protein		17.00g	
Vitamin A	300.00IU	Vitamin C	0.00mg

Calcium 250.00mg Iron 2.70mg

# Deep Dish Pepperoni Pizza

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA TKY PEPP 5 WGRAIN 4.88Z 6- 10CT	1 Each	BAKE COOKING GUIDELINES: COOK BEFORE EATING. Place 15 pizzas in 18" x 26" lightly greased baking sheet. Convection oven times are based on full ovens. Preheat oven. Product must be cooked from frozen state. CONVECTION OVEN: Cook at 350°F for 15 to 17 minutes. CONVENTIONAL OVEN: Cook at 400°F for 21 to 24 minutes. NOTE: FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 165°F. Due to variances in oven regulators and number of pizzas in an oven, cooking time and temperature may require adjustments. Rotate pans one half turn half way through cooking to prevent cheese from burning. Refrigerate or discard any unused portion.	674891

### **Preparation Instructions**

Place pizzas on a parchment lined sheet pan.

Bake at 350 degrees for approximately 15 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven for no more than 20 minutes.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00			
Serving Size	•		
Amount Pe	r Serving		
Calories		310.00	
Fat		10.00g	
SaturatedFa	at	3.00g	
Trans Fat		0.00g	
Cholesterol		15.00mg	
Sodium		480.00mg	
Carbohydra	ites	38.00g	
Fiber		4.00g	
Sugar		8.00g	
Protein		17.00g	
Vitamin A	500.00IU	Vitamin C	0.00mg

Calcium 312.00mg Iron 2.80mg

# **American Cheese Slice**

Servings:	0.00	Category:	Condiments or Other
Serving Size:	1.00 Slice	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE AMER 160CT SLCD R/F 6-5 LOL	1 Slice		722360

### Preparation Instructions

Ready to eat.

SLE Components Amount Per Serving	
Meat	0.50
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Per Serving Size	Recipe: 0.00	)		
Amount Per	Serving			
Calories		35.00		
Fat		2.00g		
SaturatedFa	nt	1.25g		
Trans Fat		0.00g		
Cholesterol		7.50mg		
Sodium		210.00mg		
Carbohydra	tes	1.00g		
Fiber		0.00g		
Sugar		1.00g		
Protein		3.50g		
Vitamin A	250.00IU	Vitamin C	0.00mg	
Calcium	96.00mg	Iron	0.00mg	

# **Funyons**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
SNACK ONIO WGRAIN 104- .75Z FUNYUN	1 Each	READY_TO_EAT  Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	865601

### **Preparation Instructions**

Ready to eat.

SLE	Co	mp	on	ents

Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Vitamin A

Calcium

Servings Per Recipe: 1.00

Serving Size: 1.00 Each Amount Per Serving **Calories** 100.00 3.50g Fat SaturatedFat 0.50g **Trans Fat** 0.00g Cholesterol 0.00mg Sodium 125.00mg Carbohydrates 14.00g **Fiber** 0.00g Sugar 0.00g **Protein** 2.00g

Vitamin C

Iron

0.00IU

4.00mg

0.00mg

1.00mg

# **Crispy Apples**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLE DELICIOUS GOLDEN 125-138CT MRKN	1 Each		597481

### **Preparation Instructions**

Wash apples before serving.

Keep refrigerated.

Ready to eat.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	1.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
Amount Per	Serving		
Calories		71.80	
Fat		0.20g	_
SaturatedFa	at	0.00g	_
Trans Fat		0.00g	
Cholesterol	Cholesterol		
Sodium 1		1.40mg	
Carbohydrates 19		19.00g	
Fiber		3.30g	
Sugar		14.00g	
Protein 0.40g		0.40g	
Vitamin A	74.52IU	Vitamin C	6.35mg
Calcium	8.28mg	Iron	0.17mg

# **Crispy Apples**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLE DELICIOUS RED 163CT MRKN	1 Each		540005

### Preparation Instructions

Wash apples before serving.

Keep refrigerated.

Ready to eat.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	1.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
Amount Per	Serving		
Calories		71.80	
Fat		0.20g	
SaturatedFat		0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		1.40mg	
Carbohydrates 19.00g			
Fiber		3.30g	
<b>Sugar</b> 14.00g			
Protein 0		0.40g	
Vitamin A	74.52IU	Vitamin C	6.35mg
Calcium	8.28mg	Iron	0.17mg

# **Spicy Chicken Sandwich**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST FLLT WGRAIN SPCY CKD 4-5#	4 Ounce		542823
BUN HAMB WHLWHE 3.5 R/SOD 10-12CT	1 Each		676151

### **Preparation Instructions**

Place chicken on a parchment lined sheet pan.

Bake at 325 degrees for approximately 15-20 minutes, or until internal temp reaches 165 degrees.

Bun patties and place in bags provided for service.

Hold in warming oven no longer than 20 minutes.

SLE Components Amount Per Serving	
Meat	2.00
Grain	1.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
Amount Pe	r Serving		
Calories		980.00	
Fat		33.50g	
SaturatedF	at	6.00g	
Trans Fat		0.00g	
Cholestero		240.00mg	
Sodium		1535.00mg	
Carbohydra	ates	83.00g	
Fiber		12.00g	
Sugar		2.00g	
Protein		88.00g	
Vitamin A	800.00IU	Vitamin C	0.00mg
Calcium	120.00mg	Iron	7.92mg

# **Fresh Cut Veggies**

Servings:	1.00	Category:	Vegetable
Serving Size:	3.00 Ounce	HACCP Process:	No Cook
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CARROTS BABY PLD 72-3Z P/L	3/4 Ounce		241541
BROCCOLI FLORET BITE SIZE 2-3 RSS	3/4 Ounce		732451
CUCUMBER SELECT SUPER 45 MRKN	3/4 Ounce		198587
CELERY STIX 4-3 RSS	3/4 Ounce		781592

### **Preparation Instructions**

Broccoli, Carrots and Celery Sticks are ready to eat.

Wash and cut cucumbers into slices.

Serve in appropriate container.

Serve with Ranch, if desired.

SLE	Comp	ponents
-----	------	---------

Amount Per Serving		
Meat	0.00	
Grain	0.00	
Fruit	0.00	
GreenVeg	0.50	
RedVeg	0.00	
OtherVeg	0.75	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 3.00 Ounce

Amount Per Serving				
Calories		33.38		
Fat		0.35g		
SaturatedFat		0.05g		
Trans Fat		0.00g		
Cholestero	I	0.00mg		
Sodium		74.38mg		
Carbohydrates		7.33g		
Fiber		2.69g		
Sugar		3.17g		
Protein		1.91g		
Vitamin A	2540.52IU	Vitamin C	53.57mg	
Calcium	54.08mg	Iron	0.56mg	

# **Baked Jalapeno Cheddar Kettle Chips**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP POT KTTL JALAP CHED R/F 64-LSSV	1 Package	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	600331

### **Preparation Instructions**

Ready to eat.

<b>SLE Components</b>	
Amount Per Serving	

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.50

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Package

		J -		
Amount Per Serving				
Calories		180.00		
Fat		7.00g		
SaturatedFa	at	1.00g		
Trans Fat		0.00g		
Cholesterol		0.00mg		
Sodium		160.00mg		
Carbohydrates		27.00g		
Fiber		2.00g		
Sugar		2.00g		
Protein		3.00g		
Vitamin A	100.00IU	Vitamin C	6.00mg	
Calcium	28.00mg	Iron	1.00mg	

## Taco "Two"sday Beef

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
TORTILLA FLOUR ULTRGR 6 30-12CT	2 Each		882690
TACO FILLING BEEF 4-5# JTM	4 Ounce		210780

### **Preparation Instructions**

Warm flour tortillas in warming oven.

Steam taco meat in steamer in perforated pans for approximately 20 minutes, or until internal temp reaches 165 degrees.

Portion cheese into 2 ounce cups with lids.

Keep cheese, salsa, sour cream and lettuce refrigerated until needed.

SLE Components Amount Per Serving	
Meat	4.12
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Serving			
Amount Per	r Serving		
Calories		402.68	_
Fat		21.49g	
SaturatedFa	at	9.39g	
Trans Fat		0.00g	
Cholesterol		39.18mg	
Sodium		865.46mg	
Carbohydra	ites	36.19g	
Fiber		6.06g	
Sugar		4.06g	
Protein		20.49g	
Vitamin A	767.01IU	Vitamin C	6.19mg
Calcium	89.48mg	Iron	3.50mg

#### **Chicken & Waffles**

Servings:	1.00	Category:	Entree
Serving Size:	3.00 Piece	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX TNDR WGRAIN FC 4-8 TYS	3 Piece	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.	283951
SYRUP PANCK CUP 200-1.5Z GFS	1 Each		160090
WAFFLE BEL SGR PRL 48-3.5 GINNYS	1 Each		243603

### **Preparation Instructions**

Place chicken on parchment lined sheet pan.

Bake at 350 for approximately 10-15 minutes or until internal temp reaches 165 degrees.

Hold in warming oven for no more than 15-20 minutes.

Place waffles on a parchment lined sheet pan.

Bake at 350 degrees for approximately 10 minutes or until crisp and internal temp reaches 165 degrees.

Hold in warming oven no more than 10 minutes.

Warm syrup cups in warming oven for service.

Meat         2.00           Grain         2.00           Fruit         0.00           GreenVeg         0.00           RedVeg         0.00           OtherVeg         0.00	
Fruit         0.00           GreenVeg         0.00           RedVeg         0.00           OtherVeg         0.00	
GreenVeg         0.00           RedVeg         0.00           OtherVeg         0.00	
RedVeg         0.00           OtherVeg         0.00	
OtherVeg 0.00	
I a muma a 0 00	
Legumes 0.00	
Starch 0.00	

Nutrition Facts	
Servings Per Recipe: 1.00	
Serving Size: 3.00 Piece	
<b>Amount Per Serving</b>	
Calories	670.00
Fat	29.00g
SaturatedFat	8.50g
Trans Fat	0.00g
Cholesterol	40.00mg
Sodium	550.00mg
Carbohydrates	84.00g
Fiber	5.00g

Sugar		38.00g	
Protein		19.00g	
Vitamin A	600.00IU	Vitamin C	0.00mg
Calcium	40.00mg	Iron	3.24mg

#### **Oven Roasted Potatoes**

Servings:	1.00	Category:	Vegetable
Serving Size:	4.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO RED A SZ 50	4 Ounce		530018
CHEESE PARM GRTD 4-5 PG	1 Tablespoon		445401

### **Preparation Instructions**

Wash potatoes.

Cut potatoes in half, or if large, into quarters.

Season with garlic powder and/ or onion powder.

Toss potatoes in olive oil and Parmesan cheese.

Bake at 350 degrees for approximately 20-25 minutes, or until potatoes are tender, not mushy.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.50

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 4.00 Ounce				
<b>Amount Pe</b>	r Serving			
Calories		107.33	_	
Fat		2.13g		
SaturatedF	at	1.00g	_	
Trans Fat		0.00g		
Cholestero	I	5.00mg		
Sodium 76.80mg				
Carbohydra	ates	20.00g		
Fiber		2.53g		
Sugar		1.33g		
Protein		4.27g		
Vitamin A	102.27IU	Vitamin C	22.33mg	
Calcium	73.60mg	Iron	0.88mg	

# **Build Your Own Sandwich Station, Turkey**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	<b>HACCP Process:</b>	No Cook
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN SUB SLCD WGRAIN 5 12-8CT GFS	1 Each		276142
TURKEY BRST SMKD DELI SLCD 12-1.5	3 Ounce		748460
CHEESE AMER 160CT SLCD 6-5 COMM	1 Slice		150260
CUCUMBER SELECT SUPER 45 MRKN	1/8 Cup		198587
LETTUCE ROMAINE CHOP 6-2 RSS	1/8 Cup		735787
PICKLE SWT BTR CHP 135CT 65GAL GFS	1/8 Ounce		613959
TOMATO 5X6 XL 25 MRKN	1/8 Cup		206032

### **Preparation Instructions**

Wash and slice cucumbers and tomatoes.

Gather ingredients into appropriate serving containers.

Keep refrigerated until service and during service.

Buns can be set out to come up to room temp.

SLE Components Amount Per Serving	
Meat	1.50
Grain	2.00
Fruit	0.00
GreenVeg	0.06
RedVeg	0.06
OtherVeg	0.06
Legumes	0.00
Starch	0.00

Nutrition Facts	
Servings Per Recipe: 1.00	
Serving Size: 1.00 Each	
Amount Per Serving	
Calories	255.43
Fat	7.32g
SaturatedFat	3.01g
Trans Fat	0.00g
Cholesterol	30.00mg
Sodium	635.80mg
Carbohydrates	31.34g
Fiber	3.46g
Sugar	6.19g

Protein		18.25g	
Vitamin A	989.02IU	Vitamin C	7.06mg
Calcium	167.52mg	Iron	2.16mg

Servings:	1.00	Category:	Entree
Serving Size:	8.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST STRP FC LRG 2-5 GFS	4 Ounce		219011
SAUCE ALFREDO FZ 6-5 JTM	1/4 Cup		155661
PASTA ROTINI 4-5 GFS	4 Ounce		413360

#### **Preparation Instructions**

Steam chicken strips in steamer, in bag, for approximately 15 minutes.

Internal temp should read 165 degrees.

Transfer to appropriate serving container.

Store, covered, in warming oven for service.

No longer than 20 minutes.?

Heat Alfredo sauce in steamer for approximately 20-25 minutes, or until temp reaches 165 degrees.

Hold in warming oven unopened until needed.

Transfer to appropriate serving container for service.

Steam needed amount of pasta in a perforated pan lined full hotel pan approximately 15-20 minutes, or until tender.

Transfer to appropriate container for service.

SLE Components Amount Per Serving	
Meat	1.00
Grain	4.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

<b>Nutrition Facts</b>	
Servings Per Recipe: 1.00 Serving Size: 8.00 Ounce	
Amount Per Serving	
Calories	656.67
Fat	9.67g
SaturatedFat	4.33g
Trans Fat	0.00g
Cholesterol	119.00mg
Sodium	640.67mg
Carbohydrates	90.33g
Fiber	5.20g

Sugar		10.33g	
Protein		49.33g	
Vitamin A	221.00IU	Vitamin C	3.20mg
Calcium	203.00mg	Iron	4.27mg

Servings:	1.00	Category:	Entree
Serving Size:	8.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST STRP FC LRG 2-5 GFS	4 Ounce		219011
SAUCE MARINARA SMOOTH 6-10 PG	1/4 Cup		231762
PASTA ROTINI 4-5 GFS	4 Ounce		413360

#### **Preparation Instructions**

Steam chicken strips in steamer, in bag, for approximately 15 minutes.

Internal temp should read 165 degrees.

Transfer to appropriate serving container.

Store, covered, in warming oven for service.

No longer than 20 minutes.?

Heat Marinara sauce, covered, in steamer for approximately 20-25 minutes, or until temp reaches 165 degrees.

Hold in warming oven unopened until needed.

Steam needed amount of pasta in a perforated pan lined full hotel pan approximately 15-20 minutes, or until tender.

Transfer to appropriate container for service.

SLE Components Amount Per Serving	
Meat	0.00
Grain	4.00
Fruit	0.00
GreenVeg	0.00
RedVeg	1.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts	
Servings Per Recipe: 1.00	
Serving Size: 8.00 Ounce	
Amount Per Serving	
Calories	606.67
Fat	6.17g
SaturatedFat	2.33g
Trans Fat	0.00g
Cholesterol	100.50mg
Sodium	561.67mg
Carbohydrates	90.33g
Fiber	6.70g
Sugar	10.83g

Protein		44.33g	
Vitamin A	750.00IU	Vitamin C	7.70mg
Calcium	22.00mg	Iron	4.99mg

Servings:	1.00	Category:	Entree
Serving Size:	8.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE ALFREDO FZ 6-5 JTM	1/4 Cup		155661
MEATBALL PORK R/SOD .68Z 6-5# JTM	4 Each		661991
PASTA ROTINI 4-5 GFS	4 Ounce		413360

#### **Preparation Instructions**

Steam meatballs in steamer for approximately 15 minutes.

Internal temp should read 165 degrees.

Transfer to appropriate serving container.

Store, covered, in warming oven for service.

No longer than 20 minutes.

Heat Alfredo sauce in steamer for approximately 20-25 minutes, or until temp reaches 165 degrees.

Hold in warming oven unopened until needed.

Transfer to appropriate serving container for service.

Steam needed amount of pasta in a perforated pan lined full hotel pan approximately 15-20 minutes, or until tender.

Transfer to appropriate container for service.

SLE Components Amount Per Serving	
Meat	3.00
Grain	4.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts		
Servings Per Recipe: 1.00 Serving Size: 8.00 Ounce	)	
Amount Per Serving		
Calories	668.20	
Fat	16.50g	
SaturatedFat	6.40g	
Trans Fat	0.19g	
Cholesterol	53.00mg	
Sodium	603.40mg	
Carbohydrates	94.00g	
Fiber	4.90g	

Sugar		11.00g	
Protein		32.70g	
Vitamin A	221.00IU	Vitamin C	1.20mg
Calcium	261.00mg	Iron	4.68mg

Servings:	1.00	Category:	Entree
Serving Size:	8.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
MEATBALL PORK R/SOD .68Z 6-5# JTM	4 Each		661991
SAUCE MARINARA SMOOTH 6-10 PG	1/4 Cup		231762
PASTA ROTINI 4-5 GFS	4 Ounce		413360

#### **Preparation Instructions**

Steam meatballs in steamer for approximately 15 minutes.

Internal temp should read 165 degrees.

Transfer to appropriate serving container.

Store, covered, in warming oven for service.

No longer than 20 minutes.

Heat Marinara sauce covered in steamer for approximately 20-25 minutes, or until temp reaches 165 degrees.

Hold in warming oven until needed.

Steam needed amount of pasta in a perforated pan lined full hotel pan approximately 15-20 minutes, or until tender.

Transfer to appropriate container for service.

2.00
2 00
4.00
0.00
0.00
1.00
0.00
0.00
0.00

Nutrition Facts	
Servings Per Recipe: 1.00	
Serving Size: 8.00 Ounce	
Amount Per Serving	
Calories	618.20
Fat	13.00g
SaturatedFat	4.40g
Trans Fat	0.19g
Cholesterol	34.50mg
Sodium	524.40mg
Carbohydrates	94.00g
Fiber	6.40g
Sugar	11.50g

Protein		27.70g	
Vitamin A	750.00IU	Vitamin C	5.70mg
Calcium	80.00mg	Iron	5.40mg

# **Boneless Wings, Plain**

Servings:	1.00	Category:	Entree
Serving Size:	10.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX POPCORN BRD WGRAIN DRK CKD 30#	10 Each	BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 10-12 MINUTES AT 350F; CONVECTION OVEN FOR 6-8 MINUTES AT 350F.	666232

### **Preparation Instructions**

Place chicken on a parchment lined sheet pan.

Bake at 350 degrees for approximately 15 minutes, or until internal temp reaches 165 degrees.

SLE Components Amount Per Serving	
Meat	2.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 10.00 Each			
Amount Per Serving			
Calories	293.00		
Fat	17.00g		
SaturatedFat	3.00g		
Trans Fat	0.00g		
Cholesterol	81.00mg		
Sodium	487.00mg		
Carbohydrates	17.00g		
Fiber	3.00g		
Sugar	0.00g		
Protein	18.00g		
Vitamin A 167.00IU	Vitamin C	0.00mg	
Calcium 18.00mg	Iron	2.00mg	

# **Boneless Wings, Buffalo**

Servings:	1.00	Category:	Entree
Serving Size:	10.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE BUFF WNG REDHOT 4-1GAL FRNKS	1 Tablespoon		704229
CHIX POPCORN BRD WGRAIN DRK CKD 30#	10 Each	BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 10-12 MINUTES AT 350F; CONVECTION OVEN FOR 6-8 MINUTES AT 350F.	666232

### **Preparation Instructions**

Toss chicken in buffalo sauce.

Place chicken on a parchment lined sheet pan.

Bake at 350 degrees for approximately 15 minutes, or until internal temp reaches 165 degrees.

SLE Components Amount Per Serving	
Meat	2.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

•	Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 10.00 Each			
Amount Per Servin	ng			
Calories	298.00			
Fat	17.00g			
SaturatedFat	3.00g			
Trans Fat	0.00g			
Cholesterol	81.00mg			
Sodium	887.00mg	g		
Carbohydrates	17.00g			
Fiber	3.00g			
Sugar	0.00g			
Protein	18.00g			
Vitamin A 467.0	OIU <b>Vitamin</b> (	<b>C</b> 0.00mg		
Calcium 18.00	mg <b>Iron</b>	2.00mg		

## Hot Dog (High School)

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRANK TKY/BEEF R/SOD 8/ 4-5 KE	1 Each		570662
BUN HOT DOG WHEAT WHL 12-12CT GFS	1 Each		517830

#### **Preparation Instructions**

Set buns out so they come up to room temp if refrigerated.

Steam hot dogs, covered, in steamer for 15 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven no longer than 20 minutes.

Steam chili in pouch for approximately 20 minutes, or until internal temp reaches 165 degrees.

Hold, unopened, in warming oven until needed for service.

Transfer to appropriate serving pan.

Cup up shredded cheese into 2 oz serving containers with lids

Keep refrigerated until service.

SLE Components Amount Per Serving	
Meat	2.00
Grain	1.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each				
Amount Pe	r Serving			
Calories		250.00		
Fat		12.50g		
SaturatedF	at	4.00g		
Trans Fat		0.00g		
Cholesterol		50.00mg		
Sodium		415.00mg		
Carbohydra	ates	25.00g		
Fiber		4.00g		
Sugar		5.00g		
Protein		11.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	110.67mg	Iron	1.60mg	

# **Super Slaw**

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	No Cook
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
DRESSING COLE SLAW 4-1GAL PMLL	1 Tablespoon		839381
SALAD COLESLAW SUPER 3-2 RSS	1/2 Cup		667611

### **Preparation Instructions**

Mix ingredients together.

Portion into appropriate containers.

Keep refrigerated.

SLE	Components
Amoun	t Per Serving

Amount Per Serving		
Meat	0.00	
Grain	0.00	
Fruit	0.00	
GreenVeg	0.08	
RedVeg	0.00	
OtherVeg	0.08	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 0.50 Cup

Serving Size	Serving Size: 0.50 Cup			
Amount Pe	Amount Per Serving			
Calories		60.00		
Fat		4.00g		
SaturatedF	at	0.75g		
Trans Fat		0.00g		
Cholestero	I	2.50mg		
Sodium		67.50mg		
Carbohydra	ates	5.50g		
Fiber		0.33g		
Sugar		3.83g		
Protein		0.33g		
Vitamin A	416.67IU	Vitamin C	12.00mg	
Calcium	11.00mg	Iron	0.12mg	

# Big Daddy's Cheese 4 Cheese Pizza/ WG Crust

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Slice	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA CHS 16 WGRAIN 4CHS SLCD 3-3CT	1 Slice	BAKE COOK BEFORE EATING. Best if cooked from Frozen state. PREHEAT OVEN. FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. CONVECTION OVEN: Place 1.5 pizza on a tray. Bake at 350°F for 14-17 minutes, High Fan. Rotate product halfway thru bake cycle. IMPINGEMENT OVEN: Load 1 whole pre-sliced pizza. Bake at 420°F for 6-8 minutes. NOTE: Due to variances in oven regulators, cooking time and temperature may require adjustments. Pizza is done when cheese begins to brown and is completely melted in the middle. Refrigerate or discard any unused portion.	667772

#### **Preparation Instructions**

Place pizzas on a parchment lined sheet pan.

Bake at 350 degrees for approximately 12-15 minutes, or until internal temp reads 165 degrees.

Hold in warming oven for no longer than 15 minutes.

SLE Components Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.13
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Slice					
Amount Pe	r Serving		_		
Calories		360.00			
Fat		16.00g			
SaturatedF	at	7.00g			
Trans Fat		0.00g	0.00g		
Cholesterol		35.00mg	35.00mg		
Sodium		490.00mg	490.00mg		
Carbohydra	ates	35.00g	35.00g		
Fiber		3.00g			
Sugar		9.00g			
Protein		21.00g			
Vitamin A	400.00IU	Vitamin C	0.00mg		
Calcium	450.00mg	Iron	2.70mg		

#### South of the Border Burrito Bowls

Servings:	1.00	Category:	Entree
Serving Size:	1.00	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEANS BLACK LO SOD 6-10 BUSH	1/4 Teaspoon		231981
TORTILLA FLOUR ULTRGR 8 18-12CT	1 Each		882700
SAUCE CHS WHT QUESO 4-5 BIB JTM	2 Ounce		701201
TACO FILLING BEEF 4-5# JTM	3 Ounce		210780
RICE BRN MEXICAN WGRAIN 6-26Z GCHC	4 Tablespoon		576280
SOUR CREAM PKT 400-1Z GCHC	1 Each	READY_TO_EAT Served as a topping on a hot or cold meal	836750
SALSA CUP 84-3Z REDG	1 Each	READY_TO_EAT None	677802

#### **Preparation Instructions**

Steam taco beef and queso blanco in bag, in steamer, for approx. 20 minutes or until internal temp reaches 165 degrees.

Hold, unopened, in warming oven until service.

Transfer to appropriate serving pan.

Follow package directions for rice or:

Rice may be placed in steamer with 6 cups of water and steamed for 20-30 minutes.

Hold in warming oven no more than 30 minutes.

Beans should be drained and seasoned with cumin and garlic.

Steam in covered pan for approximately 20 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven.

Keep cheese and sour cream refrigerated until service.

#### **SLE Components**

A		
Δmain	r Par	Serving
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Meat	4.98
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Grain	2.58
Fruit	0.00
GreenVeg	0.00
RedVeg	1.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00

Amount Per Serving					
Calories		612.07			
Fat		30.20g			
SaturatedF	at	14.89g			
Trans Fat		0.28g			
Cholestero	l	71.08mg			
Sodium		1570.73mg	1570.73mg		
Carbohydrates		61.65g	61.65g		
Fiber		4.94g	4.94g		
Sugar		10.78g			
Protein		24.30g			
Vitamin A	1670.94IU	Vitamin C	18.01mg		
Calcium	298.78mg	Iron	3.77mg		

#### South of the Border Burrito Bowls

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEANS BLACK LO SOD 6-10 BUSH	1/4 Cup		231981
TORTILLA FLOUR ULTRGR 8 18-12CT	1 Each		882700
SAUCE CHS QUESO BLANCO FZ 6-5 JTM	2 Ounce		722110
RICE BRN MEXICAN WGRAIN 6-26Z GCHC	4 Tablespoon		576280
SOUR CREAM PKT 400-1Z GCHC	1 Each	READY_TO_EAT Served as a topping on a hot or cold meal	836750
SALSA CUP 84-3Z REDG	1 Each	READY_TO_EAT None	677802
TACO FILLING CHIX SHRD 4-5 JTM	3 Ounce		560270

#### **Preparation Instructions**

Steam taco chicken and queso blanco in their bag, in steamer, for approx. 20 minutes or until internal temp reaches 165 degrees.

Hold, unopened, in warming oven until service.

Transfer to appropriate serving pan.

Follow package directions for rice or:

Rice may be placed in steamer with 6 cups of water and steamed for 20-30 minutes.

Hold in warming oven no more than 30 minutes.

Beans should be mostly drained and seasoned with cumin and garlic.

Steam in covered pan or bake in oven (covered) for approximately 20 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven.

Keep cheese and sour cream refrigerated until service.

SLE Components	
Amount Per Serving	
Meat	1.00
Grain	2.58
Fruit	0.00
GreenVeg	0.00
RedVeg	1.00
OtherVeg	0.00
Legumes	0.13
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Serving				
Amount Pe	r Serving			
Calories		590.82		
Fat		20.44g		
SaturatedF	at	10.76g		
Trans Fat		0.00g	_	
Cholestero	l	73.20mg	_	
Sodium		1400.56mg	_	
Carbohydra	ates	72.69g	_	
Fiber		7.11g	_	
Sugar		9.38g	_	
Protein		26.60g		
Vitamin A	1521.95IU	Vitamin C	18.37mg	
Calcium	348.13mg	Iron	3.50mg	

### **Caesar Salad**

Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Cup	HACCP Process:	No Cook
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE ROMAINE CHOP 6-2 RSS	1 Cup		735787
DRESSING CAESAR CRMY PKT 60-1.5FLZ	1 Each		824950
CHEESE PARM GRTD 4-5 PG	1 Tablespoon		445401

# Preparation Instructions

Portion lettuce into salad bowls.

Portion Parmesan Cheese into 2 oz cups with lids.

Serve with Caesar dressing packet.

Keep lettuce and cheese refrigerated until service.

0.00
0.00
0.00
0.50
0.00
0.00
0.00
0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Cup				
<b>Amount Per Serving</b>				
Calories	210.00			
Fat	20.00g			
SaturatedFat	4.00g			
Trans Fat	0.00g			
Cholesterol	20.00mg			
Sodium	480.00mg			
Carbohydrates	6.00g			
Fiber	1.00g			
Sugar	1.00g			
Protein	3.00g			
Vitamin A 5100.00IU	Vitamin C	30.00mg		
Calcium 91.00mg	Iron	0.72mg		

# **Lucky Charms**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
CEREAL LUCKY CHARMS WGRAIN BWL 96CT	1 Each	READY_TO_EAT Ready to eat dry cereal in a portable, easy- to-serve bowl.	265811

# **Preparation Instructions**

Ready to eat.

SLE Components Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts					
Servings Per Recipe: 1.00					
Serving Size					
Amount Pe	r Serving				
Calories		110.00			
Fat		1.00g			
SaturatedF	at	0.00g			
Trans Fat		0.00g			
Cholestero		0.00mg			
Sodium		180.00mg			
Carbohydra	ates	23.00g			
Fiber		2.00g			
Sugar		10.00g			
Protein		2.00g			
Vitamin A	500.00IU	Vitamin C	6.00mg		
Calcium	100.00mg	Iron	4.50mg		

# **WG Cinnamon Roll (Elementary)**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Complex Food Prep
Meal Type:	Breakfast		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
DOUGH ROLL CINN WGRAIN 240-1.25Z	1 Each		230312
ICING VAN RTU HEAT NICE 1-12 RICH	1 Tablespoon	READY_TO_EAT  1. STORE AT ROOM TEMPERATURE. 2. PLACE DESIRED AMOUNT OF HEAT 'N ICE ICING IN ICING WARMER, HEAT TO 110 F (43 C). 3. DIP OR DRIZZLE ICING ON SWEET GOOD, ALLOW TO DRY 2 - 5 MINUTES. 4. TURN OFF ICING WARMER WHEN FINISHED. 5. SCRAPE ICING OFF SIDES OF WARMER. 6. COVER UNUSED ICING.	155722

#### **Preparation Instructions**

Keep dough frozen until ready to use.

The day before service, remove needed number of rolls from case.

Place them 2 inches apart on a parchment lined sheet pan.

Cover with another piece of parchment.

Store in walk in overnight.

Remove sheet pans from walk in.

Allow rolls to rise until about double in size.

Bake at 325 degrees for approximately 15 minutes or until rolls are golden brown.

Do not over bake.

Hold rolls in warming oven.

For cinnamon roll icing:

Place needed amount in a container in the warming oven.

Once warmed enough to be used, drizzle icing over cinnamon rolls to serve.

SLE Components Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00

OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

	_		
Amount Per	r Serving		
Calories		167.84	
Fat		1.40g	
SaturatedFa	at	0.60g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		70.00mg	
Carbohydra	ites	36.37g	
Fiber		2.00g	
Sugar		21.77g	
Protein		2.00g	
Vitamin A	134.88IU	Vitamin C	0.22mg
Calcium	12.39mg	Iron	0.87mg

# **Egg & Bacon Pizza**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA BKFST EGG&BCN WGRAIN 128-2.95Z	1 Each	BAKE COOKING INSTRUCTIONS. COOK BEFORE SERVING. FOR FOOD SAFETY AND QUALITY, COOK TO AN INTERNAL TEMPERATURE OF 165°F BEFORE SERVING. Place frozen pizzas in prepared 18"x26"x1 2" pans. CONVECTION OVEN: 350°F for 15 to 17 minutes. CONVENTIONAL OVEN: 425°F for 25 to 27 minutes. Rotate pan one half turn halfway through bake time to prevent cheese from burning. NOTE: Due to variances in oven regulators, cooking time and temperature may require adjustments. Refrigerate or discard any unused portion.	503660

### **Preparation Instructions**

Place pizza on a parchment lined sheet pan.

Bake at 350 degrees for approximately 15 minutes or until internal temp reaches 165 degrees.

Hold in warming oven no longer than 20 minutes.

SLE Components	
Amount Per Serving	
Meat	1.00
Grain	1.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Amount Per Serving Calories Fat SaturatedFat Trans Fat	210.00 8.00g 3.50g	
Fat SaturatedFat	8.00g	
SaturatedFat		
	3.50g	
Trans Fat		
	0.00g	
Cholesterol	55.00mg	
Sodium	320.00mg	
Carbohydrates	23.00g	
Fiber	2.00g	
Sugar	5.00g	
Protein	10.00g	
Vitamin A 0.00IU	Vitamin C	0.00mg

Calcium 150.00mg Iron 1.80mg

# Fruit & Yogurt Parfait w/ Muffin

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT VAN L/F PARFPR 6-4 YOPL	4 Ounce	READY_TO_EAT Ready to use with pouch & serving tip.	811500
STRAWBERRY CUP 96-4.5Z COMM	1/4 Each		655010
PEACH CUP 96-4.4Z COMM	1/4 Each		232470
CEREAL GROLA CRNCHY CLUSTERS 4-50Z	1/4 Cup		812821

### **Preparation Instructions**

Place 2 oz.(1/4 cup) Peaches in bottom of parfait cup.

Place 4 oz. of yogurt on top of peaches.

Top the yogurt with 2 oz (1/4 cup) strawberries.

Place 2 oz. of granola in lid.

Seal container and store refrigerated until service.

<b>SLE Components</b> Amount Per Serving	
Meat	2.00
Grain	0.66
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts		
Servings Per Recipe: 1.0 Serving Size: 1.00 Each	00	
Amount Per Serving		
Calories	225.83	
Fat	1.70g	
SaturatedFat	0.50g	
Trans Fat	0.00g	
Cholesterol	2.50mg	
Sodium	88.48mg	
Carbohydrates	47.93g	
Fiber	2.77g	
Sugar	29.32g	
Protein	5.89g	
Vitamin A 500.00IU	Vitamin C	0.00mg

Calcium 100.00mg Iron 1.45mg

# Mini Pancake and Sausage Bites

Servings:	1.00	Category:	Entree
Serving Size:	3.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PANCK WRAP TKY WGRAIN MINI 2-5	3 Each		696180
SYRUP PANCK CUP 200-1.5Z GFS	1 Each		160090

### **Preparation Instructions**

Place on a parchment lined sheet pan and bake at 350 degrees for approximately 15 minutes or until internal temp reaches 165 degrees.

Serve with syrup cup.

Hold in warming oven for no longer than 20 minutes.

1.00
1.00
0.00
0.00
0.00
0.00
0.00
0.00

Nutrition Servings Per I Serving Size:	Recipe: 1.00		
Amount Per	Serving		
Calories		300.00	
Fat		9.00g	
SaturatedFat		2.50g	
Trans Fat		0.00g	
Cholesterol		25.00mg	
Sodium		280.00mg	
Carbohydrate	es	46.00g	
Fiber		3.00g	
Sugar		23.00g	
Protein		6.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	1.80mg

# **Cheesy Bosco Sticks**

Servings:	1.00	Category:	Entree
Serving Size:	2.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE MARINARA DIPN CUP 84-2.5Z REDG	1 Each	READY_TO_EAT None	677721
BREADSTICK CHS STFD WGRAIN 6 144CT	2 Each	CONVECTION Convection Oven  1. Preheat oven to 400° F. 2. Place Bosco Sticks on a baking sheet. 3. THAWED: 7-9 minutes. 4. Let stand 2 minutes before serving. CAUTION: FILLING MAY BE HOT! Oven temperatures may vary. Adjust baking time and or temperature as necessary. Top Bosco Stick breadsticks with butter and parmesan cheese (not included) after baking. DEEP_FRY Deep Fry 1. Preheat oil to 350° F. 2. THAWED ONLY: 1-2 minutes. 3. Let stand 2 minutes before serving. CAUTION: FILLING MAY BE HOT! Oven temperatures may vary. Adjust baking time and or temperature as necessary. Top Bosco Stick breadsticks with butter and parmesan cheese (not included) after baking. THAW Thawing Instructions 1. Thaw before baking. 2. Keep Bosco Sticks covered while thawing 3. Bosco Sticks may be thawed in packaging. 4. Bosco Stick have 8 days shelf life when refrigerated. Oven temperatures may vary. Adjust baking time and or temperature as necessary. Top Bosco Stick breadsticks with butter and parmesan cheese (not included) after baking time and or temperature as necessary. Top Bosco Stick breadsticks with butter and parmesan cheese (not included) after baking.	235411

### **Preparation Instructions**

Place Bosco Sticks on parchment lined sheet pan.

Bake at 350 degrees for approximately 15 minutes (if frozen) or 10 minutes (if thawed).

Internal temp should reach 165 degrees.

Serve with Marinara. Hold in warming oven no more than 20 minutes.

1.00

0.00

0.00

0.00

<b>SLE Components</b>	
Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00

RedVeg

OtherVeg

Legumes

Starch

Nutrition Servings Pe Serving Size	r Recipe: 1.00		
<b>Amount Pe</b>	r Serving		
Calories		340.00	
Fat		10.00g	
SaturatedF	at	5.00g	
Trans Fat		0.00g	
Cholestero		30.00mg	
Sodium		640.00mg	
Carbohydra	ates	42.00g	
Fiber		6.00g	
Sugar		6.00g	_
Protein		22.00g	
Vitamin A	362.00IU	Vitamin C	6.00mg
Calcium	458.00mg	Iron	2.00mg

## **Taco "Two"sday Chicken**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST STRP FC LRG 2-5 GFS	4 Ounce		219011
SEASONING TACO SLT FR 19.5Z TRDE	1 TBSP.		605062
TORTILLA FLOUR ULTRGR 6 30-12CT	2 Each		882690

### **Preparation Instructions**

Warm flour tortillas in warming oven.

Steam chicken in steamer in perforated pans for approximately 20 minutes, or until internal temp reaches 165 degrees.

Portion cheese into 2 ounce cups with lids.

Keep cheese, salsa, sour cream and lettuce refrigerated until needed.

2.00
2.00
0.00
0.00
0.00
0.00
0.00
0.00

Fat SaturatedFat	351.67 7.67g 4.33g
Fat SaturatedFat	7.67g
SaturatedFat 4	
	4.33g
Trans Fat (	0.00g
Cholesterol	100.00mg
Sodium	416.67mg
Carbohydrates	36.33g
Fiber	6.45g
Sugar	4.58g
Protein	34.58g
Vitamin A 500.00IU	Vitamin C 4.70mg
Calcium 77.00mg I	Iron 3.46mg

## **Big Daddy's Cheese Pizza**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Slice	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA CHS 16 WGRAIN 4CHS SLCD 3-3CT	1 Slice	BAKE COOK BEFORE EATING. Best if cooked from Frozen state. PREHEAT OVEN. FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. CONVECTION OVEN: Place 1.5 pizza on a tray. Bake at 350°F for 14-17 minutes, High Fan. Rotate product halfway thru bake cycle. IMPINGEMENT OVEN: Load 1 whole pre-sliced pizza. Bake at 420°F for 6-8 minutes. NOTE: Due to variances in oven regulators, cooking time and temperature may require adjustments. Pizza is done when cheese begins to brown and is completely melted in the middle. Refrigerate or discard any unused portion.	667772

### **Preparation Instructions**

Place pizza on parchment lined sheet pan.

Bake at 350 degrees for approximately 15 minutes or until internal temp reaches 165 degrees.

Hold in warming oven no longer than 20 minutes.

SLE Components Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.13
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutritio	n Facts				
Servings Pe	Servings Per Recipe: 1.00				
Serving Size	e: 1.00 Slice				
<b>Amount Pe</b>	r Serving		_		
Calories		360.00			
Fat		16.00g			
SaturatedFat		7.00g			
Trans Fat		0.00g	_		
Cholesterol		35.00mg	_		
Sodium		490.00mg			
Carbohydrates		35.00g			
Fiber		3.00g			
Sugar		9.00g			
Protein		21.00g			
Vitamin A	400.00IU	Vitamin C	0.00mg		
Calcium	450.00mg	Iron	2.70mg		

## Big Daddy's Pepperoni Pizza

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Slice	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA PEPP 16 WGRAIN HAND TOSSED 9CT	1 Slice	BAKE COOKING INSTRUCTIONS: COOK BEFORE EATING. Best if cooked from Frozen state. PREHEAT OVEN. FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. IMPINGEMENT OVEN: 420°F for 7-9 minutes CONVECTION OVEN: 350°F for 13-17 minutes (high fan) CONVENTIONAL OVEN: 450°F for 13-15 minutes, on the middle rack. Rotate pan halfway through bake cycle in convection oven. NOTE: Due to variances in oven regulators, cooking times and temperatures may require adjustments. Pizza is done when cheese begins to brown and is completely melted in the middle. Refrigerate or discard any unused portion.	239241

### **Preparation Instructions**

Place pizza on parchment lined sheet pan.

Bake at 350 degrees for approximately 15 minutes or until internal temp reaches 165 degrees.

Hold in warming oven no longer than 20 minutes.

2.00
2.00
0.00
0.00
0.13
0.00
0.00
0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Slice		
Amount Per Serving		
Calories	360.00	
Fat	16.00g	
SaturatedFat	7.00g	
Trans Fat	0.00g	
Cholesterol	40.00mg	_
Sodium	540.00mg	
Carbohydrates	36.00g	_
Fiber	4.00g	_
Sugar	6.00g	
Protein	18.00g	
Vitamin A 400.00IU	Vitamin C	0.00mg

Calcium 300.00mg Iron 2.70mg

## **Big Daddy's Four Meat Pizza**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Slice	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA 4MEAT 16 WGRAIN PRIMO 9CT	1 Slice	BAKE COOK BEFORE EATING. Best if cooked from Frozen state. PREHEAT OVEN. FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. CONVECTION OVEN: 350°F low fan for 15-17 minutes IMPINGEMENT OVEN: 420°F for 6:30-7:00 minutes. NOTE: Rotate product half-way through bake time for convection oven. Due to variances in oven regulators, cooking time and temperature may require adjustments. Pizza is done when cheese begins to brown and is completely melted in the middle. Refrigerate or discard any unused portion.	731211

#### **Preparation Instructions**

Place pizza on parchment lined sheet pan.

Bake at 350 degrees for approximately 15 minutes or until internal temp reaches 165 degrees.

Hold in warming oven no longer than 20 minutes.

SLE Components Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.13
OtherVeg	0.00
Legumes	0.00
Starch	0.00

<b>Nutrition</b>	n Facts			
Servings Per Recipe: 1.00				
Serving Size	: 1.00 Slice			
Amount Per	Serving			
Calories		370.00		
Fat		17.00g		
SaturatedFat		7.00g		
Trans Fat		0.00g		
Cholesterol		40.00mg		
Sodium		650.00mg		
Carbohydrates		36.00g		
Fiber		4.00g		
Sugar		9.00g		
Protein		20.00g		
Vitamin A	72.00IU	Vitamin C	0.00mg	
Calcium	282.00mg	Iron	2.40mg	

## **Build Your Own Sandwich Station, Ham**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	<b>HACCP Process:</b>	No Cook
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN SUB SLCD WGRAIN 5 12-8CT GFS	1 Each		276142
CUCUMBER 6CT	1/8 Cup		626742
TOMATO 5X6 XL 25 MRKN	1/8 Cup		206032
LETTUCE ROMAINE CHOP 6-2 RSS	1/8 Cup		735787
PICKLE SWT BTR CHP 135CT 65GAL GFS	1/8 Cup		613959
HAM SLCD W/A 8-5 640CT COMM	3 Ounce		651470

### **Preparation Instructions**

Wash and slice cucumbers and tomatoes.

**SLE Components** 

Starch

Gather ingredients into appropriate serving containers.

Keep refrigerated until service and during service.

Buns can be set out to come up to room temp.

ozz componente		
Amount Per Serving		
Meat	2.46	
Grain	2.00	
Fruit	0.00	
GreenVeg	0.06	
RedVeg	0.13	
OtherVeg	0.13	
Legumes	0.00	

0.00

<b>Nutrition Facts</b>	
Servings Per Recipe: 1.00	
Serving Size: 1.00 Each	
Amount Per Serving	
Calories	250.40
Fat	6.97g
SaturatedFat	2.97g
Trans Fat	0.00g
Cholesterol	44.26mg
Sodium	771.16mg
Carbohydrates	35.00g
Fiber	3.42g
Sugar	8.02g
Protein	18.50g

Vitamin A	844.92IU	Vitamin C	6.87mg
Calcium	84.94mg	Iron	1.96mg

## Philly Steak & Cheese Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK PHLL SEAS CKD 2.92Z 6-5 JTM	1 Each		720861
PEPPERS & ONION FLME RSTD 6-2.5	2 Ounce		847208
SAUCE CHS CHED POUCH 6-106Z LOL	1/8 Cup		135261
BUN SUB SLCD WGRAIN 5 12-8CT GFS	1 Each		276142

#### **Preparation Instructions**

Warm hoagie rolls in warming oven before service.

Place beef in steamer and cook for approximately 20-30 minutes or until internal temp reads 165 degrees.

Place peppers and onions in a hotel pan lined with a perforated pan. Steam for approximately 5-10 minutes.

In appropriate serving pan, combine the peppers and onions for service.

Top with cheese per order.

Make to order on the serving line.

Beef can be held in the warming oven, in the bag, through lunch service.

SLE Components Amount Per Serving		
Meat	2.52	
Grain	2.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.20	
Legumes	0.00	
Starch	0.00	

Nutrition Facts Servings Per Recipe: 1.00		
Serving Size: 1.00 Each		
Amount Per Serving		
Calories	376.85	
Fat	14.83g	
SaturatedFat	6.24g	
Trans Fat	0.52g	
Cholesterol	50.40mg	
Sodium	867.77mg	
Carbohydrates	38.12g	
Fiber	5.38g	
Sugar	8.38g	
Protein	22.29g	
Vitamin A 314.73IU	Vitamin C	7.14mg

Calcium 198.68mg Iron 3.53mg

## **Boneless Wings, Teriyaki**

Servings:	1.00	Category:	Entree
Serving Size:	10.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE TERYK 4-1GAL GFS	1 Tablespoon		640222
CHIX POPCORN BRD WGRAIN DRK CKD 30#	10 Each	BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 10-12 MINUTES AT 350F; CONVECTION OVEN FOR 6-8 MINUTES AT 350F.	666232

#### **Preparation Instructions**

Toss chicken in teriyaki sauce.

Place chicken on a parchment lined sheet pan.

Bake at 350 degrees for approximately 15 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven no longer than 15 minutes.

#### **SLE Components**

Amount Per Serving	
Meat	2.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 10.00 Each **Amount Per Serving Calories** 318.00 Fat 17.00g SaturatedFat 3.00g **Trans Fat** 0.00g Cholesterol 81.00mg **Sodium** 807.00mg Carbohydrates 23.00g **Fiber** 3.00g Sugar 5.00g **Protein** 19.00g Vitamin A 167.00IU Vitamin C 0.00mg Calcium 18.00mg Iron 2.00mg

## Bacon, Egg & Cheese Biscuit

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Biscuit	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BACON CKD THN SLCD 3-100CT GFS	2 Slice		874124
EGG SCRMBD PTY RND 3.25 200-1Z GFS	1 Each		462519
CHEESE SLCD YEL 6-5 COMM	1 Slice		334450
DOUGH BISC STHRN STYL 216-2.2Z PILLS	1 Each	BAKE Standard Prep: Place 54 frozen biscuits on greased or parchment lined full sheet pan in 6x9 pattern. Bake time 19-23 minutes in 325 degrees F convection oven. See package for complete baking instructions.	618152

#### **Preparation Instructions**

Place biscuits on a parchment lined sheet pan.

Bake at 325 degrees for approximately 15-20 minutes.

Place bacon on a parchment lined sheet pan.

Bake at 325 degrees for 1-3 minutes.

Place egg patties in a hotel pan lined with a perforated pan.

Steam for approximately 10 minutes or until internal temp reaches 165 degrees.

Split biscuits.

Top biscuit with egg, bacon and cheese slice.

Wrap in sandwich wrap or deli paper.

Hold in warming oven for no longer than 20 minutes.

SLE Components Amount Per Serving	
Meat	1.25
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00

OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Biscuit

Amount Per Serving				
Calories		320.00		
Fat		19.33g		
SaturatedFa	at	10.83g		
Trans Fat		0.00g		
Cholesterol		97.50mg		
Sodium		931.67mg		
Carbohydrates		26.00g	26.00g	
Fiber		1.00g		
Sugar		2.50g		
Protein		12.83g		
Vitamin A	110.11IU	Vitamin C	0.02mg	
Calcium	15.00mg	Iron	1.08mg	

# **Suncup Orange Juice**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
JUICE ORNG 100 FZ 72-4FLZ SNCUP	1 Each		135450

### **Preparation Instructions**

Thaw before serving. Keep refrigerated.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each					
Amount Per S	Serving				
Calories		60.00			
Fat		0.00g			
SaturatedFat		0.00g	0.00g		
Trans Fat		0.00g	0.00g		
Cholesterol		0.00mg			
Sodium		0.00mg	_		
Carbohydrates		14.00g	14.00g		
Fiber		0.00g	0.00g		
Sugar		12.00g	12.00g		
Protein		0.00g			
Vitamin A	0.00IU	Vitamin C	42.00mg		
Calcium	0.00mg	Iron	0.00mg		

## **Suncup Grape Juice**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
JUICE GRP 100 FZ 72-4FLZ SNCUP	1 Each		135460

### **Preparation Instructions**

Thaw before serving. Keep refrigerated.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Per Serving Size	Recipe: 1.00	)	
Amount Per	Serving		
Calories		80.00	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		20.00mg	_
Carbohydra	tes	19.00g	
Fiber		0.00g	_
Sugar		18.00g	
Protein		0.00g	
Vitamin A	0.00IU	Vitamin C	1.20mg
Calcium	20.00mg	Iron	0.00mg

# **Suncup Apple Juice**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
JUICE APPL 100 FZ 72-4FLZ SNCUP	1 Each		135440

### **Preparation Instructions**

Thaw before serving. Keep refrigerated.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
Amount Per	r Serving		
Calories		60.00	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		5.00mg	
Carbohydra	ites	14.00g	
Fiber		0.00g	
Sugar		12.00g	
Protein		0.00g	
Vitamin A	0.00IU	Vitamin C	60.00mg
Calcium	0.00mg	Iron	0.00mg

## **Goldfish Crackers**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CRACKER GLDFSH WGRAIN COLOR 30075Z	1 Package		112702

## **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts			
Servings Per Recipe: 1.00			
Serving Size	: 1.00 Packa	ge	
Amount Pe	r Serving		
Calories		100.00	
Fat		3.50g	
SaturatedFa	at	0.50g	
Trans Fat	Frans Fat 0.00g		
Cholestero		0.00mg	
Sodium	Sodium 170.00mg		
Carbohydra	ites	14.00g	
Fiber		1.00g	
Sugar		0.00g	
Protein		2.00g	
Vitamin A	200.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	0.72mg

## Sunbelievable Sidekick Cup

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SLUSHIE, SIDEKICKS, SUNBELIEVABLE, 4.4FLZ	1 Each	READY_TO_EAT Keep frozen	911669

## Preparation Instructions

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Pe Serving Size	r Recipe: 1.		
Amount Per	r Serving		
Calories		110.00	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholestero		0.00mg	
Sodium		0.03mg	
Carbohydra	ites	26.00g	
Fiber		0.00g	
Sugar		23.00g	
Protein		0.00g	
Vitamin A	20.00IU	Vitamin C	100.00mg
Calcium	8.00mg	Iron	0.00mg

## **Ranch Packet**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
DRESSING RNCH LT LO SOD 200-12GM GFS	1 Each		699981

## **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each	0		
<b>Amount Per Serving</b>	Amount Per Serving		
Calories	29.70		
Fat	2.40g		
SaturatedFat	0.40g		
Trans Fat	0.02g		
Cholesterol	3.00mg		
Sodium	53.90mg		
Carbohydrates	2.00g		
Fiber	0.00g		
Sugar	1.00g	_	
Protein	0.20g		
Vitamin A 4.88IU	Vitamin C	0.01mg	
Calcium 7.63mg	Iron	0.02mg	

# **Syrup Cup**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SYRUP PANCK CUP 200-1.5Z GFS	1 Each		160090

## **Preparation Instructions**

0.00
0.00
0.00
0.00
0.00
0.00
0.00
0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each	0	
Amount Per Serving		
Calories	120.00	
Fat	0.00g	
SaturatedFat	0.00g	
Trans Fat	0.00g	
Cholesterol	0.00mg	_
Sodium	0.00mg	_
Carbohydrates	31.00g	_
Fiber	0.00g	_
Sugar	19.00g	_
Protein	0.00g	
Vitamin A 0.00IU	Vitamin C	0.00mg
Calcium 0.00mg	Iron	0.00mg

## **BBQ Packet**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE BBQ PKT 200-12GM GFS	1 Each		294659

## **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1 Serving Size: 1.00 Eac		
<b>Amount Per Serving</b>		
Calories	20.60	
Fat	0.20g	
SaturatedFat	0.00g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	87.90mg	
Carbohydrates	5.00g	
Fiber	0.10g	
Sugar	4.00g	
Protein	0.10g	
Vitamin A 34.57IU	Vitamin C	0.44mg
Calcium 1.64mg	Iron	0.09mg

# Ketchup

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
KETCHUP PKT 1M-9GM HNZ	1 Package		255521

## **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Per Serving Size	Recipe: 1.0	0	
<b>Amount Per</b>	Serving		
Calories		11.00	
Fat		0.00g	
SaturatedFa	ıt	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		84.60mg	
Carbohydra	tes	3.00g	
Fiber		0.10g	
Sugar		2.00g	
Protein		0.10g	
Vitamin A	42.30IU	Vitamin C	0.59mg
Calcium	1.35mg	Iron	0.03mg

# Salsa Cup

Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SALSA CUP 84-3Z REDG	1 Each	READY_TO_EAT None	677802

## **Preparation Instructions**

0.00
0.00
0.00
0.00
1.00
0.00
0.00
0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
Amount Per	Serving		
Calories		30.00	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		200.00mg	
Carbohydra	ites	4.00g	
Fiber		0.00g	
Sugar		4.00g	
Protein		0.00g	
Vitamin A	346.00IU	Vitamin C	8.00mg
Calcium	14.00mg	Iron	0.00mg

#### **Deli Ham & Cheese Sandwich Box**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
HAM SLCD .5Z 4-2.5 GFS	5 Slice		294187
BUN SUB SLCD WGRAIN 5 12-8CT GFS	1 Each		276142
CHIP COOL RNCH REDC FAT 72-1Z DORIT	1 Package	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	541502
CUCUMBER SELECT 6CT P/L	1/2 Cup		592323
CHEESE AMER 160CT SLCD R/F R/SOD 6-5#	2 Slice		189071

### **Preparation Instructions**

Assemble ingredients needed.

Fold each slice of ham in half and stack, staggered, on bun.

3 ounces of ham = 7-8 slices of ham

Top with 1 slice American cheese and other half of hoagie bun.

Wash and cut cucumbers into slices. Place in cup or bag for service.

Place bag of chips in lunch box with sandwich a nd vegetable.

Keep refrigerated.

SLE Components Amount Per Serving	
Meat	3.00
Grain	3.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVea	0.50

Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

<b>Amount Pe</b>	r Serving		
Calories		416.40	
Fat		12.93g	
SaturatedFa	at	4.13g	
Trans Fat		0.00g	
Cholestero		40.00mg	
Sodium		1040.50mg	
Carbohydra	ates	52.25g	
Fiber		5.15g	
Sugar		7.75g	
Protein		26.40g	
Vitamin A	327.30IU	Vitamin C	0.73mg
Calcium	317.16mg	Iron	2.33mg

## **Deli Turkey & Cheese Sandwich Box**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
TURKEY BRST SLCD RED SOD 6-2 JENNO	3 Slice		183161
BUN SUB SLCD WGRAIN 5 12-8CT GFS	1 Each		276142
CHIP COOL RNCH REDC FAT 72-1Z DORIT	1 Package	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	541502
CUCUMBER SELECT 6CT P/L	1/2 Cup		592323
CHEESE AMER 160CT SLCD R/F R/SOD 6-5#	2 Slice		189071

#### **Preparation Instructions**

Assemble ingredients needed.

Fold each slice of turkey in half and stack, staggered, on bun.

3 ounces of turkey = 3-4 slices of Jennie- O deli turkey.

Top with 1 slice American cheese and other half of hoagie bun.

Wash cucumbers and cut into slices. Place in cup or bag for service.

Place chips in box with sandwich and vegetable.

Keep refrigerated.

SLE Components Amount Per Serving	
Meat	3.00
Grain	3.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00

OtherVeg	0.50
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Pe	r Serving		
Calories		413.90	
Fat		12.05g	
SaturatedFa	at	3.50g	
Trans Fat		0.00g	
Cholesterol		40.00mg	
Sodium		840.50mg	
Carbohydra	ates	51.00g	
Fiber		5.15g	
Sugar		6.50g	
Protein		27.15g	
Vitamin A	327.30IU	Vitamin C	0.73mg
Calcium	317.16mg	Iron	2.24mg

# **Italian Dressing**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
DRESSING ITAL FF PKT 60-1.5FLZ PMLL	1 Each		824960

## **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Pe Serving Size	r Recipe: 1.00	)	
Amount Pe	r Serving		
Calories		20.00	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholestero		0.00mg	_
Sodium		450.00mg	_
Carbohydra	ites	4.00g	_
Fiber		0.00g	_
Sugar		3.00g	_
Protein		0.00g	
Vitamin A	100.00IU	Vitamin C	3.60mg
Calcium	17.00mg	Iron	0.00mg

# **Ranch Dressing**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
DRESSING RNCH LT PKT 60-1.5FLZ PMLL	1 Each		825010

## **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Pe Serving Size	r Recipe: 1.00	)	
Amount Per	r Serving		
Calories		100.00	
Fat		8.00g	
SaturatedFa	at	1.50g	
<b>Trans Fat</b>		0.00g	
Cholesterol		10.00mg	_
Sodium		420.00mg	_
Carbohydra	ites	6.00g	_
Fiber		0.00g	_
Sugar		1.00g	_
Protein		0.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	13.00mg	Iron	0.00mg

# **Balsamic Vinaigrette**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	<b>HACCP Process:</b>	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
DRESSING BALSM VINAG 60-1.5FLZ PMLL	1 Package		114841

### Preparation Instructions

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Amount Per Serving           Calories         150.00           Fat         16.00g           SaturatedFat         2.50g           Trans Fat         0.00g           Cholesterol         0.00mg           Sodium         350.00mg           Carbohydrates         3.00g           Fiber         0.00g           Sugar         3.00g           Protein         0.00g	Nutrition Servings Per Serving Size	Recipe: 1.0	0	
Fat         16.00g           SaturatedFat         2.50g           Trans Fat         0.00g           Cholesterol         0.00mg           Sodium         350.00mg           Carbohydrates         3.00g           Fiber         0.00g           Sugar         3.00g	Amount Per	Serving		
SaturatedFat         2.50g           Trans Fat         0.00g           Cholesterol         0.00mg           Sodium         350.00mg           Carbohydrates         3.00g           Fiber         0.00g           Sugar         3.00g	Calories		150.00	
Trans Fat         0.00g           Cholesterol         0.00mg           Sodium         350.00mg           Carbohydrates         3.00g           Fiber         0.00g           Sugar         3.00g	Fat		16.00g	
Cholesterol         0.00mg           Sodium         350.00mg           Carbohydrates         3.00g           Fiber         0.00g           Sugar         3.00g	SaturatedFa	ıt	2.50g	
Sodium         350.00mg           Carbohydrates         3.00g           Fiber         0.00g           Sugar         3.00g	Trans Fat		0.00g	
Carbohydrates         3.00g           Fiber         0.00g           Sugar         3.00g	Cholesterol		0.00mg	
Fiber         0.00g           Sugar         3.00g	Sodium		350.00mg	
Sugar 3.00g	Carbohydra	tes	3.00g	
	Fiber		0.00g	
Protein 0.00g	Sugar		3.00g	
	Protein		0.00g	
Vitamin A 0.00IU Vitamin C 0.00mg	Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium 1.00mg Iron 0.00mg	Calcium	1.00mg	Iron	0.00mg

# **French Dressing**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	<b>HACCP Process:</b>	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
DRESSING FREN RRED FF 60-1.5FLZ PMLL	1 Each		824980

## **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.0 Serving Size: 1.00 Each	0	
<b>Amount Per Serving</b>		
Calories	50.00	
Fat	0.00g	
SaturatedFat	0.00g	
Trans Fat	0.00g	
Cholesterol	0.00mg	
Sodium	470.00mg	
Carbohydrates	12.00g	
Fiber	0.00g	
Sugar	11.00g	
Protein	0.00g	
Vitamin A 100.00IU	Vitamin C	2.40mg
Calcium 4.00mg	Iron	0.00mg

# **Country Crock Butter Cup**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
MARGARINE CUP SPRD 900-5GM CNTRYCR	1 Each		542121

## Preparation Instructions

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Amount Per Serving           Calories         25.00           Fat         2.50g           SaturatedFat         0.50g           Trans Fat         0.00g           Cholesterol         0.00mg           Sodium         40.00mg           Carbohydrates         0.00g           Fiber         0.00g           Sugar         0.00g           Protein         0.00g           Vitamin A         200.00IU         Vitamin C         0.00mg	Nutrition Servings Pe Serving Size	r Recipe: 1.00	)	
Fat         2.50g           SaturatedFat         0.50g           Trans Fat         0.00g           Cholesterol         0.00mg           Sodium         40.00mg           Carbohydrates         0.00g           Fiber         0.00g           Sugar         0.00g           Protein         0.00g           Vitamin A         200.00IU         Vitamin C         0.00mg	<b>Amount Pe</b>	r Serving		
SaturatedFat         0.50g           Trans Fat         0.00g           Cholesterol         0.00mg           Sodium         40.00mg           Carbohydrates         0.00g           Fiber         0.00g           Sugar         0.00g           Protein         0.00g           Vitamin A         200.00IU         Vitamin C         0.00mg	Calories		25.00	
Trans Fat         0.00g           Cholesterol         0.00mg           Sodium         40.00mg           Carbohydrates         0.00g           Fiber         0.00g           Sugar         0.00g           Protein         0.00g           Vitamin A         200.00IU         Vitamin C         0.00mg	Fat		2.50g	
Cholesterol         0.00mg           Sodium         40.00mg           Carbohydrates         0.00g           Fiber         0.00g           Sugar         0.00g           Protein         0.00g           Vitamin A         200.00IU         Vitamin C         0.00mg	SaturatedFa	at	0.50g	
Sodium         40.00mg           Carbohydrates         0.00g           Fiber         0.00g           Sugar         0.00g           Protein         0.00g           Vitamin A         200.00IU         Vitamin C         0.00mg	Trans Fat		0.00g	
Carbohydrates         0.00g           Fiber         0.00g           Sugar         0.00g           Protein         0.00g           Vitamin A         200.00IU         Vitamin C         0.00mg	Cholestero		0.00mg	
Fiber         0.00g           Sugar         0.00g           Protein         0.00g           Vitamin A         200.00IU         Vitamin C         0.00mg	Sodium		40.00mg	
Sugar         0.00g           Protein         0.00g           Vitamin A         200.00IU         Vitamin C         0.00mg	Carbohydra	ites	0.00g	
Protein         0.00g           Vitamin A         200.00IU         Vitamin C         0.00mg	Fiber		0.00g	
Vitamin A 200.00IU Vitamin C 0.00mg	Sugar		0.00g	
	Protein		0.00g	
Calaium 0.00mg Iran 0.00mg	Vitamin A	200.00IU	Vitamin C	0.00mg
Calcium 0.00mg Iron 0.00mg	Calcium	0.00mg	Iron	0.00mg

# **Grape Jelly Cup**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
JELLY GRP 2005Z GFS	1 Each		503233

## **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Per Serving Size	Recipe: 1.0	00	
<b>Amount Per</b>	Serving		
Calories		36.40	
Fat		0.00g	
SaturatedFa	nt	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		0.60mg	
Carbohydra	tes	9.00g	
Fiber		0.00g	
Sugar		6.00g	
Protein		0.00g	
Vitamin A	0.14IU	Vitamin C	0.06mg
Calcium	0.78mg	Iron	0.04mg

# **Sweet & Sour Dip Cup**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE SWEET & SOUR DIP CUP 100-1Z GFS	1 Each		714510

## Preparation Instructions

0.00 0.00 0.00
0.00
0.00
0.00
0.00
0.00
0.00

Nutrition Servings Per Serving Size	Recipe: 1.0	00	
Amount Per	Serving		
Calories		45.00	
Fat		0.00g	
SaturatedFa	nt	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		120.00mg	
Carbohydra	tes	11.00g	
Fiber		0.00g	
Sugar		10.00g	
Protein		0.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

## Sausage, Egg & Cheese Biscuit

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
EGG SCRMBD PTY RND 3.25 200-1Z GFS	1 Each		462519
CHEESE AMER 160CT SLCD R/F 6-5 LOL	1 Slice		722360
DOUGH BISC STHRN STYL 216-2.2Z PILLS	1 Each	BAKE Standard Prep: Place 54 frozen biscuits on greased or parchment lined full sheet pan in 6x9 pattern. Bake time 19-23 minutes in 325 degrees F convection oven. See package for complete baking instructions.	618152
SAUSAGE PTY TKY CKD 1Z 10.25 JENNO	1 Each		184970

#### **Preparation Instructions**

Place biscuits on parchment lined sheet pan.

Bake at 325 degrees for approximately 20 minutes.

Place sausage in a 2 inch full hotel pan lined with a perforated pan.

Steam for about 10-15 minutes, or until internal temp reaches 165 degrees.

Place egg patties in a 2 inch full hotel pan lined with a perforated pan.

Steam for approximately 7 minutes or until internal temp reaches 165 degrees.

Split biscuits and place a sausage patty and egg patty between halves. Top with cheese.

Wrap in deli paper to serve.

Hold in warming oven for no more than 15-20 minutes.

SLE Components Amount Per Serving			
Meat	2.25		
Grain	2.00		
Fruit	0.00		
GreenVeg	0.00		
RedVeg	0.00		
OtherVeg	0.00		

Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving			
Calories		320.00	
Fat		17.50g	
SaturatedF	at	9.25g	
Trans Fat		0.00g	
Cholestero		112.50mg	
Sodium		960.00mg	
Carbohydra	ates	26.00g	
Fiber		1.00g	
Sugar		3.00g	
Protein		16.50g	
Vitamin A	360.11IU	Vitamin C	0.02mg
Calcium	131.00mg	Iron	1.80mg

### **Seasonal Fresh Fruit**

Servings:	1.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLE FUJI 100CT MRKN	1/3 Cup		735612
GRAPE RED SDLSS 18AVG MRKN	1/3 Cup		197831
STRAWBERRY CLAMSHELL 8 MRKN	1/3 Cup		212768

### **Preparation Instructions**

Wash fruit.

Section apples.

Remove grapes from stems.

Remove tops and cut strawberries in halves or quarters, depending upon size.

Place in the appropriate serving dish.

keep refrigerated until service.

SLE Components			
Amount Per Serving			
Meat	0.00		
Grain	0.00		
Fruit	0.50		
GreenVeg	0.00		
RedVeg	0.00		
OtherVeg	0.00		
Legumes	0.00		
Starch	0.00		

Nutrition Facts				
Servings Pe	r Recipe: 1.0	0		
Serving Size	•			
Amount Pe	r Serving			
Calories		76.57		
Fat		0.37g		
SaturatedF	at	0.04g		
Trans Fat		0.00g		
Cholesterol		0.00mg		
Sodium 2		2.06mg		
Carbohydrates 19.58g				
Fiber		2.56g	2.56g	
Sugar		15.73g	15.73g	
Protein		0.81g		
Vitamin A	85.93IU	Vitamin C	33.22mg	
Calcium	18.36mg	Iron	0.43mg	

## **Mustard**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
MUSTARD PKT 500-5.5GM GFS	1 Each		700051

## **Preparation Instructions**

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
Amount Per	Serving		
Calories		4.20	
Fat		0.20g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		85.60mg	
Carbohydra	tes	0.00g	
Fiber		0.10g	
Sugar		0.00g	
Protein		0.20g	
Vitamin A	0.50IU	Vitamin C	0.04mg
Calcium	4.36mg	Iron	0.10mg

# Mayonnaise

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
MAYONNAISE LT PKT 200-12GM GFS	1 Each		188741

## **Preparation Instructions**

Ready to eat.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each				
Amount Per	Serving			
Calories		47.60		
Fat		4.60g		
SaturatedFa	at	0.70g		
Trans Fat		0.07g	0.07g	
Cholesterol		8.00mg	8.00mg	
Sodium		71.30mg	_	
Carbohydrates		2.00g	2.00g	
Fiber		0.00g	0.00g	
Sugar		0.00g	0.00g	
Protein		0.10g		
Vitamin A	9.05IU	Vitamin C	0.05mg	
Calcium	2.01mg	Iron	0.03mg	

#### **Rich's Powdered Donut Holes**

Servings:	1.00	Category:	Entree
Serving Size:	6.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
DONUT HOLE CAKE WGRAIN 38441Z RICH	6 Each		839520
SUGAR POWDERED 10X 12-2 PION	1 Tablespoon		859740

## **Preparation Instructions**

Place donut holes on a parchment lined sheet pan.

Warm in warming oven.

Sprinkle with powdered sugar for service.

SLE Components Amount Per Serving	
Meat	0.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00				
Serving Size	: 6.00 Each			
<b>Amount Per</b>	Serving			
Calories		372.90		
Fat		14.40g		
SaturatedFa	at	6.00g		
Trans Fat		0.00g	0.00g	
Cholesterol		0.00mg	0.00mg	
Sodium		288.60mg	288.60mg	
Carbohydrates		56.80g	56.80g	
Fiber		2.40g	2.40g	
Sugar		33.00g		
Protein		4.80g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	0.28mg	Iron	0.88mg	

## **Baked Applewood Smoked BBQ Kettle Chips**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP POT APPL KTTL 64- LSSV LAYS	1 Each	READY_TO_EAT  Use code date on bag to rotate product so the oldest product is consumed first. Place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.  UNSPECIFIED	134733

#### **Preparation Instructions**

Ready to eat.

SLE	Components
A 100 0 1 1 10	t Day Camina

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.50

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00 Package **Amount Per Serving Calories** 180.00 Fat 8.00g **SaturatedFat** 1.00g **Trans Fat** 0.00g Cholesterol 0.00mg Sodium 190.00mg Carbohydrates 26.00g **Fiber** 2.00g Sugar 3.00g **Protein** 3.00g Vitamin A 0.00IU Vitamin C 6.00mg **Calcium** 0.00mg Iron 0.36mg

# **Honey Mustard Cup**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	<b>HACCP Process:</b>	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE HNY MSTRD LT DIP CUP 100-1Z	1 Each		499410

## **Preparation Instructions**

Ready to eat.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
Amount Per	Serving		
Calories		80.00	
Fat		6.00g	
SaturatedFa	at	1.00g	
Trans Fat		0.00g	
Cholesterol		10.00mg	_
Sodium		125.00mg	_
Carbohydra	tes	7.00g	_
Fiber		0.20g	_
Sugar		5.00g	_
Protein		0.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

## **Hot Dog**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN HOT DOG WHEAT WHL 12-12CT GFS	1 Each		517830
FRANKS TURKEY CN 10/ 4-5 KE	1 Each		143537

#### **Preparation Instructions**

Set buns out so they come up to room temp if refrigerated.

Steam hot dogs, covered, in steamer for 15 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven no longer than 20 minutes.

Steam chili in pouch for approximately 20 minutes, or until internal temp reaches 165 degrees.

0.00

Hold, unopened, in warming oven until needed for service.

Transfer to appropriate serving pan.

Cup up shredded cheese into 2 oz serving containers with lids

Keep refrigerated until service.

**SLE Components** 

Starch

Amount Per Serving	
Meat	1.50
Grain	1.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
<b>Amount Pe</b>	r Serving		
Calories		190.00	
Fat		8.50g	
SaturatedFa	at	2.00g	
Trans Fat		0.00g	
Cholestero		40.00mg	_
Sodium		625.00mg	_
Carbohydra	ites	21.00g	_
Fiber		4.00g	_
Sugar		3.00g	_
Protein		9.00g	
Vitamin A	8.86IU	Vitamin C	0.03mg
Calcium	100.66mg	Iron	1.42mg

## **Sour Cream**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SOUR CREAM PKT FF 100-1Z LOL	1 Each		853190

## **Preparation Instructions**

Ready to eat.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Per Serving Size	r Recipe: 1.00	)	
Amount Per	Serving		
Calories		25.00	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		30.00mg	
Carbohydra	ites	4.00g	
Fiber		0.00g	
Sugar		2.00g	
Protein		2.00g	
Vitamin A	300.00IU	Vitamin C	0.00mg
Calcium	40.00mg	Iron	0.00mg
	·		

# **Sweet & Sour Sauce Cup**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE SWEET & SOUR DIP CUP 100-1Z GFS	1 Each		714510

## Preparation Instructions

Ready to Eat.

SLE Components	
Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Serving			
Amount Per	Serving		
Calories		45.00	
Fat		0.00g	
SaturatedFa	nt	0.00g	
Trans Fat		0.00g	_
Cholesterol	Cholesterol 0.00mg		
Sodium	Sodium 120.00mg		
Carbohydra	tes	11.00g	
Fiber		0.00g	
Sugar	<b>Sugar</b> 10.00g		
Protein	Protein 0.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

# Blue Raspberry Lemon Slushie Cup

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SLUSHIE BL RASP/LEM 84CT SIDEKICKS	1 Each	READY_TO_EAT Remove from freezer and let sit out a short time before eating	794181

## Preparation Instructions

Ready to Eat.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
Amount Pe	r Serving		
Calories		90.00	
Fat		0.00g	
SaturatedF	at	0.00g	
<b>Trans Fat</b>		0.00g	
Cholestero	l	0.00mg	
Sodium		30.00mg	
Carbohydra	ates	22.00g	
Fiber		0.00g	
Sugar		18.00g	
Protein		0.00g	
Vitamin A	1000.00IU	Vitamin C	60.00mg
Calcium	80.00mg	Iron	0.00mg

# **Strawberry Mango Slushie Cup**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
SLUSHIE STRAWB-MANG 84-4.4FLZ SIDEKIC	1 Each		863890

## Preparation Instructions

Ready to Eat.

SLE Components	
Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

•	n Facts or Recipe: 1.00 o: 1.00 Each		
Amount Pe	r Serving		
Calories		90.00	
Fat		0.00g	
SaturatedF	at	0.00g	
Trans Fat		0.00g	
Cholestero	I	0.00mg	
Sodium		35.00mg	
Carbohydra	ates	22.00g	
Fiber		0.00g	
Sugar		19.00g	
Protein		0.00g	
Vitamin A	1750.00IU	Vitamin C	60.00mg
Calcium	80.00mg	Iron	0.00mg

#### **Black Beans**

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHILIES GREEN DCD 12-26Z ORTG	1 Tablespoon		131460
BEAN BLACK FIESTA TACO 6-10 BUSH	1/4 Cup		581180

#### **Preparation Instructions**

Partially drain beans.

Add diced green chilies and cumin.

Stir well.

Heat in oven or steamer until internal temp reaches 165 degrees.

Hold in warming oven through lunch service.

#### **SLE Components**

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 0.50 Cup **Amount Per Serving Calories** 60.00 Fat 0.25g SaturatedFat 0.00g **Trans Fat** 0.00g Cholesterol 0.00mg **Sodium** 290.00mg **Carbohydrates** 12.00g **Fiber** 2.50g Sugar 1.00g **Protein** 3.50g Vitamin A 0.00IU Vitamin C 3.00mg Calcium 34.00mg Iron 1.18mg

#### **Brown Rice**

Servings:	1.00	Category:	Grain
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
RICE BRN PARBL WGRAIN 25 GCHC	1/2 Cup	BOIL Bring water and rice to a boil; stir and reduce heat to medium low and simmer 15-25 minutes or until most of the water is absorbed.	516371

#### **Preparation Instructions**

Follow package instructions.

Hold in warming oven through lunch service.

SLE	Components
۸ maur	t Dor Convina

Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 0.50 Cup **Amount Per Serving Calories** 340.00 Fat 2.00g SaturatedFat 0.00g **Trans Fat** 0.00g Cholesterol 0.00mg **Sodium** 0.00mg **Carbohydrates** 74.00g **Fiber** 4.00g Sugar 0.00g **Protein** 8.00g Vitamin A 0.00IU Vitamin C 0.00mg **Calcium** 0.00mg 1.44mg Iron

#### **Taco Beef**

Servings:	1.00	Category:	Entree
Serving Size:	3.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF 4-5# JTM	3 Ounce		210780

#### **Preparation Instructions**

Place bags in steamer for approximately 25-30 minutes or until internal temp reaches 165 degrees.

Hold in warming oven through lunch service.

Unopened bags can be re-frozen.

SLE Components Amount Per Serving	
Meat	3.09
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00
-	

Amount Per Serving           Calories         167.01           Fat         12.37g           SaturatedFat         4.79g           Trans Fat         0.00g           Cholesterol         29.38mg           Sodium         536.60mg           Carbohydrates         4.64g           Fiber         1.55g           Sugar         1.55g           Protein         12.37g           Vitamin A         575.26IU         Vitamin C         4.64mg	•	n Facts r Recipe: 1.00 e: 3.00 Ounce		
Fat         12.37g           SaturatedFat         4.79g           Trans Fat         0.00g           Cholesterol         29.38mg           Sodium         536.60mg           Carbohydrates         4.64g           Fiber         1.55g           Sugar         1.55g           Protein         12.37g           Vitamin A         575.26IU         Vitamin C         4.64mg	Amount Per	r Serving		
SaturatedFat         4.79g           Trans Fat         0.00g           Cholesterol         29.38mg           Sodium         536.60mg           Carbohydrates         4.64g           Fiber         1.55g           Sugar         1.55g           Protein         12.37g           Vitamin A         575.26IU         Vitamin C         4.64mg	Calories		167.01	
Trans Fat         0.00g           Cholesterol         29.38mg           Sodium         536.60mg           Carbohydrates         4.64g           Fiber         1.55g           Sugar         1.55g           Protein         12.37g           Vitamin A         575.26IU         Vitamin C         4.64mg	Fat		12.37g	
Cholesterol         29.38mg           Sodium         536.60mg           Carbohydrates         4.64g           Fiber         1.55g           Sugar         1.55g           Protein         12.37g           Vitamin A         575.26IU         Vitamin C         4.64mg	SaturatedFa	at	4.79g	
Sodium         536.60mg           Carbohydrates         4.64g           Fiber         1.55g           Sugar         1.55g           Protein         12.37g           Vitamin A         575.26IU         Vitamin C         4.64mg	Trans Fat		0.00g	
Carbohydrates         4.64g           Fiber         1.55g           Sugar         1.55g           Protein         12.37g           Vitamin A         575.26IU         Vitamin C         4.64mg	Cholesterol		29.38mg	_
Fiber         1.55g           Sugar         1.55g           Protein         12.37g           Vitamin A         575.26IU         Vitamin C         4.64mg	Sodium		536.60mg	
Sugar         1.55g           Protein         12.37g           Vitamin A         575.26IU         Vitamin C         4.64mg	Carbohydra	ites	4.64g	
Protein         12.37g           Vitamin A         575.26IU         Vitamin C         4.64mg	Fiber		1.55g	
Vitamin A 575.26IU Vitamin C 4.64mg	Sugar		1.55g	
	Protein		12.37g	
	Vitamin A	575.26IU	Vitamin C	4.64mg
Calcium 37.11mg Iron 1.55mg	Calcium	37.11mg	Iron	1.55mg

## **Tostito's**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP TORTL RND R/F 104- .88Z TOSTIT	1 Package	READY_TO_EAT  Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	284751

## **Preparation Instructions**

Ready to eat.

SLE	Co	mp	or	nents

Amount Per Serving				
Meat	0.00			
Grain	1.25			
Fruit	0.00			
GreenVeg	0.00			
RedVeg	0.00			
OtherVeg	0.00			
Legumes	0.00			
Starch	0.00			

#### **Nutrition Facts**

Servings Per Recipe: 1.00
Serving Size: 1.00 Package
Amount Per Serving

Amount Per Serving				
Calories		120.00		
Fat		4.50g		
SaturatedFa	at	0.50g		
Trans Fat		0.00g		
Cholesterol		0.00mg		
Sodium		100.00mg		
Carbohydra	ites	18.00g		
Fiber		2.00g		
Sugar		0.00g		
Protein		2.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	23.00mg	Iron	0.00mg	

# **Cheese Cup**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE CHS CHED DIP CUP 140-3Z LOL	1 Each		528690

## **Preparation Instructions**

Warm before service.

1.00
0.00
0.00
0.00
0.00
0.00
0.00
0.00

Servings Per Recipe: 1.00 Serving Size: 1.00 Each			
Amount Per Serving			
Calories	190.00		
Fat	10.00g		
SaturatedFat	6.00g		
Trans Fat	0.00g		
Cholesterol	30.00mg		
Sodium	570.00mg		
Carbohydrates	14.00g		
Fiber	0.00g		
Sugar	10.00g		
Protein	10.00g		
Vitamin A 300.00IU	Vitamin C	0.00mg	
Calcium 333.00mg	Iron	0.00mg	

## **Heartzels Pretzels**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PRETZEL HEARTZELS 104-0.7Z ROLD GOLD	1 Package	READY_TO_EAT Ready to Eat	893711

## **Preparation Instructions**

Ready to eat.

SLE Components	
Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts					
Servings Pe	Servings Per Recipe: 1.00				
Serving Size	: 1.00 Packa	ge			
Amount Per	r Serving				
Calories		80.00			
Fat		1.00g			
SaturatedFa	at	0.00g			
Trans Fat		0.00g			
Cholesterol		0.00mg			
Sodium		200.00mg			
Carbohydra	Carbohydrates				
Fiber		2.00g			
Sugar		1.00g			
Protein		2.00g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	30.00mg	Iron	0.80mg		
			<del></del>		

## **Loaded Scrambled Eggs**

Servings:	1.00	Category:	Entree
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
EGG SCRMBD CKD W/BCN & CHS 4-5# SNYFR	1/2 Cup		391902

#### **Preparation Instructions**

Thaw egg mixture overnight in refrigerator.

Gently heat in oven or steamer until eggs reach 165 degrees.

Serve immediately.

Do not hold in warming oven for more than 15 minutes.

SLE	Com	pone	nts
-----	-----	------	-----

Amount Per Serving	
Meat	1.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00
Serving Size: 0.50 Cup

Amount Per Serving

Calories

<b>Amount Per</b>	Serving		
Calories		30.00	
Fat		2.25g	
SaturatedFa	ıt	0.88g	
Trans Fat		0.00g	
Cholesterol		42.50mg	
Sodium		70.00mg	
Carbohydra	tes	0.25g	
Fiber		0.00g	
Sugar		0.00g	
Protein		2.00g	
Vitamin A	78.40IU	Vitamin C	0.00mg
Calcium	16.25mg	Iron	0.21mg

# Mandarin Orange Chicken w/ Brown Rice (Elementary)

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch		

Ingredients			
Description	Measurement	Prep Instructions	DistPart #
ENTREE CHIX MAND ORNG W/SCE 6-5# YANG	3 Ounce		550512
RICE BRN PARBL WGRAIN 25 GCHC	1/2 Cup	BOIL Bring water and rice to a boil; stir and reduce heat to medium low and simmer 15-25 minutes or until most of the water is absorbed.	516371

#### **Preparation Instructions**

Mix required amount of rice and water in full, 6 inch hotel pan. Place, uncovered, in steamer for approximately 20-25 minutes, or until tender.

If using the convection oven, bake covered at 350 degrees for 20-25 minutes, or until tender.

Hold in warming oven for no more than 40 minutes

Place chicken on a parchment lined sheet pan.

Bake at 325 for approximately 15 minutes, or until internal temp reaches 165 degrees.

Place sauce bags in steamer, Steam until sauce reaches 165 degrees. Approximately 15 minutes.

Mix 2 bags of chicken and 2 bags of sauce in a 4 inch full hotel pan.

Hold in warming oven for no more than 15 minutes.

Serve chicken over rice.

SLE Components  Amount Per Serving	
Meat	1.67
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00

Starch 0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Amount Per	Serving		
Calories		465.00	
Fat		4.50g	
SaturatedFa	at	0.42g	
Trans Fat		0.00g	
Cholesterol		33.33mg	
Sodium		233.33mg	
Carbohydra	ites	89.83g	
Fiber		4.00g	
Sugar		8.33g	
Protein		17.17g	
Vitamin A	0.00IU	Vitamin C	1.00mg
Calcium	0.00mg	Iron	2.04mg

## **Crinkle Fries (Elementary)**

Servings:	1.00	Category:	Vegetable
Serving Size:	2.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRIES 1/2 C/C OVEN 6- 5 MCC	2 Ounce	BAKE PREHEAT OVEN TO 450° F. PLACE FROZEN FRIES IN A SINGLE LAYER ON A SHALLOW BAKING PAN. BAKE FOR 18 TO 22 MINUTES. CONVECTION PREHEAT OVEN TO 425° F. SPREAD FROZEN FRIES EVENLY ON A SHALLOW BAKING PAN. BAKE FOR 10 TO 14 MINUTES, TURNING ONCE FOR UNIFORM COOKING.	200697

#### **Preparation Instructions**

Place fries on a parchment lined sheet pan. Bake at 350-375 for 15 minutes, or until internal temp reaches 165 degrees. Turn once during baking.

Hold in warming oven no more than 15 minutes.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.39

Nutrition Facts Servings Per Recipe: 1.00					
Serving Size		9			
Amount Per Calories	Serving	86.61			
Fat		1.97g			
SaturatedFat 0.00g					
Trans Fat		0.00g	0.00g		
Cholesterol		0.00mg			
Sodium 15.75mg					
Carbohydra	tes	13.39g	_		
Fiber		1.57g			
Sugar 0.00g		_			
Protein 1.57g					
Vitamin A	0.00IU	Vitamin C	3.78mg		
Calcium	0.00mg	Iron	0.28mg		

## **Cheesy Baked Rotini**

Servings:	1.00	Category:	Entree
Serving Size:	8.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE SPAGHETTI BF REDC FAT 6-5 COMM	5 Ounce		573201
CHEESE MOZZ SHRD 4-5 LOL	1/8 Cup		645170
PASTA ROTINI 4-5 GFS	4 Ounce		413360

## **Preparation Instructions**

No Preparation Instructions available.

Amount Per Serving	
Meat	2.00
Grain	4.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.50
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 8.00 Ounce

Serving Size: 8.00 Ounce			
Amount Per Serving			
	615.91		
	11.37g		
at	4.32g		
	0.00g		
l	56.91mg		
	352.53mg		
ates	92.56g		
	5.79g		
	12.77g		
	31.03g		
653.08IU	Vitamin C	16.96mg	
145.89mg	Iron	5.39mg	
	at I ates 653.08IU	11.37g 4.32g 0.00g 1 56.91mg 352.53mg 4.32,53mg 12.77g 31.03g 653.08IU Vitamin C	

## **Lettuce for Tacos**

Servings:	1.00	Category:	Vegetable
Serving Size:	0.25 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE LEAF GRN WASHED TRMD 2-5 RSS	1/4 Cup		702595

## **Preparation Instructions**

Wash and chop lettuce.

**SLE Components** 

Keep refrigerated.

Starch

<b></b>	
Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.50
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00

0.00

Nutrition Servings Per Serving Size	r Recipe: 1.00				
Amount Per	r Serving				
Calories		1.35			
Fat		0.03g			
SaturatedFa	at	0.00g			
<b>Trans Fat</b>		0.00g			
Cholesterol		0.00mg	0.00mg		
Sodium		2.53mg			
Carbohydra	ites	0.25g			
Fiber		0.13g			
Sugar		0.00g			
Protein		0.13g			
Vitamin A	666.45IU	Vitamin C	1.62mg		
Calcium	3.24mg	Iron	0.08mg		

# **Cheese (Tacos & Hot Dogs)**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Ounce	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE CHED MLD SHRD 4-5 LOL	1 Cup		150250

## **Preparation Instructions**

No Preparation Instructions available.

SLE Components Amount Per Serving	
Meat	4.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Ounce				
<b>Amount Pe</b>	r Serving			
Calories		440.00		
Fat		36.00g		
SaturatedF	at	24.00g		
Trans Fat		0.00g		
Cholestero		120.00mg	_	
Sodium		760.00mg	_	
Carbohydra	ates	4.00g	_	
Fiber		0.00g	_	
Sugar		0.00g	_	
Protein		28.00g		
Vitamin A	1124.00IU	Vitamin C	0.00mg	
Calcium	808.00mg	Iron	0.76mg	

## **Shredded Chicken (Burritos)**

Servings:	1.00	Category:	Entree
Serving Size:	3.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING CHIX SHRD 4-5 JTM	3 Ounce		560270

#### **Preparation Instructions**

Heat chicken in steamer until internal temp reaches 165 degrees.

Hold in warming oven through lunch service.

Unopened bags can be re-frozen.

SLE Components Amount Per Serving	
Meat	3.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 3.00 Ounce				
<b>Amount Per Serving</b>				
Calories	79.48			
Fat	1.86g			
SaturatedFat	0.46g			
Trans Fat	0.00g			
Cholesterol	23.20mg			
Sodium	299.23mg			
Carbohydrates	6.19g			
Fiber	0.77g			
Sugar	1.55g			
Protein	9.43g			
Vitamin A 309.28IU	Vitamin C	5.57mg		
Calcium 15.46mg	Iron	0.56mg		

#### **Queso Blanco**

Servings:	1.00	Category:	Condiments or Other
Serving Size:	2.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE CHS WHT QUESO 4-5 BIB JTM	2 Ounce		701201

#### **Preparation Instructions**

PLace bags in steamer and heat for approximately 30 minutes or until internal temp reaches 165 degrees. Hold in warming oven through service.

Unopened bags can be re-frozen.

SLE Components	
Amount Per Serving	
Meat	1.89
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 2.00 Ounce				
<b>Amount Pe</b>	r Serving			
Calories		110.47		
Fat		8.49g		
SaturatedF	at	5.09g		
Trans Fat		0.28g		
Cholestero		21.70mg		
Sodium	Sodium			
Carbohydra	ates	3.77g		
Fiber		0.00g		
Sugar		1.89g		
Protein		5.19g		
Vitamin A	283.02IU	Vitamin C	0.57mg	
Calcium	160.38mg	Iron	0.17mg	

# **Ultragrain Tortilla**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Each	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
TORTILLA FLOUR 8 PRSD ULTRGR 12-12CT	1 Each	STEAM PREPARATIONAmbient: Ready to use. Refrigerated: BRING TO ROOM TEMPERATURE. Remove from case and let standin bag 4 - 6 hours at room temperature. HEATINGSTEAM CABINET: Place in steam cabinet. Stack no more than 3 dozen high. Heatto 160°F. Do not hold for more than 2 hours. GRILL: Heat grill to 400°F. Heat tortillas on each side for 10 - 15 seconds. MICROWAVE: Stack no more than 6 tortillas and heat 45 - 60 seconds on high(microwaves vary for power setting and time). STAGINGStore in steam cabinet or bun warmer until ready to use (maximum 1 hour toprevent drying).	690130

## **Preparation Instructions**

No Preparation Instructions available.

0.00
1 75
1.75
0.00
0.00
0.00
0.00
0.00
0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each				
Amount Per Serving				
Calories		150.00		
Fat		4.00g		
SaturatedF	at	1.00g		
Trans Fat		0.00g		
Cholesterol		0.00mg		
Sodium		200.00mg		
Carbohydra	ates	24.00g		
Fiber		2.00g		
Sugar		2.00g		
Protein		4.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	100.00mg	Iron	1.44mg	

#### **WG Cinnamon Roll**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Complex Food Prep
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
DOUGH ROLL CINN LRG 120- 2.25Z RICH	1 Each	1. KEEP DOUGH FROZEN AT 0 F OR BELOW UNTIL READY TO USE. 2. REMOVE FROZEN DOUGH PIECES AND PLACE 1" APART ON PARCHMENT PAPER LINED FULL SHEET PANS. GREASE PAN EDGES FOR CLUSTERED SOFT SIDED SWEET ROLLS. PLACE 2" APART FOR INDIVIDUAL ROLLS: FULL SHEET PAN PANNING CHART	222127
DOUGH ROLL CINN WGRAIN 140-2.6Z RICH	1 Each		644262

#### **Preparation Instructions**

Keep dough frozen until ready to use.

The day before service, remove needed number of rolls from case.

Place them 2 inches apart on a parchment lined sheet pan.

Cover with another piece of parchment.

Store in walk in overnight.

Remove sheet pans from walk in.

Allow rolls to rise until about double in size.

Bake at 325 degrees for approximately 15 minutes or until rolls are golden brown.

Do not over bake.

Hold rolls in warming oven.

For cinnamon roll icing:

Place needed amount in a container in the warming oven.

Once warmed enough to be used, drizzle icing over cinnamon rolls to serve.

SLE Components Amount Per Serving	
Meat	0.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

•	r Recipe: 1.00	)			
	Serving Size: 1.00 Each				
Amount Per	r Serving				
Calories		340.00			
Fat		4.50g			
SaturatedFa	at	1.00g			
Trans Fat		0.00g	_		
Cholesterol		10.00mg	_		
Sodium		315.00mg			
Carbohydra	ites	67.00g	_		
Fiber		4.00g			
Sugar		17.00g			
Protein		9.00g			
Vitamin A	259.72IU	Vitamin C	0.42mg		
Calcium	23.87mg	Iron	3.11mg		

## Sausage & Gravy Breakfast Pizza

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Piece	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA BKFST SAUS&GRVY WGRAIN 128-3Z	1 Piece	BAKE COOKING INSTRUCTIONS. COOK BEFORE SERVING. FOR FOOD SAFETY AND QUALITY, COOK TO AN INTERNAL TEMPERATURE OF 165°F BEFORE SERVING.Place frozen pizzas in 18"x26"x1 2" prepared pans. CONVECTION OVEN: 350°F for 15 to 17 minutes. Rotate pan ½ way through bake time. Refrigerate or discard any unused portion. NOTE: Due to variances in oven regulators, cooking time and temperature may require adjustments.	503640

#### **Preparation Instructions**

Place pizza on a parchment lined sheet pan.

Bake at 350 degrees for approximately 15 minutes or until internal temp reaches 165 degrees.

Hold in warming oven for no longer than 15 minutes.

<b>SLE Comp</b>	oonents
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Amount Per Serving	
Meat	1.00
Grain	1.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00 Piece **Amount Per Serving Calories** 210.00 Fat 7.00g SaturatedFat 2.00g **Trans Fat** 0.00g Cholesterol 15.00mg Sodium 330.00mg **Carbohydrates** 25.00g **Fiber** 3.00g Sugar 5.00g **Protein** 10.00g Vitamin A 0.00IU Vitamin C 0.00mg Calcium 168.00mg Iron 1.80mg

#### Wild Mike's Cheese Bites

Servings:	1.00	Category:	Entree
Serving Size:	4.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
Wild Mike's Cheese Bites	112 Gram	BAKE	

#### **Preparation Instructions**

Place cheese bites on a parchment lined sheet pan.

Bake at 350 degrees for approximately 15 minutes or until internal temp reaches 165 degrees.

Let rest for 1-2 minutes for cheese to set.

Hold in warming oven for no longer than 15-20 minutes.

SLE	Components
-----	------------

Amount Per Serving		
Meat	2.00	
Grain	2.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	
	_	

#### **Nutrition Facts**

Servings Per Recipe: 1.00
Serving Size: 4.00 Each
Amount Per Serving

Amount Per	r Servina		
Calories	<b>_</b>	280.00	
Fat		12.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		20.00mg	
Sodium		0.54mg	
Carbohydra	ites	28.00g	
Fiber		4.00g	
Sugar		0.00g	
Protein		0.00g	
Vitamin A	8.00IU	Vitamin C	0.00mg
Calcium	24.00mg	Iron	8.00mg

## Wild Mike's Cheese Bites (Middle & High)

Servings:	1.00	Category:	Entree
Serving Size:	6.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
Wild Mike's Cheese Bites	170 Gram	BAKE	

#### **Preparation Instructions**

Place cheese bites on a parchment lined sheet pan.

Bake at 350 degrees for approximately 15 minutes or until internal temp reaches 165 degrees.

Let rest for 1-2 minutes.

Hold in warming oven no longer than 15-20 minutes.

<b>SLE Comp</b>	ponents
-----------------	---------

Amount Per Serving		
Meat	3.04	
Grain	3.04	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 6.00 Each

Amount Per Serving			
	425.00		
	18.21g		
at	0.00g		
	0.00g		
	30.36mg		
	0.82mg		
ates	42.50g		
	6.07g		
	0.00g		
	0.00g		
12.14IU	Vitamin C	0.00mg	
36.43mg	Iron	12.14mg	
	at at ates	425.00 18.21g at 0.00g 0.00g 0.00g 0.82mg 0.82mg 42.50g 6.07g 0.00g 0.00g 12.14IU Vitamin C	

## Ham, Egg & Cheese Breakfast Wrap

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
WRAP HAM/EGG/CHS COMBO BAR 80-2Z HRML	1 Each		402164

#### **Preparation Instructions**

Place on a parchment lined sheet pan.

Bake at 350 degrees for approximately 15 minutes or until internal temp reaches 165 degrees.

Hold in warming oven no longer than 15-20 minutes.

SLE Components Amount Per Serving	
Meat	1.00
Grain	0.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each				
Amount Per	Serving			
Calories		200.00		
Fat		16.00g		
SaturatedFa	at	5.00g		
Trans Fat		0.00g		
Cholesterol		60.00mg		
Sodium		350.00mg	350.00mg	
Carbohydrates		8.00g		
Fiber		1.00g	_	
Sugar		0.00g		
Protein		7.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	40.00mg	Iron	0.72mg	

## **Keebler Animal Cracker Cookies**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Package	<b>HACCP Process:</b>	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CRACKER ANIMAL WGRAIN 150-1Z KEEB	1 Package		682840

## Preparation Instructions

Ready to eat.

SLE Components Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Amount Per Serving           Calories         130.00           Fat         4.00g           SaturatedFat         1.00g           Trans Fat         0.00g           Cholesterol         0.00mg           Sodium         110.00mg           Carbohydrates         21.00g           Fiber         2.00g           Sugar         8.00g           Protein         2.00g	Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Package				
Fat         4.00g           SaturatedFat         1.00g           Trans Fat         0.00g           Cholesterol         0.00mg           Sodium         110.00mg           Carbohydrates         21.00g           Fiber         2.00g           Sugar         8.00g	Amount Per	Serving			
SaturatedFat         1.00g           Trans Fat         0.00g           Cholesterol         0.00mg           Sodium         110.00mg           Carbohydrates         21.00g           Fiber         2.00g           Sugar         8.00g	Calories		130.00		
Trans Fat         0.00g           Cholesterol         0.00mg           Sodium         110.00mg           Carbohydrates         21.00g           Fiber         2.00g           Sugar         8.00g	Fat		4.00g		
Cholesterol         0.00mg           Sodium         110.00mg           Carbohydrates         21.00g           Fiber         2.00g           Sugar         8.00g	SaturatedFa	at	1.00g		
Sodium         110.00mg           Carbohydrates         21.00g           Fiber         2.00g           Sugar         8.00g	Trans Fat		0.00g		
Carbohydrates         21.00g           Fiber         2.00g           Sugar         8.00g	Cholesterol		0.00mg		
Fiber         2.00g           Sugar         8.00g	Sodium		110.00mg		
Sugar 8.00g	Carbohydra	ites	21.00g		
	Fiber		2.00g		
Protein 2.00g	Sugar		8.00g	8.00g	
	Protein		2.00g		
Vitamin A 0.00IU Vitamin C 0.00mg	Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium 100.00mg Iron 1.08mg	Calcium	100.00mg	Iron	1.08mg	

#### **PB Jamwich Box**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	<b>HACCP Process:</b>	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAND PB&J GRP WGRAIN 72-2.8Z JAMWICH	1 Each	READY_TO_EAT Ready to Eat: Best if thawed in refrigerator overnight priorto eating. Welch's PB&J Jamwich is best when served within 24 hours of thawing.	194471
CHEESE STRING MOZZ IW 168-1Z LOL	1 Each		786580
CRACKER GLDFSH WGRAIN COLOR 30075Z	1 Package		112702
CARROTS BABY PLD 72-3Z P/L	3 Ounce		241541

#### **Preparation Instructions**

Place components in sandwich box. Refrigerate for service.

SLE	Components
-----	------------

Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.50
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00 Each **Amount Per Serving Calories** 514.67 25.50g Fat SaturatedFat 7.00g **Trans Fat** 0.00g Cholesterol 20.00mg Sodium 728.67mg **Carbohydrates** 58.00g **Fiber** 7.67g Sugar 16.00g **Protein** 18.67g Vitamin A 12066.67IU Vitamin C 70.00mg **Calcium** 304.67mg Iron 2.40mg

# **Tony's Pepperoni Pizza**

Servings:	0.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA PEPP 4X6 WGRAIN 50/50 96- 4.48Z	1 Each	BAKE COOKING GUIDELINES. COOK BEFORE SERVING. Place 16 frozen pizzas in 18" x 26" x 1 2" sheet pans. Rotate pans one half turn to prevent cheese from burning. CONVECTION OVEN: Low fan, 350°F for 13 to 16 minutes. CONVENTIONAL OVEN: 400°F for 17 to 20 minutes. NOTE: For food safety and quality cook before eating to an internal temperature of 160°F. Due to variances in oven regulators, cooking time and temperature may require adjustments. Refrigerate or discard any unused portion.	585940

#### **Preparation Instructions**

Place pizza on parchment lined sheet pan. Bake at 350 degrees for approximately 15-20 minutes, or until internal temp reaches 165 degrees.

Hold in warming oven for no more than 20 minutes.

SLE Components Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.13
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition	n Facts			
Servings Per Recipe: 0.00				
Serving Size	e: 1.00 Each			
<b>Amount Pe</b>	r Serving			
Calories		300.00		
Fat		11.00g		
SaturatedFa	at	4.00g		
Trans Fat		0.00g		
Cholesterol		15.00mg		
Sodium		550.00mg		
Carbohydra	ates	35.00g		
Fiber		4.00g		
Sugar		7.00g		
Protein		15.00g		
Vitamin A	83.00IU	Vitamin C	0.00mg	
Calcium	242.00mg	Iron	2.80mg	

# **Tony's French Bread Cheese Pizza**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRENCH BRD WGRAIN GARL CHS 60-4.55Z	1 Each	BAKE FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. Not ready to eat. Cook before serving. Prepare from frozen state. PREHEAT OVEN. ARRANGE PIZZAS IN A SINGLE LAYER ON PARCHMENT LINED SHEET PAN. CONVECTION OVEN: 375°F, LOW FAN for 17 - 19 MINUTES CONVENTIONAL OVEN: 400°F for 18 - 20 MINUTES NOTE: Due to variances in oven regulators, cooking times and temperature may require adjustments. Refrigerate or discard any unused portion.	154371

#### **Preparation Instructions**

Place pizza on parchment lined sheet pan.

Bake at 350 degrees for approximately 20 minutes or until internal temp reaches 165 degrees.

Hold in warming oven no longer than 20 minutes.

SLE Components Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each					
<b>Amount Pe</b>	r Serving				
Calories		320.00	320.00		
Fat		15.00g	.00g		
SaturatedFat		6.00g			
Trans Fat		0.00g			
Cholesterol		25.00mg	25.00mg		
Sodium		580.00mg			
Carbohydrates		30.00g			
Fiber		0.00g			
Sugar		3.00g	3.00g		
Protein		18.00g			
Vitamin A	100.00IU	Vitamin C	0.00mg		
Calcium	340.00mg	Iron	2.30mg		

## **Tony's French Bread Pepperoni Pizza**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRENCH BRD WGRAIN PEPP 60- 5.19Z TONY	1 Each	BAKE FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. Not ready to eat. Cook before serving. Prepare from frozen state. PREHEAT OVEN. ARRANGE PIZZAS IN A SINGLE LAYER ON PARCHMENT LINED SHEET PAN. CONVECTION OVEN: 375°F, LOW FAN for 18 - 20 MINUTES CONVENTIONAL OVEN: 400°F for 22 - 24 MINUTES NOTE: Due to variances in oven regulators, cooking times and temperature may require adjustments. Refrigerate or discard any unused portion.	154420

#### **Preparation Instructions**

Place pizza on parchment lined sheet pan.

Bake at 350 degrees for approximately 20 minutes or until internal temp reaches 165 degrees.

Hold in warming oven no longer than 20 minutes.

SLE Components Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.13
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Per Serving Size	r Recipe: 1.00				
Amount Per	Serving				
Calories		310.00	_		
Fat		12.00g	12.00g		
SaturatedFat		5.00g	_		
Trans Fat		0.00g			
Cholesterol		25.00mg			
Sodium		670.00mg	670.00mg		
Carbohydrates		33.00g			
Fiber		3.00g			
Sugar		4.00g	4.00g		
Protein		17.00g			
Vitamin A	500.00IU	Vitamin C	4.80mg		
Calcium	250.00mg	Iron	2.70mg		

# Teriyaki Beef w/ Brown Rice (Elementary)

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE TERYK 4-1GAL GFS	1 Tablespoon		640222
RICE BRN PARBL WGRAIN 25 GCHC	1/2 Cup	BOIL Bring water and rice to a boil; stir and reduce heat to medium low and simmer 15-25 minutes or until most of the water is absorbed.	516371
BEEF STK PHLL SEAS CKD 2.92Z 6-5 JTM	1 Each		720861
VEG BLND ORIENTAL 30 GFS	1/4 Cup		285720

#### **Preparation Instructions**

Place needed amount of rice and water in a 4 inch hotel pan.

Steam, uncovered, for approximately 20 minutes, or until rice is tender.

If baking, bake at 350 for approximately 25 minutes, or until rice is tender.

Steam beef in bags for approximately 25 minutes or until internal temp reaches 165 degrees.

Place peppers and onions in a hotel pan lined with a perforated pan.

Steam for approximately 5-10 minutes.

Transfer beef and peppers/onions to serving pan and toss with teriyaki sauce.

Hold rice in warming oven no more than 30 minutes.

Hold beef in warming oven, in bags, through lunch service.

SLE Components Amount Per Serving	
Meat	2.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00

Starch 0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Serving

Amount Per	r Serving		
Calories		516.85	
Fat		10.40g	
SaturatedFa	at	3.40g	
Trans Fat		0.52g	
Cholesterol		40.00mg	
Sodium		712.25mg	
Carbohydra	ites	84.25g	
Fiber		4.50g	
Sugar		7.50g	
Protein		22.15g	
Vitamin A	25.00IU	Vitamin C	0.30mg
Calcium	60.00mg	Iron	2.88mg

# **Cheesy Baked Rotini (Middle)**

Servings:	1.00	Category:	Entree
Serving Size:	6.00 Ounce	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE SPAGHETTI BF REDC FAT 6-5 COMM	2 1/2 Ounce		573201
CHEESE MOZZ SHRD 4-5 LOL	1/8 Cup		645170
PASTA ROTINI 51 WGRAIN 2-10 DAKOTA	2 3/4 Ounce		229951

#### **Preparation Instructions**

Thaw required amount of pasta sauce in walk in or place in steamer to cook.

Place spaghetti in steamer to cook in batches. Steam for approximately 20 minutes, or until just tender.

Mix cooked pasta and sauce in a greased, 6 inch, full hotel pan.

Top with cheese and place in oven at 325 degrees until internal temp reaches 165 degrees.

Make sure that cheese does not burn.

SLE	Components
-----	------------

Amount Per Serving	
Meat	1.41
Grain	2.75
Fruit	0.00
GreenVeg	0.00
RedVeg	0.22
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 6.00 Ounce **Amount Per Serving Calories** 410.10 Fat 8.31g SaturatedFat 3.07g **Trans Fat** 0.00g Cholesterol 32.35mg Sodium 223.06mg Carbohydrates 60.91g **Fiber** 6.39g Sugar 6.40g **Protein** 19.96g 364.24IU Vitamin A Vitamin C 8.48mg Calcium 153.74mg Iron 3.37mg

Servings:	1.00	Category:	Entree
Serving Size:	6.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE ALFREDO FZ 6-5 JTM	2 Ounce		155661
MEATBALL PORK R/SOD .68Z 6-5# JTM	4 Each		661991
PASTA ROTINI 4-5 GFS	4 Ounce		413360

#### **Preparation Instructions**

Steam meatballs in steamer for approximately 15 minutes.

Internal temp should read 165 degrees.

Transfer to appropriate serving container.

Store, covered, in warming oven for service.

No longer than 20 minutes.

Heat Alfredo sauce in steamer for approximately 20-25 minutes, or until temp reaches 165 degrees.

Hold in warming oven unopened until needed.

Transfer to appropriate serving container for service.

Steam needed amount of pasta in a perforated pan lined full hotel pan approximately 15-20 minutes, or until tender.

Transfer to appropriate container for service.

SLE Components Amount Per Serving	
Meat	3.00
Grain	4.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00
•	

Nutrition Facts	
Servings Per Recipe: 1.00	
Serving Size: 6.00 Ounce  Amount Per Serving	
Calories	1298.20
Fat	51.50g
SaturatedFat	27.40g
Trans Fat	0.19g
Cholesterol	186.00mg
Sodium	3221.40mg
Carbohydrates	129.00g
Fiber	4.90g

Sugar		32.00g	
Protein		74.70g	
Vitamin A	1768.00IU	Vitamin C	1.20mg
Calcium	1598.00mg	Iron	4.68mg

Servings:	1.00	Category:	Entree
Serving Size:	6.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST STRP FC LRG 2-5 GFS	3 Ounce		219011
SAUCE MARINARA SMOOTH 6-10 PG	1/4 Cup		231762
PASTA ROTINI 4-5 GFS	4 Ounce		413360

#### **Preparation Instructions**

Steam chicken strips in steamer, in bag, for approximately 15 minutes.

Internal temp should read 165 degrees.

Transfer to appropriate serving container.

Store, covered, in warming oven for service.

No longer than 20 minutes.?

Heat Marinara sauce, covered, in steamer for approximately 20-25 minutes, or until temp reaches 165 degrees.

Hold in warming oven unopened until needed.

Steam needed amount of pasta in a perforated pan lined full hotel pan approximately 15-20 minutes, or until tender.

Transfer to appropriate container for service.

SLE Components Amount Per Serving	
Meat	2.00
Grain	4.00
Fruit	0.00
GreenVeg	0.00
RedVeg	1.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts	
Servings Per Recipe: 1.00	
Serving Size: 6.00 Ounce	
Amount Per Serving	
Calories	570.00
Fat	5.50g
SaturatedFat	2.00g
Trans Fat	0.00g
Cholesterol	75.50mg
Sodium	495.00mg
Carbohydrates	90.00g
Fiber	6.40g
Sugar	10.50g

Protein		37.00g	
Vitamin A	750.00IU	Vitamin C	6.90mg
Calcium	19.00mg	Iron	4.82mg

Servings:	1.00	Category:	Entree
Serving Size:	6.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST STRP FC LRG 2-5 GFS	3 Ounce		219011
SAUCE ALFREDO FZ 6-5 JTM	1/4 Cup		155661
PASTA ROTINI 4-5 GFS	4 Ounce		413360

#### **Preparation Instructions**

Steam chicken strips in steamer, in bag, for approximately 15 minutes.

Internal temp should read 165 degrees.

Transfer to appropriate serving container.

Store, covered, in warming oven for service.

No longer than 20 minutes.?

Heat Alfredo sauce in steamer for approximately 20-25 minutes, or until temp reaches 165 degrees.

Hold in warming oven unopened until needed.

Transfer to appropriate serving container for service.

Steam needed amount of pasta in a perforated pan lined full hotel pan approximately 15-20 minutes, or until tender.

Transfer to appropriate container for service.

SLE Components Amount Per Serving	
Meat	2.00
Grain	4.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00
•	

Nutrition Facts	
Servings Per Recipe: 1.00 Serving Size: 6.00 Ounce	
Amount Per Serving	
Calories	620.00
Fat	9.00g
SaturatedFat	4.00g
Trans Fat	0.00g
Cholesterol	94.00mg
Sodium	574.00mg
Carbohydrates	90.00g
Fiber	4.90g

Sugar		10.00g	
Protein		42.00g	
Vitamin A	221.00IU	Vitamin C	2.40mg
Calcium	200.00mg	Iron	4.10mg

Servings:	1.00	Category:	Entree
Serving Size:	6.00 Ounce	<b>HACCP Process:</b>	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
MEATBALL PORK R/SOD .68Z 6-5# JTM	4 Each		661991
SAUCE MARINARA SMOOTH 6-10 PG	1/4 Cup		231762
PASTA ROTINI 4-5 GFS	4 Ounce		413360

#### **Preparation Instructions**

Steam meatballs in steamer for approximately 15 minutes.

Internal temp should read 165 degrees.

Transfer to appropriate serving container.

Store, covered, in warming oven for service.

No longer than 20 minutes.

Heat Marinara sauce covered in steamer for approximately 20-25 minutes, or until temp reaches 165 degrees.

Hold in warming oven until needed.

Steam needed amount of pasta in a perforated pan lined full hotel pan approximately 15-20 minutes, or until tender.

Transfer to appropriate container for service.

SLE Components Amount Per Serving	
Meat	2.00
Grain	4.00
Fruit	0.00
GreenVeg	0.00
RedVeg	1.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts	
Servings Per Recipe: 1.00	
Serving Size: 6.00 Ounce	
Amount Per Serving	
Calories	618.20
Fat	13.00g
SaturatedFat	4.40g
Trans Fat	0.19g
Cholesterol	34.50mg
Sodium	524.40mg
Carbohydrates	94.00g
Fiber	6.40g
Sugar	11.50g

Protein		27.70g	
Vitamin A	750.00IU	Vitamin C	5.70mg
Calcium	80.00mg	Iron	5.40mg

# Chili (Hot Dog)

Servings:	1.00	Category:	Condiments or Other
Serving Size:	2.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
ENTREE BEEF CHILI W/O BEAN 6-5# JTM	2 Ounce		661891

#### **Preparation Instructions**

Heat chili in steamer until internal temp reaches 165 degrees. Hold in warming oven until service.

SLE Co	mponents
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Amount Per Serving	
Meat	0.78
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.15
OtherVeg	0.05
Legumes	0.00
Starch	0.00
	<u> </u>

#### **Nutrition Facts**

Calcium

Servings Per Recipe: 1.00

Serving Size: 2.00 Ounce **Amount Per Serving Calories** 62.91 Fat 2.33g SaturatedFat 0.89g Trans Fat 0.00g Cholesterol 16.70mg **Sodium** 114.95mg Carbohydrates 4.66g **Fiber** 1.17g Sugar 2.33g **Protein** 5.83g Vitamin A Vitamin C 530.87IU 7.77mg

Iron

0.78mg

20.97mg

# **Totally Juice Apple Juice**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
JUICE BOX APPL 100 40-4.23FLZ	1 Each		698744

#### **Preparation Instructions**

Shelf Stable. Ready to Eat.

Please refrigerate before service.

SLE	Com	pon	ents
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Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Serving Size: 1.00 Each					
Amount Pe	Amount Per Serving				
Calories		60.00			
Fat		0.00g			
SaturatedF	at	0.00g			
Trans Fat		0.00g			
Cholestero	I	0.00mg			
Sodium		0.00mg			
Carbohydra	ates	14.00g			
Fiber		0.00g			
Sugar		13.00g			
Protein		0.00g			
Vitamin A	0.00IU	Vitamin C	90.00mg		
Calcium	130.00mg	Iron	0.00mg		

# **Totally Juice Orange-Tangerine Juice**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
JUICE BOX ORNG TANGR 100 40-6.75FLZ	1 Each		698351

#### **Preparation Instructions**

Shelf stable. Ready to drink.

Please refrigerate before service.

SLE C	ompo	onents
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Amount Per Serving		
Meat	0.00	
Grain	0.00	
Fruit	0.50	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Serving Size: 1.00 Each				
Amount Per Serving				
100.00				
0.00g				
0.00g				
0.00g				
0.00mg				
20.00mg				
24.00g				
0.00g				
22.00g				
0.00g				
Vitamin C 0.00mg				
Iron 0.00mg				

# **Totally Juice Grape Juice**

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
JUICE BOX GRP 100 40-4.23FLZ	1 Each		698211

#### **Preparation Instructions**

Shelf stable. Ready to drink.

Please refrigerate before service.

SLE Components
Amount Per Serving
Meat

Amount Fer Serving	
Meat	0.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00
	-

#### **Nutrition Facts**

Serving Size: 1.00 Each				
Amount Per Serving				
80.00				
0.00g				
0.00g				
0.00g				
0.00mg				
10.00mg				
20.00g				
0.00g				
19.00g				
0.00g				
Vitamin C	60.00mg			
	0			
	0.00g 0.00g 0.00g 0.00mg 10.00mg 20.00g 0.00g 19.00g 0.00g			

#### **Cinnamon Roll**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	<b>HACCP Process:</b>	Complex Food Prep
Meal Type:	Breakfast		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
DOUGH ROLL CINN WGRAIN 240-1.25Z	1 Each		230312
ICING VAN RTU HEAT NICE 1-12 RICH	1 Tablespoon	READY_TO_EAT  1. STORE AT ROOM TEMPERATURE. 2. PLACE DESIRED AMOUNT OF HEAT 'N ICE ICING IN ICING WARMER, HEAT TO 110 F (43 C). 3. DIP OR DRIZZLE ICING ON SWEET GOOD, ALLOW TO DRY 2 - 5 MINUTES. 4. TURN OFF ICING WARMER WHEN FINISHED. 5. SCRAPE ICING OFF SIDES OF WARMER. 6. COVER UNUSED ICING.	155722

#### **Preparation Instructions**

Keep dough frozen until ready to use.

The day before service, remove needed number of rolls from case.

Place them 2 inches apart on a parchment lined sheet pan.

Cover with another piece of parchment.

Store in walk in overnight.

Remove sheet pans from walk in.

Allow rolls to rise until about double in size.

Bake at 325 degrees for approximately 15 minutes or until rolls are golden brown.

Do not over bake.

Hold rolls in warming oven.

For cinnamon roll icing:

Place needed amount in a container in the warming oven.

Once warmed enough to be used, drizzle icing over cinnamon rolls to serve.

SLE Components Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00

OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

	_		
Amount Per	r Serving		
Calories		167.84	
Fat		1.40g	
SaturatedFa	at	0.60g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		70.00mg	
Carbohydra	ites	36.37g	
Fiber		2.00g	
Sugar		21.77g	
Protein		2.00g	
Vitamin A	134.88IU	Vitamin C	0.22mg
Calcium	12.39mg	Iron	0.87mg

### **Green Peas**

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
PEAS GREEN 6-4 GFS	1/2 Cup		610802

# Preparation Instructions

Steam lightly until hot through (165 degrees). Serve immediately.

Do not hold in warming oven more than 15 minutes.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.50

Nutrition Servings Pe Serving Size	r Recipe: 1.00	)	
Amount Pe	r Serving		
Calories		52.24	
Fat		0.00g	
SaturatedFa	at	0.00g	
Trans Fat	Trans Fat		
Cholesterol		0.00mg	_
Sodium		74.63mg	_
Carbohydra	ites	8.96g	_
Fiber		2.99g	_
Sugar		2.99g	_
Protein		3.73g	
Vitamin A	298.51IU	Vitamin C	4.48mg
Calcium	0.00mg	Iron	0.81mg

## **Mexican Brown Rice**

Servings:	1.00	Category:	Grain
Serving Size:	3.00 Tablespoon	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
RICE BRN MEXICAN WGRAIN 6-26Z GCHC	3 Tablespoon		576280

## **Preparation Instructions**

Please follow package directions. Hold in warming oven.

SLE Components Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 3.00 Tablespoon				
Amount Per	Serving			
Calories		100.00		
Fat		1.00g		
SaturatedFa	at	0.00g		
Trans Fat	Trans Fat			
Cholesterol		0.00mg	0.00mg	
Sodium		190.00mg	_	
Carbohydra	ites	21.00g		
Fiber		1.00g	_	
Sugar		1.00g	_	
Protein		2.00g		
Vitamin A	200.00IU	Vitamin C	3.60mg	
Calcium	20.00mg	Iron	0.72mg	

# Other Entree (JELV Breakfast)

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

## Ingredients

Description Measurement Prep Instructions DistPart #

### Preparation Instructions

No Preparation Instructions available.

SLE	Com	pon	ents
A 100 0 1 110	t Dar C	-	•

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Serving Size: 1.00 Each			
Amount Per	Serving		
Calories		0.00	
Fat		0.00g	
SaturatedFa	nt	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		0.00mg	
Carbohydra	tes	0.00g	
Fiber		0.00g	
Sugar		0.00g	
Protein		0.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

# **Other Entree (JELV Lunch)**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

## Ingredients

Description Measurement Prep Instructions DistPart #

### Preparation Instructions

No Preparation Instructions available.

SLE	Com	ponents
Amoun	t Dar Sa	- arvina

Amount Per Serving		
Meat	0.00	
Grain	0.00	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Serving Size: 1.00 Each			
Amount Per	Serving		
Calories		0.00	
Fat		0.00g	
SaturatedFa	nt	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		0.00mg	
Carbohydra	tes	0.00g	
Fiber		0.00g	
Sugar		0.00g	
Protein		0.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

# **Turkey for Sandwiches**

Servings:	0.00	Category:	Entree
Serving Size:	3.00 Slice	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
TURKEY BRST SLCD RED SOD 6-2 JENNO	3 Slice		183161

## Preparation Instructions

Keep refrigerated until use.

SLE Components Amount Per Serving	
Meat	2.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 0.00 Serving Size: 3.00 Slice				
Amount Per	Serving			
Calories		60.00		
Fat		1.00g		
SaturatedFa	at	0.00g		
Trans Fat		0.00g		
Cholesterol		25.00mg	25.00mg	
Sodium		300.00mg		
Carbohydra	tes	0.00g		
Fiber		0.00g		
Sugar		0.00g		
Protein		12.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	0.00mg	Iron	0.36mg	

## **Ham for Sandwiches**

Servings:	0.00	Category:	Entree
Serving Size:	3.00 Ounce	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
HAM SLCD W/A 8-5 640CT COMM	3 Ounce		651470

## Preparation Instructions

Keep refrigerated until use.

SLE Components Amount Per Serving	
Meat	2.46
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 0.00 Serving Size: 3.00 Ounce					
Amount Per	Serving				
Calories		90.98			
Fat		4.92g			
SaturatedFa	nt	2.46g			
Trans Fat 0.00g					
Cholesterol		44.26mg	44.26mg		
Sodium 5		570.49mg			
Carbohydra	tes	4.92g			
Fiber		0.00g			
Sugar		2.46g			
Protein		12.30g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	0.00mg	Iron	0.00mg		

## **Sub Bun for Sandwiches**

Servings:	0.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN SUB SLCD WGRAIN 5 12-8CT GFS	1 Each		276142

## **Preparation Instructions**

No Preparation Instructions available.

SLE Components Amount Per Serving	
Meat	0.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Per Serving Size	Recipe: 0.00	)	
Amount Per	Serving		
Calories		150.00	
Fat		2.00g	
SaturatedFa	nt	0.50g	
Trans Fat		0.00g	
Cholesterol		0.00mg	_
Sodium		180.00mg	_
Carbohydra	tes	28.00g	_
Fiber		3.00g	
Sugar		4.00g	_
Protein		6.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	80.00mg	Iron	1.80mg

## **Pickles for Sandwiches**

Servings:	0.00	Category:	Condiments or Other
Serving Size:	1.00 Ounce	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
PICKLE SWT BTR CHP 135CT 65GAL GFS	1 Ounce		613959

## Preparation Instructions

Refrigerate after opening.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 0.00 Serving Size: 1.00 Ounce				
Amount Per	Serving			
Calories		30.00		
Fat		0.00g		
SaturatedFa	at	0.00g		
Trans Fat		0.00g		
Cholesterol		0.00mg	0.00mg	
Sodium		150.00mg	_	
Carbohydra	tes	7.00g		
Fiber		0.00g		
Sugar	Sugar 7.00g			
Protein 0.00g				
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	0.00mg	Iron	0.00mg	

## **Cucumbers for Sandwiches**

Servings:	0.00	Category:	Vegetable
Serving Size:	0.25 Cup	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CUCUMBER SELECT 24CT MRKN	1/4 Cup		418439

#### **Preparation Instructions**

Wash thoroughly. Slice into thin coins. Refrigerate until service.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.13
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 0.00 Serving Size: 0.25 Cup					
Amount Per	Serving				
Calories		1.95			
Fat		0.03g			
SaturatedFa	at	0.00g	0.00g		
Trans Fat		0.00g	0.00g		
Cholesterol		0.00mg	0.00mg		
Sodium		0.25mg			
Carbohydrates		0.50g	0.50g		
Fiber 0.08g					
Sugar	Sugar 0.25g				
Protein		0.08g			
Vitamin A	13.65IU	Vitamin C	0.37mg		
Calcium	2.08mg	Iron	0.04mg		

## **Fruit Smoothie**

Servings:	0.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Complex Food Prep
Meal Type:	Breakfast		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT VAN L/F PARFPR 6-4 YOPL	4 Ounce	READY_TO_EAT Ready to use with pouch & serving tip.	811500
PEACH DCD IN JCE 6-10 GFS	1/2 Cup		610372
1% LOW FAT MILK	2 Fluid Ounce		4752

#### **Preparation Instructions**

- 1. Measure 8 cups fruit use commodity strawberries, peaches, bananas, pineapple or combination.
- 2. Empty 1 32 oz. tube of yogurt into large container. Add 8 cups fruit & 2 cartons of milk.
- 3. Blend using immersion blender until smooth..
- 4. Portion 10 oz. into cup & top with flat lid.
- 5. Serve with grahams. Offer fruit & milk in addition to smoothie.
- 6. Refrigerate until served.
- 7. Yield: 8 servings (10 oz. each)

SLE Components Amount Per Serving	
Meat	1.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Pe	<b>n Facts</b> r Recipe: 0.00		
Serving Size	e: 1.00 Each		
<b>Amount Pe</b>	r Serving		
Calories		175.00	
Fat		1.38g	
SaturatedF	at	0.88g	
Trans Fat		0.00g	
Cholestero		6.25mg	
Sodium		87.50mg	
Carbohydra	ates	34.25g	
Fiber		0.50g	
Sugar		26.75g	
Protein		5.50g	
Vitamin A	802.50IU	Vitamin C	1.70mg

Calcium 107.50mg Iron 0.90mg

# Hamburger (Elementary & Middle)

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN HAMB WHLWHE 3.5 R/SOD 10-12CT	1 Each		676151
BEEF STK PTY 2.45Z 6-5 JTM	1 Each		661851

#### **Preparation Instructions**

Place required number of hamburger patties in a 2 inch full hotel pan. Cover and place in steamer for approximately 30 minutes, or until internal temp reaches 165 degrees.

Bun and bag.

Hold in warming oven for no more than 20 minutes.

SLE Compo	onents
-----------	--------

Amount Per Serving	
Meat	2.00
Grain	1.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00 Each **Amount Per Serving Calories** 266.20 Fat 13.90g SaturatedFat 4.80g **Trans Fat** 0.77g Cholesterol 49.00mg **Sodium** 348.60mg Carbohydrates 20.00g **Fiber** 5.00g Sugar 2.00g **Protein** 16.10g Vitamin A 0.00IU Vitamin C 0.00mg Calcium 63.00mg 1.72mg Iron

#### **Dill Chicken Sandwich**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST FLLT WGRAIN DILL CKD 4-5#	4 Ounce		542832
BUN HAMB SLCD WHEAT WHL 4 10-12 GFS	1 Each		517810

### **Preparation Instructions**

Place chicken on a parchment lined sheet pan.

Bake at 325 for approximately 15 minutes, or until internal temp reaches 165 degrees.

Bun chicken and wrap in the bags provided.

**SLE Components** 

Hold in warming oven no more than 20 minutes.

Amount Per Serving	
Meat	2.00
Grain	3.00
Fruit	0.00
GreenVeg	0.00

Grain	3.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00

Serving Size: 1.00 Each					
Amount Pe	r Serving				
Calories		360.00			
Fat		11.00g	11.00g		
SaturatedFa	at	1.50g			
Trans Fat		0.00g	0.00g		
Cholesterol		70.00mg	70.00mg		
Sodium		565.00mg	565.00mg		
Carbohydra	ites	40.00g			
Fiber		6.00g			
Sugar		5.00g			
Protein		28.00g			
Vitamin A	100.00IU	Vitamin C	0.00mg		
Calcium	80.00mg	Iron	2.88mg		

# Spicy Chicken Sandwich (H.S.)

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST FLLT WGRAIN SPCY CKD 4-5#	4 Ounce		542823
BUN HAMB SLCD WHEAT WHL 4 10-12 GFS	1 Each		517810

### **Preparation Instructions**

Place chicken on a parchment lined sheet pan.

Bake at 325 degrees for approximately 15-20 minutes, or until internal temp reaches 165 degrees.

Bun patties and place in bags provided for service.

Hold in warming oven no longer than 20 minutes.

**SLE Components** 

Amount Per Serving			
Meat	2.00		
Grain	3.00		
Fruit	0.00		
GreenVeg	0.00		

Amount Per Serving	
Meat	2.00
Grain	3.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts Servings Per Recipe: 1.00 Serving Size: 1.00 Each					
<b>Amount Pe</b>	r Serving				
Calories		1010.00			
Fat		34.00g			
SaturatedFa	at	6.00g			
Trans Fat		0.00g	0.00g		
Cholesterol		240.00mg	240.00mg		
Sodium		1565.00mg	1565.00mg		
Carbohydra	ates	89.00g			
Fiber		13.00g			
Sugar		3.00g			
Protein		89.00g			
Vitamin A	800.00IU	Vitamin C	0.00mg		
Calcium	120.00mg	Iron	8.28mg		

### **BBQ Pulled Pork Sandwich**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

### Ingredients

Description	Measurement	Prep Instructions	DistPart #
PORK DCD 6-5# JTM	3 Ounce		746431
SAUCE BBQ 4-1GAL SWTBRAY	2 Tablespoon		655937
BUN HAMB SLCD WHEAT WHL 4 10-12 GFS	1 Each		517810

#### **Preparation Instructions**

Thaw pork overnight in walk in.

**SLE Components** 

Legumes

Starch

Steam pork for approximately 20 minutes, or until internal temp reaches 165 degrees.

0.00

0.00

Bun this menu item to order, on the line.

Hold pork in warming oven for no more than 25 minutes.

Amount Per Serving	
Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00

Nutrition	n Facts		
Servings Pe	r Recipe: 1.0	0	
Serving Size	: 1.00 Each		
<b>Amount Pe</b>	r Serving		
Calories		200.00	
Fat		2.00g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	_
Cholestero		0.00mg	
Sodium		415.00mg	
Carbohydra	ites	43.00g	
Fiber		5.00g	_
Sugar		20.00g	
Protein		5.00g	
Vitamin A	40.00IU	Vitamin C	60.00mg
Calcium	40.00mg	Iron	1.08mg

## **Hot Sauce**

Servings:	0.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch		

# Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE HOT 200-3GM PC PKT GFS	1 Each		714590

## **Preparation Instructions**

Ready to eat.

SLE Components Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Per Serving Size	Recipe: 0.0	0	
Amount Per	Serving		
Calories		0.70	
Fat		0.00g	
SaturatedFa	ıt	0.00g	
Trans Fat		0.00g	_
Cholesterol		0.00mg	_
Sodium		42.30mg	
Carbohydra	tes	0.00g	_
Fiber		0.00g	_
Sugar		0.00g	_
Protein		0.00g	
Vitamin A	32.90IU	Vitamin C	0.14mg
Calcium	0.43mg	Iron	0.02mg

# **Taco Salad (Elementary)**

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

## Ingredients

0			
Description	Measurement	Prep Instructions	DistPart #
SALSA CUP 84-3Z REDG	1 Each	READY_TO_EAT None	677802
CHIP TORTL RND R/F 64- 1.45Z TOSTIT	1 Each	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options. UNSPECIFIED	662512
BEAN BLACK FIESTA TACO 6-10 BUSH	1/4 Cup		581180
TACO FILLING BEEF 4-5# JTM	3 Ounce		210780
LETTUCE ROMAINE CHOP 6-2 RSS	2 Cup		735787
TOMATO CHERRY 11 MRKN	1/4 Cup		569551
CUCUMBER SELECT SUPER 45 MRKN	1/4 Cup		198587
CARROTS BABY PLD 72-3Z P/L	1/4 Ounce		241541
CHEESE STRING MOZZ IW 168-1Z LOL	1 Each		786580

### **Preparation Instructions**

No Preparation Instructions available.

#### **SLE Components**

Amount	

Meat	4.09
Grain	2.00

Fruit	0.00
GreenVeg	1.00
RedVeg	1.00
OtherVeg	0.13
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Amount Pe	er Serving		
Calories		564.95	
Fat		25.75g	
SaturatedF	at	9.82g	
Trans Fat		0.00g	
Cholestero	ol	49.38mg	
Sodium		1333.99mg	1
Carbohydr	ates	57.56g	
Fiber		9.89g	
Sugar		8.88g	
Protein		25.40g	
Vitamin A	12481.98IU	Vitamin C	84.55mg
Calcium	359.92mg	Iron	5.17mg

# **Harvest Cheddar Sunchips**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP HARV CHED 104- SSV SUNCHIP	1 Package	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	105260

## **Preparation Instructions**

Ready to eat.

SLE	Components
Amour	t Per Serving

Amount Per Serving	
Meat	0.00
Grain	1.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00
Serving Size: 1.00 Package
Amount Per Serving
Calories

Amount Per Serving					
Calories		140.00			
Fat		6.00g			
SaturatedFa	at	0.50g	0.50g		
Trans Fat		0.00g	0.00g		
Cholesterol		0.00mg	0.00mg		
Sodium		200.00mg			
Carbohydrates		19.00g			
Fiber		2.00g	2.00g		
Sugar		2.00g			
Protein		2.00g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	20.00mg	Iron	0.70mg		

## **Cool Ranch Doritos**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP COOL RNCH REDC FAT 72-1Z DORIT	1 Package	READY_TO_EAT  Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	541502

## **Preparation Instructions**

Ready to eat.

<b>SLE Components</b>	
Amount Per Serving	

Amount Per Serving	
Meat	0.00
Grain	1.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00
Serving Size: 1.00 Package

Amount Per Serving

Calories 1

Calories		130.00			
Fat		5.00g			
SaturatedFa	ıt	0.50g			
Trans Fat		0.00g			
Cholesterol		0.00mg			
Sodium		150.00mg			
Carbohydrates		20.00g	20.00g		
Fiber		2.00g			
Sugar		0.00g			
Protein		2.00g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	36.00mg	Iron	0.00mg		

# **Sweet & Spicy Chili Doritos**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP SPCY SWT REDC 72- 1Z SSV DORIT	1 Package	READY_TO_EAT  Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	788670

### **Preparation Instructions**

Ready to eat.

SLE	Co	mp	on	ents

Amount Per Serving	
Meat	0.00
Grain	1.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Package Amount Per Serving

<b>Amount Per</b>	Serving		
Calories		130.00	
Fat		5.00g	
SaturatedFa	t	0.50g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		200.00mg	
Carbohydra	tes	20.00g	
Fiber		2.00g	
Sugar		0.00g	
Protein		2.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	0.00mg

## **Nacho Doritos**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP NACHO REDC FAT 72-1Z DORITOS	1 Ounce	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	456090

## **Preparation Instructions**

Ready to eat.

SLE	Co	mp	or	nents

Amount Per Serving	
Meat	0.00
Grain	1.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00 Serving Size: 1.00 Package Amount Per Serving

Amount Per	r Serving		
Calories		130.00	
Fat		5.00g	
SaturatedFa	at	1.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		200.00mg	
Carbohydra	ites	20.00g	
Fiber		2.00g	
Sugar		0.00g	
Protein		2.00g	
Vitamin A	100.00IU	Vitamin C	0.00mg
Calcium	38.00mg	Iron	0.00mg

# Lay's Applewood Smoked BBQ Kettle Chips

Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Package	<b>HACCP Process:</b>	No Cook
Meal Type:	Lunch		

#### Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP POT APPL KTTL 64- LSSV LAYS	1 Each	READY_TO_EAT  Use code date on bag to rotate product so the oldest product is consumed first. Place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.  UNSPECIFIED	134733

#### **Preparation Instructions**

Ready to eat.

SLE	Com	pon	ents
-----	-----	-----	------

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

**Calcium** 

Servings Per Recipe: 1.00

Serving Size: 1.00 Package **Amount Per Serving Calories** 180.00 Fat 8.00g SaturatedFat 1.00g **Trans Fat** 0.00g Cholesterol 0.00mg Sodium 190.00mg Carbohydrates 26.00g **Fiber** 2.00g Sugar 3.00g **Protein** 3.00g Vitamin A 0.00IU Vitamin C 6.00mg

Iron

0.36mg

0.00mg

# Ruffles Baked Cheddar & Sour Cream Chips

Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP POT CHED SR CRM BKD 608Z RUFF	1 Package	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options. UNSPECIFIED	405983

### Preparation Instructions

Ready to eat.

SLE	Components
A moun	t Por Sorving

Amount Per Serving	
Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00
Serving Size: 1.00 Package

Amount Per Serving

Calories

Calories		100.00	
Fat		2.50g	
SaturatedFa	at	0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		200.00mg	
Carbohydra	ites	17.00g	
Fiber		1.00g	
Sugar		2.00g	
Protein		1.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	10.00mg	Iron	0.20mg

# **Cheetos Baked Flaming Hot Cheese Sticks**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SNACK HOT FANTASTIX 104-SSV CHEETOS	1 Package	READY_TO_EAT  Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	256363

### **Preparation Instructions**

Ready to eat.

SLE	Co	mp	on	ents

Amount Per Serving	
Meat	0.00
Grain	1.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

#### **Nutrition Facts**

Servings Per Recipe: 1.00
Serving Size: 1.00 Package
Amount Per Serving
Calories

Amount i ci	oci villig		
Calories		130.00	
Fat		5.00g	
SaturatedFa	at	1.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		200.00mg	
Carbohydra	ites	20.00g	
Fiber		2.00g	
Sugar		1.00g	
Protein		2.00g	
Vitamin A	500.00IU	Vitamin C	0.00mg
Calcium	17.00mg	Iron	1.00mg

# **Cheetos Baked Crunchy Cheese Curls**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Package	<b>HACCP Process:</b>	No Cook
Meal Type:	Lunch		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SNACK CHS BKD WGRAIN 104-SSV CHEETOS	1 Package	READY_TO_EAT  Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	191090

### **Preparation Instructions**

Ready to eat.

SLE	Co	mp	on	ents

Amount Per Serving		
Meat	0.00	
Grain	1.25	
Fruit	0.00	
GreenVeg	0.00	
RedVeg	0.00	
OtherVeg	0.00	
Legumes	0.00	
Starch	0.00	

#### **Nutrition Facts**

Servings Per Recipe: 1.00
Serving Size: 1.00 Package

Amount Per Serving

Calories 1.00

Amount i el belving			
Calories		120.00	
Fat		4.50g	
SaturatedFa	nt	1.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		200.00mg	
Carbohydra	tes	16.00g	
Fiber		1.00g	
Sugar		1.00g	
Protein		2.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	0.40mg

# **Chocolate Chocolate Chip Muffin**

Servings:	1.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
MUFFIN CHOC/CHOC CHP WGRAIN IW 72- 2Z	1 Each		557991

### **Preparation Instructions**

Thaw before serving.

Warm lightly in warming oven if desired.

Ready to eat.

SLE Components Amount Per Serving	
Meat	0.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Servings Per I Serving Size:	Recipe: 1.00		
Amount Per Serving			
Calories		200.00	
Fat		6.00g	
SaturatedFat		2.00g	_
Trans Fat		0.00g	
Cholesterol		40.00mg	_
Sodium		130.00mg	_
Carbohydrate	es	32.00g	_
Fiber		2.00g	_
Sugar		17.00g	
Protein		4.00g	
Vitamin A	100.00IU	Vitamin C	0.00mg
Calcium	40.00mg	Iron	1.08mg