

Cookbook for BROWN COUNTY HIGH SCHOOL

Created by HPS Menu Planner

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taco recipe

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799 SNACK KIDS MIX WG LUNCH

Taco Tuesday

Taco Tuesday

Wk1 - Monday

Sausage Egg Biscuit

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Cereal Bar & String Cheese

HAMBURGER

Woodford Salad

Ham & Cheese Sandwich

Macaroni Pasta Salad

walking taco

Beans Green Sesame

Walking Taco

Meatless Monday

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTA SPAGHETTI 100 WHLWHE 2-5 GFS	1 Ounce		654590
Marinara Sauce	1 Serving		587882
LETTUCE BLND ROMAINE MXD 4-5 RSS	1 Cup		755826
BEAN GREEN CUT 6-4 GFS	1 Cup		610791
Applesauce Cup	1 Serving	READY_TO_EAT	110361
DRESSING RANCH LT 4-1GAL KENS	1 Serving		834941

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.01
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		1.96	
Fat		0.04g	
SaturatedFat		0.01g	
Trans Fat		0.00g	
Cholesterol		0.03mg	
Sodium		1.37mg	
Carbohydrates		0.34g	
Fiber		0.07g	
Sugar		0.08g	
Protein		0.06g	
Vitamin A	18.16IU	Vitamin C	0.09mg
Calcium	0.83mg	Iron	0.02mg

Buffalo Chicken Tenders

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX TNR HOT & SPCY WG FC 1.13Z 4-8	100 Each	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.	281731

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.67
Grain	0.33
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	86.67		
Fat	5.00g		
SaturatedFat	0.83g		
Trans Fat	0.00g		
Cholesterol	8.33mg		
Sodium	130.00mg		
Carbohydrates	5.67g		
Fiber	1.00g		
Sugar	0.33g		
Protein	5.00g		
Vitamin A	33.33IU	Vitamin C	0.00mg
Calcium	13.33mg	Iron	0.60mg

walking taco

Servings:	50.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLN TURKEY FC 4-7#	1 Ounce	Heat n Serve	232921

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	2.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	0.65		
Fat	0.03g		
SaturatedFat	0.01g		
Trans Fat	0.00g		
Cholesterol	0.36mg		
Sodium	2.81mg		
Carbohydrates	0.02g		
Fiber	0.00g		
Sugar	0.00g		
Protein	0.09g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.13mg	Iron	0.65mg

Whole grain muffin

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
MUFFIN BLUEB WGRAIN IW 72-2Z ARYZTA	1 Each		557970

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.00
Grain	0.01
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	190.00		
Fat	6.00g		
SaturatedFat	2.00g		
Trans Fat	0.00g		
Cholesterol	40.00mg		
Sodium	130.00mg		
Carbohydrates	30.00g		
Fiber	2.00g		
Sugar	16.00g		
Protein	3.00g		
Vitamin A	100.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	1.08mg

Walking Taco

Servings:	125.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP TORTL SCOOP BKD 72-.875Z TOSTIT	125 Package	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	696871
TACO FILLING BEEF 4-5 GFS	15 17/27 Pound		776548
CHEESE CHED MLD SHRD FINE 4-5 GFS	7 17/21 Cup		191043
SALSA 103Z 6-10 REDG	8 3/4 Pound	READY_TO_EAT None	452841
LETTUCE SHRD TACO 1/8CUT 4-5 RSS	1 19/20 Ounce		242489

Preparation Instructions

Directions:

WASH HANDS.

WASH ALL FRESH PRODUCE UNDER COOL RUNNING WATER, DRAIN WELL.

1. In a tilt-skillet, cook beef and drain fat.

CCP: FINAL INTERNAL COOKING TEMPERATURE MUST REACH A MINIMUM OF 155°F, HELD FOR 15 SECONDS.

2. Add taco seasoning mix (optional) and water, blend well. Bring to a boil. Reduce heat and simmer for 20-30 minutes.

3. Crush individual bags of chips and open.

3. Add 2 oz of meat mixture, 1 oz of shredded cheese, 1/4 cup of shredded lettuce and 1/8 cup salsa to each bag of chips.

4. Serve.

Child Nutrition: 1 Each provides=

1.5 oz meat/meat alternate, 1.25 oz eq grains, 1/8 cup "other" vegetable, and 1/8 cup red/orange vegetable

OR

1.5 oz meat/meat alternate, 1.25 oz eq grains, and 1/4 cup additional vegetables

Updated October 2013

Notes:

SLE Components

Amount Per Serving

Meat	0.00
Grain	1.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.19
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 125.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	248.96		
Fat	11.75g		
SaturatedFat	3.75g		
Trans Fat	0.00g		
Cholesterol	22.50mg		
Sodium	437.86mg		
Carbohydrates	24.54g		
Fiber	3.02g		
Sugar	1.78g		
Protein	10.77g		
Vitamin A	207.88IU	Vitamin C	1.49mg
Calcium	124.00mg	Iron	1.31mg

Lutresa's Burger

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BURGER VEG BLCKBN CHPTL 4-12CT MSTARF	1 Each		189051
4 inch whole grain hamburger buns - 30 ct	1 bun		3480

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.00
Grain	0.02
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	3.50		
Fat	0.09g		
SaturatedFat	0.01g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	7.30mg		
Carbohydrates	0.22g		
Fiber	0.10g		
Sugar	0.06g		
Protein	0.23g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.80mg	Iron	0.02mg

Strawberry Pop tart

Servings:	2.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTRY POP-TART WGRAIN STRAWB 72-2CT	1 Package		123031

Preparation Instructions

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	0.00
Grain	2.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 2.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		180.00	
Fat		2.50g	
SaturatedFat		1.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		180.00mg	
Carbohydrates		37.50g	
Fiber		3.00g	
Sugar		14.50g	
Protein		2.00g	
Vitamin A	500.00IU	Vitamin C	0.00mg
Calcium	100.00mg	Iron	1.80mg

Fudge Pop Tart

Servings:	1.00	Category:	Entree
Serving Size:	2.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTRY POP-TART WGRAIN FUDG 120-1CT	1 Each		452062

Preparation Instructions

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SLE Components

Amount Per Serving

Meat	0.00
Grain	1.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Serving

Amount Per Serving			
Calories		190.00	
Fat		3.00g	
SaturatedFat		1.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		200.00mg	
Carbohydrates		38.00g	
Fiber		3.00g	
Sugar		15.00g	
Protein		3.00g	
Vitamin A	500.00IU	Vitamin C	0.00mg
Calcium	100.00mg	Iron	1.80mg

Cinnamon Pop Tart

Servings:	1.00	Category:	Entree
Serving Size:	2.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTRY POP-TART WGRAIN CINN 72-2CT	1 Package		123081

Preparation Instructions

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	0.00
Grain	2.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Serving

Amount Per Serving			
Calories	370.00		
Fat	6.00g		
SaturatedFat	2.00g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	390.00mg		
Carbohydrates	76.00g		
Fiber	6.00g		
Sugar	31.00g		
Protein	5.00g		
Vitamin A	1000.00IU	Vitamin C	0.00mg
Calcium	200.00mg	Iron	3.60mg

Calzone Three Cheese MTG

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CALZONE 3CHS WGRAIN 60-4.69Z GILARDI	100 Serving		658591

Preparation Instructions

Directions:

0: Wash hands.

1: 1. Thaw under refrigeration.

2: 2. Spray with non-stick cooking spray before baking for a softer crust.

3: 3. Bake at 350 degrees F for 10-12 minutes or until product reaches an internal temperature of 165 degrees F.

Notes:

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SLE Components

Amount Per Serving

Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.13
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	250.00
Fat	5.00g
SaturatedFat	2.00g
Trans Fat	0.00g
Cholesterol	10.00mg
Sodium	430.00mg
Carbohydrates	33.00g
Fiber	4.00g
Sugar	4.00g
Protein	19.00g
Vitamin A 0.00IU	Vitamin C 0.00mg

Calcium 410.00mg **Iron** 2.70mg

Pancakes with Sausage

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PANCAKE MINI WGRAIN .32Z 24-45CT	5 Each	Preheat to 350 degrees F. On a sheet pan, place desired amount of frozen mini pancakes in a slightly overlapping single layer. Cover tightly with foil. Convection Oven: Heat for 8-10 minutes.	669440
SAUSAGE LINK LO SOD CKD 160-1Z JDF	1 Each	BAKE To Bake (convection oven): Preheat oven to 325°F, heat for 5 - 5 1 2 minutes if frozen, 4 - 4 1 2 minutes if thawed.	278201

Preparation Instructions

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SLE Components

Amount Per Serving

Meat	1.00
Grain	1.11
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	208.89		
Fat	13.11g		
SaturatedFat	4.00g		
Trans Fat	0.00g		
Cholesterol	25.56mg		
Sodium	290.00mg		
Carbohydrates	17.78g		
Fiber	2.22g		
Sugar	3.33g		
Protein	6.22g		
Vitamin A	555.56IU	Vitamin C	0.00mg
Calcium	22.22mg	Iron	1.86mg

ROTINI

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
ROTINI PASTA WGRAIN W/MEAT 6-5 COMM	7 Ounce		728590
BREADSTICK WGRAIN 1.31Z 10-20CT	1 Each		152211

Preparation Instructions

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SLE Components

Amount Per Serving

Meat	1.88
Grain	1.72
Fruit	0.00
GreenVeg	0.00
RedVeg	0.47
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		385.43	
Fat		16.05g	
SaturatedFat		5.83g	
Trans Fat		0.94g	
Cholesterol		50.81mg	
Sodium		720.16mg	
Carbohydrates		39.58g	
Fiber		5.76g	
Sugar		9.53g	
Protein		19.94g	
Vitamin A	576.75IU	Vitamin C	21.64mg
Calcium	71.75mg	Iron	3.67mg

Chicken Tenders

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
GRAVY MIX CNTRY 6-1.5 PION	1 Tablespoon	BAKE 1: Add 5 quarts boiling water (212°F) for convection oven (4 1 2 quarts for conventional) and 4 ounces unsalted butter to a 2 1 2" deep full-size steamtable pan. 2: Stir in sauce mix until dissolved. 3: Add potato slices. Stir. 4: Bake in convection oven at 300°F for 45-60 minutes. For conventional oven, bake at 400°F for 45-60 minutes. TIPS: For half carton prep, use half of each ingredient amount specified. Cook time and temperature remain the same.	455555
CHIX TNDR WGRAIN FC 4-8 TYS	300 Piece	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.	283951
Whole Grain Dinner Roll	100 bun	READY_TO_EAT	1591

Preparation Instructions

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SLE Components

Amount Per Serving

Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00

Starch

0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		340.38	
Fat		16.02g	
SaturatedFat		2.51g	
Trans Fat		0.01g	
Cholesterol		25.00mg	
Sodium		531.73mg	
Carbohydrates		30.04g	
Fiber		4.00g	
Sugar		2.01g	
Protein		18.00g	
Vitamin A	100.00IU	Vitamin C	0.00mg
Calcium	40.00mg	Iron	1.80mg

Chicken Nuggets

Servings:	100.00	Category:	Entree
Serving Size:	500.00 100.00	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST NUGGET O/R WGRAIN 2-5.425	500 Each		509736

Preparation Instructions

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CONDIMENTS ON THE SIDE ONLY (NOT CALCULATED INTO NUTRITION'S)

BBQ SAUCE

KETCHUP

RANCH DRESSING

SLE Components

Amount Per Serving

Meat	2.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 500.00 100.00

Amount Per Serving			
Calories	230.00		
Fat	13.00g		
SaturatedFat	3.00g		
Trans Fat	0.00g		
Cholesterol	35.00mg		
Sodium	560.00mg		
Carbohydrates	14.00g		
Fiber	1.00g		
Sugar	0.00g		
Protein	13.00g		
Vitamin A	100.00IU	Vitamin C	1.20mg
Calcium	20.00mg	Iron	1.80mg

Ham & Cheese Sub

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
MEAT COMBO PK SLCD 12-1 JENNO	2 Ounce	Thaw and serve	236012
4" WG WHITE HAMBURGER BUN	1 bun	Ready to eat	1711
CHEESE, AMERICAN, YELLOW, PASTEURIZED, SLICED	1 Ounce	READY_TO_EAT	100018

Preparation Instructions

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SLE Components

Amount Per Serving

Meat	2.49
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	339.55		
Fat	16.32g		
SaturatedFat	6.64g		
Trans Fat	0.00g		
Cholesterol	67.54mg		
Sodium	952.99mg		
Carbohydrates	28.75g		
Fiber	2.00g		
Sugar	5.00g		
Protein	19.73g		
Vitamin A	24.87IU	Vitamin C	1.19mg
Calcium	49.80mg	Iron	8.90mg

Popcorn Chicken W/ Roll

Servings:	1.00	Category:	Entree
Serving Size:	100.00 100.00	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX POPCORN BRD WGRAIN DRK CKD 30#	10 Each	BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 10-12 MINUTES AT 350F; CONVECTION OVEN FOR 6-8 MINUTES AT 350F.	666232
Whole Grain Dinner Roll	1 bun	READY_TO_EAT	1591

Preparation Instructions

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SLE Components

Amount Per Serving

Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 100.00 100.00

Amount Per Serving

Calories	373.00		
Fat	18.00g		
SaturatedFat	3.00g		
Trans Fat	0.00g		
Cholesterol	81.00mg		
Sodium	627.00mg		
Carbohydrates	31.00g		
Fiber	4.00g		
Sugar	1.00g		
Protein	21.00g		
Vitamin A	167.00IU	Vitamin C	0.00mg
Calcium	18.00mg	Iron	2.00mg

Cheese Pizza

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA CHS WGRAIN SLC 96-4.67Z MAX	100 Each	cook according to directions	437430

Preparation Instructions

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.13
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	270.00		
Fat	10.00g		
SaturatedFat	3.00g		
Trans Fat	0.00g		
Cholesterol	10.00mg		
Sodium	730.00mg		
Carbohydrates	32.00g		
Fiber	5.00g		
Sugar	5.00g		
Protein	15.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	240.00mg	Iron	2.10mg

Chicken Leg W/ whole grain roll

Servings:	100.00	Category:	Entree
Serving Size:	100.00 100.00	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX DRMSTX BRD WGRAIN CKD 4-7.4	100 Piece		603391
Whole Grain Dinner Roll	100 bun	READY_TO_EAT	1591

Preparation Instructions

BAKE

Preparation: Appliances vary, adjust accordingly.

Conventional Oven

1. Preheat oven to 375°F.
2. From frozen, place pieces in a single layer on a parchment paper lined sheet pan or on a wire rack sprayed with pan release.
3. Heat for 35-40 minutes.

For best performance hold on a sheet pan, uncovered, with a wire rack, above 140°F in a dry heat environment.

CONVECTION

Preparation: Appliances vary, adjust accordingly.

Convection Oven

1. Preheat oven to 350°F.
2. From frozen, place pieces in a single layer on a parchment paper lined sheet pan or on a wire rack sprayed with pan release.
3. Heat for 25-30 minutes

For best performance hold on a sheet pan, uncovered, with a wire rack, above 140°F in a dry heat environment.

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	2.00
Grain	1.75
Fruit	0.00

GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00
 Serving Size: 100.00 100.00

Amount Per Serving

Calories	270.00		
Fat	12.00g		
SaturatedFat	2.50g		
Trans Fat	0.00g		
Cholesterol	50.00mg		
Sodium	590.00mg		
Carbohydrates	19.00g		
Fiber	2.00g		
Sugar	1.00g		
Protein	19.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	1.08mg

Pepperoni Calzone

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CALZONE ITAL BEEF PEPP WGRAIN 80-5Z	100 Each		135191

Preparation Instructions

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	2.25
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	280.00		
Fat	11.00g		
SaturatedFat	6.00g		
Trans Fat	0.00g		
Cholesterol	25.00mg		
Sodium	590.00mg		
Carbohydrates	32.00g		
Fiber	3.00g		
Sugar	6.00g		
Protein	19.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	361.00mg	Iron	2.00mg

Beef & Cheese Nachos

Servings:	1.00	Category:	Entree
Serving Size:	1.00	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP TORTL RND YEL 5-1.5 KE	22 Piece		163020
TACO FILLING BEEF REDC FAT 6-5 COMM	2 Ounce	HEAT TO 140 OR HIGHER	722330
SAUCE CHS CHED POUCH 6-106Z LOL	3 Ounce	HEAT TO 140 OR HIGHER	135261

Preparation Instructions

Portion chips, then meat, then cheese

DISCLAIMER:

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CONDIMENTS: ON THE SIDE ONLY (NOT INCLUDED IN NUTRITION'S)

SALSA - SOUR CREAM

SLE Components

Amount Per Serving

Meat	2.26
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.08
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00

Amount Per Serving	
Calories	1570.28
Fat	99.09g
SaturatedFat	57.14g
Trans Fat	0.18g
Cholesterol	262.08mg
Sodium	5134.16mg
Carbohydrates	81.15g
Fiber	5.26g
Sugar	1.26g
Protein	72.08g
Vitamin A 410.09IU	Vitamin C 3.41mg

Calcium 2613.24mg **Iron** 1.97mg

Bacon & Egg Bagel

Servings:	1.00	Category:	Entree
Serving Size:	1.00	HACCP Process:	No Cook
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
EGG SCRMBD PTY RND 3.25 200-1Z GFS	1 Each	Bake till 140 degrees for higher	462519
BACON CKD RND WHOLE MUSCLE 2-96CT GFS	1 Slice	Bake till 140 degrees for higher	365620
BAGEL WHT WGRAIN IW 72-2Z LENDER	1 Each	Thaw and serve	217911

Preparation Instructions

One bagel, one egg patty, one bacon round. Assemble and serve.

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	0.75
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00

Amount Per Serving

Calories	220.00		
Fat	7.50g		
SaturatedFat	2.00g		
Trans Fat	0.00g		
Cholesterol	82.50mg		
Sodium	370.00mg		
Carbohydrates	29.00g		
Fiber	4.00g		
Sugar	4.00g		
Protein	11.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	55.00mg	Iron	1.80mg

Chili & Cheese Baked Potato

Servings:	1.00	Category:	Entree
Serving Size:	1.00	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO BAKER IDAHO 80CT MRKN	1 Each	wash bake @ 400 for 1 hour till soft	322385
SAUCE CHS CHED POUCH 6-106Z LOL	3 Ounce	heat to 145 degrees	135261
CHILI BEEF W/BEAN 6-5 COMM	3 Ounce	heat to 145 degrees	344012
Aunt Millie's Wheat Sandwich Bread	2 Slice		466

Preparation Instructions

DISCLAIMER:

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CONDIMENTS: ON THE SIDE ONLY (NOT INCLUDED IN THE NUTRITION'S)

SOUR CREAM

SLE Components

Amount Per Serving

Meat	2.03
Grain	1.75
Fruit	0.00
GreenVeg	0.00
RedVeg	0.20
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00

Amount Per Serving

Calories	1440.05
Fat	88.61g
SaturatedFat	54.87g
Trans Fat	0.00g
Cholesterol	255.95mg
Sodium	5110.05mg
Carbohydrates	73.72g
Fiber	4.69g
Sugar	4.91g
Protein	72.26g
Vitamin A 644.82IU	Vitamin C 15.36mg

Calcium 2543.64mg **Iron** 9.76mg

sharon's nuggets

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
2-5 CHIX NUGGET HEART SHAPED 63356CN-WG	1 Each		368330
CAKE CARROT MINI 24CT 2.6Z BISTRO	1 Each		760540

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	1.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Ounce

Amount Per Serving

Calories	2.72		
Fat	0.13g		
SaturatedFat	0.03g		
Trans Fat	0.00g		
Cholesterol	0.44mg		
Sodium	3.72mg		
Carbohydrates	0.34g		
Fiber	0.03g		
Sugar	0.20g		
Protein	0.06g		
Vitamin A	0.24IU	Vitamin C	0.00mg
Calcium	0.25mg	Iron	0.01mg

Pork BBQ Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	4.00	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PORK PULLED BBQ LO SOD 4-5 BROOKWD	4 Ounce		498702
3474 WGR HAMBURGER BUN (76) 60g 12ct	1/2 1 bun	READY_TO_EAT	

Preparation Instructions

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	2.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 4.00

Amount Per Serving			
Calories		374.00	
Fat		18.00g	
SaturatedFat		6.00g	
Trans Fat		0.00g	
Cholesterol		71.00mg	
Sodium		338.00mg	
Carbohydrates		30.50g	
Fiber		1.00g	
Sugar		18.00g	
Protein		21.00g	
Vitamin A	1650.00IU	Vitamin C	25.20mg
Calcium	115.50mg	Iron	4.06mg

Spicy Chicken Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST HOT&SPCY BRD 3.75Z 4-7.5	1 Each	BAKE PREPARATION: Appliances vary, adjust accordingly. Conventional Oven Preheat oven to 400°F. Place frozen filets on a parchment lined baking sheet. Heat for 16 to 19 minutes. CONVECTION PREPARATION: Appliances vary, adjust accordingly. Convection Oven Preheat oven to 350°F. Place frozen filets on a parchment lined baking sheet. Heat for 14 to 17 minutes.	525490
3474 WGR HAMBURGER BUN (76) 60g 12ct	1/2 1 bun	READY_TO_EAT	

Preparation Instructions

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SLE Components

Amount Per Serving

Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	275.00
Fat	11.00g
SaturatedFat	2.00g
Trans Fat	0.00g
Cholesterol	45.00mg
Sodium	435.00mg
Carbohydrates	22.50g
Fiber	2.00g
Sugar	3.00g

Protein	22.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	35.50mg	Iron	2.44mg

Grilled Chicken Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST GRLLD CKD NAE 3Z 2-5 TYS	1 Each	CONVECTION Appliances vary, adjust accordingly. Convection Oven From frozen, place the breast filets on a lined (non-stick) sheet pan with a small amount of water. Completely cover with foil. Place in a pre-heated, 350°F convection oven for approximately 16-20 minutes. MICROWAVE Appliances vary, adjust accordingly. Microwave From frozen, place 1 or 2 filets on a microwave safe plate and cover completely with cling wrap plastic wrap. Heat in microwave on highest setting for approximately 2-3 minutes.	152121
3474 WGR HAMBURGER BUN (76) 60g 12ct	1 1 bun	READY_TO_EAT	

Preparation Instructions

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	2.50
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	270.00
Fat	4.50g
SaturatedFat	0.50g
Trans Fat	0.00g
Cholesterol	60.00mg
Sodium	530.00mg
Carbohydrates	28.00g
Fiber	2.00g

Sugar			4.00g
Protein			28.00g
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	91.00mg	Iron	2.72mg

Breaded Chicken Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX PTY BRD WGRAIN FC 3.54Z 4-8.2	1 Each	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.	281622
3474 WGR HAMBURGER BUN (76) 60g 12ct	1 1 bun	READY_TO_EAT	

Preparation Instructions

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	2.00
Grain	3.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	420.00
Fat	17.00g
SaturatedFat	2.50g
Trans Fat	0.00g
Cholesterol	25.00mg
Sodium	610.00mg
Carbohydrates	43.00g
Fiber	5.00g
Sugar	5.00g
Protein	22.00g
Vitamin A	100.00IU
Vitamin C	0.00mg

Calcium 111.00mg **Iron** 3.80mg

Chef Salad

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE CHED MLD SHRD 4-5# COMM	1/2 Ounce	Ready to eat	150250
CHIX PTY BRD WGRAIN FC 3.54Z 4-8.2	1 Ounce	Use cooked chilled chicken	281622
CROUTON HMSTYL SEAS 10-2 GFS	3/4 Cup	Ready to eat	748500
LETTUCE SALAD SEP BAGS 4-5 RSS	5 Ounce	Ready to eat	242071
CAULIFLOWER BITE SIZE 2-3 RSS	1 Ounce	Ready to eat	732486
BROCCOLI FLORET REG CUT 4-3 RSS	1 Ounce	Ready to eat	732478
CUCUMBER SELECT 6CT P/L	1 Slice	Ready to eat	592323
TOMATO CHERRY 11 MRKN	1 Each	Ready to eat	569551
BREADSTICK WGRAIN 1.31Z 10-20CT	1 Each	Ready to eat	152211

Preparation Instructions

Wash all vegetables, combine and include salad dressing packet

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SLE Components

Amount Per Serving

Meat	1.50
Grain	2.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00

Starch

0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		494.94	
Fat		21.23g	
SaturatedFat		5.51g	
Trans Fat		0.00g	
Cholesterol		40.00mg	
Sodium		703.90mg	
Carbohydrates		49.50g	
Fiber		10.11g	
Sugar		8.78g	
Protein		27.20g	
Vitamin A	919.01IU	Vitamin C	95.86mg
Calcium	249.83mg	Iron	4.20mg

Ham & Cheese Panini

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
MEAT COMBO PK SLCD 12-1 JENNO	2 Ounce	THAW AND EAT	236012
CHEESE, AMERICAN, YELLOW, PASTEURIZED, SLICED	1 Ounce	READY_TO_EAT	100018
BREAD PANINI 192- .82Z PILLS	2 Piece	MICROWAVE Tips and Handling: For best results thaw bread at ambient temperature (72F). Thawing under refrigeration is not recommended. To thaw a partial case, remove desired amount of product and lay out on a sheet pan and cover with plastic. Product will thaw at room temperature (72F) in approximately 1-2 hours. To thaw an entire case, remove from the freezer and leave in original packaging with inner bags sealed. Product will thaw at room temperature in approximately 9-12 hours.	831161

Preparation Instructions

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SLE Components

Amount Per Serving

Meat	2.49
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	459.55
Fat	20.82g
SaturatedFat	7.64g
Trans Fat	0.00g
Cholesterol	67.54mg
Sodium	932.99mg
Carbohydrates	39.75g

Fiber	2.00g		
Sugar	12.00g		
Protein	18.73g		
Vitamin A	24.87IU	Vitamin C	1.19mg
Calcium	39.80mg	Iron	1.98mg

Beef Soft Taco

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF REDC FAT 6-5# COMM	2 Ounce		722330
CHEESE CHED MLD SHRD 4-5# COMM	1 Ounce	1/5# bags use scoop #30	150250
TORTILLA FLOUR 8 PRSD 20-12CT	1 Each		505722

Preparation Instructions

Assemble and serve

CONDIMENTS: ON THE SIDE (NOT IN NUTRITION'S)

SALSA

SOUR CREAM

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	2.26
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.08
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	300.28		
Fat	16.59g		
SaturatedFat	8.14g		
Trans Fat	0.18g		
Cholesterol	52.08mg		
Sodium	664.16mg		
Carbohydrates	22.15g		
Fiber	3.26g		
Sugar	2.26g		
Protein	17.08g		
Vitamin A	406.94IU	Vitamin C	3.15mg

Calcium 240.87mg **Iron** 3.26mg

Chicken Soft Taco

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX STRP FAJT DRK MT FC 6-5 TYS	2 Ounce	BAKE Appliances vary, adjust accordingly. Conventional Oven Set at 350°F, reheat 25 - 30 minutes from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven Set at 400°F, 15 - 20 minutes from frozen. MICROWAVE Appliances vary, adjust accordingly. Microwave Oven Reheat 3 1 2 minutes on high setting from frozen.	860390
CHEESE CHED MLD SHRD 4-5# COMM	1 Ounce		150250
TORTILLA FLOUR 8 PRSD 20-12CT	1 Each		505722

Preparation Instructions

DISCLAIMER:

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CONDIMENTS: ON THE SIDE ONLY (NOT INCLUDED IN NUTRITION'S)

LETTUCE - TOMATO - SALSA - SOUR CREAM

SLE Components

Amount Per Serving

Meat	2.33
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00

Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		323.33	
Fat		18.17g	
SaturatedFat		8.33g	
Trans Fat		0.00g	
Cholesterol		83.33mg	
Sodium		746.67mg	
Carbohydrates		20.33g	
Fiber		2.00g	
Sugar		1.00g	
Protein		20.33g	
Vitamin A	66.67IU	Vitamin C	0.00mg
Calcium	228.33mg	Iron	2.48mg

Chicken Shakers w/Rice

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX POPCORN BRD WGRAIN DRK CKD 30#	10 Each	BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 10-12 MINUTES AT 350F; CONVECTION OVEN FOR 6-8 MINUTES AT 350F.	666232
RICE BRN PARBL WGRAIN 25 GCHC	1/4 Cup	BOIL Bring water and rice to a boil; stir and reduce heat to medium low and simmer 15-25 minutes or until most of the water is absorbed.	516371
Whole Grain Dinner Roll	1 roll	Ready to eat	4372

Preparation Instructions

DISCLAIMER:

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CONDIMENTS: ON THE SIDE ONLY (NOT INCLUDED IN NUTRITION'S)

SWEET CHILI SAUCE

FRANK'S HOT SAUCE

BBQ SAUCE

SLE Components

Amount Per Serving

Meat	2.00
Grain	2.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.25

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	563.00
Fat	18.00g
SaturatedFat	3.00g
Trans Fat	0.00g
Cholesterol	81.00mg
Sodium	487.00mg
Carbohydrates	54.00g
Fiber	5.00g

Sugar			0.00g
Protein			22.00g
Vitamin A	167.00IU	Vitamin C	0.00mg
Calcium	18.00mg	Iron	2.72mg

Chicken Salad on Ciabatta Bread

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX DCD 1/2 WHT/DARK CKD 2- 5 TYSON	4 Ounce	UNSPECIFIED Not currently available	570533
RELISH SWT PICKLE 4-1GAL GFS	1 Tablespoon		517186
DRESSING SALAD 4-1GAL GFS	1 Tablespoon		107042
BREAD CIABATTA WGRAIN 96-1.8Z PILLS	1 Each	MICROWAVE Tips and Handling: For best results thaw bread at ambient temperature (72F). Thawing under refrigeration is not recommended. To thaw a partial case, remove desired amount of product and lay out on a sheet pan and cover with plastic. Product will thaw at room temperature (72F) in approximately 1-2 hours. To thaw an entire case, remove from the freezer and leave in original packaging with inner bags sealed. Product will thaw at room temperature in approximately 9-12 hours.	831221

Preparation Instructions

Thaw chicken overnight, mix 5 # diced chicken add 1 cup of sweet pickle relish and 2 cups of salad dressing. Mix well, refrigerate over night. Serve chilled.

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SLE Components

Amount Per Serving

Meat	2.67
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00

OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	403.33		
Fat	15.27g		
SaturatedFat	3.30g		
Trans Fat	0.08g		
Cholesterol	81.33mg		
Sodium	596.70mg		
Carbohydrates	37.33g		
Fiber	3.00g		
Sugar	6.00g		
Protein	29.10g		
Vitamin A	10.28IU	Vitamin C	0.01mg
Calcium	21.28mg	Iron	2.44mg

Chicken Nachos

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX STRP FAJT DRK MT FC 6-5 TYS	2 Ounce		860390
CHIP TORTL RND YEL 5-1.5 KE	22 Each		163020
SAUCE CHS CHED POUCH 6-106Z LOL	3 Ounce		135261

Preparation Instructions

DISCLAIMER:

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CONDIMENTS: ON THE SIDE ONLY (NOT INCLUDED IN THE NUTRITION'S)

LETTUCE - TOMATO - SALSA - SOUR CREAM

SLE Components

Amount Per Serving

Meat	2.33
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		1593.33	
Fat		100.67g	
SaturatedFat		57.33g	
Trans Fat		0.00g	
Cholesterol		293.33mg	
Sodium		5216.67mg	
Carbohydrates		79.33g	
Fiber		4.00g	
Sugar		0.00g	
Protein		75.33g	
Vitamin A	66.67IU	Vitamin C	0.00mg
Calcium	2601.33mg	Iron	1.20mg

Beef Nachos

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP TORTL RND YEL 5-1.5 KE	22 Piece		163020
SAUCE CHS CHED POUCH 6-106Z LOL	3 Ounce	Heat and pour over entree	135261
TACO FILLING BEEF REDC FAT 6-5 COMM	2 Ounce		722330

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	2.26
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.08
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	1570.28
Fat	99.09g
SaturatedFat	57.14g
Trans Fat	0.18g
Cholesterol	262.08mg
Sodium	5134.16mg
Carbohydrates	81.15g
Fiber	5.26g
Sugar	1.26g
Protein	72.08g
Vitamin A 410.09IU	Vitamin C 3.41mg
Calcium 2613.24mg	Iron 1.97mg

Beef Taco Walking

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP CORN R/F 8-16Z FRITO	2 Ounce		537140
LETTUCE SHRD TACO 1/8CUT 4-5 RSS	1/2 Ounce		242489
TACO FILLING BEEF REDC FAT 6-5 COMM	2 Ounce	Heat to 145 degrees for 15 seconds	722330
CHEESE CHED MLD SHRD 4-5# COMM	1 Ounce	Ready to eat	150250

Preparation Instructions

DISCLAIMER:

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CONDIMENTS: ON THE SIDE ONLY (NOT INCLUDED IN THE NUTRITION'S)

SALSA - SOUR CREAM

SLE Components

Amount Per Serving

Meat	2.26
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.08
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	467.78		
Fat	24.09g		
SaturatedFat	9.14g		
Trans Fat	0.18g		
Cholesterol	52.08mg		
Sodium	719.16mg		
Carbohydrates	45.65g		
Fiber	5.76g		
Sugar	2.26g		
Protein	18.58g		
Vitamin A	410.09IU	Vitamin C	3.41mg

Calcium 274.24mg **Iron** 2.15mg

Chicken Taco Walking

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX STRP FAJT DRK MT FC 6-5 TYS	2 Ounce		860390
CHIP CORN 104-1Z SSV FRITOS	2 Ounce	READY_TO_EAT	105040
CHEESE CHED MLD SHRD 4-5# COMM	1 Ounce		150250

Preparation Instructions

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CONDIMENTS: ON THE SIDE ONLY (NOT INCLUDED IN NUTRITION'S)

SALSA - SOUR CREAM - LETTUCE - TOMATO

SLE Components

Amount Per Serving

Meat	2.33
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	523.33		
Fat	33.67g		
SaturatedFat	10.33g		
Trans Fat	0.00g		
Cholesterol	83.33mg		
Sodium	796.67mg		
Carbohydrates	34.33g		
Fiber	2.00g		
Sugar	0.00g		
Protein	21.33g		
Vitamin A	66.67IU	Vitamin C	0.00mg
Calcium	266.33mg	Iron	0.48mg

Mandarin Orange Chicken

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
ENTREE CHIX MAND ORNG W/SCE 6-5# YANG	3 3/5 Ounce		550512
RICE BRN PARBL WGRAIN 25 GCHC	1/2 Cup	BOIL Bring water and rice to a boil; stir and reduce heat to medium low and simmer 15-25 minutes or until most of the water is absorbed.	516371

Preparation Instructions

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	2.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.50

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	490.00		
Fat	5.00g		
SaturatedFat	0.50g		
Trans Fat	0.00g		
Cholesterol	40.00mg		
Sodium	280.00mg		
Carbohydrates	93.00g		
Fiber	4.00g		
Sugar	10.00g		
Protein	19.00g		
Vitamin A	0.00IU	Vitamin C	1.20mg
Calcium	0.00mg	Iron	2.16mg

BC Burger

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
MEATLOAF CKD SLCD W/CHS 100-2.9Z	1 Piece	BAKE This product is designed to be heated to 140 degrees F before serving.	765641
3474 WGR HAMBURGER BUN (76) 60g 12ct	1 1 bun	READY_TO_EAT	

Preparation Instructions

DISCLAIMER:

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CONDIMENTS: ON THE SIDE ONLY (NOT INCLUDED IN NUTRITION'S)

KETCHUP - MUSTARD - LETTUCE - TOMATO

SLE Components

Amount Per Serving

Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	320.00		
Fat	12.00g		
SaturatedFat	5.00g		
Trans Fat	0.00g		
Cholesterol	30.00mg		
Sodium	600.00mg		
Carbohydrates	35.00g		
Fiber	3.00g		
Sugar	9.00g		
Protein	18.00g		
Vitamin A	200.00IU	Vitamin C	9.00mg
Calcium	131.00mg	Iron	3.44mg

BC Chick Fillet Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST FLLT WGRAIN DILL CKD 4-5#	4 Ounce	Bake to 140 or higher	542832
3474 WGR HAMBURGER BUN (76) 60g 12ct	1 1 bun	READY_TO_EAT	

Preparation Instructions

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SLE Components

Amount Per Serving

Meat	2.00
Grain	3.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	380.00		
Fat	11.00g		
SaturatedFat	1.50g		
Trans Fat	0.00g		
Cholesterol	70.00mg		
Sodium	650.00mg		
Carbohydrates	42.00g		
Fiber	3.00g		
Sugar	6.00g		
Protein	29.00g		
Vitamin A	100.00IU	Vitamin C	0.00mg
Calcium	111.00mg	Iron	3.80mg

Cheese Burger

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE SLCD YEL 6-5 COMM	1 Slice	Ready to eat	334450
BEEF PTY CKD 2.5Z 6-5 COMM	1 Each	Cook to internal temp. of 165 or higher for 15 seconds	785850
3474 WGR HAMBURGER BUN (76) 60g 12ct	1 1 bun	READY_TO_EAT	

Preparation Instructions

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SLE Components

Amount Per Serving

Meat	2.50
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	353.00		
Fat	16.50g		
SaturatedFat	6.10g		
Trans Fat	0.60g		
Cholesterol	51.50mg		
Sodium	614.00mg		
Carbohydrates	30.00g		
Fiber	3.00g		
Sugar	4.50g		
Protein	22.50g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	104.00mg	Iron	4.00mg

Big Daddy's Buffalo Chicken Pizza

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA CHIX BUFF 16 3-3CT BIG DADDY	1 Slice	<p>BAKE COOK BEFORE EATING. Best if cooked from Frozen state. PREHEAT OVEN. FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 165°F. CONVECTION OVEN: 350°F low fan for 14-17 minutes IMPINGEMENT OVEN: 420°F for 6-7 minutes. NOTE: Rotate product half-way through bake time for convection oven. Due to variances in oven regulators, cooking time and temperature may require adjustments. Pizza is done when cheese begins to brown and is completely melted in the middle. Refrigerate or discard any unused portion.</p>	627101

Preparation Instructions

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SLE Components

Amount Per Serving

Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	390.00
Fat	19.00g
SaturatedFat	7.00g
Trans Fat	0.00g
Cholesterol	45.00mg
Sodium	740.00mg
Carbohydrates	35.00g
Fiber	3.00g
Sugar	8.00g
Protein	20.00g
Vitamin A	400.00IU
Vitamin C	0.00mg

Calcium 300.00mg **Iron** 2.70mg

PBJ

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PEANUT BUTTER SMOOTH 6-5 COMM	4 Tablespoon		110780
JELLY GRP 6-4 SMUCK	2 Tablespoon		224111
Whole Grain Honey White Bread	2 Serving	READY_TO_EAT	380

Preparation Instructions

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SLE Components

Amount Per Serving

Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	680.00		
Fat	34.00g		
SaturatedFat	6.00g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	640.00mg		
Carbohydrates	76.00g		
Fiber	8.00g		
Sugar	36.00g		
Protein	14.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

Philly Steak and Cheese

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK PHLL SEAS CKD 2.92Z 6-5 JTM	1 Each		720861
8" WHOLE GRAIN WHITE SUB BUN	1	READY_TO_EAT	1742
SAUCE CHS QUESO BLANCO FZ 6-5 JTM	1 Ounce		722110

Preparation Instructions

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SLE Components

Amount Per Serving

Meat	2.50
Grain	3.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	412.10		
Fat	15.40g		
SaturatedFat	6.05g		
Trans Fat	0.52g		
Cholesterol	55.00mg		
Sodium	605.00mg		
Carbohydrates	44.00g		
Fiber	4.00g		
Sugar	7.00g		
Protein	24.40g		
Vitamin A	200.00IU	Vitamin C	0.00mg
Calcium	111.00mg	Iron	1.44mg

Chili W/ Pretzel Bosco

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHILI BEEF W/BEAN 6-5 COMM	6 Ounce	heat to 145 degrees	344012
BREADSTICK PRTZL CHED WGRAIN 6 72CT	1 Each		665230

Preparation Instructions

Convection Oven

1. Preheat oven to 350° F. 2. Place Pretzel Sticks on a baking sheet. 3. Thawed: 7-9 minutes. 3. Let stand 2 minutes before serving.

CAUTION: FILLING MAY BE HOT!

This product must be cooked thoroughly to an internal temperature of at least 165°F before serving.

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SLE Components

Amount Per Serving

Meat	2.56
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.39
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	356.43
Fat	12.15g
SaturatedFat	3.75g
Trans Fat	0.00g
Cholesterol	41.90mg
Sodium	466.71mg
Carbohydrates	42.44g
Fiber	7.12g
Sugar	8.15g
Protein	20.38g
Vitamin A 1288.51IU	Vitamin C 19.55mg

Calcium 132.49mg **Iron** 4.53mg

Breaded Pork Tenderloin

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PORK PTY BRD WGRAIN 3.35Z 6-5# JTM	1 Each	Bake to an internal temperature of 145 for 15 seconds	661950
Aunt Millie's 4" Whole Grain Hamburger Bun	1 bun	Ready to eat	3159

Preparation Instructions

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	2.00
Grain	2.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		420.00	
Fat		17.00g	
SaturatedFat		4.50g	
Trans Fat		0.00g	
Cholesterol		40.00mg	
Sodium		330.00mg	
Carbohydrates		11.00g	
Fiber		2.00g	
Sugar		1.00g	
Protein		16.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	40.00mg	Iron	1.62mg

Salisbury Steak w/ WG Roll

Servings:	1.00	Category:	Entree
Serving Size:	1.00	HACCP Process:	Complex Food Prep
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK SALIS CHARB 72-2.25Z ADV	1 Each	BAKE Conventional oven: frozen product: preheat oven to 375 degrees f. Heat for 16 1 2 minutes. Convection oven: frozen product: preheat oven to 375 degrees f. Heat for 13-15 minutes.	485615
GRAVY MIX BROWN 12-15Z GCHC	1 Cup		242450
Whole Grain Dinner Roll	1 bun	READY_TO_EAT	1591

Preparation Instructions

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	2.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00

Amount Per Serving

Calories	340.00		
Fat	15.00g		
SaturatedFat	5.00g		
Trans Fat	0.50g		
Cholesterol	30.00mg		
Sodium	1910.00mg		
Carbohydrates	32.00g		
Fiber	2.00g		
Sugar	5.00g		
Protein	15.00g		
Vitamin A	100.00IU	Vitamin C	1.20mg
Calcium	20.00mg	Iron	1.80mg

French Toast Sticks

Servings:	1.00	Category:	Entree
Serving Size:	0.00	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRENCH TST STIX WGRAIN 300-.867Z PAP	3 Each	Heat using a microwave, oven, until product reaches 140 degrees F.	646222

Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.

SLE Components

Amount Per Serving

Meat	1.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.00

Amount Per Serving			
Calories	160.00		
Fat	3.50g		
SaturatedFat	1.00g		
Trans Fat	0.00g		
Cholesterol	105.00mg		
Sodium	270.00mg		
Carbohydrates	23.00g		
Fiber	2.00g		
Sugar	8.00g		
Protein	8.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	56.00mg	Iron	1.00mg

Doughnut

Servings:	1.00	Category:	Entree
Serving Size:	0.00	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
DONUT RING WGRAIN GLZ IW 80-2.5Z	1 Each		668181

Preparation Instructions

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	0.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.00

Amount Per Serving

Calories	230.00		
Fat	11.00g		
SaturatedFat	4.00g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	260.00mg		
Carbohydrates	29.00g		
Fiber	2.00g		
Sugar	6.00g		
Protein	5.00g		
Vitamin A	0.00IU	Vitamin C	6.00mg
Calcium	100.00mg	Iron	1.44mg

BC Breakfast Smoothie

Servings:	1.00	Category:	Entree
Serving Size:	0.00	HACCP Process:	Complex Food Prep
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CONC BLUE RASP 100% 4+1 6-64FLZ	4 Fluid Ounce		194313
YOGURT VAN L/F PARFPR 6-4 YOPL	4 Ounce	READY_TO_EAT Ready to use with pouch & serving tip.	811500

Preparation Instructions

Mix yogurt and concentrate together serve 8 oz. for 1 M/MA and 1 fruit

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	1.00
Grain	0.00
Fruit	1.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.00

Amount Per Serving			
Calories	159.50		
Fat	0.75g		
SaturatedFat	0.50g		
Trans Fat	0.00g		
Cholesterol	2.50mg		
Sodium	61.45mg		
Carbohydrates	34.50g		
Fiber	0.65g		
Sugar	28.00g		
Protein	3.50g		
Vitamin A	500.00IU	Vitamin C	30.00mg
Calcium	104.50mg	Iron	0.25mg

Breakfast Pizza

Servings:	1.00	Category:	Entree
Serving Size:	0.00	HACCP Process:	Complex Food Prep
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PIZZA BKFST SAUS&GRVY WGRAIN 128-3Z	1 Piece	BAKE COOKING INSTRUCTIONS. COOK BEFORE SERVING. FOR FOOD SAFETY AND QUALITY, COOK TO AN INTERNAL TEMPERATURE OF 165°F BEFORE SERVING.Place frozen pizzas in 18"x26"x1 2" prepared pans. CONVECTION OVEN: 350°F for 15 to 17 minutes. Rotate pan ½ way through bake time. Refrigerate or discard any unused portion. NOTE: Due to variances in oven regulators, cooking time and temperature may require adjustments.	503640

Preparation Instructions

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	1.00
Grain	1.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.00

Amount Per Serving			
Calories		210.00	
Fat		7.00g	
SaturatedFat		2.00g	
Trans Fat		0.00g	
Cholesterol		15.00mg	
Sodium		330.00mg	
Carbohydrates		25.00g	
Fiber		3.00g	
Sugar		5.00g	
Protein		10.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	168.00mg	Iron	1.80mg

Breakfast Cereal

Servings:	1.00	Category:	Entree
Serving Size:	0.00	HACCP Process:	No Cook
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CEREAL COCOA PUFFS WGRAIN R/S 96CT	1 Each	READY_TO_EAT Ready to eat dry cereal in a portable, easy-to-serve bowl.	270401
CRACKER GRHM HNY WGRAIN 150-3CT KEEB	1 Package		282471

Preparation Instructions

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	0.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.00

Amount Per Serving

Calories	200.00		
Fat	4.00g		
SaturatedFat	0.00g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	215.00mg		
Carbohydrates	42.00g		
Fiber	3.00g		
Sugar	13.00g		
Protein	4.00g		
Vitamin A	1000.00IU	Vitamin C	6.00mg
Calcium	200.00mg	Iron	5.22mg

Sausage & Egg Bagel

Servings:	1.00	Category:	Entree
Serving Size:	1.00	HACCP Process:	Complex Food Prep
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUSAGE PTY STHRN 1.33Z 6-5 COMM	1 Each	BAKE Place patties on a sheet pan and heat in convection oven at 350 degrees to 375 degrees F for approximately 7-8 minutes.	785880
EGG PTY RND 3.5 300- 1.25Z PAP	1 Each	CONVECTION 250°F (10-12 MIN-FROZEN) OR (6-8 MIN REFRIG), CONVENTIONAL 350°F (20-25 MIN-FROZEN) OR (12-15 MIN REFRIG) MICROWAVE HIGH (30-40 SEC FROZEN) OR (15-25 SEC - REFRIG).	741320
BAGEL WHT WGRAIN IW 72-2Z LENDER	1 Each		217911

Preparation Instructions

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	1.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00

Amount Per Serving

Calories	328.30		
Fat	16.70g		
SaturatedFat	4.90g		
Trans Fat	0.00g		
Cholesterol	122.00mg		
Sodium	441.90mg		
Carbohydrates	30.00g		
Fiber	4.00g		
Sugar	4.00g		
Protein	15.20g		
Vitamin A	195.36IU	Vitamin C	0.02mg

Calcium 74.20mg **Iron** 2.26mg

EveryDay Fruit Juice

Servings:	100.00	Category:	Fruit
Serving Size:	1.00 Ounce	HACCP Process:	No Cook
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
JUICE PINEAP 100 72-4FLZ SUNCUP	1 Each		118980
JUICE CUP ORANGE 100% 96-4Z	1 Each		781320
Grape Juice 100% Fresh	1 1 each		

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.00
Grain	0.00
Fruit	0.01
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Ounce

Amount Per Serving

Calories	1.50		
Fat	0.00g		
SaturatedFat	0.00g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	0.15mg		
Carbohydrates	0.31g		
Fiber	0.00g		
Sugar	0.34g		
Protein	0.00g		
Vitamin A	0.00IU	Vitamin C	1.15mg
Calcium	0.00mg	Iron	0.01mg

Taco Walking

Servings:	100.00	Category:	Entree
Serving Size:	1.00 1 each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP TORTL SCOOP BKD 72-.875Z TOSTIT	100 Each	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	696871
CHEESE CHED MLD SHRD FINE 4-5 GFS	6 1/4 Pound		191043
SALSA 103Z 6-10 REDG	7 Pound	READY_TO_EAT None	452841

Preparation Instructions

Directions:

WASH HANDS.

WASH ALL FRESH PRODUCE UNDER COOL RUNNING WATER, DRAIN WELL.

1. In a tilt-skillet, cook beef and drain fat.

CCP: FINAL INTERNAL COOKING TEMPERATURE MUST REACH A MINIMUM OF 155°F, HELD FOR 15 SECONDS.

2. Add taco seasoning mix (optional) and water, blend well. Bring to a boil. Reduce heat and simmer for 20-30 minutes.

3. Crush individual bags of chips and open.

3. Add 2 oz of meat mixture, 1 oz of shredded cheese, 1/4 cup of shredded lettuce and 1/8 cup salsa to each bag of chips.

4. Serve.

Child Nutrition: 1 Each provides=

1.5 oz meat/meat alternate, 1.25 oz eq grains, 1/8 cup "other" vegetable, and 1/8 cup red/orange vegetable

OR

1.5 oz meat/meat alternate, 1.25 oz eq grains, and 1/4 cup additional vegetables

Updated October 2013

Notes:

SLE Components

Amount Per Serving

Meat	0.00
Grain	1.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.19
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 1 each

Amount Per Serving

Calories	148.70		
Fat	4.75g		
SaturatedFat	1.25g		
Trans Fat	0.00g		
Cholesterol	7.50mg		
Sodium	247.65mg		
Carbohydrates	21.49g		
Fiber	1.00g		
Sugar	0.75g		
Protein	3.75g		
Vitamin A	207.91IU	Vitamin C	1.49mg
Calcium	92.69mg	Iron	0.30mg

Turkey Bagel Sandwich

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BAGEL WHT WGRAIN 2Z 12-6CT LENDERS	100 Each		230264
CHEESE AMER 160CT SLCD 4-5 GFS	100 1 piece		271411
LETTUCE LEAF GRN WASHED TRMD 2-5 RSS	20 Cup		702595
TOMATO RANDOM 2 25 MRKN	100 .50 cup		508616
TURKEY BRST SHRD CKD 4-5AVG JENNO	255 Ounce		416042

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.40
RedVeg	1.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	292.28
Fat	6.72g
SaturatedFat	3.05g
Trans Fat	0.00g
Cholesterol	47.50mg
Sodium	611.52mg
Carbohydrates	32.20g
Fiber	5.20g
Sugar	6.50g
Protein	27.40g
Vitamin A 1482.86IU	Vitamin C 12.73mg
Calcium 126.59mg	Iron 2.47mg

Walking Tall Taco

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP TORTL SCOOP BKD 72-.875Z TOSTIT	100 Each	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	696871
TURKEY TACO MEAT FC 4- 7 JENNO	303 Ounce		768230
CHEESE CHED MLD SHRD FINE 4-5 GFS	25 Ounce		191043

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	2.00
Grain	1.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	247.50		
Fat	9.25g		
SaturatedFat	2.75g		
Trans Fat	0.00g		
Cholesterol	57.50mg		
Sodium	560.00mg		
Carbohydrates	22.25g		
Fiber	1.00g		
Sugar	0.00g		
Protein	19.75g		
Vitamin A	75.00IU	Vitamin C	0.00mg
Calcium	120.00mg	Iron	1.74mg

Beef & Cheese Nachos

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF REDC FAT 6-5# COMM	3 Ounce		722330
TORTILLA YELLOW RND 40-2Z BRRLOFUN	1 Package		682210
CHEESE CHED MLD SHRD 4-5# COMM	1/4 Cup		150250

Preparation Instructions

BEEF TACO FILLING COOKING INSTRUCTIONS:

THAW PRODUCT UNDER REFRIGERATION FOR 3 DAYS PRIOR TO PREPARATION.

PLACE SEALED BAGS IN A STEAMER OR IN BOILING WATER. HEAT APPROXIMATELY 30 MINUTES OR UNTIL PRODUCT REACHES SERVING TEMPERATURE. AVOID OVERLOADING KETTLES WHERE BAGS CAN BE TRAPPED AGAINST SIDE OF KETTLE OR POT. OPEN BAG WITH CAUTION AS IT WILL BE HOT. Heat to an internal temperature of 165 degree F for at least 15 seconds.

Top 2oz. tortilla chips with 3oz (1/3 cup or #12 scoop) and 1/4 cup shredded cheese.

SLE Components

Amount Per Serving

Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.07
OtherVeg	0.05
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	485.43
Fat	24.64g
SaturatedFat	9.20g
Trans Fat	0.27g
Cholesterol	63.12mg
Sodium	686.25mg
Carbohydrates	45.73g
Fiber	5.89g
Sugar	1.89g
Protein	22.11g
Vitamin A 610.41IU	Vitamin C 4.73mg

Calcium 241.80mg **Iron** 2.89mg

Buffalo Chicken Tenders

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX TNR HOT & SPCY WG FC 1.13Z 4-8	100 Each	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.	281731

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.67
Grain	0.33
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	86.67		
Fat	5.00g		
SaturatedFat	0.83g		
Trans Fat	0.00g		
Cholesterol	8.33mg		
Sodium	130.00mg		
Carbohydrates	5.67g		
Fiber	1.00g		
Sugar	0.33g		
Protein	5.00g		
Vitamin A	33.33IU	Vitamin C	0.00mg
Calcium	13.33mg	Iron	0.60mg

Walking Taco

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP TORTL SCOOP BKD 72-.875Z TOSTIT	100 Each	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	696871
BEEF CRMBL CKD IQF 6- 5# JTM	12 1/2 Pound		661940

Preparation Instructions

Directions:

WASH HANDS.

WASH ALL FRESH PRODUCE UNDER COOL RUNNING WATER, DRAIN WELL.

1. In a tilt-skillet, cook beef and drain fat.

CCP: FINAL INTERNAL COOKING TEMPERATURE MUST REACH A MINIMUM OF 155°F, HELD FOR 15 SECONDS.

2. Add taco seasoning mix (optional) and water, blend well. Bring to a boil. Reduce heat and simmer for 20-30 minutes.

3. Crush individual bags of chips and open.

3. Add 2 oz of meat mixture, 1 oz of shredded cheese, 1/4 cup of shredded lettuce and 1/8 cup salsa to each bag of chips.

4. Serve.

Child Nutrition: 1 Each provides=

1.5 oz meat/meat alternate, 1.25 oz eq grains, 1/8 cup "other" vegetable, and 1/8 cup red/orange vegetable

OR

1.5 oz meat/meat alternate, 1.25 oz eq grains, and 1/4 cup additional vegetables

Updated October 2013

Notes:

SLE Components

Amount Per Serving

Meat	1.64
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Grain	1.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00
 Serving Size: 1.00 Each

Amount Per Serving

Calories	241.15
Fat	12.34g
SaturatedFat	3.69g
Trans Fat	0.57g
Cholesterol	34.43mg
Sodium	268.44mg
Carbohydrates	19.82g
Fiber	1.82g
Sugar	0.00g
Protein	12.66g

Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	48.03mg	Iron	1.94mg

Breakfast Parfait

Servings:	1.00	Category:	Entree
Serving Size:	1.00	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Blueberries, Frozen	1/4 Cup	Can use any frozen or canned fruit .	110624
GRANOLA OAT&HNY BULK 4-50Z NATVLLY	1/4 Cup	READY_TO_EAT Ready to serve and eat	226671
YOGURT VAN L/F PARFPR 6-4 YOPL	8 Ounce	READY_TO_EAT Ready to use with pouch & serving tip.	811500

Preparation Instructions

Portion 1/4 cup of fruit in the bottom of the cup, then portion 8 oz. of yogurt on top of fruit. Place granola in the insert place it in the cup, lid, serve chilled

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SLE Components

Amount Per Serving

Meat	2.00
Grain	0.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00

Amount Per Serving

Calories	305.82		
Fat	2.93g		
SaturatedFat	1.19g		
Trans Fat	0.00g		
Cholesterol	5.00mg		
Sodium	217.44mg		
Carbohydrates	62.66g		
Fiber	2.12g		
Sugar	39.34g		
Protein	8.87g		
Vitamin A	1000.00IU	Vitamin C	0.00mg
Calcium	207.46mg	Iron	0.54mg

Sriracha Chicken Nuggets

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST CHNK BRD SRIRACHA 4-7.12	3 Each		750892
RICE BRN PARBL WGRAIN 25 GCHC	1/2 Cup	BOIL Bring water and rice to a boil; stir and reduce heat to medium low and simmer 15-25 minutes or until most of the water is absorbed.	516371

Preparation Instructions

Convection Oven

From Frozen:

1. Preheat oven to 375°F. 2. Arrange pieces in a single layer on a baking sheet. 3. Heat in oven for 12-15 minutes.

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	1.50
Grain	0.75
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.50

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		482.50	
Fat		8.75g	
SaturatedFat		1.13g	
Trans Fat		0.00g	
Cholesterol		26.25mg	
Sodium		187.50mg	
Carbohydrates		84.50g	
Fiber		4.75g	
Sugar		1.50g	
Protein		19.25g	
Vitamin A	0.00IU	Vitamin C	0.00mg

Calcium 7.50mg **Iron** 2.19mg

Bosco Sticks

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BREADSTICK CHS STFD WGRAIN 6 144CT	2 Each	<p>CONVECTION Convection Oven</p> <ol style="list-style-type: none"> 1. Preheat oven to 400° F. 2. Place Bosco Sticks on a baking sheet. 3. THAWED: 7-9 minutes. 4. Let stand 2 minutes before serving. <p>CAUTION: FILLING MAY BE HOT! Oven temperatures may vary. Adjust baking time and or temperature as necessary. Top Bosco Stick breadsticks with butter and parmesan cheese (not included) after baking.</p> <p>DEEP_FRY Deep Fry</p> <ol style="list-style-type: none"> 1. Preheat oil to 350° F. 2. THAWED ONLY: 1-2 minutes. 3. Let stand 2 minutes before serving. <p>CAUTION: FILLING MAY BE HOT! Oven temperatures may vary. Adjust baking time and or temperature as necessary. Top Bosco Stick breadsticks with butter and parmesan cheese (not included) after baking.</p> <p>THAW Thawing Instructions</p> <ol style="list-style-type: none"> 1. Thaw before baking. 2. Keep Bosco Sticks covered while thawing 3. Bosco Sticks may be thawed in packaging. 4. Bosco Stick have 8 days shelf life when refrigerated. <p>Oven temperatures may vary. Adjust baking time and or temperature as necessary. Top Bosco Stick breadsticks with butter and parmesan cheese (not included) after baking.</p>	235411

Preparation Instructions

CONVECTION

Convection Oven

1. Preheat oven to 400° F. 2. Place Bosco Stick breadsticks on a baking sheet. 3. THAWED: 6-8 minutes. 4. Let stand 2 minutes before serving. **CAUTION: FILLING MAY BE HOT!**

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE

NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.

CONDIMENTS: ON THE SIDE ONLY (NOT INCLUDED IN NUTRITION'S)

MARINARA SAUCE

SLE Components

Amount Per Serving

Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	300.00		
Fat	10.00g		
SaturatedFat	5.00g		
Trans Fat	0.00g		
Cholesterol	30.00mg		
Sodium	440.00mg		
Carbohydrates	34.00g		
Fiber	4.00g		
Sugar	2.00g		
Protein	20.00g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	444.00mg	Iron	2.00mg

Biscuit & Gravy

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BISCUIT WGRAIN EZ SPLIT 120-2Z PILLS	1 Each	BAKE For best results, thaw at least 2 hours at room temperature prior to heating. Remove plastic wrap. Brush biscuit tops with margarine or butter if desired. Bake at 325F for 6-7 minutes in a convection oven, 375F for 6-8 minutes in a standard reel oven, and 150F for 50-60 minutes in a food warmer. If warming in a microwave, apply 15 seconds of heat for 1 biscuit, 20 seconds of heat for 2 biscuits, 30 seconds of heat for 3 biscuits, 40 seconds of heat for 4 biscuits and 50 seconds of heat for 5 biscuits.	631902
GRAVY MIX CNTRY 6-1.5 PION	4 Ounce	BAKE 1: Add 5 quarts boiling water (212°F) for convection oven (4 1 2 quarts for conventional) and 4 ounces unsalted butter to a 2 1 2" deep full-size steamtable pan. 2: Stir in sauce mix until dissolved. 3: Add potato slices. Stir. 4: Bake in convection oven at 300°F for 45-60 minutes. For conventional oven, bake at 400°F for 45-60 minutes. TIPS: For half carton prep, use half of each ingredient amount specified. Cook time and temperature remain the same.	455555

Preparation Instructions

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	0.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	350.38
Fat	18.02g
SaturatedFat	10.01g
Trans Fat	4.51g
Cholesterol	0.00mg
Sodium	1131.73mg
Carbohydrates	42.04g
Fiber	2.00g

Sugar		5.01g	
Protein		4.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	150.00mg	Iron	2.16mg

Turkey Manhattan

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Aunt Millie's Light Whole Grain Bread	2 Slice	BAKE	1357
TURKEY & GRAVY CKD 4-7 JENNO	5 Ounce	COOK ACCORDING TO DIRECTIONS	653171
POTATO PRLS EXCEL 12-28Z BAMER	3 Ounce	RECONSTITUTE 1: Pour 4L (about 1 gallon plus 1 cup) of hot water (170-190°F) into 6" deep half-size steamtable pan. 2: Add all potatoes, stir for 15 seconds. 3: Let stand for 5 minutes, stir and serve.	613738

Preparation Instructions

ASSEMBLE: 2 bread down, place potatoes on bread, ladle turkey over all.

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	2.40
Grain	1.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	2.14

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	514.23		
Fat	10.30g		
SaturatedFat	1.80g		
Trans Fat	0.00g		
Cholesterol	48.08mg		
Sodium	2058.10mg		
Carbohydrates	62.40g		
Fiber	4.29g		
Sugar	0.00g		
Protein	30.21g		
Vitamin A	0.00IU	Vitamin C	0.00mg

Calcium 42.86mg **Iron** 1.72mg

Mac & Cheese

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
ENTREE MAC & CHS WGRAIN 6-5 LOL	1 Ounce	BAKE	527582
Dinner roll whole grain	1		

Preparation Instructions

6 ounce serving.

White dipper - or - 1/2 cup dipper heaping

DISCLAIMER:

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SLE Components

Amount Per Serving

Meat	2.50
Grain	3.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	430.00		
Fat	13.50g		
SaturatedFat	5.50g		
Trans Fat	0.00g		
Cholesterol	30.00mg		
Sodium	805.00mg		
Carbohydrates	57.00g		
Fiber	2.00g		
Sugar	6.00g		
Protein	17.00g		
Vitamin A	750.00IU	Vitamin C	0.00mg
Calcium	400.00mg	Iron	1.08mg

chicken sandwich

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Chicken Patty Breakfast Brd WG	100 Each	BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 10-14 MINUTES AT 350F; CONVECTION OVEN FOR 8-10 MINUTES AT 350F.	528820
4" Whole Grain Hamburger Bun	100	READY_TO_EAT	3159

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	1.00
Grain	0.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	96.00		
Fat	4.00g		
SaturatedFat	1.00g		
Trans Fat	0.00g		
Cholesterol	17.00mg		
Sodium	207.00mg		
Carbohydrates	7.00g		
Fiber	1.00g		
Sugar	0.00g		
Protein	8.00g		
Vitamin A	43.00IU	Vitamin C	47.00mg
Calcium	11.00mg	Iron	1.00mg

Apple Bosco Stick

Servings:	1.00	Category:	Entree
Serving Size:	1.00	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLESTICK WGRAIN 7 IW 72CT BOSCO	1 Each	<p>BAKE Conventional Oven</p> <ol style="list-style-type: none">1. Preheat oven to 350° F.2. Place Apple Sticks on a baking sheet.3. THAWED: 12-14 minutes. FROZEN: 20-22 minutes.5. Let stand 2 minutes before serving. <p>CAUTION: FILLING MAY BE HOT! Oven temperatures may vary. Adjust baking time and or temperature as necessary.</p> <p>MICROWAVE Microwave</p> <ol style="list-style-type: none">1. Open one end of wrapper.2. Microwave high.3. THAWED: 35-40 seconds. FROZEN: 55-60 seconds.4. Let stand 2 minutes before serving. <p>CAUTION: FILLING MAY BE HOT! Oven temperatures may vary. Adjust baking time and or temperature as necessary.</p> <p>THAW Thawing Instructions</p> <ol style="list-style-type: none">1. Thaw before baking.2. Keep Apple Sticks covered while thawing.3. Apple Sticks may be thawed in packaging.4. Apple Sticks have 8 days shelf life when refrigerated. <p>Oven temperatures may vary. Adjust baking time and or temperature as necessary.</p> <p>UNSPECIFIED Warming Cabinet Avoid placing Apple Sticks directly on a heated shelf. Best if placed on a baking rack that is slightly elevated from the hot shelf. For best quality results open wrapper and hold in a warmer for a maximum of 2 hours. Maximum hold time with wrapper closed is 1 hour. Individually wrapped Apple Sticks have 8 days shelf life when refrigerated. Oven temperatures may vary. Adjust baking time and or temperature as necessary.</p>	518721

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.00
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Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00
Serving Size: 1.00

Amount Per Serving

Calories	200.00
Fat	3.00g
SaturatedFat	0.50g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	170.00mg
Carbohydrates	38.00g
Fiber	3.00g
Sugar	9.00g
Protein	5.00g

Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	1.80mg

Walking Tall Taco

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP TORTL SCOOP BKD 72-.875Z TOSTIT	100 Each	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	696871
BEEF CRMBL CKD IQF 6- 5# JTM	12 1/2 Pound		661940
CHEESE CHED MLD SHRD FINE 4-5 GFS	6 1/4 Pound		191043
84-2.6Z SALSA CUP REDG REDSC2Z	1		536690

Preparation Instructions

Directions:

WASH HANDS.

WASH ALL FRESH PRODUCE UNDER COOL RUNNING WATER, DRAIN WELL.

1. In a tilt-skillet, cook beef and drain fat.

CCP: FINAL INTERNAL COOKING TEMPERATURE MUST REACH A MINIMUM OF 155°F, HELD FOR 15 SECONDS.

2. Add taco seasoning mix (optional) and water, blend well. Bring to a boil. Reduce heat and simmer for 20-30 minutes.

3. Crush individual bags of chips and open.

3. Add 2 oz of meat mixture, 1 oz of shredded cheese, 1/4 cup of shredded lettuce and 1/8 cup salsa to each bag of chips.

4. Serve.

Child Nutrition: 1 Each provides=

1.5 oz meat/meat alternate, 1.25 oz eq grains, 1/8 cup "other" vegetable, and 1/8 cup red/orange vegetable

OR

1.5 oz meat/meat alternate, 1.25 oz eq grains, and 1/4 cup additional vegetables

Updated October 2013

Notes:

SLE Components

Amount Per Serving

Meat	1.64
Grain	1.25
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	268.65		
Fat	14.59g		
SaturatedFat	4.94g		
Trans Fat	0.57g		
Cholesterol	41.93mg		
Sodium	313.44mg		
Carbohydrates	20.07g		
Fiber	1.82g		
Sugar	0.00g		
Protein	14.41g		
Vitamin A	75.00IU	Vitamin C	0.00mg
Calcium	98.03mg	Iron	1.94mg

Apple Bosco Stick

Servings:	1.00	Category:	Entree
Serving Size:	1.00	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLESTICK WGRAIN 7 IW 72CT BOSCO	1 Each	<p>BAKE Conventional Oven</p> <ol style="list-style-type: none">1. Preheat oven to 350° F.2. Place Apple Sticks on a baking sheet.3. THAWED: 12-14 minutes. FROZEN: 20-22 minutes.5. Let stand 2 minutes before serving. <p>CAUTION: FILLING MAY BE HOT! Oven temperatures may vary. Adjust baking time and or temperature as necessary.</p> <p>MICROWAVE Microwave</p> <ol style="list-style-type: none">1. Open one end of wrapper.2. Microwave high.3. THAWED: 35-40 seconds. FROZEN: 55-60 seconds.4. Let stand 2 minutes before serving. <p>CAUTION: FILLING MAY BE HOT! Oven temperatures may vary. Adjust baking time and or temperature as necessary.</p> <p>THAW Thawing Instructions</p> <ol style="list-style-type: none">1. Thaw before baking.2. Keep Apple Sticks covered while thawing.3. Apple Sticks may be thawed in packaging.4. Apple Sticks have 8 days shelf life when refrigerated. <p>Oven temperatures may vary. Adjust baking time and or temperature as necessary.</p> <p>UNSPECIFIED Warming Cabinet Avoid placing Apple Sticks directly on a heated shelf. Best if placed on a baking rack that is slightly elevated from the hot shelf. For best quality results open wrapper and hold in a warmer for a maximum of 2 hours. Maximum hold time with wrapper closed is 1 hour. Individually wrapped Apple Sticks have 8 days shelf life when refrigerated. Oven temperatures may vary. Adjust baking time and or temperature as necessary.</p>	518721

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.00
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Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00
Serving Size: 1.00

Amount Per Serving

Calories	200.00
Fat	3.00g
SaturatedFat	0.50g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	170.00mg
Carbohydrates	38.00g
Fiber	3.00g
Sugar	9.00g
Protein	5.00g

Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	1.80mg

Hamburger

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Beef Steak Patty	1 Each	Steamed	661880
3.5" Bun, WG	1 Each	READY_TO_EAT	3354
American Cheese Sliced RF	1 Slice		666204

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.03
Grain	0.02
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories	3.48		
Fat	0.19g		
SaturatedFat	0.07g		
Trans Fat	0.01g		
Cholesterol	0.68mg		
Sodium	7.03mg		
Carbohydrates	0.23g		
Fiber	0.03g		
Sugar	0.03g		
Protein	0.23g		
Vitamin A	0.30IU	Vitamin C	0.00mg
Calcium	1.30mg	Iron	0.02mg

taco recipe

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF 4-5# JTM	2 Ounce	heat to 165	210780
6 inch Ultra Grain soft tortilla shell	1 Each	BAKE	
CHEESE AMER 50/50 SHRD 4-5 KE	1 Ounce		494372

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.08
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Each

Amount Per Serving

Calories	5.11		
Fat	0.40g		
SaturatedFat	0.15g		
Trans Fat	0.00g		
Cholesterol	0.60mg		
Sodium	17.18mg		
Carbohydrates	0.11g		
Fiber	0.01g		
Sugar	0.01g		
Protein	0.32g		
Vitamin A	11.84IU	Vitamin C	0.03mg
Calcium	8.25mg	Iron	0.01mg

Tangerine stir fry

Servings:	100.00	Category:	Entree
Serving Size:	0.00 4 ounces	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
STIR FRY CHIX TANGR WGRAIN 6-7.2	1 Ounce		791710
6-25.6Z RICE BROWN ASIAN LO SOD 45533	1		238491

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.01
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 0.00 4 ounces

Amount Per Serving

Calories	0.49		
Fat	0.01g		
SaturatedFat	0.00g		
Trans Fat	0.00g		
Cholesterol	0.12mg		
Sodium	0.97mg		
Carbohydrates	0.06g		
Fiber	0.01g		
Sugar	0.03g		
Protein	0.04g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

799 SNACK KIDS MIX WG LUNCH

Servings:	12.00	Category:	Entree
Serving Size:	1.00 Package	HACCP Process:	No Cook
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE STRING MOZZ LT IW 168-1Z LOL	12 Each		786801
YOGURT VAN L/F PARFPR 6-4 YOPL	48 Ounce		811500
SNACK MUNCHIE MIX 104-SSV QUAK	12 Package		251670

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	3.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 12.00

Serving Size: 1.00 Package

Amount Per Serving			
Calories		270.00	
Fat		7.25g	
SaturatedFat		2.50g	
Trans Fat		0.00g	
Cholesterol		12.50mg	
Sodium		432.50mg	
Carbohydrates		37.50g	
Fiber		2.50g	
Sugar		17.00g	
Protein		12.50g	
Vitamin A	500.00IU	Vitamin C	0.00mg
Calcium	328.00mg	Iron	3.70mg

Taco Tuesday

Servings:	125.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF 4-5 GFS	2 1/2 Ounce		776548
CHIP TORTL SCOOP BKD 72-.875Z TOSTIT	1 Package	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	696871

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.00
Grain	0.01
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 125.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		1.88	
Fat		0.09g	
SaturatedFat		0.03g	
Trans Fat		0.00g	
Cholesterol		0.15mg	
Sodium		2.90mg	
Carbohydrates		0.18g	
Fiber		0.03g	
Sugar		0.01g	
Protein		0.09g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.55mg	Iron	0.01mg

Taco Tuesday

Servings:	125.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF 4-5 GFS	2 1/4 Ounce		776548
CHIP TORTL SCOOP BKD 72-.875Z TOSTIT	1 Package	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	696871
SALSA 103Z 6-10 REDG	1 Ounce	READY_TO_EAT None	452841
CHEESE CHED MLD SHRD FINE 4-5 GFS	1 Cup		191043
LETTUCE SHRD TACO 1/8CUT 4-5 RSS	1 Cup		242489

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.00
Grain	0.01
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 125.00

Serving Size: 1.00 Each

Amount Per Serving

Calories	5.50
Fat	0.37g
SaturatedFat	0.18g
Trans Fat	0.00g
Cholesterol	1.10mg
Sodium	9.10mg
Carbohydrates	0.25g
Fiber	0.03g
Sugar	0.03g

Protein		0.31g	
Vitamin A	10.55IU	Vitamin C	0.01mg
Calcium	7.17mg	Iron	0.01mg

Wk1 - Monday

Servings:	50.00	Category:	Entree
Serving Size:	0.00 2 oz	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF 4-5 GFS	1 Ounce		776548
CHIP TORTL SCOOP BKD 72-.875Z TOSTIT	1 Package	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	696871
LETTUCE SHRD TACO 1/8CUT 4-5 RSS	1 Cup		242489

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.00
Grain	0.03
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 0.00 2 oz

Amount Per Serving			
Calories		3.50	
Fat		0.12g	
SaturatedFat		0.03g	
Trans Fat		0.00g	
Cholesterol		0.15mg	
Sodium		4.60mg	
Carbohydrates		0.47g	
Fiber		0.06g	
Sugar		0.05g	
Protein		0.13g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	1.31mg	Iron	0.02mg

Sausage Egg Biscuit

Servings:	1.00	Category:	Entree
Serving Size:	0.00	HACCP Process:	Same Day Service
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUSAGE PTY STHRN 1.33Z 6-5 COMM	1	BAKE Place patties on a sheet pan and heat in convection oven at 350 degrees to 375 degrees F for approximately 7-8 minutes.	785880
BISCUIT STHRN STYL EZ SPLT 216-2.2Z	1	BAKE Standard Prep: Place 54 frozen biscuits on greased or parchment lined full sheet pan in 6x9 pattern. Bake time 19-23 minutes in 325 degrees F convection oven. See package for complete baking instructions.	866920
EGG SCRMBD PTY RND 3.25 200-1Z GFS	1	CONVECTION: HEAT OVEN TO 250F. PLACE SINGLE LAYER OF PATTIES IN FULL-SIZE STEAMER PAN SPRAYED WITH NON-STICK COOKING SPRAY. DO NOT COVER. THAWED 8-10 MIN. FROZEN 10-12 MIN.	462519
CHEESE SLCD BLND 6- 5 COMM	1/2 Slice		150600

Preparation Instructions

Assemble sandwich: bottom of biscuit, egg patty, sausage, 1/2 slice of cheese, top of biscuit.

Wrap in foil if using for second chance.

If not cover on sheet tray and hold in warmer at 140-160 *F.

SLE Components

Amount Per Serving

Meat	2.25
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.00

Amount Per Serving	
Calories	386.00
Fat	23.00g
SaturatedFat	10.20g
Trans Fat	0.00g
Cholesterol	108.50mg
Sodium	842.00mg
Carbohydrates	28.00g
Fiber	1.00g

Sugar		4.00g	
Protein		16.00g	
Vitamin A	56.00IU	Vitamin C	0.00mg
Calcium	111.00mg	Iron	1.08mg

Strawberry Chocolate Parfait

Servings:	1.00	Category:	Entree
Serving Size:	8.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SPRINKLES CHOC DECOR 25Z GFS	1 Teaspoon	Sprinkle on top to finish	421600
SYRUP CHOC 24-24Z HERSH	2 Tablespoon	2 Tbsp per parfait	433941
YOGURT VAN L/F 6-32Z DANN	1/2 Cup		541966
Strawberry Cup	1/2 Cup	Use USDA Commodity cup, or fresh strawberry or diced frozen strawberry 621420	100256
GRANOLA BAG IW 144-1Z FLDSTN	1	READY_TO_EAT Great to eat out of the pack, on breakfast and salad bars, or as a topping for desserts, yogurt, or parfaits. Perfect for healthcare--nursing homes, rehabilitation centers, long-term care, senior living; schools, day cares, camps, golf courses and recreation programs.	649742

Preparation Instructions

Assemble ingredients in to- go parfait cup.

SLE Components

Amount Per Serving

Meat	1.00
Grain	1.00
Fruit	0.50
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 8.00 Serving

Amount Per Serving

Calories	344.40
Fat	6.40g
SaturatedFat	1.70g
Trans Fat	0.00g
Cholesterol	7.50mg
Sodium	162.80mg
Carbohydrates	66.44g
Fiber	3.32g
Sugar	45.50g

Protein		8.71g	
Vitamin A	50.64IU	Vitamin C	0.00mg
Calcium	179.95mg	Iron	1.07mg

Cereal Bar & String Cheese

Servings:	1.00	Category:	Entree
Serving Size:	1.00	HACCP Process:	No Cook
Meal Type:	Breakfast		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BAR CEREAL CINN TST WGRAIN 96-1.42Z	1	READY_TO_EAT Ready to eat cereal bars	265891
CHEESE STRING MOZZ IW 168-1Z LOL	1		786580

Preparation Instructions

Place cheese and cereal in to-go bag.

Offer with choice of fruit, juice and milk

SLE Components

Amount Per Serving

Meat	1.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00

Amount Per Serving			
Calories		230.00	
Fat		9.00g	
SaturatedFat		4.50g	
Trans Fat		0.00g	
Cholesterol		20.00mg	
Sodium		315.00mg	
Carbohydrates		32.00g	
Fiber		3.00g	
Sugar		9.00g	
Protein		9.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	218.00mg	Iron	10.00mg

HAMBURGER

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CN Fully Cooked Beef Burger	1 Each	BAKE Convection Oven: From frozen state: Preheat oven to 350* F. Bake for 8-9 minutes or until internal temperature is 165* F.	
BUN HAMB SLCD 4 10-12CT GFS	1 1each	THAW AND SERVE	763233

Preparation Instructions

BAKE

Convection Oven: From frozen state: Preheat oven to 350* F. Bake for 8-9 minutes or until internal temperature is 165* F.

SLE Components

Amount Per Serving

Meat	2.00
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	206.90		
Fat	5.80g		
SaturatedFat	0.40g		
Trans Fat	0.25g		
Cholesterol	20.00mg		
Sodium	287.70mg		
Carbohydrates	28.00g		
Fiber	0.90g		
Sugar	4.00g		
Protein	10.00g		
Vitamin A	0.00IU	Vitamin C	1.40mg
Calcium	34.38mg	Iron	1.90mg

Woodford Salad

Servings:	1.00	Category:	Entree
Serving Size:	0.00	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE ROMAINE HERITAGE BLND 4-2	1		165761
Grape Tomatoes	1		749041
CUCUMBER 1-24CT P/L	1		238653
CARROT SHRD 2-2.5	1		607720

Preparation Instructions

Place 1 cup romaine/ spring mix in 8 oz bowl. Add 3 washed grape tomatoes, 2 washed cucumber slices. Top with a pinch of shredded carrots.

SLE Components

Amount Per Serving

Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.50
RedVeg	0.25
OtherVeg	0.13
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.00

Amount Per Serving			
Calories		15.30	
Fat		0.10g	
SaturatedFat		0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		6.00mg	
Carbohydrates		3.50g	
Fiber		1.30g	
Sugar		1.50g	
Protein		0.80g	
Vitamin A	54.60IU	Vitamin C	1.46mg
Calcium	18.32mg	Iron	0.51mg

Ham & Cheese Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	6.00	HACCP Process:	No Cook
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
HAM FZ W/A 4-10 COMM	2 Ounce		110600
BREAD WGRAIN HNY WHT 16-24Z GFS	2 1 piece/ 34 grams		204822
CHEESE AMER 160CT SLCD 6-5 COMM	1		150260
MUSTARD PKT 1000-1/5Z HNZ	1		302112
MAYONNAISE OLIVE OIL R/F 200-12.4GM	1		131011

Preparation Instructions

Assemble sandwich. Slice diagonally. Put in plastic sandwich bag.

Store in cooler.

Offer with daily fruits, vegetables, milk choices, mustard and mayo.

SLE Components

Amount Per Serving

Meat	2.17
Grain	2.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 6.00

Amount Per Serving

Calories	331.67		
Fat	13.33g		
SaturatedFat	4.17g		
Trans Fat	0.00g		
Cholesterol	42.50mg		
Sodium	1001.67mg		
Carbohydrates	42.33g		
Fiber	4.00g		
Sugar	8.17g		
Protein	17.33g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	161.50mg	Iron	2.16mg

Macaroni Pasta Salad

Servings:	50.00	Category:	Grain
Serving Size:	0.50 Serving	HACCP Process:	No Cook
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SALAD PASTA MACAR 3-10 GFS	10 Pound		738131
Grape Tomatoes	1 cup		749041
CUCUMBER 1-24CT P/L	1 Cup		238653
CHEESE CHED REDC FAT SHRD 6-5 COMM	1 cup		448010

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.25
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.25
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 0.50 Serving

Amount Per Serving			
Calories	133.76		
Fat	8.92g		
SaturatedFat	1.48g		
Trans Fat	0.00g		
Cholesterol	8.40mg		
Sodium	332.02mg		
Carbohydrates	10.86g		
Fiber	0.41g		
Sugar	2.82g		
Protein	1.75g		
Vitamin A	41.09IU	Vitamin C	0.51mg
Calcium	8.17mg	Iron	0.44mg

walking taco

Servings:	100.00	Category:	Entree
Serving Size:	0.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Beef Taco Meat	2 1/4 Ounce		682160
CHIP TORTL NACH TACO I/BG 72-1.5Z	1 Each		459832
CHEESE CHED MLD SHRD 4-5# COMM	1 Ounce		150250

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	0.01
Grain	0.02
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 0.00 Each

Amount Per Serving			
Calories	3.10		
Fat	0.18g		
SaturatedFat	0.08g		
Trans Fat	0.00g		
Cholesterol	0.30mg		
Sodium	4.90mg		
Carbohydrates	0.29g		
Fiber	0.03g		
Sugar	0.01g		
Protein	0.09g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	2.15mg	Iron	0.01mg

Beans Green Sesame

Servings:	100.00	Category:	Vegetable
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEAN GREEN BUSHEL 26 P/L	10 Pound		857424
OIL SESAME PURE 10-3.5PT ROLN	1 1/6 Tablespoon		614173
OIL OLIVE PURE 4-3LTR GFS	1 1/6 Tablespoon		432061
SALT SEA 36Z TRDE	2 Teaspoon		748590
SPICE SESAME SEED HULLED 19Z TRDE	1 1/6 Tablespoon		513806

Preparation Instructions

Directions:

WASH HANDS.

1. Blanche green beans in boiling water, just until the water comes back to a boil. Meanwhile add oils, salt and seeds together.
2. Drain the beans really well and place in 1 large hotel pan and toss with the oil mixture.

CCP: Hot hold for service at 135°F or above.

Note: Boil beans within 1 hour of service. They tend to overheat and turn grey after 1 hour

School Meal Pattern info (NSLP): 1/4 c. serving = 1/4 c. "other" vegetable

Source: Washington State Schools Scratch Cooking Recipe Book

Notes:

SLE Components

Amount Per Serving

Meat	0.00
Grain	0.00
Fruit	0.00
GreenVeg	0.50
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00

Starch

0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		4.81	
Fat		0.17g	
SaturatedFat		0.02g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		44.66mg	
Carbohydrates		0.80g	
Fiber		0.37g	
Sugar		0.20g	
Protein		0.20g	
Vitamin A	75.90IU	Vitamin C	1.79mg
Calcium	4.07mg	Iron	0.11mg

Walking Taco

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP CORN FUN SZ 120-.75Z FRITOS	100 Each	READY_TO_EAT Use Code date on bag to rotate product so that the oldest product is consumed first. Place in box lunch or on tray unopened	158763
TACO FILLING BEEF 4-5 GFS	12 1/2 Pound		776548

Preparation Instructions

Directions:

WASH HANDS.

WASH ALL FRESH PRODUCE UNDER COOL RUNNING WATER, DRAIN WELL.

1. In a tilt-skillet, cook beef and drain fat.

CCP: FINAL INTERNAL COOKING TEMPERATURE MUST REACH A MINIMUM OF 155°F, HELD FOR 15 SECONDS.

2. Add taco seasoning mix (optional) and water, blend well. Bring to a boil. Reduce heat and simmer for 20-30 minutes.

3. Crush individual bags of chips and open.

3. Add 2 oz of meat mixture, 1 oz of shredded cheese, 1/4 cup of shredded lettuce and 1/8 cup salsa to each bag of chips.

4. Serve.

Child Nutrition: 1 Each provides=

1.5 oz meat/meat alternate, 1.25 oz eq grains, 1/8 cup "other" vegetable, and 1/8 cup red/orange vegetable

OR

1.5 oz meat/meat alternate, 1.25 oz eq grains, and 1/4 cup additional vegetables

Updated October 2013

Notes:

SLE Components

Amount Per Serving

Meat	2.00
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Grain	0.00
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Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories		220.00	
Fat		15.00g	
SaturatedFat		3.50g	
Trans Fat		0.00g	
Cholesterol		15.00mg	
Sodium		310.00mg	
Carbohydrates		15.00g	
Fiber		3.00g	
Sugar		1.00g	
Protein		8.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	51.00mg	Iron	1.00mg