

Cookbook for East Noble School Corporation

Created by HPS Menu Planner

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Chilled Fruit, Assorted

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NO IMAGE

Servings:	50.00	Category:	Fruit
Serving Size:	1.00 Cup	HACCP Process:	No Cook
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLESAUCE UNSWT 6-10 GFS	2 #10 CAN		271497
FRUIT COCKTAIL XL/S 6-10 GFS	2 #10 CAN		225304
PEACH DCD XL/S 6-10 GFS	2 #10 CAN		268348
PEAR DCD XL/S 6-10 GFS	2 #10 CAN		290203

Preparation Instructions

Directions:

CCP: Hold for cold service at 41° F or lower.

Open Can fruit, drain slightly

place under refrigeration

Notes:

Serve with 4 oz spoodle

SLE Components

Amount Per Serving

Meat	0.00
Grain	0.00
Fruit	1.00
GreenVeg	0.00
RedVeg	0.00

OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 50.00
Serving Size: 1.00 Cup

Amount Per Serving

Calories	248.32
Fat	0.00g
SaturatedFat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	41.39mg
Carbohydrates	60.01g
Fiber	5.17g
Sugar	51.73g
Protein	1.03g

Vitamin A	413.86IU	Vitamin C	2.48mg
Calcium	0.00mg	Iron	0.00mg