

Cookbook for Test High School 2

Created by HPS Menu Planner

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Kevin's Hamburger

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Servings:	100.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF PTY CKD W/MUSHRM 2.46Z 6-5 JTM	100 Each		657101
BUN BRIOCHE 4.25" 12-8CT TUR	1 Serving		704101

Preparation Instructions

No Preparation Instructions available.

SLE Components

Amount Per Serving

Meat	2.00
Grain	0.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.25
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	131.20		
Fat	8.13g		
SaturatedFat	3.12g		
Trans Fat	0.49g		
Cholesterol	32.05mg		
Sodium	219.00mg		
Carbohydrates	2.41g		
Fiber	1.31g		
Sugar	0.07g		
Protein	12.28g		
Vitamin A	0.00IU	Vitamin C	1.80mg

Calcium 30.60mg **Iron** 1.45mg