Cookbook for East Noble School Corporation

Created by HPS Menu Planner

Table of Contents

Chilled Fruit, Assorted

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Servings:	50.00	Category:	Fruit
Serving Size:	1.00 Cup	HACCP Process:	No Cook
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLESAUCE UNSWT 6-10 GFS	2 #10 CAN		271497
FRUIT COCKTAIL XL/S 6-10 GFS	2 #10 CAN		225304
PEACH DCD XL/S 6-10 GFS	2 #10 CAN		268348
PEAR DCD XL/S 6-10 GFS	2 #10 CAN		290203

Preparation Instructions

Directions:

CCP: Hold for cold service at 41° F or lower.

Open Can fruit, drain slightly place under refrigeration

Notes:

Serve with 4 oz spoodle

SLE Components Amount Per Serving				
Meat	0.00			
Grain	0.00			
Fruit	1.00			
GreenVeg	0.00			
RedVeg	0.00			

OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 50.00 Serving Size: 1.00 Cup

Amount Per Serving					
Calories		248.32			
Fat		0.00g			
SaturatedFat		0.00g			
Trans Fat		0.00g			
Cholesterol		0.00mg			
Sodium		41.39mg			
Carbohydrates		60.01g			
Fiber		5.17g			
Sugar		51.73g			
Protein		1.03g			
Vitamin A	413.86IU	Vitamin C	2.48mg		
Calcium	0.00mg	Iron	0.00mg		