

Cookbook for West Cheatham Elementary

Created by HPS Menu Planner

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Chicken Pattie on Bun, Spicy

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX PTY HOT&SPCY WGRAIN 3.49Z 4-8.2	1 Each	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.	327080
HAMBURGER WRPD 16-2PK WHTCAST	1 Package		600172

Preparation Instructions

Directions:

- 0: Remove Chicken from freezer lay on sheet pans
- 0: Return to freezer till cooking time
- 0: Remove from freezer to oven
- 0: Cook to 165° for 15 seconds
- 0: CCP: Heat to 165° F or higher for at least 15 seconds
- 0: Place patties in serving pans and place on lines
- 0: Assemble Sandwichsas customers come through serving line
- 0: 1 Spicy chicken pattie
- 0: 1 Hamburger bun
- 0: CCP: Hold for hot service at 135° F or higher

Notes:

SLE Components

Amount Per Serving

Meat	2.00
Grain	1.00
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00

Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	530.00		
Fat	28.00g		
SaturatedFat	8.00g		
Trans Fat	0.50g		
Cholesterol	50.00mg		
Sodium	750.00mg		
Carbohydrates	42.00g		
Fiber	4.00g		
Sugar	4.00g		
Protein	27.00g		
Vitamin A	100.00IU	Vitamin C	0.00mg
Calcium	80.00mg	Iron	4.50mg

wildcat Beef & Cheese Nachos

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TORTILLA YELLOW RND 40-2Z BRRLOFUN	1 Package		682210
CHEESE CHED MLD SHRD 4-5# COMM	1/4 Cup		150250
Turkey Taco Meat	3 Ounce		722450

Preparation Instructions

BEEF TACO FILLING COOKING INSTRUCTIONS:

THAW PRODUCT UNDER REFRIGERATION FOR 3 DAYS PRIOR TO PREPARATION.

PLACE SEALED BAGS IN A STEAMER OR IN BOILING WATER. HEAT APPROXIMATELY 30 MINUTES OR UNTIL PRODUCT REACHES SERVING TEMPERATURE. AVOID OVERLOADING KETTLES WHERE BAGS CAN BE TRAPPED AGAINST SIDE OF KETTLE OR POT. OPEN BAG WITH CAUTION AS IT WILL BE HOT. Heat to an internal temperature of 165 degree F for at least 15 seconds.

Top 2oz. tortilla chips with 3oz (1/3 cup or #12 scoop) and 1/4 cup shredded cheese.

SLE Components

Amount Per Serving

Meat	1.00
Grain	2.50
Fruit	0.00
GreenVeg	0.00
RedVeg	0.00
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving

Calories	509.14
Fat	26.95g
SaturatedFat	9.49g
Trans Fat	0.00g
Cholesterol	94.57mg
Sodium	817.28mg
Carbohydrates	43.98g
Fiber	4.00g
Sugar	0.00g
Protein	22.91g
Vitamin A 0.00IU	Vitamin C 1.19mg

Calcium 262.60mg **Iron** 2.79mg

Scoops Fiesta MTG

Servings:	100.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP TORTL SCOOP BKD 72-.875Z TOSTIT	100 Each	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	696871
BEAN PINTO 6-10 GFS	1 9/16 Gallon		261475
BEAN KIDNY RD DK LO SOD 6-10 P/L	1 9/16 Gallon		598002
CARROT JUMBO 10 P/L	25 Cup		592293
TOMATO ROMA DCD 3/8 2- 5 RSS	1 9/16 Gallon		786543
LETTUCE ROMAINE RIBBONS 6-2 RSS	1 9/16 Gallon		451730
CHEESE CHED MLD SHRD FINE 4-5 GFS	6 1/4 Pound		191043
TACO FILLING BEEF REDC FAT 6-5 COMM	19 13/16 Pound		722330

Preparation Instructions

Directions:

Notes:

SLE Components

Amount Per Serving

Meat	2.00
Grain	1.25
Fruit	0.00
GreenVeg	0.12

RedVeg	0.13
OtherVeg	0.00
Legumes	0.00
Starch	0.00

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		368.62	
Fat		10.20g	
SaturatedFat		3.05g	
Trans Fat		0.29g	
Cholesterol		42.50mg	
Sodium		625.49mg	
Carbohydrates		45.97g	
Fiber		11.64g	
Sugar		5.00g	
Protein		22.59g	
Vitamin A	7433.70IU	Vitamin C	6.80mg
Calcium	191.60mg	Iron	4.43mg